Thursday Sunday **Monday Tuesday** Wednesday **Friday** Saturday 5 Do Something Nice Day Family and friends are **Location Key** (A) Avondale/Lower Level 9:15 Saturday Sit & Be Fit 9:15 Balloon Volleyball 9:15 Workout Wednesday 9:15 Parachute Play & Exercise 9:30 Kisses Sweet Spa (Spa Room) always welcome to (B) 1st Floor Activity Room 9:30 Manicures & Hand Massages 9:45 Bananagrams 9:30 Gardening Group and Cogni-10:00 Performance by Dann Pell 9:45 EZ Craft Corner (B:L) 1st Floor Library 9:45 Musical Memories 10:15 Adult Coloring Pages tive Kit with Anita 10:00 Living Poetry Group join in! Please don't (B:LR) 1st Floor Living Room 10:00 Dr. Steve's Egypt Lecture 10:45 Can You Name Five? 10:30 Finishing Lines with the Pur-(C:LR)11:00 The Andy Griffith Show hesitate to contact 11:00 The Three Stooges (C) 2nd Floor Activity Room ple Petal's 11:00 Dennis the Menace (C:LR)1:30 Can You Name Five? (C:LR) 2nd Floor Living Room 11:00 I Love Lucy 1:30 Comedy Movie Matinee 11:00 The Price is Right (Ch. 3) 1:30 Balloon Volleyball Katy Hartigan, Activ-2:00 Walking Club (CC) 2nd Floor C Wing 11:00 Shabbat Service w/ Irv (B:L) 2:00 Finishing Lines 1:00 Art Class (B) 2:00 Walking Club 2:30 Sensory Stimulation Red = Entertainment/Special ity Director, with any 1:30 Friday Film 1:30 Sensory Stimulation 2:30 Sensory Stimulation 2:30 Performance (C:LR) 2:30 Music Appreciation Lecture **Event** 2:00 Walking Taco Social (C:LR) 2:30 BINGO (C) 2:00 Walking Club questions at 610-728-3:30 Individualized Activities Jeff Uhlig (C:LR) Green = Trip3:00 BINGO (C) 3:30 Individualized Activities 3:30 Individualized Activities Tune in to Channel 61 nightly for Purple = Pet Therapy 3:00 Sensory Stimulation 5409 or at kharti-3:00 Pet Therapy with Jackson (C) Tune in to Channel 61 nightly for a 3:30 Bible Study (C) a Turner Classic Movie! Pink = Religion 3:30 Individualized Activities Turner Classic Movie! Tune in to Channel 61 nightly for a 3:30 Individualized Activities gan@shannondell.com *Programs are subject to change. Tune in to Channel 61 nightly for a Turner Classic Movie! Tune in to Channel 61 nightly for Turner Classic Movie! a Turner Classic Movie! 9 Yom Kippur 9:15 Can You Name Five? 9:30 Performance by Bill Long (A) 9:15 Balloon Volleyball 9:15 Workout Wednesday 9:15 Parachute Play & Exercise 9:15 Saturday Sit & Be Fit 9:30 Manicures & Hand Massages 10:30 Catholic Communion Rite 9:45 Sit & Stretch 9:30 Gardening Group and Bird 9:45 Sensory Stimulation 9:30 Living Poetry Group (C:LR) 9:30 Musical Memories 9:45 Bananagrams 10:30 Look Who's Dancing Aero-10:15 Adult Coloring Pages 10:15 Adult Coloring Pages 10:00 Music Therapy (CC) Feeders Kit with Anita 10:30 Gardening Group (C:LR)bics (C:LR) 11:00 Dennis the Menace 11:00 Fitness Class with Carl 10:45 Can You Name Five? 10:30 Adult Coloring Pages 10:30 Finishing Lines with the Pur-10:30 Science for Seniors (C:LR) 11:00 The Price is Right (Ch. 3) 11:00 Dennis the Menace ple Petal's 10:45 Card Games Miranda (C:LR) 11:00 The Three Stooges 1:30 Comedy Movie Matinee 1:30 Pet Therapy with Star 11:00 I Love Lucy 11:00 The Price is Right (Ch. 3) 1:00 Eagles vs. Jets 1:30 Musical Memories 1:30 Balloon Volleyball 2:00 EZ Craft Corner 1:30 Monday Manicure's 1:30 Sunday Cinema 1:00 Art Class (B) 2:00 Walking Club 1:00 Fresh Flower Arranging (B) 2:00 Finishing Lines 2:30 Walking Club 2:00 Movie Matinee 1:30 Sensory Stimulation 1:30 Friday Film 2:30 Sensory Stimulation 2:00 Matching Games & Puzzles 2:30 Sing Along (C:LR) 3:00 Puzzles & Games 2:00-4:15 Grilled Cheese Treat & 2:30 BINGO (C) 2:00 Walking Club 3:30 Individualized Activities 2:00 Ice Cream Social 2:30 BINGO (C) 3:30 Individualized Activities 2:30 Matching Games & Puzzles 2:30 Adult Coloring Pages Movie Matinee (C:LR) 3:30 Individualized Activities 6:00 Performance by Jay Daniels 3:30 Individualized Activities Tune in to Channel 61 nightly for 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities 3:30 Bible Study (C) Tune in to Channel 61 nightly for a 3:00 Individualized Activities (C:LR)a Turner Classic Movie! 3:30 Individualized Activities Tune in to Channel 61 nightly for Tune in to Channel 61 nightly for a 4:00 Men's Group with Sim (B:L) Tune in to Channel 61 nightly for a Turner Classic Movie! Tune in to Channel 61 nightly for a Tune in to Channel 61 nightly for a Turner Classic Movie! a Turner Classic Movie! Turner Classic Movie! Turner Classic Movie! Turner Classic Movie! 14 Columbus Day 16 Bosses Day 9:15 Parachute Play & Exercise 9:15 Coffee & Conversation 9:15 Can You Name Five? 9:15 Balloon Volleyball 9:15 Workout Wednesday 9:30 Manicures & Hand Massages 9:15 Saturday Sit & Be Fit 9:45 Sit & Stretch 9:45 Sunday Stretches 9:30 Gardening Group and Cogni-9:45 Sensory Stimulation 9:45 EZ Craft Corner 9:30 Musical Memories 9:45 Bananagrams 10:15 Puzzles & Matching Games 10:00 Walking Club tive Kit with Anita 10:15 Adult Coloring Pages 10:30 Sensory Stimulation 10:30 Gardening Group 10:15 Adult Coloring Pages 10:30 Look Who's Dancing Aero-11:00 Mass with Father Shae 10:30 Finishing Lines with the Pur-10:45 Chicken Soup for the Soul 10:45 Chicken Soup for the Soul 10:45 Can You Name Five? 10:30 Catholic Communion Rite (C:LR) bics (A) ple Petal's (C:LR) Readings Readings 11:00 The Three Stooges 11:00 The Price is Right (Ch. 3) 10:30 Adult Coloring Pages 11:00 The Price is Right (Ch. 3) 11:00 I Love Lucy 1:30 Word Game Wednesday 11:00 I Love Lucy 1:30 Balloon Volleyball 11:00 Dennis the Menace 1:30 Monday Manicure's 11:00 Pet Therapy w/ Brutus & Bai-2:00 Walking Club 1:30 Matching Games & Puzzles 1:30 Friday Film 2:00 Finishing Lines 1:00 Eagles vs. Vikings 2:00 Movie Matinee 2:30 Sing Along (C:LR) 2:00 Musical Memories 2:00 Ice Cream Social 2:30 Sensory Stimulation 2:30 Matching Games & Puzzles 1:00 Art Class (B) 1:30 Balloon Volleyball 2:30 Adult Coloring Pages 3:30 Individualized Activities 2:30 Christian Life Group (B) 2:30 BINGO (C) 3:00 Pet Therapy with Jackson (C) Tune in to Channel 61 nightly for 2:00 Movie Matinee (C:LR) 2:30 BINGO (C) 1:30 Sensory Stimulation 3:30 Individualized Activities 3:30 Individualized Activities

