Avondale Activities November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Enjoy Calming Music, Balloon Toss & Creative Coloring	2 9:30 - Wake Up To: Daily Devotions 10:00- Daily Chronicle 10:15 - Sing a Long 11:00 - Chair Yoga 11:30 - Trivia 1:30 - Manicures & Aromatherapy 3:00 - Bingo 4:00 - Sing and Stroll	3 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15- Cornhole 11:00 - Tai Chi Meditation 11:30 - Poetry Corner 2:00 - Pet Therapy with Gunny 2:00 - Fun Fitness with Rachael (Berwyck) 3:00 - Fun and Games with JoJo 4:00 - Sing and Stroll	4 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Chair Yoga 11:00 - Sing a long 11:15 - Trivia 1:30 - States and Capitals 2:00 - Live Entertainment with John Catterall 4:00 - Sing and Stroll with Eye Spy	5 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:30 - Tai Chi with Tony 11:00 - Rosary 11:30 - Trivia 1:30 - Creative Coloring 2:00 - Finish the Famous Name 2:30 - Sing and Stroll with Eye Spy 3:00 - Musical Matinee	6 Enjoy Calming Music, Balloon Toss & Creative Coloring	7 3:00- Fun and Games with Joanne
8 Enjoy Calming Music, Balloon Toss & Creative Coloring	9 Enjoy Calming Music, Balloon Toss & Creative Coloring	10 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15- Cornhole 11:00 - Tai Chi Meditation 11:30 - Poetry Corner 2:00 - Pet Therapy With Gunny and Fun Fitness with Kim - Berwyck 3:00 - Fun and Games with JoJo 4:00 - Sing and Stroll	11 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Chair Yoga 11:00 - Sing a Long 11:15 - Trivia 1:30 - Name That President 2:00 - Live Entertainment with Mike and Tina 4:00 - Sing and Stroll with Eye Spy Veterans Day	12 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:30 - Tai Chi 11:00 - Rosary 11:30 - Trivia 1:30 - Creative Coloring 2:00 - Finish the Famous Name 2:30 - Sing and Stroll with Eye Spy 3:00 - Musical Matinee	13 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Bat the Balloon 10:45 - Sing a Long 11:30 - Poetry Corner 1:30 - Betty Crocker Club 3:00 - Fun and Games with Joanne	14 3:00- Let's Play "I'm Going to a Party!" 3:30- Sing with Mary!
15 Enjoy Calming Music, Balloon Toss & Creative Coloring	16 9:30 - Wake Up To: Daily Devotions 10:00- Daily Chronicle 10:15 - Sing a Long 11:00 - Chair Yoga 11:30 - Trivia 1:30 - Manicures & Aromatherapy 3:00 - Bingo 4:00 - Sing and Stroll	17 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15- Cornhole 11:00 - Tai Chi Meditation 11:30 - Poetry Corner 2:00 - Pet Therapy with Gunny 2:00 - Fun Fitness with Rachael (Berwyck) 3:00 - Fun and Games with JoJo 4:00 - Sing and Stroll	18 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Chair Yoga 11:00 - Sing a Long 11:15 - Trivia 1:30 - Look Who's Dancing 2:00 - Live Entertainment with Andre Gonzalez 4:00 - Sing and Stroll with Eye Spy	19 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:30 - Tai Chi with Tony 11:00 - Rosary 11:30 - Trivia 1:30 - Creative Coloring 2:00 - Finish the Famous Name 2:30 - Sing and Stroll with Eye Spy 3:00 - Musical Matinee	20 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Bat the Balloon 10:45 - Sing a Long 11:30 - Poetry Corner 1:30 - Betty Crocker Club 3:00 - Fun and Games with Joanne	21 10:00 - Sing and Stretch with Sam 10:30 - Finish the phrase 10:45 - Name 5
22 Enjoy Calming Music, Balloon Toss & Creative Coloring	23 9:30 - Wake Up To: Daily Devotions 10:00- Daily Chronicle 10:15 - Sing a Long 11:00 - Chair Yoga 11:30 - Trivia 1:30 - Manicures & Aromatherapy 3:00 - Bingo 4:00 - Sing and Stroll	24 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15- Cornhole 11:00 - Tai Chi Meditation 11:30 - Poetry Corner 2:00 - Pet Therapy with Gunny 2:00 - Fun Fitness with Kim (Berwyck) 3:00 - Fun and Games with JoJo 4:00 - Sing and Stroll	25 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Chair Yoga 11:00 - Sing a Long 11:15 - Trivia 1:30 - Thanksgiving Traditions 2:00 - Thanksgiving Party 2:00 - Live Entertainment with David Cullen 4:00 - Sing and Stroll with Eye Spy	26 8:30 - 12 Macy's 100th Thanksgiving Day Parade! 11:00 - 12:00 - Rolling Apple Cider Cart! Thanksgiving Day	27 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Bat the Balloon 10:45 - Sing a Long 11:30 - Poetry Corner 1:30 - Betty Crocker Club 3:00- Fun and Games with Joanne	28 10:00 - Noodle Ball 10:15 - Stretch and Sing With Sarah 10:30 - Basketball Toss 10:45 - Name The Famous Face
29 Enjoy Calming Music, Balloon Toss & Creative Coloring	30 9:30 - Wake Up To: Daily Devotions 10:00- Daily Chronicle 10:15 - Sing a Long 11:00 - Chair Yoga 11:30 - Trivia 1:30 - Manicures & Aromatherapy 3:00 - Bingo 4:00 - Sing and Stroll					

