

Chatham C Activities January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Key (A) Avondale (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (C:LR) 2nd Floor Living Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = Pet Therapy Pink = Religion *Programs are subject to change.</p>		<p>1 Happy New Year! 9:30 Daily News 9:45 January IQ—Gazette 10:15 New Year’s Resolutions 10:45 Football Snack Sandwiches 11:30 Football Bowl 1:30 Mocktails: Bloody Mary’s (C:LR) 1:30 Finishing Lines 2:00 Individual Goals—Football Bowl Fun 3:30 Bible Study 3:30 Visual Meditation 6:15 Night Watch: Resident’s Choice</p>	<p>2 Monarch Migration Butterfly Day 9:30 Daily News 10:00 Individualized Activities 10:00 Performance by: Dann Pell (A) 11:15 What Makes Things Funny? 11:45 Chicken Soup for the Soul 12:00 Flight of the Butterflies (Netflix) <i>New Years Social</i> 2:30 Multiple Instruments: Tom Tolney (C:LR) 3:00 Puzzles & Monarch Butterfly Coloring Pages 3:30 Pet Therapy with Bonnie & Finn (CC) 6:15 Night Watch: Resident’s Choice</p>	<p>3 Alaska Day 9:30 Daily News 9:45 Morning Aerobics with Kristine 10:30 Philly Senior Stage Intro Workshop: “Broadway’s Magic Moment” (C:LR) 11:45 Antonyms & Abbreviations Action 12:00 Swing Dance Appreciation (YouTube) 1:30 Spa Afternoon 2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR) 2:30 Can You Name 5? 3:00 Visual Meditation 6:15 Night Watch: Resident’s Choice</p>	<p>4 9:30 Kisses Sweet Spa (Avondale Spa Room) 10:00 Musical Movie Matinee 10:00 Dr. Steve’s Egypt Lecture (C:LR) 10:30 Adult Coloring Pages and Puzzles 11:00 Shabbat Service with Irv (B:L) 11:00 The Price is Right (Ch. 3) 1:30 Can You Name Five? 2:00 Ice Cream Social (C) 3:00 Pet Therapy with Jackson 3:30 Individualized Activities 6:15 Night Watch: Resident’s Choice</p>	<p>5 National Bird Day 9:45 Saturday Sit & Be Fit 10:15 Can You Name Five? 10:45 Bird Trivia & Fun Facts 11:15 Craft Corner 12:00 Relaxation Time 1:00 Flyers Game on NBCSP 2:00 Table Tennis 2:30 Chicken Soup for the Soul Readings 3:00 Saturday Sing Along 3:30 Getting to Know You 6:15 Night Watch: Resident’s Choice</p>
<p>6 Wheel of Fortune Day 9:30 Individualized Activities 9:30 Performance by: Bill Long (A) 10:00 Adult Coloring Pages 10:30 Catholic Communion Rite (B:LR) 11:00 Balloon Volleyball 11:30 Finishing the Lines 1:30 Board Games! 2:00 Games and Puzzles 2:30 Sunday Stretches 3:00 Individualized Activities 6:15 Night Watch: Resident’s Choice</p>	<p>7 Football Time! 9:30 Daily News 9:45 Can You Name 5? 10:30 Look Who’s Dancing Aerobics (A) 11:15 The Price is Right (Ch. 3) 1:30 Pet Therapy with Starr 2:00 College Football History 2:30 Let’s Have a Catch 3:00 Swing Dance Appreciation (YouTube) 3:30 Patriotic Sing Along 6:15 Night Watch: Resident’s Choice</p>	<p>8 Elvis Lives Day! 9:30 Daily News 9:45 Elvis Jeopardy 10:30 Let’s Get Physical 11:00 Pet Therapy with Brutus & Bailey 11:30 Bocce Ball 1:30 Elvis Concert on Amazon Video 2:30 Performance by: Pete & Ted (C:LR) 3:30 Visual Meditation 3:30 Bible Study (C) 6:15 Night Watch: Resident’s Choice</p>	<p>9 Poetry Day! 9:30 Daily News 9:45 Write a Team Poem 10:15 Table Tennis 11:00 Poems with Dolores (CC) 11:30 Pet Therapy with Bonnie & Finn (CC) 1:30 Rhyme Time 2:00 Chicken Soup for the Soul 2:30 Sing Along (C:LR) 3:30 Visual Meditation 6:00 Performance by: Jay Daniels (C:LR) 6:15 Night Watch: Resident’s Choice</p>	<p>10 Share a Quote Day 9:30 Daily News 10:00 Coloring Pages & Puzzles 10:00 Music Therapy with Katie (A) 11:15 Chair and Weights Exercise 1:30 Spa Afternoon 2:00 I’ll Quote You on That 2:15 Individualized Activities 2:30 Alaska Presentation (C:LR) 3:30 Visual Meditation 6:15 Night Watch: Resident’s Choice</p>	<p>11 Let it Snow Day 9:30 Daily News 10:00 Musical Movie Matinee 10:30 Short Stories with Anne (A) 10:30 Fitness Class with Carl Miranda (C:LR) 11:00 Balloon Volleyball 11:30 The Price is Right (Ch. 3) 1:30 Spa Afternoon with Music 3:00 Pet Therapy with Jackson 3:30 Individual Activities 6:15 Night Watch: Resident’s Choice</p>	<p>12 National Hot Tea Day 9:15 Saturday Sit & Be Fit 10:00 Baking Muffins with Mary (C) 10:00 Can You Name Five? 10:30 Saturday Movie Matinee 11:00 History of Tea (C) 1:00 Tea & Muffins Social (C:LR) 1:00 Flyers Game on NBCSP 2:00 Balloon Volleyball 2:30 Adult Coloring Pages 3:30 Individualized Activities 6:15 Night Watch: Resident’s Choice</p>
<p>13 9:30 Sunday Stretches 10:00 Music with Dahlia (A) 10:00 Coloring Pages & Music 10:30 Catholic Communion Rite (B:LR) 11:00 I Love Lucy 1:00 Sixers Game on NBCSP 1:00 3D Snowflakes with Emily (C) 2:00 Sunday Cinema 3:30 DIY Rubber Duckies (C) 6:15 Night Watch: Resident’s Choice</p>	<p>14 Secret Pen Pal 9:30 Daily News 9:45 Can You Name 5? 10:30 Look Who’s Dancing Aerobics (C:LR) 11:15 Write to Your Secret Pen Pal (Dictate) 1:30 Individual Goals 2:30 Patriotic Sing Along 3:00 Balloon Volleyball 3:00 Movie Matinee of Choice 6:15 Night Watch: Resident’s Choice</p>	<p>15 Strawberry Ice Cream Day 9:30 Daily News 9:45 Fruit Chat 10:30 Strawberry Ice Cream Social (C) 10:30 What ice cream flavors say about your personality (C) 11:30 Chair and Weights Exercise 1:30 Jeopardy Knowledge 2:30 Poetry Time with Kristine 3:30 Bible Study (C) 3:30 Visual Meditation 6:15 Night Watch: Resident’s Choice</p>	<p>16 9:30 Daily News & Can You Name 5? 