a Turner Classic Movie!

3:00 Individualized Activities

Turner Classic Movie!

Tune in to Channel 61 nightly for a

3:00 Individualized Activities

Turner Classic Movie!

4:00 Men's Group with Sim (B:L)

Tune in to Channel 61 nightly for a

2:00 Brain Games

3:30 Bible Study (C)

Turner Classic Movie!

3:30 Individualized Activities

Tune in to Channel 61 nightly for a

3:30 Individualized Activities

Turner Classic Movie!

Tune in to Channel 61 nightly for a

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Turner Classic Movie!

4:00 Music with Methacton

a Turner Classic Movie!

Tune in to Channel 61 nightly for

(C:LR)

Saturday Sunday **Monday Tuesday** Wednesday **Thursday Friday** 22 20 9:15 Sunday Stretches 9:15 Workout Wednesday 9:15 Parachute Play & Exercise 9:15 Can You Name Five? 9:15 Balloon Volleyball 9:30 Manicures & Hand Massages 9:15 Saturday Sit & Be Fit 9:30 Performance by Bill Long (CC) 9:45 Sit & Stretch

9:15 Sunday Stretches
9:30 Performance by Bill Long (CC
9:45 Broadway Musical Movie
Matinee
10:00 Puzzles & Matching Games
10:30 Catholic Communion Rite
(C:LR)
11:00 I Love Lucy
1:30 Adult Coloring Pages
2:00 Movie Matinee (C:LR)
2:30 Balloon Volleyball
3:30 Individualized Activities
8:20 Eagles vs. Cowboys
Tune in to Channel 61 nightly for a

bics (C:LR)

11:00 The Price is Right (Ch. 3)

1:30 Pet Therapy with Star

1:30 Rev. Hollaman: Afternoon De votion service (B:LR)

2:00 Bean Bag Toss

2:30 BINGO (C)

3:30 Individualized Activities

Tune in to Channel 61 nightly for a Turner Classic Movie!

