




# Chatham C Activities December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Key</b>                      (A) Avondale/Lower Level                      (B) 1st Floor Activity Room                      (B:L) 1st Floor Library                      (B:LR) 1st Floor Living Room                      (C) 2nd Floor Activity Room                      (C:LR) 2nd Floor Living Room                      (CC) 2nd Floor C Wing                      Red = Entertainment/Special Event                      Green = Trip                      Blue = BEO                      Purple = Pet Therapy                      Pink = Religion                      *Programs are subject to change.</p>				<p>Family and friends are always welcome to join in! Please don't hesitate to contact <b>Emily Walker</b>, <i>Memory Care Program Coordinator</i>, with any questions at 610-382-6836 or at ewalker@shannondell.com!</p>		
<p><b>1</b> Advent Starts &amp; Christmas Tree Week Begins                      9:30 Performance by <b>Bill Long (A)</b>                      10:30 Catholic Communion Rite (C:LR)                      10:30 Adult Coloring Pages                      11:00 Dennis the Menace                      1:00 Eagles vs. Dolphins                      1:30 Sensory Stimulation Sunday                      2:00 Matching Games                      2:00 Movie Matinee (C:LR)                      3:00 Individualized Activities                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>2</b>                      9:30 Sack Tossing                      10:00 Walking Club                      10:30 Look Who's Dancing Aerobics (C:LR)                      11:00 The Price is Right (Ch. 3)                      1:30 Pet Therapy with Star                      1:30 Monday Manicure's                      2:30 Darts                      3:00 Balloon Volleyball                      3:30 Individualized Activities                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>3</b> Cookie Exchange Day                      9:30 Sit &amp; Stretch                      10:30 St. Katharine of Siena School Holiday Show (C:LR)                      10:45 Finishing Lines                      11:00 I Love Lucy Showing                      1:00 Art Class (B)                      2:30 Decorate the Tree                      3:00 Individualized Activities                      3:30 Bible Study (C)                      6:30-7:30 Girls and Young Women from the Church of Jesus Christ of Latter Day Saints Caroling the halls!                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>4</b>                      9:30 Craft Corner                      10:00 Performance by <b>Dann Pell (A)</b>                      11:00 Can You Name Five?                      11:00 The Price is Right (Ch. 3)                      1:30 Sensory Stimulation                      2:00 Walking Club                      2:00 Philly Phanatic Visit! (C:LR)                      3:30 Individualized Activities                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>5</b> Happy Birthday Walt Disney                      9:30 Sit &amp; Stretch                      9:45 Can You Name Five?                      10:00 Living Poetry Group (C:LR)                      10:30 Themed Coloring Pages                      11:00 The Three Stooges                      1:30 Ring Tossing                      2:30 Musical Friends Performance (C:LR)                      2:30 Hand Massages &amp; Music                      3:00 Sensory Stimulation                      3:30 Individualized Activities                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!                      Elmwood Zoo Wild Lights Tour                      Night Time Trip *must sign up ahead* Spots Limited*</p>	<p><b>6</b> St. Nicholas Day                      9:30 Kisses Sweet Spa (Avondale Spa Room)                      9:30 Manicures &amp; Hand Massages                      9:45 Musical Memories                      10:00 Dr. Steve's Egypt Lecture (C:LR)                      11:00 Shabbat Service w/ Irv (B:L)                      11:00 The Price is Right (Ch. 3)                      1:30 Friday Film                      2:00 Ice Cream Social (C)                      3:00 Pet Therapy with Jackson (C)                      3:30 Individualized Activities                      4:00-4:45 Music w/ Methacton High School Group (C:LR)                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>7</b> Anniversary of Pearl Harbor                      9:30 Mosaic Music Recital (C:LR)                      9:45 Games and Puzzles                      10:15 Adult Coloring Pages                      10:45 Can You Name Five?                      11:00 The Three Stooges                      1:30 Balloon Volleyball                      2:00 Finishing Lines                      2:30 Sensory Stimulation                      2:30 BINGO (C)                      3:30 Individualized Activities                      4:00 Large Crossword Puzzle (C)                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>