Activities are subject to change.

November 2026

Berwyck

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!** Daylight Saving Time Ends	2 **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**	3 **9:30 Puzzle Club (B:SR)** **10:30 Craft corner (B:ACT)** **1:30 Word Games (B:LR)** **2:00 Fun Fitness (B:LR)** **3:00 Rummikub Club (B:SR)**	4 **9:30 Rummikub (B:SR)** **10:00 Jewelry Club** **1:30 Live Music w/ Carmen Tornambe (B:LR)** **2:30 Wine Down Wednesday (B:ACT)** **3:30 Watercolor Painting Class (B:ACT)**	5 **9:30 Puzzle Club (B:SR)** **10:30 Jewelry Club (B:ACT)** **1:30 Bag Toss (B:LR)** **2:00 Craft Corner (B:ACT)** **3:30-5 Painting Class w/ Melissa (B:ACT)**	6 **9:30 Puzzle Club (B:SR)** **10:30 Yahtzee (B:ACT)** **1:30 Diamond Painting (B:ACT)** **3:30-5 Bingo (B:ACT)**	7 **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**
8 **3:00- Jam with Joanne** **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!** Diwali (Hindi)	9 **9:30 Puzzle Club (B:SR)** **10:30 Ceramic Club (B:ACT)** **1:30 Communion Service (B:LR)** **2:30 Manicures and Movie (B:LR)** **3:30 Bingo (B:ACT)**	10 **9:30 Puzzle Club (B:SR)** **10:30 Craft corner (B:ACT)** **1:30 Live Music w/ Pete (B:LR)** **2:00 Fun Fitness (B:SR)** **3:00 Rummikub Club (B:SR)**	11 **9:30 Rummikub (B:SR)** **10:00 Jewelry Club** **1:30 Live w/ Mark Hart (B:LR)** **2:30 Wine Down Wednesday (B:ACT)** **3:30 Watercolor Painting Class (B:ACT)**	12 **9:30 Puzzle Club (B:SR)** **10:30 Jewelry Club (B:ACT)** **1:30 Bag Toss (B:LR)** **2:00 Craft Corner (B:ACT)** **3:30-5 Painting Class w/ Melissa (B:ACT)**	13 **9:30 Puzzle Club (B:SR)** **10:30 Yahtzee (B:ACT)** **1:30 Diamond Painting (B:ACT)** **3:30-5 Bingo (B:ACT)**	14 **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**
15 **10:00 - 11:30 Coloring and Music with Mary (B:ACT)** **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**	16 **9:30 Puzzle Club (B:SR)** **10:30 Ceramic Club (B:ACT)** **1:15 Rosary (B:LR)** **2:30 Manicures and Movie (B:LR)** **3:30 Bingo (B:ACT)**	17 **9:30 Puzzle Club (B:SR)** **10:30 Craft corner (B:ACT)** **1:30 Word Games (B:LR)** **2:00 Fun Fitness (B:LR)** **3:00 Rummikub Club (B:SR)**	18 **1:30 Music w/ William Billy Moos (B:LR)** **Puzzles** **Rummikub** **Creative Coloring** **All available in the siting room & activity room!**	19 **1:30 Sing and Stretch with Rachael (B:LR)** **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**	20 **1:30 Name that Tune & Trivia with Rachael (B:LR)** **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**	21 **1:30: Puzzle Games and Finish a Puzzle with Sam** **Puzzles, Rummikub, Creative Coloring** **All available in the sitting room & activity room!**
22 **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room and or activity room!**	23 **9:30 Puzzle Club (B:SR** **10:30 Ceramic Club (B:ACT)** **1:30 Communion Service (B:LR)** **2:30 Manicures and Movie (B:LR)** **3:30 Bingo (B:ACT)**	24 **9:30 Puzzle Club (B:SR** **10:30 Craft corner (B:ACT)** **1:30 Resident Council Meeting (B:LR)** **2:00 Fun Fitness (B:LR)** **3:00 Rummikub Club (B:SR)**	25 **9:30 Rummikub (B:SR)** **10:00 Jewelry Club** **1:30 Live Music w/ Arlyn Wolters (B:LR)** **2:30 Wine Down Wednesday (B:ACT)** **3:30 Watercolor Painting Class (B:ACT)**	26 **Puzzles, Rummikub & Creative Coloring available in the sitting room and or activity room!** **8:30 - 12 Macy's 100th Thanksgiving Day Parade!** **1:30 - 2:30 - Rolling Apple Cider Cart!** Thanksgiving Day (U.S.)	27 **9:30 Puzzle Club (B:SR)** **10:30 Yahtzee (B:ACT)** **1:30 Diamond Painting (B:ACT)** **3:30-5 Bingo (B:ACT)**	28 **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**
29 **10:30 - BINGO (B:ACT)** **Puzzles** **Rummikub** **Creative Coloring** **All available in the sitting room & activity room!**	30 **9:30 Puzzle Club (B:SR)** **10:30 Ceramic Club (B:ACT)** **1:15 Rosary (B:LR)** **2:30 Manicures and Movie (B:LR)** **3:30 Bingo (B:ACT)**					