10:15 Chicken Soup for the Soul 11:00 Let’s Get Physical 11:00 Catholic Mass with Father Shae (B:LR) 11:30 Pet Therapy with Bonnie & Finn (CC) 1:30 Individual Activities 2:30 Sing Along (C:LR) 3:30 Visual Meditation 6:00 Sing Along with: Nancy Cary (C:LR) 6:15 Night Watch: Resident’s Choice</p>	<p>17 Snowflake Day 9:30 Daily News 9:45 Snowflake Stamping 10:30 Wii Bowling or Balloon Volleyball 11:30 Swing Dance Appreciation 1:30 Table Tennis 2:30 Performance Demo by: Lorri & James (C:LR) 3:00 Individualized Activities 4:00 Music w/ Methacton High School Group (C:LR) 6:15 Night Watch: Resident’s Choice</p>	<p>18 Coffee Day! 9:30 Daily News 9:45 Coffee/Tea Talk 10:30 Spa Day w/ Morning Movie 11:30 Chair Exercise w/ Weights 1:30 Amazing Antonyms 2:00 Individualized Activities 2:00 Coffee & Coffee Ice Cream Social (C) 3:00 Pet Therapy with Jackson 3:30 Swing Dance Appreciation 6:15 Night Watch: Resident’s Choice</p>	<p>19 Popcorn Day! 10:00 “The Music of Hollywood” Show by Maria Damore (C:LR) 10:00 Adult Coloring Pages 10:30 Individualized Activities 11:00 Baking Class (C) 1:30 Saturday Cinema 2:00 Puzzles and Games 2:30 BINGO (C) 3:00 Walking Club 6:15 Night Watch: Resident’s Choice</p>
<p>20 9:30 Performance by: Bill Long (CC) 10:30 Catholic Communion Rite (B:LR) 10:30 Can You name Five? 11:00 Balloon Volleyball 11:30 Individualized Activities 1:00 Penguin Ornament Craft Kit (C) 1:30 Sunday Stretches 2:00 Guided Meditation & Aromatherapy 3:00 Board Games and Puzzles 6:15 Night Watch: Resident’s Choice</p>	<p>21 Martin Luther King Jr. Day <i>Happy Birthday Beckie!</i> 9:30 Daily News 10:30 Look Who’s Dancing Aerobics (A) 11:15 Can You Name 5? 12:00 Swing Dance Appreciation 1:30 Pet Therapy with Starr 1:30 Rev. Hollaman: Afternoon Devolution service 2:00 Afternoon at the Movies 6:15 Night Watch: Resident’s Choice</p>	<p>22 Tone It Up Tuesday 9:30 Daily News 9:45 Name That Fitness Exercise 10:15 Cognitive Kit 11:00 Pet Therapy with Brutus & Bailey 11:30 Yoga for Seniors 1:30 Poetry with Kristine 2:00 Individual Goals 3:30 Bible Study (C) 3:30 Guided Meditation 6:15 Night Watch: Resident’s Choice</p>	<p>23 National Pie Day 9:30 Daily News 10:00 Performance by: Dann Pell (CC) 11:00 Poems with Dolores (CC) 11:30 Pet Therapy with Bonnie & Finn (CC) 1:30 Let’s Pie it UP 2:30 Senior Sing Along w/ Kristine (C:LR) 3:00 Fill In the Blank 3:30 Let’s Get Physical 6:15 Night Watch: Resident’s Choice</p>	<p>24 Hooray! It’s Peanut Butter Day! 9:30 Daily News 9:45 Morning Aerobics 10:30 Chicken Soup for the Soul 11:00 Craft Time 1:00 Baking Peanut Butter Cookies (C) 1:30 Can You Name Five? 2:30 Christian Life Group (B) 3:30 Men’s Group Movie & Cookies (C:LR) 3:30 Peanut Butter and Jelly Treats 6:15 Night Watch: Resident’s Choice</p>	<p>25 Snickerdoodles Day! 9:45 Let’s Get Physical 10:00 Manicures and Hand Massages 10:30 Short Stories with Anne (A) 10:30 Fitness Class with Carl Miranda (C:LR) 11:00 Snickerdoodle Day 11:30 Chit Chat Time 1:30 Afternoon Spa Day w/ Movie Matinee 2:00 Ice Cream Social 3:00 Individualized Activities 6:15 Night Watch: Resident’s Choice</p>	<p>26 9:15 Saturday Sit & Bet Fit 10:00 Adult Coloring Pages 10:30 Can You Name Five? 11:00 Puzzles and Board Games 1:00 Balloon Volleyball 2:00 Trivia Teasers & Finishing Lines 3:00 Sensory Stimulation 6:15 Night Watch: Resident’s Choice</p>
<p>27 9:45 Sunday Stretches 10:00 Music with Dahlia (A) 10:00 Individualized Activities 10:30 Catholic Communion Rite (B:LR) 11:00 Coloring Pages & Music 1:00 Baking a Chocolate Cake with Mary (C) 2:00 Games and Puzzles 2:30 Table Tennis 3:00 Swing Dance Appreciation 6:15 Night Watch: Resident’s Choice</p>	<p>28 Bubble Wrap Appreciation 9:30 Daily News 10:30 Look Who’s Dancing Aerobics (C:LR) 11:15 Bubble-Mania 12:00 Swing Dance Appreciation (YouTube) 1:00 Legions of Mary Catholic Room Visits 1:30 Individual Goals 2:30 Table Tennis 3:00 Finishing Lines 3:30 Visual Meditation 6:15 Night Watch: Resident’s Choice</p>	<p>29 National Puzzle Day 8:00 Trip to IHOP for breakfast *spots limited* 9:30 Daily News 9:45 Crossword Mania 10:30 Puzzle It Up Art 11:15 Chair and Weight Exercise 1:30 Individual Goals 2:30 Poetry Time with Kristine 3:00 Jeopardy 3:30 Guided Meditation 3:30 Bible Study (C) 6:15 Night Watch: Resident’s Choice</p>	<p>30 Croissant Day 9:30 Daily News 9:45 Can You Name 5? 10:15 Chicken Soup for the Soul 11:30 Pet Therapy with Bonnie & Finn 1:30 Opposites Attract 2:30 Musical Friends Performance (C:LR) 3:30 Croissant w/ Tea Chat 6:00 Performance by: Todd Horn (C:LR) 6:15 Night Watch: Resident’s Choice</p>	<p>31 Favorite Sports Team Day 9:30 Daily News 9:45 Sports Trivia 10:15 Football Toss 11:30 Tennis Time 1:30 Spa Day w/ Movie Matinee 1:30 Painting with a Twist *spots limited* 2:30 Individualized Activities 3:00 Cranium Crunches 3:30 Guided Meditation 6:15 Night Watch: Resident’s Choice</p>		<p>Family and friends are always welcome to join in! Please don’t hesitate to contact Emily Walker, Memory Care Program Coordinator, with any questions at 610-382-6836 or at ewalker@shannondell.com!</p>

