


Chatham C Activities November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Family and friends are always welcome to join in! Please don't hesitate to contact Katy Hartigan, Activity Director, with any questions at 610-728-5409 or at kharti-gan@shannondell.com</p>	<p>Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (C:LR) 2nd Floor Living Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion</p> <p><i>*Programs are subject to change.</i></p>	<p>HELLO, NOVEMBER!</p> 			<p>1 Day of The Dead (Mexico) 9:30 Kisses Sweet Spa (Avondale Spa Room) 9:30 Manicures & Hand Massages 9:45 Musical Memories 10:00 Dr. Steve's Egypt Lecture (C:LR) 11:00 The Price is Right (Ch. 3) 11:00 Shabbat Service w/ Irv (B:L) 1:30 Friday Film: Day of the Dead Documentary 2:00 Ice Cream Social (C) 2:30 Matching Games & Puzzles 3:00 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>2 Cookie Monster's Birthday 9:30 Saturday Sit & Be Fit 9:45 Adult Coloring Pages 10:15 Can You Name Five? 11:00 The Three Stooges 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>
<p><u>3 Day Light Savings</u> 9:15 Walking Club 9:30 Performance by Bill Long (A) 9:30 Adult Coloring Pages 10:30 Catholic Communion Rite (C:LR) 10:30 Sunday Stretches 11:00 Dennis the Menace 1:00 Eagles vs. Jets 1:30 Sunday Cinema 2:00 Matching Games & Puzzles 2:00 Movie Matinee (C:LR) 3:00 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>4 Games & Puzzles Month 9:00-12:00 Manicure Monday (C) 9:45 Sit & Stretch 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (C:LR) 11:00 The Price is Right (Ch. 3) 1:30 Pet Therapy with Star 2:00 Games & Puzzles! 2:30 BINGO (C) 2:30 Adult Coloring Pages 3:30 Individualized Activities 4:00 Men's Group with Sim (B:L) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>5 Election Day! 9:30 Exercise : 8-Leg Octaband 10:00 Finishing Lines 10:30 Sensory Stimulation 10:30 Purple Petal's Social (A) 11:00 Election Documentary of Choice 1:00 Art Class (B) 1:30 Tuesday Trivia 2:00 Swing Dance Appreciation 2:15 Walking Club 3:30 Individualized Activities 3:30 Bible Study (C) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>6 Alzheimer's Awareness Month</u> 9:30 Workout Wednesday 9:45 Word Game Wednesday 10:00 Performance by Dann Pell (A) 10:15 Adult Coloring Pages 10:45 Card Games 1:30 Musical Memories 2:00 Walking Club 2:30 Musical Friends Performance (C:LR) 3:30 Individualized Activities 6:00 Wine Down Wednesday & Movie (C:LR) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>7 Thinking Thursday 9:30 Stretching Session 10:00-11:00 Living Poetry Group (C:LR) 11:00 Dennis the Menace 1:30 EZ Craft Corner 2:00 Walking Club 2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR) 3:00 Puzzles & Games 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>8 Gone With The Wind Day! 9:30 Manicures & Hand Massages 9:30 Musical Memories 10:30 Walking Club 11:00 Fitness Class with Carl Miranda (C:LR) 11:00 The Price is Right (Ch. 3) 1:30 Friday Film : Gone With The Wind! 2:00 Ice Cream Social (C) 2:30 Matching Games & Puzzles 3:00 Pet Therapy with Jackson (C) 3:00 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>9 Good Nutrition Day! 9:30 Saturday Sit & Be Fit: Fruit Stress Toys 9:45 Adult Coloring Pages 10:00 TED TALK "Healthy Eating" (C:LR) 10:30 Cognitive Kit (C:LR) 1:00 "Healthy Happy Hour" (C) 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>
<p><u>10 Vanilla Cupcake Day!</u> 9:30 Sunday Stretches 10:00 Puzzles & Matching Games 10:30 Catholic Communion Rite (C:LR) 10:45 Adult Coloring Pages 11:00 The Andy Griffith Show 1:00 Vanilla Cupcake Baking! (C) 1:00 Eagles vs. Vikings 1:30 Balloon Volleyball 2:00 Movie Matinee (C:LR) 3:00 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>11 Veteran's Day</u> 9:00-12:00 Manicure Monday (C) 9:30 Can You Name Five? 10:00 Broadway Musical Memories 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (A) 11:00 The Price is Right (Ch. 3) 1:00-2:30 Veteran's Day Social (C:LR) 2:30 BINGO (C) 2:30 Patriotic Glasses Craft Kit 3:00 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>12 Times We Treasure Tuesday 9:30 Morning Stretches & Walking Club 10:30 Purple Petal's Social: Show & Tell! Bring an item you treasure & tell us why! (A) 11:00 I Love Lucy 11:00 Pet Therapy with Brutus & Bailey 1:00 Art Class (B) 1:30 Tuesday Trivia 2:00 Swing Dance Appreciation 2:15 Exercise : 8-Leg Octaband 3:30 Individualized Activities 3:30 Bible Study (C) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>13 World Kindness Day 9:30 Workout Wednesday 9:45 Word Game Wednesday 10:15 Writing Apple Cards for our wonderful caregivers 1:30 Board Games & Puzzles 2:00 Walking Club 2:30 Sing Along (C:LR) 3:30 Individualized Activities 3:30 Pet Therapy with Bonnie & Finn Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>14 Tunes Thursday 9:30 Stretching Session 10:00 Music Therapy (CC) 10:45 Trivia Teasers 11:00 I Love Lucy 1:30 Matching Games & Puzzles 2:00 Name that Tune! 2:30 Christian Life Group (B) 3:30 Individualized Activities 4:00 Music with Methacton (C:LR) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>15 America Recycles Day 9:30 Manicures & Hand Massages 9:30 Musical Memories 10:30 Craft Corner: What can we make with the supplies we have in our closets? 11:00 The Price is Right (Ch. 3) 1:00 Fresh Flower Arranging (B) 1:30 Friday Film 2:00 Ice Cream Social (C) 2:30 Matching Games & Puzzles 3:00 BINGO (C) 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>16 Button Day! 9:30 Saturday Senior Workout: Balloon Volleyball 9:45 Can You Name Five? 10:15 Button Sorting! 11:00 Finishing Lines 1:30 Frank Sinatra Youtube Videos 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>