Berwyck Activities ext. 6975 - Activities are subject to change

Novemember 2026 Chatham Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Open Activity Room!** Enjoy Some Dominos, Board Games, or Calm Coloring	2 **Chatham Activity Room:** 9:45: Good Morning Chair Fitness 10:15: Balloon Tennis 10:45: Ring Toss 11:00: Hangman 1:30: Mural Coloring & Board Games 3:00: Manicures and Massages	3 **Chatham Activity Room:** 9:45: Good Morning Chair Fitness 10:15: Team Keep Up Challenge 10:45: Basket Bouncer 11:00: Trivia Tuesday **11:30: Brain Fitness with Stasia!** 1:30: NYT's Crossword and Wordle 2:00: Music and Board Games 2:00: Fitness Fun with Rachael (Berwyck)	4 **Chatham Activity Room:** 9:45: Good Morning Chair Fitness 10:15: Balloon Badminton 10:45: Axe Throwing 11:00: Word Scrambles **Chatham C Hall Living Room:** **2:00: Live Music Performance with Greg Albert!** 3:15: Wine Down Wednesday! 4:15: Sing and Dance into Dinner!	5 **Chatham C Hall Living Room:** 9:45: Good Morning Chair Fitness 10:15: Pool Noodle Bat Around 10:45: Word Puzzles **11:00: Tai Chi with Tony Class!** **Chatham Activity Room:** 1:30: Craft Corner 3:15: Bingo!	6 **Chatham Activity Room:** 9:45: Good Morning Chair Fitness 10:15: Balloon Volleyball 10:45: Toss It Golf 11:00: Wordle 1:30: Sports Club 3:00: Manicures and Massages	7 **Chatham Activity Room:** 10:00: Trivia and Balloon Toss
8 **Open Activity Room!** Enjoy Some Rummikub, Board Games, or Calm Coloring	9 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:40: Corn Hole 11:00: Wheel of Fortune Puzzles **1:30: Communion in the Berwyck Living Room** 1:30: Mural Coloring & Board Games 3:00: Manicures and Massages	10 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:40: Smack Darts 11:00: Trivia Tuesday 11:30: Brain Fitness **Chatham Activity Room:** 1:30: NYT's Crossword and Wordle 2:00: Music and Board Games 2:00: Fitness Fun with Kim (Berwyck)	11 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:40: Target the Tower 11:00: List 10 **Chatham Living Room:** **2:00: Live Music Performance!** 3:15: Wine Down Wednesday! 4:15: Sing and Dance into Dinner!	12 **Chatham C Hall Living Room:** 9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat Around 10:40: Word Puzzles **11:00: Tai Chi with Mary Class!** **Chatham Activity Room:** 1:30: Craft Corner 3:15: Bingo!	13 **Open Activity Room!** Art Kits Available and Scrabble set up to enjoy!	14 **Chatham C Hall Living Room:** 10:00: Good Morning Chair Fitness 10:30: Balloon Volleyball 11:00: Hangman
15 **Open Activity Room!** Enjoy Some Uno, Shut the Box Dice Game, or Calm Coloring	16 **Open Activity Room!** Art Kits Available and Scrabble set up to enjoy!	17 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:40: Disc Golf 11:00: Trivia Tuesday 11:30: Brain Fitness **Chatham Activity Room:** 1:30: NYT's Crossword and Wordle 2:00: Music and Board Games 2:00: Fitness Fun with Rachael (Berwyck)	18 **Chatham Living Room:** 9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:40: Football Toss 11:00: Wheel of Fortune Puzzles **Chatham Living Room:** **2:00: Live Music Performance with Mike and Tina!** 3:15: Wine Down Wednesday! 4:15: Sing and Dance into Dinner!	19 **Chatham C Hall Living Room:** 9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat Around 10:40: Word Puzzles **11:00: Tai Chi with Tony Class!** **Chatham Activity Room:** 1:30: Craft Corner 3:15: Bingo!	20 **Chatham Activity Room:** 9:45: Good Morning Chair Fitness 10:15: Balloon Volleyball 10:45: Beach Ball Basket Throw 11:00: Wordle 1:30: Sports Club 3:00: Manicures and Massages	21 **Open Activity Room!** Enjoy Some UpWords, Board Games, or Calm Coloring
22 **Chatham Activity Room:** 10:45: Sing and Stretch with Sam 11:15: Finish the phrase and Name 5	23 **Chatham Activity Room::** 9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:40: Ball Darts 11:00: Word Scrambles **1:30: Communion in the Berwyck Living Room** 1:30: Mural Coloring & Board Games 3:00: Manicures and Massages	24 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:40: Wiffle Ball Toss 11:00: Trivia Tuesday 11:30: Brain Fitness 1:30: NYT's Crossword and Wordle 2:00: Music and Board Games 2:00: Fitness Fun with Kim (Berwyck)	25 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:40: Ring Toss 11:00: Hangman **Chatham Living Room:** **2:00: Live Music Performance!** 3:15: Wine Down Wednesday! 4:15: Sing and Dance into Dinner!	26 8:30 - 12 Macy's 100th Thanksgiving Day Parade! WISHING YOU A HAPPY AND BLESSED THANKSGIVING! 2:30 - 3:30 - Rolling Apple Cider Cart!	27 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Balloon Volleyball 10:40: Basket Bouncer 11:00: Taboo 1:30: Sports Club 3:00: Manicures and Massages	28 **Chatham Activity Room:** 1:45 - 3:15: Musical Matinee & Sarah's Nail Spa!
29 **Open Activity Room!** Enjoy Some Basket Toss, Scrabble, or Calm Coloring	30 **Chatham Activity Room:** 9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:40: Axe Throwing 11:00: Wordle 1:30: Mural Coloring & Board Games 3:00: Manicures and Massages					

Manicure Appointments Available Mondays and Fridays 3pm-5pm Activities are subject to change.

