

Chatham C Activities February 2019

Sunday

Monday

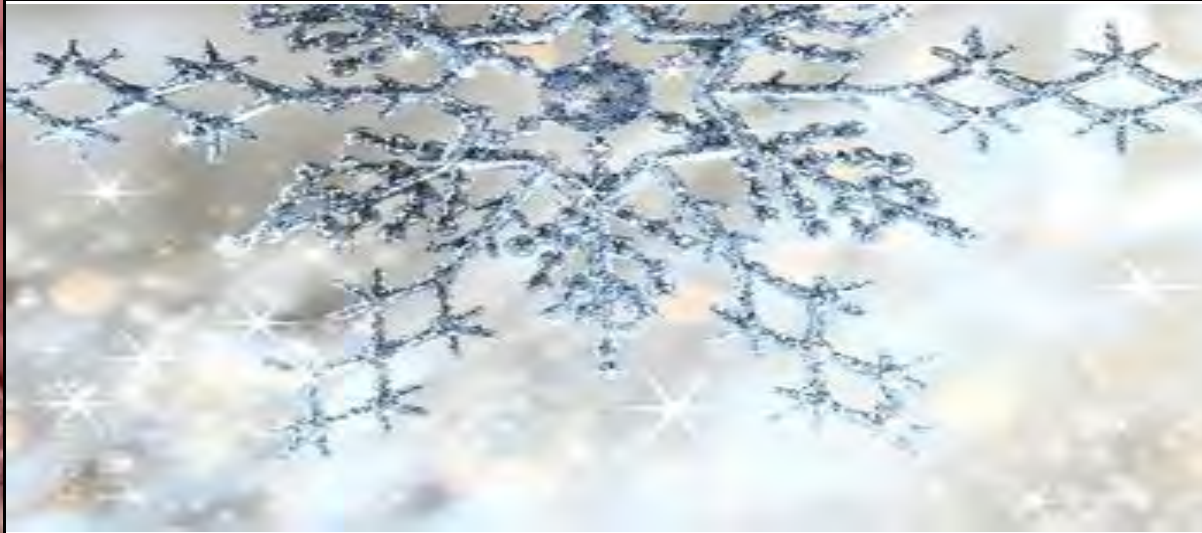
Tuesday

Wednesday

Thursday

Friday

Saturday



Location Key
 (A) Avondale/Lower Level
 (B) 1st Floor Activity Room
 (B:L) 1st Floor Library
 (B:LR) 1st Floor Living Room
 (C) 2nd Floor Activity Room
 (C:LR) 2nd Floor Living Room
 (CC) 2nd Floor C Wing
Red = Entertainment/Special Event
Green = Trip
Blue = BEO
Purple = Pet Therapy
Pink = Religion
**Programs are subject to change.*

Family and friends are always welcome to join in! Please don't hesitate to contact **Emily Walker**, *Memory Care Program Coordinator*, with any questions at 610-382-6836 or at ewalker@shannondell.com!



1 Freedom Day
9:30 Kisses Sweet Spa (Avondale)
 9:30 Daily News & Chronicle
10:00 Dr. Steve's Egypt Lecture (C:LR)
 10:30 Swing Dance Appreciation
11:00 Shabbat Service w/ Irv (B:L)
 11:30 The Price is Right (Ch. 3)
 11:00 Shabbat Service with Irv (B:L)
 1:30 Friday Fitness
 2:00 Ice Cream Social (C)
 2:30 Fun Friday Film
3:00 Pet Therapy with Jackson
 3:30 Individualized Activities
 6:15 Night Watch: Resident's Choice

2 Groundhog Day
 Watch on TV to see if he saw his shadow!
 9:00 Stretching Saturday (C:LR)
 9:30 Saturday Sit & Stretch
 10:00 Current Events & Groundhog Day Trivia! (C:LR)
 10:30 Smell Good Saturday: Baking (C)
 1:00 Flyers Game on NBCSP
 1:30 Craft Corner: Color Me Zip side wheelchair bag Purse! (C)
 2:30 BINGO (C)
 3:00 Individualized Activities
 6:15 Night Watch: Resident's Choice

3 Super Bowl Sunday
 9:30 Sunday Sensory Stimulation
9:30 Performer: Bill Long (A)
 10:00 Puzzles and Games
10:30 Catholic Communion Rite (B:LR)
 11:00 Coloring Pages & Music (C)
 1:00 Superbowl Sunday Build your own Pizza (C)
 2:00 - 4:15 Movie Matinee (C:LR)
 3:00 Individualized Activities
 6:15 Night Watch: Resident's Choice
 6:30 SUPERBOWL LIII on Ch. CBS: Patriots vs. Rams

4 Snickers Day
9:00 Pet Therapy with Molly (C:LR & halls)
 9:30 Daily News & Chronicle
10:30 Look Who's Dancing Aerobics (A)
1:30 No Bake Snickers Pie (CC)
1:30 Pet Therapy with Starr
 2:30 BINGO (C)
 3:00 Meditation & Music
 4:00 Men's Group with Dr. Sim (B:L)
 6:15 Night Watch: Resident's Choice

5 Chinese New Year
Happy Birthday Alan R.
 9:30 Daily News & Chronicle
 10:00 Balloon Volleyball
 10:30 Chinese New Year Fun Facts
11:00 Pet Therapy with Brutus & Bailey
 11:30 The Price is Right (Ch. 3)
 1:30 Chinese New Year Coloring Pages
 2:30 Baking Nutella Brownies! (C)
 3:00 Tuesday Tunes
3:30 Bible Study (C)
 6:15 Night Watch: Resident's Choice