The Meadows January 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




The Meadows
AT
SHANNONDELL

1 Happy New Year's Day !
9:00 Manicures (C)
10:00 New Year, New Me: Easy Yoga exercises (C:LR)
11:00 Craft Corner (C)
1:00 Activity connection: Monthly Gazette, daily chronicle & January IQ (C:LR)
1:30 Mocktails: Bloody Mary's! (C:LR)
2:00- 4:30 Movie Matinee (C:LR)
3:30 Bible Study (C)
8:00 TCM Presents: It Happened in Flatbush (1942) Ch. 61 (I)
8:30 Flyers Game on NBCSP (I)

2 Monarch Migration Butterfly Day
9:00 Discussions about butterflies (C:LR)
10:00 Performer: Dann Pell (A)
11:00Wii Bowling Wednesday (B:LR)
1:00 Butterfly coloring pages (B)
NEW YEAR'S SOCIAL:
2:30 Multiple Instrumentalist:: Tom Tolney (C:LR)
*****food and refreshments after*****
3:00 Pet Therapy with The Shelties: Bonnie & Fin (A)(I)
3:30 Butterfly Jewelry Club (B)
6:00 Karaoke Night! (C:LR)
8:00 TCM Presents: On the Waterfront (1954) Ch. 61 (I)
HAPPY BIRTHDAY JAMES D.!

3 Bowling Month!
9:00 Let's Bowl! (C:LR)
NEW EVENT: 10:30 Philly Senior Stage Intro Workshop: "Broadway's Magic Moments" (C:LR)
1:30 Craft Corner (C)
2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)
3:30 Movie Committee (C)
4:00 Facts on bowling! (C)
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: Spartacus (1960) Ch 61 (I)

4 Mitten Month!
10:00 Dr. Steve's Egypt Lecture (C:LR)
11:00 Shabbat Service w/ Irv (B:L)
12:00 Mealtime Tunes with Audrey (C:D)
1:00 Mitten Crafting (C)
2:00 Ice Cream Social (C)
3:00 Pet Therapy w/ Jackson
3:00- 4:00 BINGO (C)
4:00 Knitting Group w/ Patti (C)
8:00 TCM Presents: The Caine Mutiny (1954)Ch. 61 (I)

5 National Bird Day!
9:00 Stretching Saturday (C:LR)
10:00 Current Events (C)
10:30 Smell Good Saturday: Baking Class w/ Mary (C)
1:00 Flyers Game on NBCSP (I)
1:30 Winter Birdhouse Thermometer Craft Kit (C)
2:30- 4:00BINGO (C)
7:30 Sixers Game on NBCSP (I)
8:00 TCM Presents: Gunfight at the O.K. Corral (1957) Ch. 61 (I)

6 Wheel of Fortune Day!
9:30 Performer: Bill Long (A)
10:30am Catholic Communion Rite (B:LR)
11:00 Coloring Pages & Music (C) (I)
1:30 Wheel of Fortune episodes on YouTube ! (C:LR)
2:00-4:15 Movie Matinee (C:LR)
3:30 Wii Games Practicing (B:LR)
8:00 TCM Presents: A Letter to Three Wives (1948) Ch. 61 (I)
8:00 Golden Globes on NBC (I)

7 New Beginning's Month
9:00-12:00 Manicure Monday (C)
9:00 Morning Musical (C:LR) (I)
10:30 Look Who's Dancing Seated Aerobics' (A)
1:30 Pet Therapy w/ Starr
1:00 The "Begin" Game (C:LR)
2:30-4:00 BINGO (C)
8:00 National College Football championship Game on ESPN (I)
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: The Music Box (1932) Ch. 61 (I)