November 2026
Chatham C Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Coloring, Games & Puzzles Available In The Living Room Activity Cart	2 9:30 - Wake Up With: Oldies 10:00 - Swat The Fly 10:30 - Drum Stick Fitness 11:00 - Bottle Bash 11:30 - Name The Sound 1:30 - Gentle Stretching and Sing Along 2:15 - Movie Matinee & Manicures 4:15 - Afternoon Wind Down	3 9:30 - Wake Up With: Showtunes 10:00 - Big Balloon Bounce 10:30 - Gentle Stretch 11:00 - Basketball Bounce In 11:30 - Name 5 1:30 - Fitness Fun 2:30 - Catch & Toss 3:15 - Craft Corner: Relaxing Coloring & Knitting Machine	4 9:30 - Wake Up With: Jazz 10:00 - Noodle Ball 10:30 - Parachute Fitness Fun 11:00 - Team Tic Tac Toe 11:30 - Guess A Letter 2:00 - Live Music with Greg Albert! 3:15 - Hot Drink Happy Hour 4:00 - Soothing Sing Along & Gentle Movement	5 9:30 - Wake Up With: R&B 10:00 - Morning Chair Fitness 10:15 - Balloon Keep Up 10:45 - Word Puzzles 11:00 - Tai Chi With Tony 1:30 - Afternoon Aerobics 2:00 - Relaxing Hand Massages & Aromatherapy 3:00 - Musical Matinee: " *A Star Is Born*"	6 9:30 - Wake Up With: Wildlife 10:00 - Balloon Tennis 10:30 - Move and Groove Fitness Fun 11:00 - Smack Darts 11:30 - Fact Or Fiction 1:30 - Pool Noodle Fitness 2:00 - Baking & Board Games 3:30 - Sweet Treat Social 4:00 - Sing Along	7 1:30- Short Stories & Balloon Toss With Joanne
8 Coloring, Games & Puzzles Available In The Living Room Activity Cart	9 9:30 - Wake Up With: Oldies 10:00 - Swat The Fly 10:30 - Egg Shaker Egg-sercise 11:00 - Bean Bag Target Toss 11:30 - Guess The Animsl 1:30 - Gentle Stretching and Sing Along 2:15 - Movie Matinee & Manicures 4:15 - Afternoon Wind Down	10 9:30 - Wake Up With: Showtunes 10:00 - Big Balloon Bounce 10:30 - Gentle Stretch 11:00 - Balloon Bounce Out 11:30 - Let's List 2:00- Fitness Fun with Kim 2:30 - Pet Therapy With Gunny 3:15 - Craft Corner: Autumn Leaf Airbrush Art	11 9:30 - Wake Up With: Jazz 10:00 - Noodle Hockey 10:30 - Octoband Fitness 11:00 - Turkey Toss 11:30 - Where In The World? 2:00 - Live Music Performance! 3:15 - Hot Drink Happy Hour 4:00 - Soothing Sing Along & Gentle Movement	12 9:30 - Wake Up With: R&B 10:00 - Morning Chair Fitness 10:15 - Balloon Keep Up 10:45 - Word Puzzles 11:00 - Tai Chi With Sarah 1:30 - Afternoon Aerobics 2:00 - Relaxing Hand Massages & Aromatherapy 3:00 - Musical Matinee: *"Mary Poppins"*	13 9:30 - Wake Up With:Wildlife 10:00 - Balloon Keep Up 10:30 - Scarf Stretching 11:00 - Axe Throwing 11:30 - Finish The Tune & Sing Along 1:30 - Chair Fitness 2:00 - Baking & Board Games 3:00 - Sweet Treat Social 4:00 - Sing Along	14 10:00: Good Morning Chair Fitness With Mary! 10:30: Balloon Volleyball 11:00: Hangman
