

Avondale Activities December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (C:LR) 2nd Floor Living Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion *Programs are subject to change.</p>						<p>Family and friends are always welcome to join in! Please don't hesitate to contact Emily Walker, <i>Memory Care Program Coordinator</i>, with any questions at 610-382-6836 or at ewalker@shannondell.</p>
<p>1 Advent Starts & Christmas Tree Week Begins 9:30 Performance by Bill Long (A) 10:30 Catholic Communion Rite (C:LR) 10:30 Adult Coloring Pages 11:00 Dennis the Menace 1:00 Eagles vs. Dolphins 1:30 Sensory Stimulation Sunday 2:00 Matching Games 2:00 Movie Matinee (C:LR) 3:00 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>2 9:30 Can You Name Five? 10:00 Sit & Stretch 10:30 Look Who's Dancing Aerobics (C:LR) 11:00 The Price is Right (Ch. 3) 1:30 Pet Therapy with Star 1:30 Monday Manicure's 1:30 Men's Group w/ Sim (BL) 2:30 BINGO (C) 3:00 Balloon Volleyball 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>3 Cookie Exchange Day 9:30 Sit & Stretch 10:30 St. Katharine of Siena School Holiday Show (C:LR) 10:45 Finishing Lines 11:00 I Love Lucy Showing 1:00 Art Class (B) 2:30 Decorate the Tree 3:00 Individualized Activities 3:30 Bible Study (C) 6:30-7:30 Girls and Young Women from the Church of Jesus Christ of Latter Day Saints Car-oling the halls! Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>4 9:15 Craft Corner 10:00 Performance by Dann Pell (A) 11:00 Can You Name Five? 11:00 The Price is Right (Ch. 3) 1:30 Sensory Stimulation 2:00 Walking Club 2:00 Philly Phanatic Visit! (C:LR) 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>5 Happy Birthday Walt Disney 9:30 Sit & Stretch 9:45 Can You Name Five? 10:00 Living Poetry Group (C:LR) 10:30 Themed Coloring Pages 11:00 The Three Stooges 1:30 Sensory Stimulation 2:30 Musical Friends Performance (C:LR) 2:30 Hand Massages & Music 3:00 Sensory Stimulation 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows! Elmwood Zoo Wild Lights Tour Night Time Trip *must sign up ahead* Spots Limited*</p>	<p>6 St. Nicholas Day 9:30 Kisses Sweet Spa (Avondale Spa Room) 9:30 Manicures & Hand Massages 9:45 Musical Memories 10:00 Dr. Steve's Egypt Lecture (C:LR) 11:00 Shabbat Service w/ Irv (B:L) 11:00 The Price is Right (Ch. 3) 1:30 Friday Film 2:00 Ice Cream Social (C) 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities 4:00-4:45 Music w/ Methacton High School Group (C:LR) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>7 Anniversary of Pearl Harbor 9:30 Mosaic Music Recital (C:LR) 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:45 Can You Name Five? 11:00 The Three Stooges 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities 4:00 Large Crossword Puzzle (C) Tune in to Channel 67 nightly for TV Land movies &</p>
<p>8 Gingerbread Day 9:15 Sunday Stretches 10:00 Puzzles & Matching Games 10:30 Catholic Communion Rite (C:LR) 11:00 Adult Coloring Pages 1:30 Chicken Soup for the Soul 2:00 Balloon Volleyball 3:00 Sunday Cinema 2:00 Movie Matinee (C:LR) 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies &</p>	<p>9 9:30 Can You Name Five? 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (A) 11:00 The Price is Right (Ch. 3) 1:30 Montgomery Senior Choir Holiday Show (C:LR) 2:00 Movie Matinee 2:30 Brain Games 2:30 BINGO (C) 3:00 Individualized Activities 8:15 Eagles vs. Giants Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>10 9:00-4:00 Resident's Memorial Remembrance Walk through (Berwyck Living Room) 9:30 Sit & Stretch 10:30 Purple Petal's Social (A) 10:30 Men's Club (CC) 11:00 Pet Therapy with Brutus & Bailey 1:00 Art Class (B) 2:00 Flower Arranging 2:30 Sensory Stimulation 3:30 Bible Study (C) 3:30 Individualized Activities 6:30 Upper Darby Summer Stage Shooting Stars Holiday spectacular Show (4th Fl The Inn) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>11 9:15 Workout Wednesday 9:45 Brain Games 10:30 Chicken Soup for the Soul Readings 10:30 Science for Seniors (C:LR) 1:30 Musical Memories 2:00 Walking Club 2:30 Sing Along (C:LR) 3:30 Individualized Activities 6:00 Performance by Jay Daniels (C:LR) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>12 Poinsettia Day & Happy Birthday Frank Sinatra! 