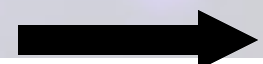
8 Elvis Lives Day!
9:00 Tone is up Tuesday to the King (C:LR)
10:00 Grilled Peanut Butter & Banana Sandwiches (C:LR)
10:30 Elvis Concert on Amazon video (C:LR)
11:00 Pet Therapy w/ Brutus & Bailey
1:00 Art Class (B)
2:30 Performance by: Pete & Ted (C:LR)
3:30 Bible Study (C)
7:00 Sixers Game on NBCSP (I)
7:30 Flyers Game (I)
8:00 TCM Presents: Andy Hardy's Private Secretary (1941) Ch. 61 (I)

9 Poetry Day!
9:30 Stretching session (C:LR)
10:30 Poem Readings (C:LR)
11:00 Wii Bowling Wednesday (B:LR)
11:00 Pet Therapy with The Shelties: Bonnie & Fin (A)(I)
1:00 Winter Acrostic Poem making (B)
2:30 Sing Along (C:LR)
3:30 Jewelry Club (B)
WINTER WONDERLAND SOCIAL
6:00 Performance by: Jay Daniels (C:LR)
7:00 Sixers Game on NBCSP (I)
8:00 TCM Presents: America America (1963) Ch. 61 (I)

10 Share a Quote Day
9:00 Activity Connection: Daily Chronicle and famous quotes (C:LR)
10:00 Trip to Byers Choice Visitor Center in Chalfont *Must sign up ahead* Spots limited*
10:00 Music Therapy (A)
10:30 Cards w/ Dee (B)
11:30 Exercise Essentials (C:LR)
1:30 Book Club (C:LR)
2:30 Quilts and Quotes Coloring Art Pages (B)
4:00 Large Crossword Puzzle ©
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: Helen of Troy (1956) Ch. 61 (I)

11 Let it Snow Day!
9:00 Thumbprint Snowflake Christmas Ornament Craft Kit (C)
10:30 Fitness Class w/ Carl Miranda (C:LR)
1:00 Fresh Flower Arranging (B)
2:00 Ice Cream Social (C)
3:00- 4:00 BINGO (C)
4:00 Knitting Group w/ Patti (C)
3:00 Pet Therapy w/ Jackson
7:00 Sixers Game on NBCSP (I)
8:00 TCM Presents: Young Mr. Lincoln (1939) Ch. 61 (I)
HAPPY BIRTHDAY BETTY M.!

12 National Hot Tea Day!
9:00 Saturday Sit & Be Fit Express Toning: Chair Dancing DVD (C:LR)
10:00 Baking Muffins w/ Mary (C)
1:00 Tea & Muffins Social (C:LR)
1:00 Flyers Game on NBCSP (I)
2:30-4:00 BINGO (C)
4:00 History of Tea (C)
8:00 TCM Presents: The Fly (1958) Ch. 61 (I)