15 Coloring, Games & Puzzles Available In The Living Room Activity Cart	16 9:30 - Wake Up With: Oldies 10:00 - Swat The Fly 10:30 - Drum Stick Fitness 11:00 - Bottle Bash 11:30 - Name The Sound 1:30 - Gentle Stretching and Sing Along 2:15 - Movie Matinee & Manicures 4:15 - Afternoon Wind Down	17 9:30 - Wake Up With: Showtunes 10:00 - Big Balloon Bounce 10:30 - Gentle Stretch 11:00 - Basketball Bounce In 11:30 - Name 5 1:30 - Fitness Fun 2:30 - Pet Therapy With Gunny 3:15 - Craft Corner: Fall Foliage Sponge Painting	18 9:30 - Wake Up With: Jazz 10:00 - Noodle Ball 10:30 - Parachute Fitness Fun 11:00 - Team Tic Tac Toe 11:30 - Guess A Letter 2:00 - Live Music with Mike and Tina! 3:15 - Hot Drink Happy Hour 4:00 - Soothing Sing Along & Gentle Movement	19 9:30 - Wake Up With: R&B 10:00 - Morning Chair Fitness 10:15 - Balloon Keep Up 10:45 - Word Puzzles 11:00 - Tai Chi With Tony 1:30 - Afternoon Aerobics 2:00 - Relaxing Hand Massages & Aromatherapy 3:00 - Musical Matinee: *"Oklahoma"*	20 9:30 - Wake Up With:Wildlife 10:00 - Balloon Tennis 10:30 - Move and Groove Fitness Fun 11:00 - Smack Darts 11:30 - Fact Or Fiction 1:30 - Pool Noodle Fitness 2:00 - Baking & Board Games 3:00 - Sweet Treat Social 4:00 - Sing Along	21 Coloring, Games & Puzzles Available In The Living Room Activity Cart
22 9:30 - Sing and Stretch with Sam 10:00 - Finish the phrase 10:15 - Name 5	23 9:30 - Wake Up With: Oldies 10:00 - Swat The Fly 10:30 - Egg Shaker Egg-sercise 11:00 - Bean Bag Target Toss 11:30 - Guess The Animal 1:30 - Gentle Stretching and Sing Along 2:15 - Movie Matinee & Manicures 4:15 - Afternoon Wind Down	24 9:30 - Wake Up With: Showtunes 10:00 - Big Balloon Bounce 10:30 - Gentle Stretch 11:00 - Balloon Bounce Out 11:30 - Let's List 2:00 - Fitness Fun with Kim 2:30 - Pet Therapy With Gunny 3:15 - Craft Corner: Chalk Pastel Turkey Art	25 9:30 - Wake Up With: Jazz 10:00 - Noodle Hockey 10:30 - Octoband Fitness 11:00 - Turkey Toss 11:30 - Where In The World? 2:00 - Live Music Performance! 3:15 - Hot Drink Happy Hour 4:00 - Soothing Sing Along & Gentle Movement	26 8:30 - 12 Macy's 100th Thanksgiving Day Parade! 10:00 - 11:00 - Rolling Apple Cider Cart!	27 Coloring, Games & Puzzles Available In The Living Room Activity Cart	28 10:00 - Noodle Ball 10:15 - Stretch and Sing With Sarah 10:30 - Basketball Toss 10:45 - Name The Famous Face
29 Coloring, Games & Puzzles Available In The Living Room Activity Cart	30 Coloring, Games & Puzzles Available In The Living Room Activity Cart					