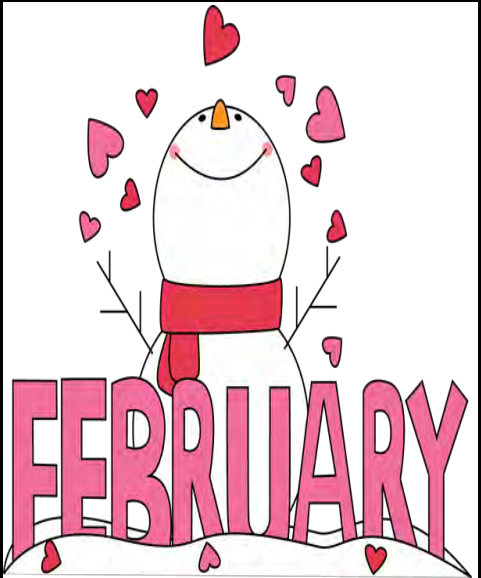
6 Chopsticks Please
 9:30 Walking Club
10:00 Performance by Dann Pell (A)
 11:15 Workout Wednesday
 1:30 Can You Name Five?
 2:00 Chicken Soup for the Soul Readings
2:30 Musical Friends Performance (C:LR)
 3:00 Puzzles and Coloring Pages
3:30 Pet Therapy with Bonnie and Finn
 3:30 Individualized Activities
 6:15 Night Watch: Resident's Choice

7 Candy Hearts Day
9:30 Winter Scenic ride to Skippack & Dunkin-hot chocolate stop
 9:30 Daily News & Chronicle
 10:00 Current Events Discussion (C:LR)
 11:00 Movie Matinee
 11:30 Exercise Essentials (C:LR)
 1:30 E-Z Balloon Volleyball
 2:00 E-Z Craft
2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)
 3:30 Individualized Activities
 6:15 Night Watch: Resident's Choice

8 Potato Lovers Day
 9:30 Daily News & Chronicle
 10:30 Short Stories with Anne (A)
10:30 Fitness Class w/ Carl Miranda (C:LR)
 11:00 Potato Latkes Social (C)
11:00 French Fry Fiesta (CC)
 11:30 Music Appreciation
 1:30 Friday Film
 2:00 Manicures & Hand Massages
3:00 Pet Therapy with Jackson
 3:30 Relaxing Music
 6:15 Night Watch: Resident's Choice

9 Chocolate Kiss Day
 9:30 Daily News
 10:00 Baking Muffins (C)
 10:30 Saturday Stretches
 11:00 Comedy Movie Matinee
 1:00 Flyers Game on NBCSP
 1:00 Hershey Kiss Craft (C)
 2:30 BINGO (C)
 3:00 Individualized Activities
 4:00 Current Events (C)
 6:15 Night Watch: Resident's Choice