<p><b>8</b> Gingerbread Day                      9:30 Coffee &amp; Conversation                      10:00 Puzzles &amp; Matching Games                      10:30 Catholic Communion Rite (C:LR)                      11:00 Adult Coloring Pages                      1:30 Chicken Soup for the Soul                      2:00 Balloon Volleyball                      3:00 Sunday Cinema                      2:00 Movie Matinee (C:LR)                      3:30 Individualized Activities                      Tune in to Channel 67 nightly for TV Land movies &amp;</p>	<p><b>9</b>                      9:30 Sit &amp; Stretch                      10:30 Look Who's Dancing Aerobics (A)                      11:00 The Price is Right (Ch. 3)                      1:30-2:30 Montgomery Senior Choir Holiday Show (C:LR)                      2:00 Movie Matinee                      2:30 Brain Games                      2:30 BINGO (C)                      3:00 Individualized Activities                      8:15 Eagles vs. Giants                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>10</b>                      9:00- 4:00 Resident's Memorial Remembrance Walk through (Berwyck Living Room)                      9:30 Sit &amp; Stretch                      10:30 Purple Petal's Social (A)                      10:30 Men's Club (CC)                      11:00 Pet Therapy with Brutus &amp; Bailey                      1:00 Tic Tac Toe                      2:00 Flower Arranging                      2:30 Sensory Stimulation                      3:30 Bible Study (C)                      3:30 Individualized Activities                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>11</b>                      9:30 Workout Wednesday                      9:45 Brain Games                      10:30 Chicken Soup for the Soul Readings                      10:30 Science for Seniors (C:LR)                      1:30 Musical Memories                      2:00 Walking Club                      2:30 Sing Along (C:LR)                      3:30 Individualized Activities                      6:00 Performance by <b>Jay Daniels (C:LR)</b>                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>12</b> Poinsettia Day &amp; Happy Birthday Frank Sinatra!                      9:30 Living Poetry Group (C:LR)                      9:45 Can You Name Five?                      10:30 Balloon Volleyball                      11:00 The Three Stooges                      1:30 Musical Memories                      1:30 Golf                      2:30 Hand Massages &amp; Music                      2:30 Music Appreciation Lecture: <b>Jeff Uhlig (C:LR)</b>                      3:30 Individualized Activities                      6:00 Sinatra Special by: <b>David Gregory (C:LR)</b>                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!                      Beyer's Choice Morning Trip *must sign up ahead* Spots Limited*</p>	<p><b>13</b> Ice Cream Day                      9:30 Manicures &amp; Hand Massages                      9:30 Musical Memories                      10:30 Gardening Group                      11:00 Fitness Class w/ <b>Carl Miranda (C:LR)</b>                      11:00 The Price is Right (Ch. 3)                      1:00 Fresh Flower Arranging (B)                      1:30 Friday Film                      2:00 Ice Cream Social (C)                      2:30 Matching Games &amp; Puzzles                      3:00 BINGO (C)                      3:00 Pet Therapy with Jackson (C)                      3:30 Individualized Activities                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>14</b> Gingerbread House Day                      9:30 Saturday Sit &amp; Be Fit                      9:45 Games and Puzzles                      10:15 Adult Coloring Pages                      10:45 Can You Name Five?                      11:00 Holiday musical Demo by <b>Lisa and her ukulele (C:LR)</b>                      1:30 Balloon Volleyball                      2:00 Finishing Lines                      2:30 Sensory Stimulation                      2:30 BINGO (C)                      3:30 Individualized Activities                      4:00 Large Crossword Puzzle (C)                      Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>