Activities are subject to change.

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Eagles vs Commanders 8:20 PM NBC 4th Floor 1:30- Rummikub with Melissa Daylight Saving Time Ends	2 1st Floor 9:45: Morning Stretch 10:00: Marigold Day of the Dead Craft 10:30: Let's play: Blokus 4th Floor 1:30: BINGO! 2:30: Open Art Studio: Painting Fall Decorations 3:30: Word Games	3 1st Floor 9:30: Musical Movement 10:00: Musical Bingo 11:00: Trivia & Tunes 4th Floor 1:30: Lawn Games and Basketball 2:30: Root Beer Float Social 3:15-4:15: Choir	4 1st Floor 9:30: Sing and Stretch 10:00: Bowling 10:30: Bailey the Therapy Dog 10:45: Jeopardy 4th Floor 1:30: Communion with Rene 3:00: Live Music with Carmen Tornambe	5 1st Floor 10:00-11:15 BINGO! 4th Floor 1:30: Manicures, Music, and Mingle 2:30: Happy Hour and Snacks 3:00: Rummikub	6 1st Floor 9:30: Morning Stretch 9:45-11:15: Manicures, Music, and Mingle 4th Floor 1:30: Feature Film Friday 3:15: Let's play: Board Games	7 Open activity rooms for games, coloring, and puzzles!
8 4th Floor 1:30- Rummikub Eagles vs Giants 1:00 PM FOX Diwali	9 1st Floor 10:00: Fiber Arts Club 11:00: Rosary 4th Floor 1:30: BINGO! 2:30: Open Art Studio 3:30: Book Club	10 1st Floor 9:30: Musical Movement 10:00: Musical Bingo 10:45: CD Listening Club 4th Floor 1:30: Baking and Snacking 3:00-4:15: Puzzle Race!	11 1st Floor 9:30: Toss and Talk 10:00: Science for Seniors 10:30: Bailey the Therapy Dog 10:45: Badminton 4th Floor 1:30: Drum and Music Fitness 3:00: Live Music with Mark Hart Veterans Day	12 1st Floor 9:45-11:00 BINGO! 11:00 Prayers with Roy 4th Floor 1:30: Manicures, Music, and Mingle 2:30: Happy Hour with Wine and Snacks 3:00: Rummikub and Blokus	13 1st Floor 9:30: Tai Chi 9:45-11:15: Manicures, Music, and Mingle 4th Floor 1:30: Feature Film Friday 3:15: Let's play: Card Games	14 Open activity rooms for games, coloring, and puzzles!