Chatham C Activities February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 Random Acts of Kindness Week 9:30 Daily News 10:00 Music with Dahlia (A) 10:30 Catholic Communion Rite (B:LR) 11:00 Coloring Pages (Independent) 11:30 I Love Lucy 1:00 Thank you letters- to whom-ever! (C) 2:30 Puzzles and Games 2:00 Movie Matinee (C:LR) 3:00 Individualized Activities 3:30 Practicing Wii Games (C:LR) 6:15 Night Watch: Resident's Choice</p>	<p>11 Peppermint Patties Day 9:00 Pet Therapy with Molly (C:LR & halls) 9:30 Daily Chronicle & News 10:30 Look Who's Dancing Aerobics (C:LR) 11:00 The Price is Right (Ch. 3) 1:30 Monday Movie Matinee 2:00 Balloon Volleyball 2:30 BINGO (C) 3:00 Individualized Activities 6:15 Night Watch: Resident's Choice</p>	<p>12 Jell-O Day 9:30 Daily Chronicle & News 10:00 Sit & Be Fit 10:30 Presentation by Ben Soffer: "Nemours" (C) 11:00 Step by Step Rose Drawing (C) 1:00 Art Class (B) 1:30 Trivia Teasers 2:00 Jell-O Social (C) 3:30 Bible Study (C) 4:30 Tea and Trivia Social (C) 6:15 Night Watch: Resident's Choice</p>	<p>13 Paper Clip Day 9:30 Daily Chronicle & News 10:00 Exercise Essentials 10:30 Science for Seniors (C:LR) 11:00 Poetry with Dolores (CC) 11:30 Pet Therapy with Bonnie and Finn 1:30 Popsicle Stick Sign Craft (B) 2:00 Walking Club 2:30 Sing Along (C:LR) 3:30 Individualized Activities 6:15 Night Watch: Resident's Choice</p>	<p>14 Valentine's Day 9:30 Daily Chronicle & News 10:00 Movers & Shakers 10:30 Valentine's Day Craft 11:30 The Dick Van Dyke Show 2:00 Walking Club <i>Valentine's Day Social</i> 2:30 Singer & Musician: Tom Tolney (C:LR) <i>3:30 Valentine's Day Snacks and a Romantic Movie (C:LR)</i> 6:15 Night Watch: Resident's Choice</p>	<p>15 Fact or Fantasy Friday 9:30 Daily Chronicle & News 10:00 Manicures & Hand Massages 10:30 Musical Memories 11:00 Knitting Group (C) 1:00 Jeopardy Trivia (C) 1:00 Fresh Flower Arranging (B) 1:30 Faux Flower Arranging 2:00 Ice Cream Social (C) 3:00 BINGO (C) 3:00 Pet Therapy with Jackson 3:30 Individualized Activities 6:15 Night Watch: Resident's Choice</p>	<p>16 9:30 Daily Chronicle & News 10:00 Keyboards by Nick Viscuso (C:LR) 11:00 Craft Corner (C) 1:00 Surprising facts about your favorite snack food brands (C) 1:00 Flyers Game on NBCSP 2:00 Snack time! (C) 2:30-4:00 BINGO (C) 3:00 Individualized Activities 6:15 Night Watch: Resident's Choice</p>
<p>17 Crazy Winter Cookie Day! 61st Daytona 500 NASCAR Race on Today! 9:30 Performer: Bill Long (CC) 10:30 Catholic Communion Rite (B:LR) 11:00 Netflix Movie of Choice Showing (C:LR) 1:00 Baking Cookies! (C) 2:00-4:15 Movie Matinee (C:LR) 6:00 Flyers Game on NBCSP 6:15 Night Watch: Resident's Choice</p>	<p>18 U.S. Presidents Day 9:00 Pet Therapy with Molly (C:LR & halls) 9:30 Daily Chronicle & News 10:30 Look Who's Dancing Aerobics (A) 11:00 The Price is Right (Ch. 3) 1:30 Pet Therapy with Starr 2:00 Can You Name Five? 2:30 Balloon Volleyball 2:30 BINGO (C) 3:00 Relaxation Time 3:30 Individualized Activities 6:15 Night Watch: Resident's Choice</p>	<p>19 Chocolate Mint Day 9:30 Daily Chronicle & News 10:00 Baking Class with Mary (C) 10:30 Sit & Be Fit 11:00 Brain Games 11:30 The Price is Right (Ch. 3) 1:30 Balloon Volleyball 2:00 Chicken Soup for the Soul Readings 2:30 Adult Coloring Pages 3:30 Bible Study (C) 4:30 Large Crossword Puzzle (C) 6:15 Night Watch: Resident's Choice</p>	<p>20 Cherry Pie Day 9:30 Daily Chronicle & News 10:00 Chair Ballet Class (C:LR) 10:30 Swing Dance Appreciation 11:00 Mass with Father Shae (B:LR) 11:00 Cherry Pie Social (CC) 11:30 Pet Therapy with Bonnie and Finn 2:00 Walking Club 2:30 Sing Along (C:LR) 3:30 Individualized Activities 6:15 Night Watch: Resident's Choice</p>	<p>21 Margarita Day 9:30 Daily Chronicle & News 10:00 Movers & Shakers 10:30 Board Games & Puzzles 11:30 The Dick Van Dyke Show 1:00 Margarita Social (C) 2:00 Trivia Teasers 2:30 Christian Life Group (B) 3:00 Individualized Activities 4:00 Music with Methacton High School Group (C:LR) 6:15 Night Watch: Resident's Choice</p>	<p>22 Washington's Birthday 9:30 Daily Chronicle & News 10:00 Manicures & Hand Massages 10:30 Short Stories with Anne (A) 10:30 Musical Memories 10:30 Fitness Class w/ Carl Miranda (C:LR) 11:30 The Price is Right (Ch. 3) 1:30 Faux Flower Arranging 2:00 Ice Cream Social (C) 3:00 BINGO (C) 3:00 Pet Therapy with Jackson 3:30 Individualized Activities 6:15 Night Watch: Resident's Choice</p>	<p>23 Girl Scout Cookie Day 9:00 Easy Yoga exercise DVD (C:LR) 10:00 Cognitive Kit (C) 11:00 Large Crossword Puzzle (C) 1:00 Oldies & Comedy Hour (C:LR) 1:05 Phillies Spring Training on TV 1:30 Girl Scout Cookies! (C:LR) 2:30 BINGO (C) 4:00 Girl Scout Cookie Trivia! (C) 6:15 Night Watch: Resident's</p>
<p>24 Oscar Awards 9:30 Daily News 10:00 Music with Dahlia (A) 10:30 Catholic Communion Rite (B:LR) 11:30 I Love Lucy 1:00 Baking Pretty Cookies (C:LR) 2:30 Puzzles and Games 2:00 Movie Matinee (C:LR) 3:00 Individualized Activities 3:30 Practicing Wii Games (C:LR) 6:15 Night Watch: Resident's Choice 8:00 91st Academy Awards on ABC</p>	<p>25 Loaded Mashed Potato Day 9:00 Pet Therapy with Molly (C:LR & halls) 9:30 Daily Chronicle & News 10:30 Look Who's Dancing Aerobics (C:LR) 11:00 Loaded Mashed Potato Bar (CC) 1:00 Legions of Mary Catholic Room Visits 1:05 Phillies Spring Training on TV 1:30 Balloon Volleyball 2:30 BINGO (C) 3:30 Individualized Activities 6:15 Night Watch: Resident's Choice</p>	<p>26 Grand Canyon Day 9:30 Daily Chronicle & News 10:00 Sit & Be Fit 10:30 Brain Games 11:00 Chicken Soup for the Soul 11:30 The Price is Right (Ch. 3) 1:30 Balloon Volleyball 2:00 Resident's Council (C) *Residents Only* 2:30 Adult Coloring Pages 3:30 Bible Study (C) 4:30 Tea and Trivia Tuesday (C) 6:15 Night Watch: Resident's Choice</p>	<p>27 9:30 Daily Chronicle & News 10:00 Performance by Dann Pell (CC) 11:00 Poetry with Dolores (CC) 11:30 Pet Therapy with Bonnie and Finn 1:05 Phillies Spring Training Game on TV 2:00 Baseball Craft 3:00 Individualized Activities 6:00 Performance by Pete & Ted (C:LR) 6:15 Night Watch: Resident's Choice</p>	<p>28 Celebrate Chocolate Month 9:30 Daily Chronicle & News 10:00 Movers & Shakers 10:30 Board Games & Puzzles 11:30 The Dick Van Dyke Show 1:00 Baking Chocolate Goodies (C) 1:05 Phillies Spring Training Game on TV 1:30 Balloon Volleyball 2:00 Trivia Teasers 3:00 Individualized Activities 3:00 Root Beer Floats & a Movie (C:LR) 6:15 Night Watch: Resident's Choice</p>	<p>Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (C:LR) 2nd Floor Living Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion <i>*Programs are subject to change.</i></p>	

The Meadows February 2019

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



The Meadows
 AT
 SHANNONDELL



1 Freedom Day!
 10:00 Dr. Steve's Egypt Lecture (C:LR)
 11:00 Shabbat Service w/ Irv (B:L)
 12:00 Mealtime Tunes with Audrey (C:D)
 1:00 African American Trivia (B)
 2:00 Ice Cream Social (C)
 3:00 Pet Therapy w/ Jackson
 3:00- 4:00 BINGO (C)
 4:00 Ted Talks to celebrate Black History Month (C:LR)
 4:00 Knitting Group (C)(I)
 8:00 TCM Presents: Sunrise (1927) Ch. 61 (I)