9:30 Living Poetry Group (C:LR) 9:45 Can You Name Five? 10:30 Adult Coloring Pages & Aromatherapy 11:00 The Three Stooges 1:30 Musical Memories 1:30 Christian Life Group (B) 2:30 Hand Massages & Music 2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR) 3:30 Individualized Activities 6:00 Sinatra Special by: David Gregory (C:LR) Tune in to Channel 67 nightly for TV Land movies & shows! Beyer's Choice Morning Trip *must sign up ahead* Spots Limited*</p>	<p>13 Ice Cream Day 9:30 Manicures & Hand Massages 9:30 Musical Memories 10:30 Gardening Group 11:00 Fitness Class w/ Carl Miranda (C:LR) 11:00 The Price is Right (Ch. 3) 1:00 Fresh Flower Arranging (B) 1:30 Friday Film 2:00 Ice Cream Social (C) 2:30 Matching Games & Puzzles 3:00 BINGO (C) 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>14 Gingerbread House Day 9:15 Saturday Sit & Be Fit 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:45 Can You Name Five? 11:00 Holiday musical Demo by Lisa and her ukulele (C:LR) 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities 4:00 Large Crossword Puzzle (C) Tune in to Channel 67 nightly for TV Land movies & shows!</p>

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<p>15 9:15 Sunday Stretches 9:30 Performance by Bill Long (CC) 10:00 Puzzles & Matching Games 10:30 Catholic Communion Rite (C:LR) 11:00 I Love Lucy 1:00 Eagles vs. Redskins 2:00 Adult Coloring Pages 2:30 Balloon Volleyball 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>16 Avondale Holiday Party! 9:30 Music Therapy & Sing Along 10:30 Look Who's Dancing Aerobics 11:00 Photo Booth & Crafts 12:00 Special Holiday Lunch 1:30 Pet Therapy with Star 1:30 Rev. Hollaman: Afternoon Devotion service (B:LR) 2:30 BINGO (C) 3:30 Individualized Activities 6:30-6:50 Leroux School of Dance Holiday Performance (C:LR) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>17 9:30 Sit & Stretch 9:30 Gardening Group and Cognitive Kit 10:30 Purple Petal's Social: Making Holiday Cards (A) 10:30 Men's Club (CC) 11:00 I Love Lucy 1:00 Art Class (B) 2:00 Matching Games 3:30 Individualized Activities 3:00 Holiday Caricatures (1st Fl R Activity room) 3:30 Bible Study (C) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>18 9:15 Workout Wednesday 9:45 Brain Games 10:30 Chicken Soup for the Soul Readings 11:00 Mass with Father Shae (C:LR) 1:30 Word Game Wednesday 2:00 Walking Club 2:30 Sing Along (C:LR) 3:30 Individualized Activities 6:00 Holiday Performance by: Upper Darby High School Encores Singers (C:LR) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>19 9:30 Sit & Stretch 9:30 Living Poetry Group (C:LR) 9:45 Can You Name Five? 10:30 Adult Coloring Pages & Aromatherapy 10:45 Chicken Soup for the Soul Readings 11:00 I Love Lucy 1:30 The Upbeats Holiday Performance (B:LR) 1:30 Matching Games & Puzzles 2:30 Hand Massages & Music 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>20 "It's a Wonderful Life" Day 9:30 Manicures & Hand Massages 9:45 Musical Movie 10:30 Gardening Group 11:00 The Price is Right (Ch. 3) 1:30 Friday Film 1:30 Ice Cream Social (C) 2:00 Walking Club 2:30 Musical Students Recital (C:LR) 3:00 BINGO (C) 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>21 Winter Solstice (First Day of Winter) 9:15 Saturday Sit & Stretch 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:45 Can You Name Five? 11:00 The Three Stooges 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities 4:00 Large Crossword Puzzle (C) Tune in to Channel 67 nightly for TV Land movies & shows!</p>