Chatham C Activities November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17 World Peace Day! 9:30 Performance by Bill Long (CC) 10:30 WOGA exercises 10:30 Catholic Communion Rite (C:LR) 11:00 The Andy Griffith Show 1:30 Adult Coloring Pages 2:00 Movie Matinee (C:LR) 2:30 Puzzles & Matching Games 3:30 Individualized Activities 8:20 Eagles vs. Cowboys Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>18 Princess Day 9:00-12:00 Makeup and Manicures Monday (C) **Princess Crown's Included* 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (C:LR) 11:00 The Price is Right (Ch. 3) 1:30 Pet Therapy with Star 1:30 Rev. Hollaman: Afternoon Devotion service (B:LR) 2:00 Baking Club (A) 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>19 International Men's Day 9:30 Exercise : 8-Leg Octaband 10:00 Finishing Lines 10:30 Purple Petal's Social (A) 11:00 I Love Lucy 11:00 Pet Therapy with Brutus & Bailey 1:00 Art Class (B) 1:30 Men's Group: Tuesday Trivia 2:00 Swing Dance Appreciation 2:15 Walking Club 3:30 Individualized Activities 3:30 Bible Study (C) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>20 Celebrate Geography Month!</u> 9:30 Workout Wednesday 11:00 Sensory Stimulation 11:00 Mass with Father Shae (C:LR) 11:00 The Price is Right (Ch. 3) 1:30 Chicken Soup for the Soul Readings 2:00 Swing Dance Appreciation 2:30 Sing Along (C:LR) 3:30 Individualized Activities 6:00-7:00 Holiday Craft Fair & Cookie Crumble Prep (Avondale Activity Room) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>21 Let's Talk Turkey Thursday 9:30 Living Poetry Group (C:LR) 10:30 Holiday Craft Fair & Cookie Crumble Prep (Avondale Activity Room) 11:00 Matching Games & Puzzles 1:30 Thankful Turkey Centerpiece 2:00 Musical Memories 2:30 Adult Coloring Pages 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>22 Sad Anniversary</u> 9:30 Manicures & Hand Massages 9:45 Musical Memories 10:30 Walking Club 11:00 Fitness Class with Carl Miranda (C:LR) 11:00 The Price is Right (Ch. 3) 1:30 Friday Film: Netflix: The Making of a President 2:00 Ice Cream Social (C) 2:30 Matching Games & Puzzles 3:00 BINGO (C) 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>23 Be Thankful Month!</u> 9:30 Saturday Sit & Be Fit 9:45 I'm Thankful For Craft! 10:15 Can You Name Five? 11:00 The Three Stooges 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>
<p>24 Let the Games Begin Day! 9:30 Sunday Stretches 10:00 Puzzles & Matching Games 10:30 Catholic Communion Rite (C:LR) 10:45 Adult Coloring Pages 11:00 Documentary of Choice 1:00 Eagles vs. Bills 1:30 Can You Name Five? 2:00 Movie Matinee (C:LR) 2:30 Balloon Volleyball 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>25 Celebrate Family Week</u> 9:00-12:00 Manicure Monday (C) 9:30 Can You Name Five? 10:00 Broadway Musical Memories 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (A) 11:00 The Price is Right (Ch. 3) 1:00 Legions of Mary Catholic Room Visits 2:00 Family Fun Movie Matinee 2:30 BINGO (C) 2:30 Adult Coloring Pages 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>26 Casablanca's Anniversary 9:30 Exercise : 8-Leg Octaband 10:00 Winter Scenic Ride *spots limited* 10:00 Finishing Lines 10:30 Purple Petal's Social (A) 11:00 Pet Therapy with Brutus & Bailey 1:00 Art Class (B) 1:30 Tuesday Trivia 2:00 Swing Dance Appreciation 2:15 Walking Club 2:30 Resident's Council (C) *For Resident's Only* 3:30 Bible Study (C) 3:30-5:00 Movie Matinee : Casablanca (C:LR) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>27 Gratitude Day! 9:30 Workout Wednesday 9:45 Word Game Wednesday 10:00 Performer: Dann Pell (CC) 10:00 Chair Ballet (C:LR) 10:30 Sensory Stimulation 11:00 Jumbo Fall shapes Crafting 1:30 Chicken Soup for the Soul Readings 2:00 Swing Dance Appreciation 2:30 Board Games & Puzzles 4:00-7:00pm Gratitude Gathering & Birthday Social 6:00 Special Performance by: Pianist & singer: Todd Horn (C:LR) Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>28 Happy Thanksgiving</u> 9:30 Stretching Session 10:00-11:00 Living Poetry Group (C:LR) 11:00 I Love Lucy Marathon 1:30 Matching Games & Puzzles 2:00 Musical Memories 2:30 3D Color Your Own Fuzzy Give Thanks Turkey Stand-Ups 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p>29 Show Till you Drop Day! 9:30 Manicures & Hand Massages 9:45 Musical Memories 10:30 Walking Club 11:00 The Price is Right (Ch. 3) 1:00 Fresh Flower Arranging (B) 1:30 Friday Film 2:00 Ice Cream Social (C) 2:30 Matching Games & Puzzles 3:00 BINGO (C) 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>	<p><u>30 Celebrate Military Month</u> 9:30 Saturday Sit & Be Fit 9:45 Adult Coloring Pages 10:15 Can You Name Five? 11:00 Military Movie 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 61 nightly for a Turner Classic Movie!</p>
Holiday Craft Fair & Cookie Crumble 2019— REHAB LOBBY —10 :00 —3:30						