2 Groundhog Day
 Watch on TV to see if he saw his shadow!
 9:00 Stretching Saturday (C:LR)
 10:00 Current Events & Groundhog Day Trivia! (C:LR)
 10:30 Smell Good Saturday: Baking (C)
 1:00 Flyers Game on NBCSP (I)
 1:30 Craft Corner (C)
 2:30- 4:00 BINGO (C) (I)
 8:00 TCM Presents: Fantastic Voyage (1966) Ch. 61 (I)

3 Super Bowl Sunday
 9:30 Performer: Bill Long (A)
 10:30am Catholic Communion Rite (B:LR)
 11:00 Coloring Pages & Music (C) (I)
 1:00 Super bowl Sunday Build your own Pizza (C)
 2:00-4:15 Movie Matinee (C:LR)
 6:30 SUPERBOWL LIII on Ch. CBS (I)
 8:00 TCM Presents: The Lion in Winter (1968) Ch. 61 (I)

4 Snickers Day
 9:00-12:00 Manicure Monday (C)
 9:00 Visits w/ Molly the Golden Retriever (I)
 9:00 Morning Musical (C:LR) (I)
 10:30 Look Who's Dancing Seated Aerobics' (A)
 1:30 Pet Therapy w/ Starr
 1:00 Easy Snickers Bar Pie (C)
 2:30-4:00 BINGO (C)
 4:00 Men's Group with Dr. Sim (B:L)
 7:00 Flyers Game on NBCSP (I)
 8:00 TCM Presents: Battleground (1949) Ch. 61 (I)

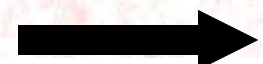
5 Happy Chinese New Year
 9:00 Tone is up Tuesday (C:LR)
 10:00 Fortune Cookies Fun! (C:LR)
 11:00 Pet Therapy w/ Brutus & Bailey
 1:00 Art Class (B)
 2:30 Baking Nutella Brownies! (C)
 3:30 Bible Study (C)
 4:30 Large Crossword Puzzle (C)
 8:00 TCM Presents: Viva Zapata! (1952) Ch. 61 (I)
 HAPPY BIRTHDAY ALAN R.!

6 Home Run Day!
 9:00 Wii Bowling Wednesday (B:LR)
 10:00 Performer: Dann Pell (A)
 11:00 Baseball Hall of Fame Trivia & Peanuts snacks! (C:LR)
 3:00 Pet Therapy with The Shelties: Bonnie & Fin (A/CC)(I)
 1:00 Baking Club (C)
 2:30 Band Performance: Musical Friends (C:LR)
 3:30 Jewelry Club (B)
 6:00 Wine Down Wednesday (C:LR)
 8:00 TCM Presents: The Longest Day (1962) Ch. 61 (I)

7 Candy Hearts Day!
 9:00 Activity Connection: Daily Chronicle and candy hearts discussion (C:LR)
 9:30 Winter Scenic ride to Skippack & Dunkin -hot chocolate stop
 10:00 Music Therapy (A)
 11:30 Exercise Essentials (C:LR)
 1:00 Large Crossword Puzzle (C)
 2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)
 4:00 Large Crossword Puzzle (C)
 7:00 Flyers Game on NBCSP (I)
 8:00 TCM Presents: All About Eve (1950) Ch. 61 (I)

8 Potatoes Lover's Day!
 9:00 Winter Craft Corner (C)
 10:30 Fitness Class w/ Carl Miranda (C:LR)
 11:00 Potato Latkes social (C)
 1:00 Fresh Flower Arranging (B)
 2:00 Ice Cream Social (C)
 3:00- 4:00 BINGO (C)
 4:00 Knitting Group (C)
 3:00 Pet Therapy w/ Jackson
 8:00 TCM Presents: Now, Voyager (1942) Ch. 61 (I)

9 Chocolate Kiss Day!
 9:00 Saturday Sit & Be Fit Express Toning: Chair Dancing DVD (C:LR)
 10:00 Baking Muffins (C)
 1:00 Hershey Kisses Craft (C)
 1:00 Flyers Game on NBCSP (I)
 2:30-4:00 BINGO (C)
 4:00 Current Events (C)
 8:00 TCM Presents: In the Heat of the Night (1967) Ch. 61 (I)