The Meadows January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>13 Rubber Duckie Day 10:30am Catholic Communion Rite (B:LR) 11:00 Coloring Pages & Music (C) (I) 1:00 DIY Rubber Duckies (C) 1:00 Sixers Game on NBCSP (I) 2:00- 4:15 Movie Matinee (C:LR) 3:30 Wii Games Practicing (B:LR) 8:00 TCM Presents: A League of Their Own (1992) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY BUD V.!</p>	<p>14 Secret Pen Pal Day 9:00-12:00 Manicure Monday (C) 9:00 Morning Musical (C:LR) (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Writing Pen Pal letters to the children at VFCA (B) 2:30-4:00 BINGO (C) 7:00Sixers Game on NBCSP (I) 8:00 TCM Presents: James Stewart, Robert Mitchum: The Two Faces of America(2017) Ch. 61 (I)</p>	<p>15 National Strawberry Ice Cream Day! 9:30 Breathing Exercise Essentials CD (C:LR) <u>STRAWBERRY ICE CREAM SOCIAL</u> 10:30 What Ice Cream flavors day about your Personality (C) 12:45Trip to Wayne Arts Center *Must sign up ahead* Spots limited* 1:00 Art Class (B) 3:30 Bible Study (C) 4:30 Tea & Trivia Tuesday (C) 7:30 Sixers Game on NBCSP (I) 8:00 TCM Presents: Thousands Cheer (1943) Ch. 61 (I)</p>	<p>16 Creativity Month! 9:00 Wii Bowling Wednesday (B:LR) 10:00 Chair Ballet Class (The C:LR) 11:00 Pet Therapy with The Shelties: Bonnie & Fin (A/CC)(I) 11:00 Mass with Father Shea (B:LR) 1:30 Snowfall Painting (B) 2:30 Sing Along (C:LR) 3:30 Jewelry Club (B) 6:00 Sing A Long with Nancy Carey (C:LR) 7:30 Flyers Game on NBCSP (I) 8:00 TCM Presents: East of Eden (1955) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY PAT H.!</p>	<p>17 Snowflake Day 9:00 Exercise with Jingle Bells (C:LR) 10:00 Current Events Discussion (C:LR) 11:00 Snowflake Stamping (C) 2:30 Performance Demo by: Lorri & James (C:LR) 4:00 Music w/ Methacton High School Group (C:LR) 7:30 Sixers Game on NBCSP (I) 8:00 TCM Presents: Quo Vadis (1951) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY DOT B!</p>	<p>18 Coffee Day! 9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act) *must sign up ahead* Spots Limited* 11:00 Knitting Group (C) 1:00 Large Crossword Puzzle for (C) 2:00 Coffee Ice Cream Social & Coffee (C) 3:00- 4:00 BINGO (C) 4:00 Knitting Group w/ Patti (C) 3:00 Pet Therapy w/ Jackson 8:00 TCM Presents: Seance on a Wet Afternoon (1964) Ch. 61 (I)</p>	<p>19 Popcorn Day! 10:00 "The Music of Hollywood" Show by Maria Damore (C:LR) 11:00 Craft Corner (C) 1:00 Making Popcorn (C) 2:30-4:00 BINGO (C) 3:30 Sixers Game on ABC (I) 4:00 History/Facts on Popcorn (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Last Hurrah (1958) Ch. 61 (I)</p>	
<p>20 Penguin Awareness Day! 9:30 Performer: Bill Long (CC) 10:30am Catholic Communion Rite (B:LR) 11:00 Netflix Showing :Penguins, a Spy in the Huddle (C:LR) (I) 1:00 Penguin Ornament Craft Kit (C) 2:00-4:15 Movie Matinee (C:LR) 3:30 Wii Games Practicing (B:LR) 8:00 TCM Presents: All That Heaven Allows (1955) Ch. 61 (I)</p>	<p>21Martin Luther King Jr. Day 9:00-12:00 Manicure Monday (C) 9:30 Morning MLK Movie (C:LR) (I) 10:30 Look Who's Dancing Seated Aerobics' (A) 1:30 Pet Therapy w/ Starr 1:30 Rev Holloman: Afternoon Devotion service (B:LR) 2:30-4:00 BINGO (C) 4:00 MLK Trivia (C) 8:00 TCM Presents: Glory (1989) Ch. 61 (I) 8:00 Sixers Game on NBCSP (I)</p> <p>HAPPY BIRTHDAY JACK B! HAPPY BIRTHDAY BECKY B.!</p>	<p>22 Celebrate Reminiscence Month 9:00 Let's Play Volley Ball (C:LR) 10:00 Blondie Brownie Baking Day (C) 1:00 Art Class (B) <u>2:30-3:30 Reminiscence Month celebration performance by: Marvin Diamond (4th Fl The Inn)</u> 3:30 Bible Study (C) 8:00 TCM Presents: The Kissing Bandit (1949) Ch. 61 (I)</p>	<p>23 National Pie Day! 9:00 Large Crossword Puzzle (C) 10:00 Performer: Dann Pell (CC) 11:00 Wii Bowling Wednesday (B:LR) 11:00 Pet Therapy with The Shelties: Bonnie & Fin (A)(I) 1:30 Baking a Pie! (C) 2:30 Jewelry Club (B) 6:00 Independent Movie Night of Choice! (C:LR) (I) 8:00 TCM Presents: The Ernie Kovacs Show, The: Ernie Kovacs Show, Episode 1 (1961) Ch. 61 (I) 8:00 Sixers Game on NBCSP (I)</p>	<p>24 Hooray! It's Peanut Butter Day! 9:00 Chair Boxing DVD (C:LR) 10:00 Current Events Discussion (C:LR) 10:30 Cards w/ Dee (B) 11:00 Trip to Bonefish Grill *Must sign up ahead* Spots limited* 1:00 Baking PB cookies! (C) 1:30 Book Club (C:LR) 2:30 Christian Life Group (B) 3:30 Men's Group Movie & cookies (C:LR) 3:30 Women's Group: Thursday Tea Time & cookies (C) 8:00 TCM Presents: Hercules, Samson & Ulysses (1963) Ch. 61 (I)</p>	<p>25 Snicker doodles Day! 9:00 Morning Cranium Crunches & Baking Cookies with Mary (C) 10:30 Fitness Class w/ Carl Miranda (C:LR) 1:00 Fresh Flower Arranging (B) 2:00 Ice Cream Social & Cookies (C) 3:00- 4:00 BINGO (C) 4:00 Knitting Group (C) 3:00 Pet Therapy w/ Jackson 8:00 TCM Presents: Strike Me Pink (1936) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY FRANCIS G.!</p>	<p>26 Green and Healthy Day! 9:00 Easy Yoga exercises DVD (C:LR) 10:00 Fruit cup and Veggie Snacks! (C) 11:00 Large Crossword Puzzle (C) 1:00 Oldies & Comedy Hour (C:LR) 2:30-4:00 BINGO (C) 4:00 Healthy Tips! (C) 8:00 TCM Presents: Brigadoon (1954) Ch. 61 (I)</p>	
HAPPY		NATIONAL		ACTIVITY		PROFESSIONALS	
WEEK!							
<p>27 Chocolate Cake Day 10:30am Catholic Communion Rite (B:LR) 11:00 Coloring Pages & Music (C) (I) 1:00 Baking a Chocolate Cake w/ Mary (C) 2:00-4:15 Movie Matinee & Cake Treat (C:LR) 3:30 Wii Games Practicing (B:LR) 3:00 NFL Pro Bowl on TV (I) 8:00 TCM Presents: Act of Violence (1949) Ch. 61 (I)</p>	<p>28 Bubble Wrap Appreciation Day! 9:00-12:00 Manicure Monday (C) 9:00 Morning Musical (C:LR) (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Legions of Mary Catholic Room Visits 1:00 Bubble Wrap Stress Reliever & Bubble Wrap Snow Crafting (C) 2:30-4:00 BINGO (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Sounder (1972) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY EDWARD B!</p>	<p>29 National Puzzle Day! 9:00 Cranium Crunches & Puzzles 10:30 Let's play golf! (C:LR) 11:30 Large Crossword Puzzle (C:LR) 1:00 Art Class (B) 2:00 Jig Saw Puzzles (C:SR & C) 3:30 Bible Study (C) 4:30 Jig Saw Puzzles (C) (C:LR) 7:30 Flyers Game on NBCSP (I) 8:00 TCM Presents: Show Boat (1951) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY RUTH R! HAPPY BIRTHDAY JEAN K.!</p>	<p>30 Croissant Day 9:30 Large Crossword Puzzle (C) 10:00 Chair Ballet Class (The Inn-4th fl) 11:00 Wii Bowling Wednesday (B:LR) 11:00 Pet Therapy with The Shelties: Bonnie & Fin (A)(I) 1:00 Adult Coloring sheets & Croissant Treats (C) 2:30 Musical Friends Band Performance (C:LR) 3:30 Jewelry Club (B) <u>BIRTHDAY SOCIAL</u> 6:00 Performance by: Todd Horn (C:LR) 8:00 TCM Presents: McLintock! (1963) Ch. 61 (I)</p>	<p>31 Favorite Sports Team Day! 9:30 Football Toss! (C:LR) 10:30 Current Events Discussion (C:LR) 1:00 Cutting out Snowflakes! (B) 1:30-3:00 Painting with a Twist (Rehab 3rd Floor Activity Room) * Spots limited* Must sign up ahead* 3:00 Men's Group: Jackie Robin's Birthday movie showing (C:LR) 3:00 Women's Group: Coloring pages of your favorite team!(C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: What Price Hollywood? (1932) Ch. 61 (I)</p>	<p>Family & Friends are always welcome to join in!</p> <p>Questions?</p> <p>Please Contact:</p> <p>Activity Director,</p> <p>Katy Hartigan at</p> <p>610-728-5409</p> <p>Thank you!</p> <p>**Refer to weekly schedule for recent changes**</p>		<p><u>LOCATION KEY:</u></p> <p>(C:LR) - 2nd Fl Liv. Rm (C) - 2nd FL Activity Rm (C:D) - 2nd FL Dining (B:LR) - 1st FL Liv. Rm (B) - 1st FL Activity Rm (B:L) - 1st FL Library (B: SR) - 1st FL Sitting Rm (B: LR) - 1st FL Living Rm (A) - Avondale (I) = Independent activity/ watch at your own leisure (The Inn)= 4th floor rehab (CC)= Chatham C unit (The Inn- 4fl Fl) = The Inn 4th fl Rehab building</p>