Family and friends are always welcome to join in! Please don't hesitate to contact **Katy Hartigan, Activity Director**, with any questions at 610-728-5409 or at kharti-gan@shannondell.com

Location Key
 (A) Avondale/Lower Level
 (B) 1st Floor Activity Room
 (B:L) 1st Floor Library
 (B:LR) 1st Floor Living Room
 (C) 2nd Floor Activity Room
 (C:LR) 2nd Floor Living Room
 (CC) 2nd Floor C Wing
Red = Entertainment/Special Event
Green = Trip
Blue = BEO
Purple = Pet Therapy
Pink = Religion



The Meadows November 2019

Sunday

Monday

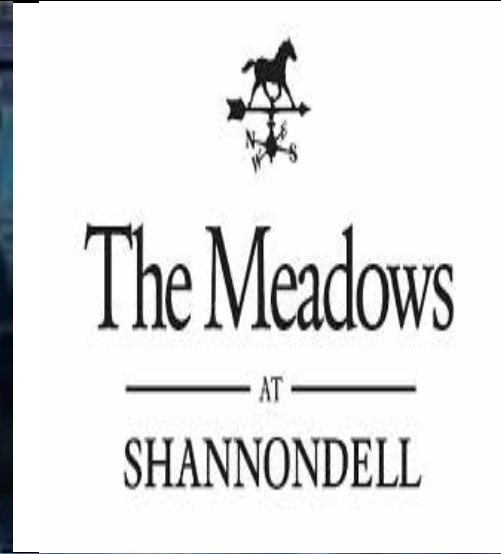
Tuesday

Wednesday

Thursday

Friday

Saturday



Family & Friends are always welcome to join in!
 Questions?
 Please Contact:
 Activity Director,
 Katy Hartigan at
 610-728-5409
 Thank you!
 **Refer to weekly schedule

LOCATION KEY:
 (C:LR) - 2nd Fl Liv. Rm
 (C) - 2nd FL Activity Rm
 (C:D) - 2nd FL Dining
 (B:LR) - 1st FL Liv. Rm
 (B) - 1st FL Activity Rm
 (B:L) - 1st FL Library
 (B: SR) - 1st FL Sitting Rm
 (B: LR) - 1st FL Living Rm
 (A) - Avondale
 (I) = Independent activity/ at your own leisure
 (The Inn)= 4th floor rehab
 (CC)= Chatham C unit



1 Welcome to November & Day of The Dead (Mexico)
 9:00 November Monthly Gazette, Birthday Poem, & Daily Chronicle (C:LR)
 10:00 Dr. Steve's Egypt Lecture (C:LR)
 11:00 Shabbat Service w/ Irv (B:L)
 11:00 Seated Salsa Exercise DVD (C:LR)
 1:00 Day of the Dead Documentary (C:LR)
 2:00 Ice Cream Social (C)
 3:00- 4:00 BINGO (C)
 4:00 Color Your Own Fuzzy Day of the Dead Posters (C) (I)
 7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

2 Cookie Monster's Birthday!
 9:00 Feeling Groovy Sit & Be Fit Express Toning: Chair Dancing DVD (C:LR)
 10:00 Baking Club: Easy Monster Cookies (C)
 1:00 15 Things You Should Know About Cookie Monster (C)
 2:30- 4:00 BINGO (C)
 4:00 Large Crossword Puzzle (C)
 7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