15 4th Floor 1:30 - 3:00: Music and Coloring with Mary!	16 1st Floor 9:45: Sing and Stretch 10:00: Balloon Tennis 10:30: Sudoku 11:00: Old Maid 4th Floor 1:30: BINGO! 2:30: Open Art Studio 3:30: Jeopardy	17 1st Floor 9:30: Chair Fitness 10:00: Musical Bingo 11:00: Trivia & Tunes 4th Floor 1:30: Bocce and Frisbee Challenge 2:30: Ice Cream Sundaes Social 3:00: Karaoke 3:45-4:15: Rosary	18 1st Floor 9:30: Sing and Stretch 10:00: Book Club 10:30: Bailey the Therapy Dog 10:45: Word Games with Upwords 4th Floor 1:30: Communion with Rene 3:00: Live Music with Billy Moos	19 1st Floor 10:00-11:15 BINGO! 4th Floor 1:30: Manicures, Music, and Mingle 2:15: November Birthday Party! 3:00: Rummikub	20 Open activity rooms for games, coloring, and puzzles!	21 Open activity rooms for games, coloring, and puzzles!
22 4th Floor 1:30: Let's play: Dominos 2:00: Bookmark making and coloring Eagles vs Steelers 4:25 PM on CBS	23 Open activity rooms for games, coloring, and puzzles!	24 1st Floor 9:45: Musical Movement 10:00: Baking Treats: Apple Donuts 11:00: Let's Play: Quirkle 1st Floor 3:15: Rummikub 3:45 - 4:15: Choir Sing-a-long	25 1st Floor 9:30: Tai Chi 10:00: Thankful Card Making 10:30: Bailey the Therapy Dog 4th Floor 1:30: Thanksgiving Gathering 3:00: Live Music with Arlyn Walters	26 **8:30 - 12 Macy's 100th Thanksgiving Day Parade!** **3:30 - 4:30 - Rolling Apple Cider Cart!** Eagles vs Cowboys 4:30 PM FOX Thanksgiving Day (U.S.)	27 1st Floor 9:30: Morning Stretch 9:45-11:15: Manicures, Music, and Mingle 4th Floor 1:30: Feature Film Friday 3:15: Let's play: Puzzle Games and Finish a Puzzle!	28 Open activity rooms for games, coloring, and puzzles!
29 1st Floor 1:30 - 3:00: Let's Play UNO	30 1st Floor 9:45: Sing and Stretch 10:00: Boomwhacker Music 10:45: Rummikub 4th Floor 1:30: BINGO! 2:30: Open Art Studio with Yarn Club 3:30: Brain Games					

Activities Subject to Change.

November Rehab Activities





Bingo

Every Tuesday & Thursday at 3:30 in the Activities Room

Therapy Dog Program

Gunny

November 5, 9, 16, 23 & 30 at 1:30

Switching Floors Each Week!

- November 5 – 2nd Floor
- November 9 – 3rd Floor
- November 16 – 2nd Floor
- November 23 – 3rd Floor
- November 30 – 2nd Floor

Bella

Wednesdays at 11:00

Rotating Between Floors

- November 11 – 3rd Floor
- November 18 – 2nd Floor
- November 25 – 3rd Floor

Bella is unavailable on November 4th, but will return on November 11th!

Marshall

Every Other Wednesday at 10:30

- November 11 – 2nd Floor
- November 25 – 3rd Floor