The Jan January 2019

Sunday Monday Tuesday Wednesday Thursday Friday Saturday




The Meadows
AT
SHANNONDELL

1 Happy New Year's Day !
9:00 Activity connection: Monthly Gazette, daily chronicle & January IQ (C)
**** Manicures on Friday!
10:00 New Year, New Me: Easy Yoga exercises (C:LR)
11:00 Craft Corner (C)
1:00 Large Crossword Puzzle (C:LR)
1:30 Mocktails: Bloody Mary's! (C:LR)
2:00- 4:30 Movie Matinee (C:LR)
3:30 Bible Study (C)
8:00 TCM Presents: It Happened in Flatbush (1942) Ch. 61 (I)
8:30 Flyers Game on NBCSP (I)

2 Monarch Migration Butterfly Day
9:00 Morning Movie (Theatre) (I)
10:00 Performer: Dann Pell (A)
11:00 Wii Bowling Wednesday
1:00 Independent Puzzles & Coloring sheets
2:00 Christian Prayer Room visits
NEW YEAR'S SOCIAL:
2:30 Multiple Instrumentalist:: Tom Tolney (C:LR)
*****food and refreshments after******
3:30 Wednesday Word Association
3:30 Butterfly Jewelry Club (B)
6:00 Karaoke Night! (C:LR)
8:00 TCM Presents: On the Water-front (1954) Ch. 61 (I)
HAPPY BIRTHDAY JAMES D.!

3 Bowling Month!
9:00 Let's Bowl! (C:LR)
NEW EVENT: 10:30 Philly Senior Stage Intro Workshop: "Broadway's Magic Moments" (C:LR)
11:00 30 Minute Thursday Riddles!
1:00 Sports Discussion (Theatre)
2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)
3:30 Craft Corner
4:30 Large Crossword Puzzle
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: Spartacus (1960) Ch 61 (I)

4 Mitten Month!
9:00 Spa Morning: Manicures, Hand Massages & Aromatherapy
10:00 Dr. Steve's Egypt Lecture (C:LR)
11:00 Shabbat Service w/ Irv (B:L)
1:00 Mitten Crafting
2:00 Ice Cream Social
3:00- 4:00 BINGO
8:00 TCM Presents: The Caine Mutiny (1954)Ch. 61 (I)

5 National Bird Day!
9:00 Stretching Saturday (C:LR)
10:00 Current Events (C)
10:30 Smell Good Saturday: Baking (C)
1:00 Flyers Game on NBCSP (I)
1:30 Winter Birdhouse Thermometer Craft Kit (C)
2:00 Movie Matinee & Treats (Theatre)
2:30- 4:00BINGO (C)
7:30 Sixers Game on NBCSP (I)
8:00 TCM Presents: Gunfight at the O.K. Corral (1957) Ch. 61 (I)

6 Wheel of Fortune Day!
9:30 Performer: Bill Long (A)
10:30am Catholic Communion Rite & Room Visits (B:LR)
11:00 Coloring Pages (I)
1:30 Wheel of Fortune episodes on YouTube ! (C:LR)
2:00-4:15 Movie Matinee (C:LR)
3:30 Wii Games Practicing (B:LR)
8:00 TCM Presents: A Letter to Three Wives (1948) Ch. 61 (I)
8:00 Golden Globes on NBC (I)

7 New Beginning's Month
9:00 Activity Connection: Daily Chronicle & Morning stretches
10:00 Morning Musical (Theatre)
11:15-12:00 Look Who's Dancing Seated Aerobics' (The Inn- 4th Fl)
1:00 The "Begin" Game (C:LR)
1:30 Pet therapy room visits w/ Starr
1:30 Winter Birdhouse Thermometer Craft Kit
2:30-4:00 BINGO
5:00 National College Football championship Game on TV (I)
8:00 TCM Presents: The Music Box (1932) Ch. 61 (I)

8 Elvis Lives Day!
9:00 Morning stretches & Ted Talk Tuesday
10:00 Manicures
10:30 Grilled Peanut Butter & Banana Sandwiches & Elvis Concert on Amazon video (Theatre)
1:00 Art Class (B)
2:00 Legions of Mary Catholic Room Visits
2:30 Performance by: Pete & Ted (C:LR)
3:30 Tea & Trivia
7:00 Sixers Game on NBCSP (I)
7:30 Flyers Game (I)
8:00 TCM Presents: Andy Hardy's Private Secretary (1941) Ch. 61 (I)

9 Poetry Day!
9:00 Large Crossword Puzzle
11:00 Wii Bowling Wednesday
1:00 Winter Acrostic Poem making (B)
2:00 Christian Prayer Room visits
2:30 Sing Along (C:LR)
3:30 Wednesday Word Association
4:00 Jewelry Club
WINTER WONDERLAND SOCIAL
6:00 Performance by: Jay Daniels (C:LR)
7:00 Sixers Game on NBCSP (I)
8:00 TCM Presents: America America (1963) Ch. 61 (I)