3 "Fall Back Day"
 9:30 Performer: Bill Long (A)
 10:30am Catholic Communion Rite (C:LR) (I)
 11:00 Coloring Pages & Music (C) (I)
 1:00 Antique Clock Bracelet & Necklace making & Daylight Savings Trivia (B) (I)
 1:00 Eagles Game on TV (I)
 2:00-4:15 Movie Matinee (C:LR) (I)
 3:30 Wii Games Practicing (B:LR) (I)
 8:00 TV Land shows & movies on Ch.67 (I)

4 Games & Puzzles Month!
 9:00-12:00 Manicure Monday (C)
 10:30 Look Who's Dancing Seated Aerobics' (C:LR)
 1:30 Pet Therapy w/ Star
 1:30-2:15 Men's Group w/ Sim (BL)
 2:30-4:00 BINGO (C)
 3:00 (1:1 Room Visits)
 4:00 Scrabble Game! (B)
 8:00 TV Land shows & movies on Ch.67 (I)

5 Election Day
 9:00 Tone is up Tuesday (C:LR)
 * Bus for residents voting at the Polls*
 Must have signed up ahead of time
 10:00 Election Day & The Woman Suffrage Movement Facts (C:LR)
 10:30-12:00 Documentary on Election Day (C:LR)
 1:00 Art Class (B)
 2:30 Guitar & Sax Performance by: Pete & Ted (C:LR)
 3:30 Bible Study (C)
 3:30 Tea & Trivia Tuesday (B)
 7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

6 Alzheimer's Awareness Month
 9:00-11:30 Independent Wii Bowling Wednesday (B:LR)
 9:30 Walking Club Wednesday to CC unit
 10:00 Performer: Dann Pell (A)
 11:00 Cognitive Kit (C:LR)
 1:30 Facts about Alzheimer's Disease (C)
 2:30 Band Performance: Musical Friends (C:LR)
 3:30 Alzheimer's Awareness Jewelry Club (B)
 6:00 Wine Down Wednesday & Movie (C:LR)
 8:00 TV Land shows & movies on Ch.67 (I)

7 First Congresswoman Day!
 Scenic Ride Trip *must sign up ahead* Spots Limited*
 9:00 Activity Connection: Daily Chronicle & Famous Firsts Trivia (C)
 10:00 Living Poetry Group (C)
 11:30 Aged for Action: Work out with Swords (C:LR)
 1:30 Book Club (C:LR)
 2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)
 3:30 Rummi Kub (B) (I)
 7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

8 Gone With The Wind Day!
 9:00 -11:00 Morning Movie: Gone with The Wind (C:LR)
 11:00 Fitness Class w/ Carl Miranda (C:LR)
 11:30 Adult Coloring Sheets (C)
 1:00 DIY Ceramic Mini Leaf Bowls (B)
 2:00 Ice Cream Social (C)
 3:00- 4:00 BINGO (C)
 3:00 Pet Therapy w/ Jackson
 4:00 Name That Tune (C)
 8:00 TV Land shows & movies on Ch.67 (I)

9 Good Nutrition Day!
 9:00 Geri-Fit Exercise DVD (C:LR)
 10:00 -10:30 TED TALK "Healthy Eating" (C:LR)
 10:30 Cognitive Kit (C:LR)
 1:00 "Healthy Happy Hour" (C)
 2:30-4:00 BINGO (C)
 4:00 Independent Art time (B)
 7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)