<p>22 Hanukah Begins at Sundown 9:15 Coffee & Conversation 9:30 Holiday Sing Along with Pauline (A) 10:15 Puzzles & Matching Games 10:30 Catholic Communion Rite (C:LR) 10:45 Adult Coloring Pages 11:00 The Andy Griffith Show 1:30 Can You Name Five? 2:30 Balloon Volleyball 3:30 Individualized Activities 4:25 Eagles vs. Cowboys Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>23 9:30 Can You Name Five? 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (C:LR) 11:00 The Price is Right (Ch. 3) 1:00 Legions of Mary Catholic Room Visits 1:30 Hanukah lighting of the candles & singing of songs w/ Sim (BL) 1:30 Brain Games 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>24 Christmas Eve 9:00 Pamper Program 9:30 Christmas Movie & Hot Cocoa 10:30 Purple Petal's Meeting with Crafts (A) 10:30 Men's Club (CC) 11:00 Pet Therapy with Brutus & Bailey 11:00 Christmas Carol Sing Along 1:30 Holiday Adult Coloring Pages 2:00 Finishing Lines 3:00 Eggnog and Movie Matinee "It's a Wonderful Life" (C:LR) 3:30 Individualized Activities 3:30 Bible Study (C) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>25 Christmas Day 9:30 Christmas Movie Matinee 10:00 Holiday Adult Coloring Pages 10:30 Christmas Scramble Word Game! (C:LR) 10:30 Christmas Mass (C:LR) 11:00 Christmas Guess the Word Game (C:LR) 1:00 Independent Wednesday Walking Club throughout the halls! 1:00 Holiday Jewelry Club & Baking (C) 3:00-5:00 Keeping Christ in Christmas DVD (C:LR) (I) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>26 Kwanza Begins 9:30 Sit & Stretch 9:45 Can You Name Five? 10:00 Living Poetry Group (C) 10:30 Adult Coloring Pages & Aromatherapy 10:45 Chicken Soup for the Soul Readings 11:00 I Love Lucy 1:30 Matching Games & Puzzles 2:30 Hand Massages & Music 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>27 9:30 Manicures & Hand Massages 9:45 Musical Movie 10:30 Gardening Group 11:00 Fitness Class with Carl Miranda (C:LR) 11:00 The Price is Right (Ch. 3) 1:00 Fresh Flower Arranging (B) 1:30 Friday Film 2:00 Walking Club 2:00 Ice Cream Social (C) 3:00 BINGO (C) 3:00 Pet Therapy with Jackson (C) 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>28 9:15 Saturday Sit & Stretch 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:30 Making Trail Mix (B) 10:45 Can You Name Five? 11:00 The Three Stooges 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>
<p>29 9:15 Coffee & Conversation 9:45 Sunday Stretches 10:15 Puzzles & Matching Games 10:30 Catholic Communion Rite (C:LR) 10:45 Adult Coloring Pages 11:00 The Andy Griffith Show 1:00 Eagles vs. Giants 1:30 Can You Name Five? 2:30 Balloon Volleyball 3:30 Individualized Activities Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>30 9:30 Can You Name Five? 10:00 Baking Club 11:00 The Price is Right (Ch. 3) 1:00 Legions of Mary Catholic Room Visits 1:00 Amazon Movie: "Thelma and Louise" (C:LR) 1:30 Brain Games 2:30 BINGO (C) 3:30 Individualized Activities 4:00 Bacon Appetizers and Bacon Discussion (C) Tune in to Channel 67 nightly for TV Land movies & shows! 8:00 ORANGE BOWL IS ON TV !</p>	<p>31 New Years Eve 9:00 Pamper Program 9:30 Gardening Group and Cognitive Kit 10:30 Purple Petal's Social: New Years Craft (A) 10:30 Men's Club (CC) 11:00 The Price is Right (Ch. 3) 11:00 Pet Therapy with Brutus & Bailey 1:00 Art Class (B) 2:00 What's a New Years Resolution? 2:30 Residents' Council * For Resident's only (C) 3:30 New Year Social & Movie "Frozen" (C:LR) 3:30 Bible Study (C) Tune in to Channel 67 nightly for TV Land movies & shows!</p>	<p>Family and friends are always welcome to join in! Please don't hesitate to contact Emily Walker, Memory Care Program Coordinator, with any questions at 610-382-6836 or at ewalker@shannondell.com!</p>		<p>Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (C:LR) 2nd Floor Living Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion <i>*Programs are subject to change.</i></p>	