The Meadows February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 Random Acts of Kindness Week! 10:30am Catholic Communion Rite (B:LR) 11:00 Coloring Pages (C) (I) 1:00 Thank you cards –to whomever! :) (C) 2:00- 4:15 Movie Matinee (C:LR) 3:30 Wii Games Practicing (B:LR) 3:30 Sixers Game on NBCSP (I) 8:00 The 61st Grammy Awards are on TV on Ch. CBS (I) 8:00 The 61st Grammy Awards are on TV on Ch. CBS (I)</p>	<p>11 Peppermint Pattie Day! 9:00-12:00 Manicure Monday (C) 9:00 Visits w/ Molly the Golden Retriever (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Peppermint Pattie Social (C) 2:30-4:00 BINGO (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Naughty Marietta (1935) Ch. 61 (I)</p>	<p>12 World Rose & Jell-O Day Romance Movie Trip Today! 9:30 Breathing Exercise Essentials CD (C:LR) 10:30 Presentation by Ben Soffer: "Nemours" (C) 11:30 Step by Step Rose Drawing (C) 1:00 Art Class (B) 2:00 Jell-O Social (C) 3:30 Bible Study (C) 4:30 Tea & Trivia Tuesday (C) 8:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Remains of the Day (1993) Ch. 61 (I) 8:00 Sixers Game on ABC (I)</p> <p>HAPPY BIRTHDAY SHIRLEY N.!</p>	<p>13 Madly in Love with Me Day! 9:00 Wii Bowling Wednesday (B:LR) 10:30 Science for Seniors (C:LR) 11:00 Pet Therapy with The Shelties: Bonnie & Fin (A/CC)(I) 1:00 Popsicle stick sign craft (B) 2:30 Sing Along (C:LR) 3:30 Jewelry Club (B) 6:30 CASINO NIGHT (C:LR) 7:30 Sixers Game on TNT (I) 8:00 TCM Presents: Lawrence of Arabia (1962) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY MARY G.!</p>	<p>14 Happy Valentines Day 9:00 Rose Distribution to rooms & hallways 10:00 Exercise with Bells (C:LR) 10:30 Cards w/ Dee (B) 11:00 Fuzzy Valentine Wreaths (C) 1:30 Book Club (C) VALENTINES DAY SOCIAL: 2:30 Singer & Musician: Tom Tolney (C:LR) 3:30 Valentines Snacks & Romantic Movie! (C:LR) 8:00 TCM Presents: The Philadelphia Story (1940) Ch. 61 (I)</p>	<p>15 Fact or Fantasy Friday! 9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act) *must sign up ahead* Spots Limited* 11:00 Knitting Group (C) 1:00 Fresh Flower Arranging (B) 1:00 Jeopardy Trivia (C) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 4:00 Large Crossword Puzzle (C) 3:00 Pet Therapy w/ Jackson 8:00 TCM Presents: Titanic (1953) Ch. 61 (I)</p>	<p>16 Snack on Saturday! 10:00 Keyboards by Nick Viscuso (C:LR) 11:00 Craft Corner (C) 1:00 Surprising facts about your favorite snack food brands (C) 1:00 Flyers Game on NBCSP (I) 2:00 Snack time ! (C) 2:30-4:00 BINGO (C) (I) 8:00 TCM Presents: It's a Mad, Mad, Mad, Mad World (1963) Ch. 61 (I)</p>
<p>17 Crazy Winter Cookie Day! 61st Daytona 500 NASCAR Race on Today! 9:30 Performer: Bill Long (CC) 10:30am Catholic Communion Rite (B:LR) 11:00 Netflix Movie of Choice Showing (C:LR) (I) 1:00 Baking Cookies!!!! (C) 2:00-4:15 Movie Matinee (C:LR) 6:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Nun's Story (1959) Ch. 61 (I)</p>	<p>18 US Presidents Day! 9:00-12:00 Manicure Monday (C) 9:00 Visits w/ Molly the Golden Retriever (I) 9:30 Netflix /morning Move: "JFK: The making of a president "(C:LR) (I) 10:30 Look Who's Dancing Seated Aerobics' (A) 1:30 Pet Therapy w/ Starr 1:30 Not-So-Presidential Code Names Game (C) 2:30-4:00 BINGO (C) 4:00 Presidential Trivia (C) 8:00 TCM Presents: High Noon (1952) Ch. 61 (I)</p>	<p>19 First Ladies Day! 9:00 Let's Play Volley Ball (C:LR) 10:00 Baking class w/ Mary! (C) 1:00 Art Class (B) 2:00 Bruster's Ice Cream Trip 2:30 Little-known facts about our First Ladies & First Ladies Who Am I? Game! (C:LR) 3:30 Netflix showing: Madam Secretary (C:LR) (I) 3:30 Bible Study (C) 4:30 Large Crossword Puzzle (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Captains Courageous (1937) Ch. 61 (I)</p>	<p>20 Cherry Pie Day! 9:00 Wii Bowling Wednesday (B:LR) 10:00 Chair Ballet Class (The C:LR) 11:00 Mass with Father Shea (B:LR) 11:00 Pet Therapy with The Shelties: Bonnie & Fin (A/CC)(I) 1:30 Pie Time! (C) 2:30 Sing Along (C:LR) 3:30 Jewelry Club (B) 6:00 Spa Night: Facials, Aromatherapy, Music (C:LR) 8:00 TCM Presents: The Private Life of Henry VIII (1933) Ch. 61 (I)</p> <p>HAPPY BIRTHDAY LUTHER G.!</p>	<p>21 Celebrate Margarita Day! 9:00 Chair Exercise Boxing DVD (C:LR) 10:30 Current Events Discussion (C:LR) 1:00 Margarita Social (C) 2:30 Christian Life Group (B) 4:00 Music w/ Methacton High School Group (C:LR) 7:00 Sixers Game on NBCSP (I) 8:00 TCM Presents: 8 1/2 (1963) Ch. 61 (I)</p>	<p>22 Washington's Birthday 9:00 Morning Cranium Crunches: 25 Things You Probably Didn't Know About George Washington (C:LR) 10:30 Fitness Class w/ Carl Miranda (C:LR) 1:00 Amazon Prime Video: The First American (C:LR)(I) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 4:00 Knitting Group (C) 3:00 Pet Therapy w/ Jackson 8:00 TCM Presents: Mutiny on the Bounty (1962) Ch. 61 (I)</p>	<p>23 Girl Scout Cookie Day 9:00 Easy Yoga exercises DVD (C:LR) 10:00 Cognitive Kit (C) 11:00 Large Crossword Puzzle (C) 1:00 Oldies & Comedy Hour (C:LR) 1:00 Sixers Game on NBCSP (I) 1:05 Phillie Spring Training game om TV (I) 1:30 Girl Scout Cookies! (C:LR) 2:30-4:00 BINGO (C) 4:00 Girl Scout Cookie Trivia ! (C) 8:00 TCM Presents: A Star is Born (1937) Ch. 61 (I) 8:00 Flyers Game on NBC (I)</p>
<p>24 Red Carpet Day! 10:30am Catholic Communion Rite (B:LR) 11:00 Coloring Pages & Music (C) 1:00 Baking Pretty cookies (C) 2:00-4:15 Movie Matinee (C:LR) 3:30 Wii Games Practicing (B:LR) 8:00 TCM Presents: The Broadway Melody (1929) Ch. 61 (I) 8:00 The 91st Academy Awards/ Oscars on Ch. ABC (I)</p>	<p>25 Mandala Month! 9:00-12:00 Manicure Monday (C) 9:00 Visits w/ Molly the Golden Retriever (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Legions of Mary Catholic Room Visits 1:00 Fuzzy Mandala Flower Magnet Craft (C) 1:05 Phillies Spring Training game om TV (I) 2:30-4:00 BINGO (C) 8:00 TCM Presents: The Public Enemy (1931) Ch. 61 (I) 8:00 Sixers Game on NBCSP (I)</p> <p>HAPPY BIRTHDAY ANN S.!</p>	<p>26 Grand Canyon Day! 9:00 Cranium Crunches (C:LR) 10:30 Let's play golf! (C:LR) 11:30 Netflix Showing: National Parks Adventure (C:LR) 1:00 Art Class (B) 2:30 Residents' Council * For Resident's only (C) 3:30 Bible Study (C) 4:30 Tea & Trivia Tuesday (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Gaslight (1944) Ch. 61 (I)</p>	<p>27 International Friendship Month! 9:00 Wii Bowling Wednesday (B:LR) 10:00 Performer: Dann Pell (CC) 10:00 Chair Ballet Class (The Inn-4th fl) 11:00 Pet Therapy with The Shelties: Bonnie & Fin (A/CC)(I) 11:00 Wii Bowling Wednesday (B:LR) 1:05 Phillies Spring Training game om TV (I) 2:30 Senior Sing Along (C:LR) 3:30 Friendship Jewelry Club! (B) BIRTHDAY SOCIAL 6:00 Performance by: Pete & Ted (C:LR) 8:00 TCM Presents: The Human Comedy (1943) Ch. 61 (I)</p>	<p>28 Celebrate Chocolate Month! 9:30 Football Toss! (C:LR) 10:30 Cards w/ Dee (B) 1:00 Baking Chocolate Goodies! (C) 1:05 Phillies Spring Training game om TV (I) 1:30 Book Club (C:LR) 2:30 Chocolate Baking Social! (C) 3:00 Root Beer Floats & Movie!! (C:LR) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Great White Hope (1970) Ch. 61 (I) 9:30 Sixers Game on NBCSP (I)</p>	<p>Family & Friends are always welcome to join in!</p> <p>Questions?</p> <p>Please Contact:</p> <p>Activity Director,</p> <p>Katy Hartigan at</p> <p>610-728-5409</p> <p>Thank you!</p> <p>**Refer to weekly schedule for recent changes**</p>	<p>LOCATION KEY:</p> <p>(C:LR) - 2nd Fl Liv. Rm (C) - 2nd FL Activity Rm (C:D) - 2nd FL Dining (B:LR) - 1st FL Liv. Rm (B) - 1st FL Activity Rm (B:L) - 1st FL Library (B: SR) - 1st FL Sitting Rm (B: LR) - 1st FL Living Rm (A) - Avondale</p> <p>(I) = Independent activity/ watch at your own leisure (The Inn)= 4th floor rehab (CC)= Chatham C unit (The Inn- 4fl Fl) = The Inn 4th fl Rehab building</p>