The Meadows November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 Vanilla Cupcake Day! 10:30am Catholic Communion Rite (C:LR) (I) 11:00 Coloring Pages & Music (C) (I) 1:00 Vanilla Cupcake Baking! (C) 2:00- 4:15 Movie Matinee (C:LR) (I) 3:30 Wii Games Practicing (B:LR) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>11 Veteran's Day! 9:00-12:00 Manicure Monday (C) 9:30-11:00 Rick Steves' Traveling Through Europe Episode (C:LR) (I) 10:30 Look Who's Dancing Seated Aerobics' (A) 11:00 Netflix: Medal of Honor Episode (C:LR) 1:00-2:30 Veteran's Day Social (C:LR) 2:30-4:00 BINGO (C) 4:00-4:45 Men's Group Documentary of Choice (C:LR) (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>12 Times We Treasure Tuesday 9:00 Morning Stretches & Show & Tell! Bring an item you treasure & tell us why! (C:LR) 10:30 Ben Soffer: Colonial Homes & Gardens Presentation (C) 11:00 Pet Therapy w/ Brutus & Bailey 1:00 Art Class (B) 2:00 World Map Discussion: Where have you traveled and treasured? (B) 3:30 Bible Study (C) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>13 World Kindness Day 9:00-11:30 Independent Wii Bowling Wednesday (B:LR) 9:30 Independent Walking Club Wednesday around the halls 1:00 Friendship Bracelet Making (C) 2:30 Sing Along (C:LR) 3:30 Writing Apple Cards for our wonderful caregivers (B) 6:00- 7:00 Holiday Craft Fair Prep: Oil & Water Painting(B) 7:30 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>14 Pickle Day! PM trip to Wayne Arts Center *must sign up ahead* Spots Limited* 9:00 Activity Connection: Daily Chronicle & Exercise Essentials DVD (C:LR) 10:30 Cards w/ Dee (B) 11:00 Pickle Party (B) 1:30 Rummi Kub (B) (I) 2:30 Christian Life Group (B) 4:00 Music w/ Methacton High School Group (C:LR) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>15 America Recycles Day! 9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act) *must sign up ahead* Spots Limited* 9:00 Flexing Friday Tai Chi DVD (C:LR) 11:00 Women's Knitting Group (C) (I) 1:00 Fresh Flower Arranging (B) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 3:00 Pet Therapy w/ Jackson 4:00 Craft Corner: What can we make with the supplies we have in our closets? (B) 7:30 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>16 Button Day! 9:00 Super Senior Saturday Sit & Be Fit DVD Workout (C:LR) 10:00 Craft Corner: Patriotic Button Frame Decorating (B) 1:00 Oldies Movie of Choice (C:LR) 2:30-4:00 BINGO (C) 4:00 Large Crossword Puzzle (C) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>
<p>17 World Peace Day! 9:30 Performer: Bill Long (CC) 10:30am Catholic Communion Rite (C:LR) (I) 11:00 Coloring Pages & Music (C) (I) 1:00 Peace Sign Painting (B) 4:25 Eagles Game on TV(I) 2:00-4:15 Movie Matinee (C:LR) 3:30 Wii Games Practicing (B:LR) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>18 National Princess Day! 9:00-12:00 Makeup and Manicures Monday (C) **Princess Crown's Included* 10:30 Look Who's Dancing Seated Aerobics' (C:LR) 11:00-12:00 Princess Movie of Choice (C:LR) 1:30 Pet Therapy w/ Star 1:30 Rev Hollaman: Afternoon Devotion service (B:LR) 2:30-4:00 BINGO (C) 3:00 (1:1 Room Visits) 4:00 Facials, Aromatherapy and Meditation (C) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>19 International Men's Day! PM Movie Trip *must sign up ahead* Spots Limited* 9:00 Tone is up Tuesday (C:LR) 10:00 Cold War Discussion (C:LR) 10:30 Netflix: The Man Who Knew Too Little Movie (C:LR) 1:00 Art Class (B) 2:30 Airplane Photo Quiz & Trivia (C:LR) 3:30 Bible Study (C) 3:30 Holiday Craft Fair Prep: Abstract Blue Tape Art Class (B) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>20 Celebrate Geography Month! 9:00-10:00 Independent Wii Bowling Wednesday (B:LR) 9:30 Independent Walking Club Wednesday around the halls 11:00 Mass with Father Shea (C:LR) 1:00 Inflatable Globe Beach Ball Exercise & Discussion (C:LR) 2:30 Sing Along (C:LR) 3:30 Rick Steves' Traveling Through Europe Episode (C:LR) 6:00- 7:00 Holiday Craft Fair Prep: "Wherever the Brush Takes you" Art Class (B) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>21 Let's Talk Turkey Thursday 9:30 Living Poetry Group (C) 10:30 Seated Boxing Exercise DVD (C:LR) (I) 1:30 Book Club (C:LR) 2:00 Turkey History & Trivia (C:LR) 1:30-3:00 Painting With A Twist (Rehab 3rd Fl Act Rm)*must sign up ahead* Spots Limited* 3:30 Rummi Kub (B) (I) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>22 Sad Anniversary 9:00 Holiday Craft Fair Prep: Garlic Butter Spread (C) 9:00 Flexing Friday Workout: Let's Play Golf (C:LR) 10:00 Netflix: The Making of a President (C:LR) (I) 11:00 Fitness Class w/ Carl Miranda (C:LR) 1:00 Where were you when Kennedy was shot discussion (B) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 3:00 Pet Therapy w/ Jackson 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>23 Be Thankful Month! 9:00 WOGA Workout C:LR) 10:00 Thankful Turkey Centerpiece Discussion Activity (B) 11:00 (1:1 Room Visits) 1:00 Holiday Craft Fair Prep: Baking! (C) 1:00 Flyers Game on TV (I) 2:30-4:00 BINGO (C) 4:00 Large Crossword Puzzle (C) 8:00 TV Land shows & movies on Ch.67 (I)</p>
<p>24 Let the Games Begin Day! 10:30am Catholic Communion Rite (C:LR) (I) 11:00 Coloring Pages & Music (C) (I) 11:00 Independent Monopoly Game! (B) 1:00 Holiday Craft Fair Prep: Baking! (C) 2:00-4:15 Movie Matinee (C:LR) 3:30 Wii Games Practicing (B:LR) 8:00 TV Land shows & movies on Ch.67 (I) 8:20 Eagles Game on TV(I)</p>	<p>25 Celebrate Family Week 9:00-12:00 Manicure Monday (C) 10:30 Look Who's Dancing Seated Aerobics' (A) 9:30-11:00 Morning Movie of Choice (C:LR) (I) 1:00 Legions of Mary Catholic Room Visits 1:00 Discussion Questions about Family Stories (C) 2:30-4:00 BINGO (C) 3:00 (1:1 Room Visits) 4:00-4:45 Men's Group Documentary of Choice (C:LR) (I) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>26 Casablanca's Anniversary 9:00 Independent Tone is up Tuesday Tai Chi DVD (C:LR) 9:30 Casablanca Trivia & Baking a Cake for National Cake Day! (C) 10:30 Cards w/ Dee (B) 11:00 Pet Therapy w/ Brutus & Bailey 1:00 Art Class (B) 2:30 Residents' Council * For Resident's only (C) 3:30 Bible Study (C) 3:30-5:00 Movie Matinee : Casablanca (C:LR) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>27 Gratitude Day 9:00-10:00 Independent Wii Bowling Wednesday (B:LR) 9:30 Walking Club Wednesday to CC 10:00 Performer: Dann Pell (CC) (I) 10:00 Chair Ballet (C:LR) 11:00 I Love Lucy Episode (C:LR) 1:00 Pumpkin Rice Krispie Treats (C) 2:00 Gratitude Leaf Banner Making Activity (C) 4:00-7:00pm Gratitude Gathering & Birthday Social 6:00 Special Performance by: Pianist & singer: Todd Horn (C:LR) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>28 Happy Thanksgiving! 9:00 NCB Channel 10 Macy's Day Parade (I) 9:00 Pre-Thanksgiving Dinner Workout! (C:LR) (I) 10:00 Living Poetry Group (C) 10:00 Thanksgiving Day Coloring Pages & Cognitive Kit (C) 11:00 Roasted Turkey Mining Puzzle and the Thanksgiving Dinner Search and Solve (C) 12:30 Football Game on TV! Bears Vs. Lions (I) 1:30 Rummi Kub (B) (I) 2:30 Truth or Turkey Trivia Game (B) 3:00 Turkey Ticklers (B) 3:30 -5:00 Grumpy Old Men Movie (C:LR) 4:30 Football Game on TV! Bill vs. Cowboys (I) 8:20 Football Game on TV! Saints vs. Falcons (I)</p>	<p>29 Black Friday! 9:00 Flexing Friday: Wii Tennis (B:LR) 10:00 Buy Nothing Day Discussion Group (C:LR) 11:00 Shop Till you Drop Black Friday Crossword Puzzles (C) 1:00 Fresh Flower Arranging (B) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 3:00 Pet Therapy w/ Jackson 4:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>30 Celebrate Military Month 9:00 Saturday Sit & Be Fit DVD (C:LR) 10:00 Craft Corner: Color Your Own Military Service Fuzzy Magnets(B) 11:00 (1:1 Room Visits) 1:00 Oldies Movie of Choice (C:LR) 2:30-4:00 BINGO (C) 3:00 Flyers Game on TV (I) 4:00 Large Crossword Puzzle (C) 8:00 TV Land shows & movies on Ch.67 (I)</p>