10 Share a Quote Day
9:00 Activity Connection: Daily Chronicle and famous quotes (C:LR)
10:00 Morning Moves Workout
10:00 Trip to Byers Choice Visitor Center in Chalfont *Must sign up ahead* Spots limited*
10:30 Cards w/ Dee (B)
11:00 30 Minute Thursday Riddles!
1:00 Sports Discussion (Theatre)
1:30 Book Club (C:LR)
2:30 Hang Man!
3:30 Craft Corner
4:30 Large Crossword Puzzle
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: Helen of Troy (1956) Ch. 61 (I)

11 Let it Snow Day!
9:00 Thumbprint Snowflake Christmas Ornament Craft Kit (C)
10:30 Fitness Class w/ Carl Miranda (C:LR)
1:00 Fresh Flower Arranging (B)
2:00 Ice Cream Social (C)
3:00- 4:00 BINGO (C)
4:00 Knitting Group w/ Patti (C)
3:00 Pet Therapy w/ Jackson
7:00 Sixers Game on NBCSP (I)
8:00 TCM Presents: Young Mr. Lincoln (1939) Ch. 61 (I)
HAPPY BIRTHDAY BETTY M.!

12 National Hot Tea Day!
9:00 Morning stretches
10:00 Morning meditation & hand massages
11:00 Smell Good Saturday: Baking (3rd fl act)
1:00 Wii Games
1:00 Flyers Game on NBCSP (I)
2:00 Movie Matinee (4th Floor Theatre)
8:00 TCM Presents: The Fly (1958) Ch. 61 (I)