# Chatham C Activities December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>15</b>  <b>9:30 Performance by Bill Long (CC)</b>            10:30 Puzzles &amp; Matching Games  <b>10:30 Catholic Communion Rite (C:LR)</b>            11:00 I Love Lucy            1:00 Eagles vs. Redskins            2:00 Adult Coloring Pages            2:30 Balloon Volleyball            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>16</b>            9:30 Holiday Movie Matinee            10:00 Adult Coloring Pages            10:30 Puzzles and Games  <b>11:00 Fabio Visits through the halls</b>  <b>1:30 Pet Therapy with Star</b>  <b>1:30 Rev. Hollaman: Afternoon Devotion service (B:LR)</b>            2:30 BINGO (C)            3:30 Individualized Activities  <b>6:30-6:50 Leroux School of Dance Holiday Performance (C:LR)</b>            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>17</b>            9:30 Exercise Essentials            10:30 Purple Petal's Social: Making Holiday Cards (A)            10:30 Men's Club (CC)            11:00 I Love Lucy            1:00 Art Class (B)            2:00 Matching Games  <b>3:00 Holiday Caricatures (1st Fl R Activity room)</b>            3:30 Individualized Activities  <b>3:30 Bible Study (C)</b>            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>18</b>            9:30 Workout Wednesday            9:45 Brain Games            10:30 Chicken Soup for the Soul Readings  <b>11:00 Mass with Father Shae (C:LR)</b>            1:30 Word Game Wednesday            2:00 Walking Club  <b>2:30 Sing Along (C:LR)</b>            3:30 Individualized Activities  <b>6:00 Holiday Performance by: Upper Darby High School Encores Singers (C:LR)</b>            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>19 Annual Holiday Party!</b>  <b>9:30 Holiday Sing Along</b>  <b>10:30 Music Performance by Pete &amp; Ted</b>  <b>11:30 Photo Booth &amp; Crafts</b>  <b>12:00 Special Holiday Lunch</b>  <b>1:30 The Upbeats Holiday Performance (B:LR)</b>            1:30 Matching Games &amp; Puzzles            2:30 Hand Massages &amp; Music            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>20 "It's a Wonderful Life" Day</b>            9:30 Manicures &amp; Hand Massages            9:45 Musical Movie            10:30 Gardening Group            11:00 The Price is Right (Ch. 3)            1:30 Friday Film            1:30 Ice Cream Social (C)            2:00 Walking Club  <b>2:30 Musical Students Recital (C:LR)</b>            3:00 BINGO (C)  <b>3:00 Pet Therapy with Jackson (C)</b>            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>21 Winter Solstice (First Day of Winter)</b>            9:30 Saturday Sit &amp; Stretch            9:45 Games and Puzzles            10:15 Adult Coloring Pages            10:45 Can You Name Five?            11:00 The Three Stooges            1:30 Balloon Volleyball            2:00 Finishing Lines            2:30 Sensory Stimulation            2:30 BINGO (C)            3:30 Individualized Activities            4:00 Large Crossword Puzzle (C)            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>
<p><b>22 Hanukah Begins at Sundown</b>            9:00 Coffee &amp; Conversation  <b>9:30 Holiday Sing Along with Pauline (A)</b>            10:15 Puzzles &amp; Matching Games  <b>10:30 Catholic Communion Rite (C:LR)</b>            10:45 Adult Coloring Pages            11:00 The Andy Griffith Show            1:30 Can You Name Five?            2:30 Balloon Volleyball            3:30 Individualized Activities            4:25 Eagles vs. Cowboys            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>23</b>            9:30 Exercise Essentials            10:00 Walking Club  <b>10:30 Look Who's Dancing Aerobics (C:LR)</b>            11:00 The Price is Right (Ch. 3)  <b>1:00 Legions of Mary Catholic Room Visits</b>            1:00 Amazon Movie: "Thelma and Louise" (C:LR)  <b>1:30 Hanukah lighting of the candles &amp; singing of songs w/ Sim (BL)</b>            1:30 Brain Games            2:30 BINGO (C)            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>24 Christmas Eve</b>            9:30 Exercise Essentials            10:30 Purple Petal's Meeting with Crafts (A)            10:30 Men's Club (CC)            11:00 Christmas Carol Sing Along  <b>11:00 Pet Therapy with Brutus &amp; Bailey</b>            1:30 Holiday Adult Coloring Pages            2:00 Finishing Lines  <b>3:00 Egnog and Movie Matinee "It's a Wonderful Life" (C:LR)</b>  <b>3:30 Bible Study (C)</b>            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>25 Christmas Day</b>            9:30 Christmas Movie Matinee            10:00 Holiday Adult Coloring Pages            10:30 Christmas Scramble Word Game! (C:LR)  <b>10:30 Christmas Mass (C:LR)</b>            11:00 Christmas Guess the Word Game (C:LR)            1:00 Independent Wednesday Walking Club throughout the halls!            