Holiday Craft Fair & Cookie Crumble 2019 — REHAB LOBBY
10 :00 am—3:30 pm November 25th, 26th, and 27th

THE INN NOVEMBER 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



A change of scenery can help everything



Family & Friends are always welcome to join in!
 Questions?
 Please Contact:
 Activity Director,
 Katy Hartigan at
 610-728-5409
 Thank you!

 Refer to weekly schedule for recent changes

LOCATION KEY FOR MEADOWS BUILDING:

 (C:LR) - 2nd Fl Liv. Rm
 (C) - 2nd FL Activity Rm
 (C:D) - 2nd FL Dining
 (B) - 1st FL Activity Rm
 (B:L) - 1st FL Library
 (A) - Lower Level
 (I) = Independent activity/ at your own leisure



1 Welcome to November & Day of The Dead (Mexico)
 9:00-12:00 Independent puzzles & coloring pages (Activity Room) (I)
11:00 Shabbat Service w/ Irv (B:L)
 1:00 November Monthly Gazette, Birthday Poem, & Daily Chronicle (I) Living Room)
 2:00 Movie Matinee of Choice (I) (Theatre)
7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

2 Cookie Monster's Birthday!
 9:00 Independent Walking Club (the halls)
 10:00 Independent 15 Things You Should Know About Cookie Monster Facts (Living Room)
 2:00-4:00 Movie Matinee (Theatre)
7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

3 "Fall Back Day"
 9:00 Coloring Pages (Activity Room) (I)
11:00 Catholic Communion Rite (Living Room) (I)
1:00 Eagles Game on TV(I)
2:30 Pet Therapy with Scout (Room Visits)
 2:30 Daylight Savings Trivia & Documentary (Theatre)
 8:00 TV Land shows & movies on Ch.67 (I)

4 Games & Puzzles Month!
 9:30 Morning Movie (Theatre) (I)
11:15 Look Who's Dancing Seated Aerobics' (Living Room)
 2:30 Independent Games, Puzzles & Crafts (Activity Room)
 8:00 TV Land shows & movies on Ch.67 (I)