The Fun January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<p>13 Rubber Duckie Day 9:00 Morning Hangman 10:30am Catholic Communion Rite & Room Visits (B:LR) 11:00 Coloring Pages (I) 1:00 Sixers Game on NBCSP (I) 1:00 DIY Rubber Duckies 2:30 Walking Club 3:30 Large Crossword Puzzle 8:00 TCM Presents: A League of Their Own (1992) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY BUD V.!</p>	<p>14 Secret Pen Pal Day 9:00 Morning Musical (C:LR) (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Writing Pen Pal letters to the children at VFCA (B) 2:30-4:00 BINGO (C) 1:30 Pet therapy room visits w/ Starr 2:30-4:00 BINGO (C) 7:00Sixers Game on NBCSP (I) 8:00 TCM Presents: James Stewart, Robert Mitchum: The Two Faces of America(2017) Ch. 61 (I)</p>	<p>15 Strawberry Ice Cream Day! 9:00 Morning stretches & Ted Talk Tuesday 10:00 Manicures 11:00 Netflix Documentary Showing: WWII in Colour (Theatre) 12:45Trip to Wayne Arts Center *Must sign up ahead* Spots limited* 1:00 Art Class (B) 2:00 Legions of Mary Catholic Room Visits 3:30 Tea & Trivia STRAWBERRY ICE CREAM SOCIAL 4:00 What Ice Cream flavors day about your Personality 7:30 Sixers Game on NBCSP (I) 8:00 TCM Presents: Thousands Cheer (1943) Ch. 61 (I)</p>	<p>16 Creativity Month! 9:00 Morning Movie (Theatre) (I) 11:00 Mass with Father Shea (B:LR) 1:00 Wii Bowling Wednesday 2:00 Christian Prayer Room visits 2:30 Sing Along (C:LR) 3:30 Wednesday Word Association 6:00 Spa Night! (Facials, music & aromatherapy) 7:30 Flyers Game on NBCSP (I) 8:00 TCM Presents: East of Eden (1955) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY PAT H.!</p>	<p>17 Snowflake Day 9:00 Activity Connection: Daily Chronicle & Morning stretches 10:00 Thumbprint Snowflake Christmas Ornament Craft Kit (C) 11:00 30 Minute Thursday Riddles! 1:00 Sports Discussion (Theatre) 2:30 Performance Demo by: Lorri & James (C:LR) 4:00 Music w/ Methacton High School Group (C:LR) 7:30 Sixers Game on NBCSP (I) 8:00 TCM Presents: Quo Vadis (1951) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY DOT B!</p>	<p>18 Coffee Day! 9:00 Spa Morning: Hand Massages & Aromatherapy 9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act) *must sign up ahead* Spots Limited* 1:00 Jewelry Club 2:00 Ice Cream Social 3:00- 4:00 BINGO 8:00 TCM Presents: Seance on a Wet Afternoon (1964) Ch. 61 (I)</p>	<p>19 Popcorn Day! 10:00 "The Music of Hollywood" Show by Maria Damore (C:LR) 11:00 Craft Corner (C) 1:00 Making Popcorn (C) 2:00 Movie Matinee (4th Floor Theatre) 2:30-4:00 BINGO (C) 3:30 Sixers Game on ABC (I) 4:00 History/Facts on Popcorn (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Last Hurrah (1958) Ch. 61 (I)</p>			
<p>20 Penguin Awareness Day! 10:30am Catholic Communion Rite & Room Visits (B:LR) 11:00 Coloring Pages (I) 11:00 Netflix Showing :Penguins, a Spy in the Huddle (C:LR) (I) 1:00 Penguin Ornament Craft Kit(C) 2:00-4:15 Movie Matinee (C:LR) 3:30 Wii Games Practicing (B:LR) 8:00 TCM Presents: All That Heaven Allows (1955) Ch. 61 (I)</p>	<p>21Martin Luther King Jr. Day 9:00 Morning Movie on MLK (Theatre) 10:30 Look Who's Dancing Seated Aerobics' (A) 10:00 Independent puzzles & coloring pages 1:00 Penguin Ornament Craft Kit 1:30 Rev Hollaman: Afternoon Devotion service (B:LR) 2:30-4:00 BINGO 8:00 TCM Presents: Glory (1989) Ch. 61 (I) 8:00 Sixers Game on NBCSP (I)</p> <p>HAPPY BIRTHDAY JACK B! HAPPY BIRTHDAY BECKY B.!</p>	<p>22 Celebrate Reminiscence Month 9:00 Morning stretches & Ted Talk Tuesday 10:00 Manicures 11:00 Netflix Showing: Minimalism: A Documentary About the Important Things (Theatre) 1:00 Art Class (B) 2:00 Legions of Mary Catholic Room Visits 2:30-3:30 Reminiscence Month celebration performance by: Marvin Diamond (4th Fl The Inn) 3:30 Tea & Trivia 8:00 TCM Presents: The Kissing Bandit (1949) Ch. 61 (I)</p>	<p>23 National Pie Day! 9:00 Large Crossword Puzzle 10:00 Performer: Dann Pell (CC) 11:00 Wii Bowling Wednesday 1:00 Hang Man! 2:00 Christian Prayer Room visits 3:30 Wednesday Word Association 6:00 Independent Movie Night of Choice! (Theatre) (I) 8:00 TCM Presents: The Ernie Kovacs Show, The: Ernie Kovacs Show, Episode 1 (1961) Ch. 61 (I) 8:00 Sixers Game on NBCSP (I)</p>	<p>24 Hooray! It's Peanut Butter Day! 9:00 Activity Connection: Daily Chronicle & Morning stretches 10:00 Baking PB cookies! (3rd Fl Activity Room) 10:30 Cards w/ Dee (B) 11:00 Trip to Bonefish Grill *Must sign up ahead* Spots limited* 11:00 30 Minute Thursday Riddles! 1:00 Sports Discussion (Theatre) 1:30 Book Club (C:LR) 2:30 Christian Life Group (B) 3:30 Fresh Flower Arranging 4:00 Large Crossword Puzzle 8:00 TCM Presents: Hercules, Samson & Ulysses (1963) Ch. 61 (I)</p>	<p>25 Snicker doodles Day! 9:00 Morning Cranium Crunches & Baking Cookies (C) 10:30 Fitness Class w/ Carl Miranda (C:LR) 12:00 Lunch Time Tunes with Jay (C:D) 1:00 Fresh Flower Arranging (B) 2:00 Ice Cream Social & Cookies (C) 3:00- 4:00 BINGO (C) 4:00 Knitting Group (C) 3:00 Pet Therapy w/ Jackson 8:00 TCM Presents: Strike Me Pink (1936) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY FRANCIS G.!</p>	<p>26 Green and Healthy Day! 9:00 Morning stretches 10:00 Morning meditation & hand massages 11:00 Smell Good Saturday: Baking (3rd fl act) 1:00 Wii Games 2:00 Movie Matinee (4th Floor Theatre) 8:00 TCM Presents: Brigadoon (1954) Ch. 61 (I)</p>			
HAPPY		NATIONAL		ACTIVITY		PROFESSIONALS		WEEK!	
<p>27 Chocolate Cake Day 9:00 Morning Hangman 10:30am Catholic Communion Rite & Room Visits (B:LR) 11:00 Coloring Pages (I) 1:30 Baking a Chocolate Cake (3rd Fl Act Room) 2:30 Walking Club 3:00 NFL Pro Bowl on TV (I) 3:30 Jewelry Club 8:00 TCM Presents: Act of Violence (1949) Ch. 61 (I)</p>	<p>28 Bubble Wrap Appreciation Day! 9:00-12:00 Manicure Monday (C) 9:00 Morning Musical (C:LR) (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Legions of Mary Catholic Room Visits 1:00 Bubble Wrap Stress Reliever & Bubble Wrap Snow Crafting (C) 2:30-4:00 BINGO (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Sounder (1972) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY EDWARD B!</p>	<p>29 National Puzzle Day! 9:00 Morning stretches & Ted Talk Tuesday 10:00 Manicures 11:00 Netflix Documentary Showing: The Farthest: Voyager in Space (Theatre) 1:00 Art Class (B) 2:00 Legions of Mary Catholic Room Visits 3:30 Tea & Trivia 7:30 Flyers Game on NBCSP (I) 8:00 TCM Presents: Show Boat (1951) Ch. 61 (I)</p> <p>TRIP DAY????!!</p> <p>HAPPY BIRTHDAY RUTH R! HAPPY BIRTHDAY JEAN K.!</p>	<p>30 Croissant Day 9:00 Morning Movie (Theatre) (I) 10:00 Chair Ballet Class (The Inn-4th fl) 11:00 Wii Bowling Wednesday 2:00 Christian Prayer Room visits 2:30 Musical Friends Band Performance (C:LR) 3:30 Wednesday Word Association BIRTHDAY SOCIAL 6:00 Performance by: Todd Horn (C:LR) 8:00 TCM Presents: McLintock! (1963) Ch. 61 (I)</p>	<p>31 Favorite Sports Team Day! 9:00 Activity Connection: Daily Chronicle & Morning stretches 10:00 Craft Corner 11:00 30 Minute Thursday Riddles! 1:00 Sports Discussion (Theatre) 1:30-3:00 Painting with a Twist (Rehab 3rd Floor Activity Room) * Spots limited* Must sign up ahead* 4:00 Large Crossword Puzzle 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: What Price Hollywood? (1932) Ch. 61 (I)</p>	<p>Family & Friends are always welcome to join in! Questions? Please Contact: Activity Director, Katy Hartigan at 610-728-5409 Thank you! **Refer to weekly schedule for recent changes**</p>	<p>LOCATION KEY: Green= Ent./Volunteers (C:LR) - 2nd Fl Liv. Rm (C) - 2nd FL Activity Rm (C:D) - 2nd FL Dining (B:LR) - 1st FL Liv. Rm (B) - 1st FL Activity Rm (B:L) - 1st FL Library (B: SR) - 1st FL Sitting Rm (B: LR) - 1st FL Living Rm (A)- Avondale</p>			