The Inn February 2019

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



The Meadows
— AT —
SHANNONDELL

1 Freedom Day!
9:00 Spa Morning: Manicures, Hand Massages & Aromatherapy
10:00 Dr. Steve's Egypt Lecture (C:LR)
11:00 Shabbat Service w/ Irv (B:L)
1:00 African American Trivia
2:00 Ice Cream Social
3:00– 4:00 BINGO
8:00 TCM Presents: Sunrise (1927) Ch. 61 (I)

2 Groundhog Day
Watch on TV to see if he saw his shadow!
9:00 Stretching Saturday (C:LR)
10:00 Current Events & Groundhog Day Trivia! (C:LR)
10:30 Smell Good Saturday: Baking (C)
1:00 Flyers Game on NBCSP (I)
1:30 Craft Corner (C)
2:00 Movie Matinee & Treats (Theatre)
2:30– 4:00 BINGO (C) (I)
8:00 TCM Presents: Fantastic Voyage (1966) Ch. 61 (I)

3 Super Bowl Sunday
9:30 Performer: Bill Long (A)
10:30am Catholic Communion Rite (B:LR)
11:00 Coloring Pages & Music (C) (I)
1:00 Super bowl Sunday Build your own Pizza (C)
2:00–4:15 Movie Matinee (C:LR)
6:30 SUPERBOWL LIII on Ch. CBS (I)
8:00 TCM Presents: The Lion in Winter (1968) Ch. 61 (I)

4 Snickers Day
9:00 Activity Connection: Daily Chronicle & Morning stretches
9:00 Visits w/ Molly the Golden Retriever (I)
10:00 Morning Musical (Theatre)
11:15–12:00 Look Who's Dancing Seated Aerobics' (The Inn– 4th Fl)
1:00 Easy Snickers Bar Pie (3rd Fl Act Rm)
1:30 Pet therapy room visits w/ Starr
2:30–4:00 BINGO
4:00 Men's Group with Dr. Sim (B:L)
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: Battleground (1949) Ch. 61 (I)

5 Happy Chinese New Year
9:00 Morning stretches & Ted Talk Tuesday
9:00 Visits w/ Molly the Golden Retriever (I)
10:00 Manicures
11:00 Fortune Cookies Fun!
1:00 Art Class (B)
2:00 Legions of Mary Catholic Room Visits
2:00 Baking Nutella Brownies! (3rd Fl Act Rm)
2:30–4:00 BINGO
4:00 Men's Group with Dr. Sim (B:L)
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: Battleground (1949) Ch. 61 (I)

HAPPY BIRTHDAY ALAN R.!