1:00 Holiday Jewelry Club &amp; Baking (C)            3:00-5:00 Keeping Christ in Christmas DVD (C:LR) (I)            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>26</b>            9:30 Sit &amp; Stretch            9:45 Can You Name Five?            10:00 Living Poetry Group (C)            10:30 Adult Coloring Pages &amp; Aromatherapy            10:45 Chicken Soup for the Soul Readings            11:00 I Love Lucy            1:30 Matching Games &amp; Puzzles            2:30 Hand Massages &amp; Music            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>27</b>            9:30 Manicures &amp; Hand Massages            9:45 Musical Movie            10:30 Gardening Group  <b>11:00 Fitness Class with Carl Miranda (C:LR)</b>            11:00 The Price is Right (Ch. 3)            1:00 Fresh Flower Arranging (B)            1:30 Friday Film            2:00 Walking Club            2:00 Ice Cream Social (C)            3:00 BINGO (C)  <b>3:00 Pet Therapy with Jackson (C)</b>            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>28</b>            9:30 Saturday Sit &amp; Stretch            9:45 Games and Puzzles            10:15 Adult Coloring Pages            10:30 Making Trail Mix (B)            10:45 Can You Name Five?            11:00 The Three Stooges            1:30 Balloon Volleyball            2:00 Finishing Lines            2:30 Sensory Stimulation            2:30 BINGO (C)            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>
<p><b>29</b>            9:30 Coffee &amp; Conversation            9:45 Sunday Stretches            10:15 Puzzles &amp; Matching Games  <b>10:30 Catholic Communion Rite (C:LR)</b>            10:45 Adult Coloring Pages            11:00 The Andy Griffith Show            1:00 Eagles vs. Giants            1:30 Can You Name Five?            2:30 Balloon Volleyball            3:30 Individualized Activities            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>30</b>            9:30 Exercise Essentials            10:00 Craft Corner            11:00 The Price is Right (Ch. 3)  <b>1:00 Legions of Mary Catholic Room Visits</b>            1:00 Amazon Movie: "Thelma and Louise" (C:LR)            1:30 Brain Games            2:30 BINGO (C)            3:30 Individualized Activities            4:00 Bacon Appetizers and Bacon Discussion (C)            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>	<p><b>31 New Years Eve</b>            9:30 Exercise Essentials            10:30 Purple Petal's Social: New Years Craft (A)            10:30 Men's Club (CC)            11:00 The Price is Right (Ch. 3)  <b>11:00 Pet Therapy with Brutus &amp; Bailey</b>            1:00 Art Class (B)            2:00 What's a New Years Resolution?            2:30 Residents' Council * For Resident's only (C)  <b>3:30 New Year Social &amp; Movie "Frozen" (C:LR)</b>  <b>3:30 Bible Study (C)</b>            Tune in to Channel 67 nightly for TV Land movies &amp; shows!</p>			<p>Family and friends are always welcome to join in! Please don't hesitate to contact <b>Emily Walker, Memory Care Program Coordinator</b>, with any questions at 610-382-6836 or at ewalker@shannondell.com!</p>	<p><b>Location Key</b>            (A) Avondale/Lower Level            (B) 1st Floor Activity Room            (B:L) 1st Floor Library            (B:LR) 1st Floor Living Room            (C) 2nd Floor Activity Room            (C:LR) 2nd Floor Living Room            (CC) 2nd Floor C Wing  <b>Red = Entertainment/Special Event</b>  <b>Green = Trip</b>  <b>Blue = BEO</b>  <b>Purple = Pet Therapy</b>  <b>Pink = Religion</b>  <i>*Programs are subject to change.</i></p>



# The Meadows December 2019

Sunday   Monday   Tuesday   Wednesday   Thursday   Friday   Saturday



Family & Friends are always welcome to join in!

Questions?  
Please Contact:  
Activity Director,  
Katy Hartigan at  
610-728-5409  
Thank you!  