5 Election Day
** Bus for residents voting at the Polls* Must have signed up ahead of time**
 9:30 Independent Tone it up Tuesday Exercise DVD (Theatre)
 9:30-12:00 Manicures (Activity Room)
2:00 Legions of Mary Catholic Room Visits
2:00- 5:00 Seminararians Visit
 2:30 Election Day & The Woman Suffrage Movement Facts (Living Room)
 3:30 Documentary of choice on Election Day (Theatre)
7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

6 Alzheimer's Awareness Month
 9:30 Activity Connection: Daily Chronicle & Cranium Crunches: Facts about Alzheimer's Disease (Activity Room)
 10:00 Wii Wednesday (Activity Room)
 11:00 Card Group (Living Room)
2:00 Christian Prayer Room visits
2:30 BINGO with Helene! (Activity Room)
 4:00 Wednesday Word Association (Activity Room)
 6:00 Documentary of Choice (Theatre) (I)
 8:00 TV Land shows & movies on Ch.67 (I)

7 First Congresswoman Day!
Scenic Ride Trip *must sign up ahead* Spots Limited*
 9:30 Activity Connection: Daily Chronicle & Famous Firsts Trivia & Large Crossword Puzzle (Activity Room)
 10:30 Book Club (Activity Room)
 1:30 Wii Games Practicing (Activity Room)
 2:30 Ice Cream Social (Activity Room)
 3:30 (1:1 Visits)
7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)

8 Gone With The Wind Day!
 9:30 Feel Good Friday Work Out (Living Room)
 10:15 Gone With the Wind Trivia (Living Room)
 2:00 Movie Matinee: Gone with The Wind (Theatre)
 3:30 Room Visits
 8:00 TV Land shows & movies on Ch.67 (I)

9 Good Nutrition Day!
 9:00 Independent Walking Club (the halls)
 10:00 Craft corner: Fruits Coloring Pages (Activity Room) (I)
 11:00 I Love Lucy Episodes (Theatre) (I)
 2:00-4:00 Movie Matinee (Theatre)
7:00 Flyers Game on TV (I)
 8:00 TV Land shows & movies on Ch.67 (I)