6 Home Run Day!
9:00 Large Crossword Puzzle
10:00 Performer: Dann Pell (A)
11:00 Wii Bowling Wednesday
1:00 Baseball Hall of Fame Trivia & Peanuts snacks!
2:00 Christian Prayer Room visits
2:30 Band Performance: Musical Friends (C:LR)
3:30 Wednesday Word Association
4:00 Jewelry Club
6:00 Wine Down Wednesday (C:LR) (I)
8:00 TCM Presents: The Longest Day (1962) Ch. 61 (I)

7 Candy Hearts Day!
9:00 Activity Connection: Daily Chronicle and candy hearts discussion
9:30 Winter Scenic ride to Skippack & Dunkin -hot chocolate stop
11:00 30 Minute Thursday Riddles!
1:00 Sports Discussion (Theatre)
2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)
3:30 Craft Corner
4:30 Large Crossword Puzzle
7:00 Flyers Game on NBCSP (I)
8:00 TCM Presents: All About Eve (1950) Ch. 61 (I)

8 Potatoes Lover's Day!
9:00 Winter Craft Corner (C)
10:30 Fitness Class w/ Carl Miranda (C:LR)
11:00 Potato Latkes social (C)
1:00 Fresh Flower Arranging (B)
2:00 Ice Cream Social (C)
3:00– 4:00 BINGO (C)
4:00 Knitting Group w/ Patti (C)
3:00 Pet Therapy w/ Jackson
8:00 TCM Presents: Now, Voyager (1942) Ch. 61 (I)

9 World Pizza Day!
9:00 Morning stretches
10:00 Morning meditation & hand massages
11:00 Smell Good Saturday: Baking a Pizza! (3rd Fl Act Rm)
1:00 Wii Games
1:00 Flyers Game on NBCSP (I)
2:00 Movie Matinee (4th Floor Theatre)
2:30– 4:00 BINGO
8:00 TCM Presents: In the Heat of the Night (1967) Ch. 61 (I)