10:30 Look Who's Dancing Aero-

22
9:15 Balloon Volleyball
9:30 Gardening Group and Baking
Club with Anita
10:30 Finishing Lines with the Purple
Petal's
11:00 I Love Lucy
11:00 Pet Therapy with Brutus & Bailey
1:00 Art Class (B)
1:30 Can You Name Five?
2:00 Adult Coloring Pages
2:30 Individualized Activities
3:30 Bible Study (C)
Tune in to Channel 61 nightly for a

9:15 Workout Wednesday
9:45 Musical Movie Matinee
10:00 Performer: Dann Pell (CC)
10:30 Sensory Stimulation
11:00 The Price is Right (Ch. 3)
1:30 Chicken Soup for the Soul
Readings
2:00 Swing Dance Appreciation
2:30 Word Game Wednesday
3:30 Individualized Activities
6:00 Performance by Pete and Ted
(C:LR)
Tune in to Channel 61 nightly for a
Turner Classic Movie!

9:15 Parachute Play & Exercise
9:30 Living Poetry Group (C:LR)
10:00 Fall Foliage Scenic Ride
spots limited
10:30 Sensory Stimulation
10:45 Chicken Soup for the Soul
Readings
11:00 I Love Lucy
1:30 Matching Games & Puzzles
2:00 Musical Memories
2:30 Adult Coloring Pages
3:30 Individualized Activities
Tune in to Channel 61 nightly for a
Turner Classic Movie!

9:45 Musical Memories
10:30 Gardening Group
11:00 Fitness Class with Carl
Miranda (C:LR)
11:00 The Price is Right (Ch. 3)
1:00 Fresh Flower Arranging (B)
1:30 Friday Film
2:00 Walking Club
2:30 Ice Cream Social
3:00 BINGO (C)
3:00 Pet Therapy with Jackson (C)
3:30 Individualized Activities
Tune in to Channel 61 nightly for a
Turner Classic Movie!

9:15 Saturday Sit & Be Fit
9:45 Bananagrams
10:15 Adult Coloring Pages
10:45 Can You Name Five?
11:00 The Three Stooges
1:00 Cognitive Kit (B:LR)
2:00 Finishing Lines
2:30 Sensory Stimulation
2:30 BINGO (C)
3:30 Individualized Activities
Tune in to Channel 61 nightly for a
Turner Classic Movie!

27
9:15 Coffee & Conversation
9:45 Sunday Stretches
10:15 Puzzles & Matching Games
10:30 Catholic Communion Rite
(C:LR)
10:45 Coloring Pages

Turner Classic Movie!

11:00 The Andy Griffith Show 1:00 Eagles vs. Bills 1:30 Can You Name Five? 2:00 Movie Matinee (C:LR)

2:30 Balloon Volleyball
3:30 Individualized Activities
Tune in to Channel 61 nightly for a
Turner Classic Movie!

9:15 Can You Name Five? 9:45 Sit & Stretch 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (A) 11:00 The Price is Right (Ch. 3)

11:00 The Price is Right (Ch. 3) 1:00 Legions of Mary Catholic Room Visits 1:30 Manicure Monday

2:00 Movie Matinee

2:30 Bean Bag Toss 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie! 29
9:00-10:00 Valley Forge Children's
Academy Trick or Treating
10:30-11:30 Music, Face Paint and
Social Hour (C:LR)
9:30 Gardening Group and Cognitive
Kit with Anita
1:00 Art Class (B)
1:30 Can You Name Five?
2:00 Adult Coloring Pages
2:30 Individualized Activities
2:30 Resident's Council (C) *For

Turner Classic Movie!

Resident's Only*

3:30 Bible Study (C)

Tune in to Channel 61

Turner Classic Movie!

Turner Classic Movie!

9:15 Workout Wednesday
9:45 Musical Movie Matinee
10:30 Sensory Stimulation
11:00 The Price is Right (Ch. 3)
1:30 Chicken Soup for the Soul
Readings
2:00 Swing Dance Appreciation
2:30 Word Game Wednesday
3:00-3:45 Halloween Happening
Performance by DJ/Singer Migs
(C:LR)
Tune in to Channel 61 nightly for a

9:45 EZ Craft Corner 10:00 Living Poetry Group (C:LR) 10:45 Chicken Soup for the Soul Readings 11:00 I Love Lucy 1:30 Musical Memories 2:30-4:30 Happy Halloween Happening (Treats & Magic Show on

9:15 Parachute Play & Exercise

Tune in to Channel 61 nightly for a Turner Classic Movie!



Family and friends are always welcome to join in! Please don't hesitate to contact **Katy Hartigan**, *Activity Director*, with any questions at 610-728-5409 or at khartigan@shannondell.com

Location Key

(A) Avondale/Lower Level
(B) 1st Floor Activity Room
(B:L) 1st Floor Library
(B:LR) 1st Floor Living Room
(C) 2nd Floor Activity Room
(C:LR) 2nd Floor Living
Room
(CC) 2nd Floor C Wing
Red = Entertainment/Special
Event
Green = Trip
Blue = BEO

Purple = Pet Therapy Pink = Religion