\*\*Refer to weekly schedule

**LOCATION KEY:**  
(C:LR) - 2nd Fl Liv. Rm  
(C) - 2nd FL Activity Rm  
(C:D) - 2nd FL Dining  
(B:LR) - 1st FL Liv. Rm  
(B) - 1st FL Activity Rm  
(B:L) - 1st FL Library  
(B: SR) - 1st FL Sitting Rm  
(B: LR) - 1st FL Living Rm  
(A) - Avondale  
(I) = Independent activity/ at your own leisure  
(The Inn)= 4th floor rehab  
(CC)= Chatham C unit

<p>1 Advent starts &amp; Christmas Tree Week Begins! 9:30 Performer: Bill Long (A) 10:30am Catholic Communion Rite (C:LR) (I) 11:00 December Monthly Gazette, IQ tests, Daily Chronicle, Christmas Tree Coloring Pages &amp; Music (C) (I) 1:00 Eagles Game on FOX (I) Afternoon Pet Therapy with Lucy 2:00-4:15 Movie Matinee (C:LR) (I) 3:30 Wii Games Practicing (B:LR) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>2 Shiny Nose Day 9:00-12:00 Manicure Monday (C) 10:30 Look Who's Dancing Seated Aerobics' (CLR) 11:00 DIY Painting a Ceramic Reindeer (B) 1:30 Pet Therapy w/ Star 1:30—2:15 Men's Group w/ Sim (BL) 2:30-4:00 BINGO (C) 3:00 (1:1 Room Visits) 4:00 Name all the reindeer and Facts about the famous reindeer (C) 7:00 76er's Game on TV (I) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>3 Cookie Exchange Day! 9:00 Tone it up Tuesday: Story Starter Toss 'n Talk-About® Ball (C:LR) 9:45 Tuesday Traveling Through Europe with Rick Steve (C:LR) 10:30 St. Katharine of Siena School Holiday Show (C:LR) 10:45 Baking Reindeer Cookies! (C) 1:00 Art Class (B) 1:30-3:30 Decorate the Tree! (B:LR) 3:30 Bible Study (C) 4:30 Room Visits 6:30-7:30 Girls and Young Women from the Church of Jesus Christ of Latter Day Saints Caroling the halls! 7:00 Flyers Game on TV (I) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>4 Naughty or Nice Day ! 9:00-11:30 Independent Wii Bowling Wednesday (B:LR) 10:00 Performer: Dann Pell (A) 11:00 Documentary of Choice (C:LR) 1:00 Independent Wednesday Walking Club throughout the halls! 1:30 Naughty or Nice Discussion Group (C:LR) 2:00-2:30 PHILLY PHANATIC VISITS (C:LR) 2:30 Wonderful Winter Enamel Charm bracelet making (B) 6:00 Wine Down Wednesday (C:LR) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>5 Happy Birthday, Walt Disney! 9:00 Super Senior Workout: Let's Play Golf! (C:LR) 10:00 Living Poetry Group (C) 10:00 Disney movie of choice (C:LR) 1:00 Book Club (C) 2:30 Band Performance: Musical Friends (C:LR) 3:30- 5:00 Rummi Kub (B) (I) Elmwood Zoo Wild Lights Tour Night Time Trip *must sign up ahead* Spots Limited* 7:00 76er's Game on TV (I) 7:00 Flyers Game on TV (I) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>6 St. Nicholas Day! 9:00 Flexing Friday Workout DVD (C:LR) 10:00 Dr. Steve's Egypt Lecture (C:LR) 11:00 Shabbat Service w/ Irv (B:L) 11:00 Conversation Hour: What do you want for Christmas? &amp; Color Your Own Glitter Santa Signs (B) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 3:00 Pet Therapy w/ Jackson 4:00-4:45 Music w/ Methacton High School Group (C:LR) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>7 Anniversary of Pearl Harbor 9:30 Mosaic Music Recital (C:LR) 11:00 Pearl Harbor Discussion Group (C) 1:00 Flyers Game on TV (I) 1:00 (1:1 Room Visits) 2:30- 4:00 BINGO (C) 4:00 Large Crossword Puzzle (C) 7:30 76er's Game on TV (I) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>