The Inn February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 Random Acts of Kindness Week! 10:30am Catholic Communion Rite & Room Visits (B:LR) 11:00 Coloring Pages (I) 1:00 Thank you cards –to whomever! 2:30 Walking Club 3:30 Hangman & Large Crossword Puzzle 3:30 Sixers Game on NBCSP (I) 8:00 TCM Presents: Lassie Come Home (1943) Ch. 61 (I) 8:00 The 61st Grammy Awards are on TV on Ch. CBS (I)</p>	<p>11 Peppermint Pattie Day! 9:00-12:00 Manicure Monday (C) 9:00 Visits w/ Molly the Golden Retriever (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Peppermint Pattie Social (C) 2:30-4:00 BINGO (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Naughty Marietta (1935) Ch. 61 (I)</p>	<p>12 World Rose Day Romance Movie Trip Today! 9:00 Morning stretches & Ted Talk Tuesday 10:00 Manicures 10:30 Presentation by Ben Soffer: "Nemours" (C) 11:30 Step by Step Rose Drawing 1:00 Art Class (B) 2:00 Legions of Mary Catholic Room Visits <u>SWEETHEART SOCIAL</u> 2:00 Music with Miguel 3:30 Bible Study (C) 8:00 Sixers Game on ABC (I) 8:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Remains of the Day (1993) Ch. 61 (I) HAPPY BIRTHDAY SHIRLEY N.!</p>	<p>13 Madly in Love with Me Day! 9:00 Morning Romance Movie (Theatre) 10:00 Popsicle stick sign craft 1:00 Wii Bowling Wednesday 10:30 Science for Seniors (C:LR) 2:00 Christian Prayer Room visits 2:30 Sing Along (C:LR) 3:30 Wednesday Word Association 6:30 CASINO NIGHT (C:LR) (I) 7:30 Sixers Game on TNT (I) 8:00 TCM Presents: Lawrence of Arabia (1962) Ch. 61 (I) HAPPY BIRTHDAY MARY G.!</p>	<p>14 Happy Valentines Day! 9:00 Rose Distribution 10:00 Heart Pillow Making 10:30 Cards w/ Dee (B) 11:00 30 Minute Thursday Riddles! 1:00 Sports Discussion (Theatre) 1:30 Book Club (C:LR) <u>VALENTINES DAY SOCAIL:</u> 2:30 Singer & Musician: Tom Tolney (C:LR) 3:30 Valentines Snacks & Romantic Movie! (C:LR) 8:00 TCM Presents: The Philadelphia Story (1940) Ch. 61 (I)</p>	<p>15 Fact or Fantasy Friday! 9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act) *must sign up ahead* Spots Limited* 1:00 Fresh Flower Arranging (B) 2:00 Ice Cream Social 3:00- 4:00 BINGO 8:00 TCM Presents: Titanic (1953) Ch. 61 (I)</p>	<p>16 Snack on Saturday! 10:00 Keyboards by Nick Viscuso (C:LR) 11:00 Craft Corner (C) 1:00 Surprising facts about your favorite snack food brands (C) 1:00 Flyers Game on NBCSP (I) 1:00 Snack Time! (Theatre) 2:00 Movie Matinee (4th Floor Theatre) 2:30-4:00 BINGO (C)(I) 8:00 TCM Presents: It's a Mad, Mad, Mad, Mad World (1963) Ch. 61 (I)</p>
<p>17 Crazy Winter Cookie Day! 61st Daytona 500 NASCAR Race on Today! 9:30 Performer: Bill Long (CC) 10:30am Catholic Communion Rite (B:LR) 11:00 Netflix Movie of Choice Showing (C:LR) (I) 1:00 Baking Cookies!!!! (C) 2:00-4:15 Movie Matinee (C:LR) 6:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Nun's Story (1959) Ch. 61 (I)</p>	<p>18 US Presidents Day! 9:00 Netflix /morning Move: "JFK: The making of a president (Theatre) 9:00 Visits w/ Molly the Golden Retriever (I) 10:30 Look Who's Dancing Seated Aerobics' (A) 10:00 Independent puzzles & coloring pages 1:00 Not-So-Presidential Code Names Game 1:30 Pet therapy room visits w/ Starr 1:30 Rev Hollaman: Afternoon Devotion service (B:LR) 2:30-4:00 BINGO 8:00 TCM Presents: High Noon (1952) Ch. 61 (I)</p>	<p>19 First Ladies Day! 9:00 Morning stretches & Ted Talk Tuesday 10:00 Manicures 11:00 Little-known facts about our First Ladies & First Ladies Who Am I? Game! 1:00 Art Class (B) 2:00 Bruster's Ice Cream Trip 2:00 Legions of Mary Catholic Room Visits 2:30 Netflix showing: Madam Secretary (Theatre) 3:30 Tea & Trivia 3:30 Bible Study (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Captains Courageous (1937) Ch. 61 (I)</p>	<p>20 Cherry Pie Day! 9:00 Large Crossword Puzzle 10:00 Chair Ballet Class (C:LR) 11:00 Wii Bowling Wednesday & Cherry Pie! 11:00 Mass with Father Shea (B:LR) 1:00 Hang Man! 2:00 Christian Prayer Room visits 2:30 Sing Along (C:LR) 3:30 Wednesday Word Association 6:00 Spa Night: Facials, Aromatherapy, Music (C:LR) (I) 8:00 TCM Presents: The Private Life of Henry VIII (1933) Ch. 61 (I) HAPPY BIRTHDAY LUTHER G.!</p>	<p>21 Margarita Day! 9:00 Activity Connection: Daily Chronicle & Morning stretches 10:00 Baking cookies! (3rd Fl Activity Room) 11:00 30 Minute Thursday Riddles! 1:00 Sports Discussion w/ Margaritas! (Theatre) 2:30 Christian Life Group (B) 4:00 Music w/ Methacton High School Group (C:LR) 7:00 Sixers Game on NBCSP (I) 8:00 TCM Presents: 8 1/2 (1963) Ch. 61 (I)</p>	<p>22 Washington's Birthday 9:00 Morning Cranium Crunches: 25 Things You Probably Didn't Know About George Washington (C:LR) 10:30 Fitness Class w/ Carl Miranda (C:LR) 1:00 Amazon Prime Video: The First American (C:LR)(I) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 4:00 Knitting Group (C) 3:00 Pet Therapy w/ Jackson 8:00 TCM Presents: Mutiny on the Bounty (1962) Ch. 61 (I)</p>	<p>23 Girl Scout Cookie Day! 9:00 Morning stretches 10:00 Morning meditation & hand massages 11:00 Smell Good Saturday: Girl Scout Cookie Social Hour 1:00 Wii Games 1:00 Sixers Game on NBCSP (I) 1:05 Phillies Spring Training game om TV (I) 2:00 Movie Matinee (4th Floor Theatre) 2:30-4:00 BINGO (C) 8:00 TCM Presents: A Star is Born (1937) Ch. 61 (I) 8:00 Flyers Game on NBC (I)</p>
<p>24 Red Carpet Day! 10:30am Catholic Communion Rite & Room Visits (B:LR) 11:00 Coloring Pages (I) 1:00 Baking pretty cookies (3rd Fl Act Room) 2:30 Walking Club 3:30 Jewelry Club 8:00 TCM Presents: The Broadway Melody (1929) Ch. 61 (I) 8:00 The 91st Academy Awards/ Oscars on Ch. ABC (I)</p>	<p>25 Mandala Month! 9:00-12:00 Manicure Monday (C) 9:00 Visits w/ Molly the Golden Retriever (I) 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 1:00 Legions of Mary Catholic Room Visits 1:00 Fuzzy Mandala Flower Magnet Craft (C) 1:05 Phillies Spring Training game om TV (I) 2:30-4:00 BINGO (C) 8:00 TCM Presents: The Public Enemy (1931) Ch. 61 (I) 8:00 Sixers Game on NBCSP (I) HAPPY BIRTHDAY ANN S.!</p>	<p>26 Grand Canyon Day! 9:00 Morning stretches & Ted Talk Tuesday 10:00 Manicures 11:00 Netflix Showing: National Parks Adventure (theatre) 1:00 Art Class (B) 2:00 Legions of Mary Catholic Room Visits 2:30 Residents' Council * For Resident's only (C) 3:30 Tea & Trivia 3:30 Bible Study (C) 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: Gaslight (1944) Ch. 61 (I)</p>	<p>27 International Friendship Month! 9:00 Morning Movie (Theatre) (I) 10:00 Chair Ballet Class (The Inn-4th fl) 10:00 Performer: Dann Pell (CC) 11:00 Wii Bowling Wednesday 1:05 Phillies Spring Training game om TV (I) 2:00 Christian Prayer Room visits 2:30 Senior Sing Along (C:LR) 3:30 Friendship Jewelry Club! <u>BIRTHDAY SOCIAL</u> 6:00 Performance by: Pete & Ted (C:LR) (I) 8:00 TCM Presents: The Human Comedy (1943) Ch. 61 (I)</p>	<p>28 Celebrate Chocolate Month! 9:00 Activity Connection: Daily Chronicle & Morning stretches 10:00 Baking Chocolate goodies (3rd fl Act) 11:00 30 Minute Thursday Riddles! 1:00 Sports Discussion (Theatre) 1:05 Phillies Spring Training game om TV (I) 1:30 Book Club (C:LR) 1:30 Flower Arranging (The Inn) 4:00 Large Crossword Puzzle 7:00 Flyers Game on NBCSP (I) 8:00 TCM Presents: The Great White Hope (1970) Ch. 61 (I) 9:30 Sixers Game on NBCSP (I)</p>	<p>Family & Friends are always welcome to join in! Questions? Please Contact: Activity Director, Katy Hartigan at 610-728-5409 Thank you! **Refer to weekly schedule for recent changes**</p>	<p>LOCATION KEY: Green= Ent./Volunteers (C:LR) - 2nd Fl Liv. Rm (C) - 2nd FL Activity Rm (C:D) - 2nd FL Dining (B:LR) - 1st FL Liv. Rm (B) - 1st FL Activity Rm (B:L) - 1st FL Library (B: SR) - 1st FL Sitting Rm (B: LR) - 1st FL Living Rm (A)- Avondale</p>