



# The Meadows

AT  
SHANNONDELL

## SAMPLE MENU

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### BREAKFAST

Assorted Cereals

Oatmeal

Waffles

Eggs to Order

Sausage Links

Hash Browns

Coffee Cake

Assorted Toast

Milk, Juice, Coffee & Assorted Fine Teas

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### LUNCH

Starters

Chilled Melon Soup

Garden Salad

Entrees

Classic Philly Cheesesteak

or

Shrimp Salad Cold Plate

Side

Rosemary Parmesan Fries

Dessert

Rice Custard with Raisins

Assorted Juices and Soda, Coffee & Tea

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### DINNER

Starter

Fruit Salad

Entrees

Crab Cake with Swiss Chard

& Lemon Pepper Aoli

or

Seared Rack of Lamb

with Red Wine & Rosemary Au Jus

Sides

Citrus Cous Cous

Haricot Vert

Roasted Red Pepper & Onions

Dessert

Oreo Cookie Brownie

Assorted Juices and Soda, Coffee & Tea