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<p>8 Snowflake Sunday 9:00-10:00 Random Acts of Kindness Group: Snowflake Crafts!(C) 10:30am Catholic Communion Rite (C:LR) (I) 11:00 Coloring Pages &amp; Music (C) (I) 1:00 Round Snowflake Christmas Ornament Craft Kit(B) (I) 2:00-4:15 Movie Matinee (C:LR) (I) 3:30 Wii Games Practicing (B:LR) 6:00 76er's Game on TV (I) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>9 Christmas Card Day! 9:00-12:00 Manicure Monday (C) 9:30 Holiday Card Facts and Card Marking (B)(I) 10:30 Look Who's Dancing Seated Aerobics' (A) 1:30-2:30 Montgomery Senior Choir Holiday Show (C:LR) 2:30-4:00 BINGO (C) 3:00 (1:1 Room Visits) 4:00-4:45 Men's Group Movie (B:L) 8:00 TV Land shows &amp; movies on Ch.67 (I) 8:15 Eagles Game on ESPN (I)</p>	<p>10 Caroling &amp; Bells Music month &amp; Muffin Day 9:00- 4:00 Resident's Memorial Remembrance Walk through (Berwyck Living Room) 9:00 Simply Seated with Curtis Adams DVD (C:LR) 10:30 Men's Group with Lakie (Chatham C) 10:30 Tuesday Traveling Through Europe with Rick Steve (C:LR) 11:00 Pet Therapy 1:00 Art Class (B) 2:30 Baking Muffins &amp; Caroling/Bells music! (C) 3:30 Bible Study (C) 3:30 Tea &amp; Trivia Tuesday (B) 6:30 Upper Darby Summer Stage Shooting Stars Holiday spectacular Show (4th Fl The Inn) 7:00 76er's Game on TV (I)</p>	<p>11 Let it Snow Day! 9:00-11:30 Independent Wii Bowling Wednesday (B:LR) 10:30 -11:30 Science For Seniors (C:LR) 11:30-1:00 Special Lunch: Mac &amp; Cheese (C) *must sign up ahead* Spots Limited* 1:00 Independent Wednesday Walking Club throughout the halls! 1:30 Jewelry Club (B) 2:30 Sing Along with Shannondell Ringers (C) 3:30 Baking Snowball Cookies! (C) 6:00 Performance by Jay Daniels (C:LR) 8:00 TV Land shows &amp; movies on Ch.67 (I) 9:30 Flyers Game on TV (I)</p>	<p>12 Poinsettia Day &amp; Frank Sinatra's Birthday! Byer's Choice Morning Trip *must sign up ahead* Spots Limited* 9:00 Exercise Boxing DVD (C:LR) 9:30 Living Poetry Group (C) 10:30 Activity Connection: Daily Chronicle &amp; 35 Fabulous Facts About Frank Sinatra &amp; Movie (C:LR) 10:30 Independent Poinsettia Ornament Craft Kit (B) 1:30-2:30 Christian Life Group (B) 2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR) 3:30 Rummi Kub (B) (I) 6:00-7:00pm Sinatra Special by: David Gregory (C:LR) 8:00 76er's Game on TV (I) 8:00 TV Land shows on Ch.67 (I)</p>	<p>13 Cocoa Day! 9:30 Cards w/ Dee (B) 11:00 Fitness Class w/ Carl Miranda (C:LR) 1:00 Fresh Flower Arranging (B) 2:00 Ice Cream Social (C) 3:00- 4:00 BINGO (C) 3:00 Pet Therapy w/ Jackson 4:00 Cocoa Conversation Hour (C) 7:00 76er's Game on TV (I) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>14 Gingerbread House Day! 9:00 Saturday Sit &amp; Be Fit Express Toning: Chair Dancing DVD (C:LR) 11:00 -11:45 Holiday musical Demo by Lisa and her ukulele (C:LR) 1:00 3D Gingerbread House Christmas Craft Kit (B) 2:30-4:00 BINGO (C) 4:00 3D Gingerbread House Christmas Craft Kit (B) 7:00 Flyers Game on TV (I) 8:00 TV Land shows &amp; movies on Ch.67 (I)</p>
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# The Meadows December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>15 A Grinch Day!  <b>9:30 Performer: Bill Long (CC)</b>  <b>10:30am Catholic Communion Rite (C:LR) (I)</b>            11:00 holiday Coloring Pages &amp; Music (C) (I)  <b>1:00 Eagles Game on FOX (I)</b>  <b>Afternoon Pet Therapy with Lucy</b>            2:00- 4:15 How the Grinch Stole Christmas Movie Matinee (C:LR) (I)            3:30 Wii Games Practicing (B:LR)  <b>5:00 Flyers Game on TV (I)</b>  <b>6:00 76er's Game on TV (I)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>16 Deck the Halls Day!            9:00-12:00 Holiday Manicure Monday &amp; facials (C)  <b>**No Look Who's Dancing **</b>  <b>11:00-11:30 Reindeer Fabio Visits for the Holidays! (C:LR and the halls)</b>            1:00 Jingle Bell Wreath Ornament Making! (B)  <b>1:30 Pet Therapy w/ Star</b>  <b>1:30 Rev Hollaman: Afternoon Devotion service (B:LR)</b>  <b>2:30-4:00 BINGO (C)</b>            4:00 Finishing up Jingle Bell Wreath Ornament Making! (B)  <b>6:30-6:50 Leroux School of Dance Holiday Performance (C:LR)</b>            8:00 TV Land shows on Ch.67 (I)</p>	<p>17 Caroling Month!            