THE INN NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 Marine Corps Anniversary 9:00 Coloring Pages (Activity Room) (I) 11:00 Catholic Communion Rite (Living Room) (I) 2:30 Pet Therapy with Scout (Room Visits) 3:30 Writing Letters to the Marine corps (Activity Room)(I) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>11 Veteran's Day 9:30 Exercise DVD (Activity Room) 10:30 Activity Connection: Daily Chronicle & Large Crossword Puzzle(Activity Room) 1:00-3:00 Veteran's Day Social (Theatre) 1:30 Pet therapy room visits w/ Star 2:00 Netflix: Medal of Honor Episode (Theatre) 3:30 Room Visits 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>12 Times We Treasure Tuesday 9:30 Independent Tone it up Tuesday Exercise DVD (Theatre) 9:30-12:00 Manicures (Activity Room) 1:00 (1:1 Room visits) 2:00 Legions of Mary Catholic Room Visits 2:30 World Map Discussion: Where have you traveled and treasured? (Activity Room) 3:30 Large Crossword Puzzle (Activity room) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>13 World Kindness Day! 9:00-11:00 Independent Trivia Sheets (Living Room) 11:15 Wii Wednesday (Activity Room) 1:00 Card Group (Living Room) 2:00 Christian Prayer Room visits 2:30 BINGO with Helene! (Activity Room) 4:00 Writing Apple Cards for our wonderful caregivers (Activity Room) 6:00- 7:00 Wine Down Wednesday (Theatre) 7:30 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>14 Pickle Day! PM trip to Wayne Arts Center *must sign up ahead* Spots Limited* 9:30Activity Connection: Daily Chronicle & Thirty Minute Thursday Riddles (Living Room) 10:30 Stretching Session (Living Room) 11:00 Pickle Party (Living Room) 1:00 Wii Games Practicing (Activity Room)\ 2:30 Ice Cream Social (Activity Room) 3:30 (1:1 Visits) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>15 America Recycles Day! 9:00 WOGA Exercises DVD (Theatre) (I) 9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act) *must sign up ahead* Spots Limited* 2:00 Movie Matinee of Choice (I) (Theatre) 3:30 Independent Read up on Recycling Facts and Trivia (Living Room) 7:30 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>16 Button Day! 9:00 Independent Walking Club (the halls) 10:00 Craft Corner: Patriotic Button Frame Decorating (Activity Room) 2:00-4:00 Movie Matinee (Theatre) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>
<p>17 World Peace Day! 9:00 Coloring Pages (Activity Room) (I) 11:00 Catholic Communion Rite (Living Room) (I) 2:00 Peace Sign Painting (Activity Room) 2:30 Pet Therapy with Scout (Room Visits) 3:00 Holiday Craft Fair Prep: Ornament Making (Activity Room) 4:25 Eagles Game on TV(I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>18 National Princess Day! 9:00 Independent Exercise DVD (Theatre) 10:00 Morning Movie (Theatre) (I) 1:00 Princess Movie of Choice (Theatre) (I) 2:00 Independent Games, Puzzles & Crafts (Activity Room) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>19 International Men's Day! PM Movie Trip *must sign up ahead* Spots Limited* 9:30 Independent Tone it up Tuesday Exercise DVD (Theatre) 9:30-12:00 Manicures (Activity Room) 1:00 (1:1 Room visits) 2:00 Legions of Mary Catholic Room Visits 2:00- 5:00 Seminarians Visit 2:30 Airplane Photo Quiz (Living Room) 3:30 Netflix: The Man Who Knew Too Little Movie (Theatre) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>20 Celebrate Geography Month! 9:00 Wii Wednesday (Activity Room) (I) 10:00 Chair Ballet Class (Living Room) 11:00 Inflatable Globe Beach Ball Activity (Living Room) 11:00Independent Walk over to The Meadows for Mass with Father Shea (C:LR) (I) 1:00 Card Group (Living Room) 2:00 Christian Prayer Room visits 2:30 BINGO with Helene! (Activity Room) 3:30 Holiday Craft Fair Prep: Cinnamon Candle Décor Activity Room) 6:00 Documentary of Choice (Theatre) (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>21 Let's Talk Turkey Thursday 9:30 Activity Connection: Daily Chronicle & Thankful Turkey Center-piece Discussion Activity (Living Room) 10:00 Aged for Action : 15 minute Stretching Session (Living Room) 10:15 Truth or Turkey Trivia Game & Turkey Ticklers (Living Room) 10:30 Book Club (Living Room) 1:30-3:00 Painting With A Twist (Rehab 3rd Fl Act Rm)*must sign up ahead* Spots Limited* 3:30 (1:1 Visits) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>22 Sad Anniversary 9:30 Feel Good Friday Work Out (Living Room) 10:30 Where were you when Kennedy was shot discussion (Living Room) 2:00 Holiday Craft Fair & Cookie Crumble Preparing—Chocolate covered Goodies (3rd Fl Act Rm) 4:00 Netflix: The Making of a President (Theatre) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>23 Be Thankful Month! 9:00 Independent Walking Club (the halls) 9:30 Coloring Pages (Activity Room)(I) 11:00 I Love Lucy Episodes (Theatre) (I) 1:00 Flyers Game on TV (I) 2:00-4:00 Movie Matinee (Theatre) 8:00 TV Land shows & movies on Ch.67 (I)</p>
<p>24 Let the Games Begin Day! 9:00 Coloring Pages (Activity Room) (I) 11:00 Catholic Communion Rite (Living Room) (I) 2:30 Scrabble Game! (Living Room)(I) 2:30 Pet Therapy with Scout (Room Visits) 8:00 TV Land shows & movies on Ch.67 (I) 8:20 Eagles Game on TV(I)</p>	<p>25 Celebrate Family Week 9:30 Morning Moves Monday! (Theatre) 10:00 Activity Connection: Daily Chronicle (Activity Room) 11:00 Large Crossword Puzzle(Theatre) 1:00-2:00 (1:1 Visits) 1:30 Pet therapy room visits w/ Star 2:00 Discussion Questions about Family Stories (Living Room) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>26 Casablanca's Anniversary 9:30 Independent Tone it up Tuesday Exercise DVD (Theatre) 9:30-12:00 Manicures (Activity Room) 1:00 Casablanca Trivia (Living Room) 2:00 Walk over to The Meadows for :30 Residents' Council * For Resident's only (C) 3:30 Room Visits 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>27 Gratitude Day 9:00-11:00 Independent Trivia Sheets (Living Room) 11:15 Wii Wednesday (Activity Room) 1:00 Pumpkin Rice Krispie Treats (3rd Fl Activity Room) 2:30 BINGO with Helene! (Activity Room) 3:30 Gratitude Leaf Banner Making Activity (Activity Room) 4:00-7:00pm Gratitude Gathering & Birthday Movie Social (Theatre) 7:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>28 Happy Thanksgiving ! 9:00 NCB Channel 10 Macy's Day Parade (I) 10:00 Thanksgiving Day Coloring Pages (Activity Room) (I) 11:00 Roasted Turkey Mining Puzzle and the Thanksgiving Dinner Search and Solve (Activity Room) (I) 12:30 Football Game on TV! Bears Vs. Lions (I) 2:00 Fresh Flower Arranging & Turkey History/ Trivia (Activity Room) 4:30 Football Game on TV! Bill vs. Cowboys (I) 8:00 TV Land shows & movies on Ch.67 (I) 8:20 Football Game on TV! Saints vs. Falcons (I)</p>	<p>29 Black Friday 9:00 WOGA Exercises (Theatre) (I) 10:00 Buy Nothing Day Independent Discussion & Shop Till you Drop Black Friday Crossword Puzzles (Activity Room) 2:00 Movie Matinee of Choice (I) (Theatre) 4:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>	<p>30 Celebrate Military Month 9:00 Independent Walking Club (the halls) 10:00 Craft Corner: Color Your Own Military Service Fuzzy Magnets (Activity Room) (I) 2:00-4:00 Movie Matinee (Theatre) 3:00 Flyers Game on TV (I) 8:00 TV Land shows & movies on Ch.67 (I)</p>

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