9:00 Caroling Month!            9:00 Tone it up Tuesday! (C:LR)            10:30 Cognitive Kit: Celebrations of The Holidays (C:LR)            10:30 Men's Group with Lakie (Chatham C)            1:00 Art Class (B)  <u><b>BERWYCK RESIDENT'S HOLIDAY PARTY</b></u>  <b>12:00-1:00pm Special Lunch &amp; Presents (B:DR)</b>  <b>1:30-2:30 Holiday Show: The Upbeats (B:LR)</b>            3:00-4:00 Holiday Caricatures (1st Fl R Activity room)            3:30 Bible Study (C)  <b>7:00 Flyers Game on TV (I)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>18 Winter Wonderland Wednesday            9:00-10:30 Independent Wii Bowling Wednesday (B:LR)  <b>11:00 -12:00 Holiday Mass with Father Shea (C:LR)</b>            1:00 Holiday Coloring Pages (C)  <u><b>CHATHAM RESIDENT'S HOLIDAY PARTY</b></u>            2:30 Christmas Movie Showing (C:LR)            4:30-5 Presentation of Gifts (C:LR)  <b>5:00pm-6:00pm Special Dinner (C:DR)</b>  <b>6:00-7:00 Holiday Performance by: Upper Darby High School Encores Singers (C:LR)</b>  <b>7:30 76er's Game on TV (I)</b>            8:00 TV Land shows on Ch.67 (I)</p>	<p>19 Christmas Carol Pub. (1843)            9:30 Activity Connection: Daily Chronicle &amp; Exercise Essentials DVD (C:LR)  <b>10:30 Cards w/ Dee (B)</b>            1:30-2:30 Holiday Crafts (B)            2:30-3:30 A Christmas Carol Movie Showing (B:LR)            4:00 9:30 Cognitive Kit : Toys of Childhood (C:LR)  <b>7:00 Flyers Game on TV (I)</b></p>	<p>20 Winter Fun Friday            9:30 Snowflake Bookmark Craft Kit (B) (I)  <b>9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act Rm) *must sign up ahead* Spots Limited*</b>  <b>11:00 Knitting Group (C) (I)</b>            1:30-2:30 Ice Cream Social (C)  <b>*TIME CHANGE*</b>  <b>2:30-3:30 Musical Students recital (C:LR)</b>  <b>3:00- 4:00 BINGO (C)</b>  <b>3:00 Pet Therapy w/ Jackson</b>            4:00 Conversation Hour: What are your favorite Winter stories? C)  <b>8:00 76er's Game on TV (I)</b>            8:00 TV Land shows on Ch.67 (I)</p>	<p>21 First Day of Winter!            9:00 Strengthening on Saturday Stretches (C:LR)            10:00 Craft Corner: DIY Unfinished Wood Snowman Stand-Ups (B)            1:00 Netflix: White Christmas Movie Matinee (C:LR)  <b>2:30-4:00 BINGO (C)</b>            4:00 Large Crossword Puzzle (C)  <b>7:00 Flyers Game on TV (I)</b>  <b>7:00 76er's Game on TV (I)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	
<p>22 Hanukah begins as Sundown  <b>9:30 Holiday Sing Along with Pauline (A)</b>  <b>10:30am Catholic Communion Rite (C:LR) (I)</b>            11:00 Hanukah Coloring Pages &amp; Music (C) (I)            1:00 Hanukah True or False Game(C)            2:00-4:15 Movie Matinee (C:LR)            3:30 Wii Games Practicing (B:LR)  <b>4:25 Eagles Game on FOX (I)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>23 Hanukah &amp; Creative Candy Cane Day!            9:00-12:00 Manicure Monday (C)            9:30 Christmas Miracle Movie on Netflix (C:LR) (I)  <b>10:30 Look Who's Dancing Seated Aerobics (C:LR)</b>            1:00 Baking Candy Cane Blossoms! (C)  <b>1:30-2:15 Hanukkah lighting of the candles &amp; singing of songs w/ Sim (BL)</b>  <b>2:30-4:00 BINGO (C)</b>            3:00 (1:1 Room Visits)            4:00 Facials, Peppermint Aromatherapy and Holiday Sing Along (C)  <b>7:00 76er's Game on TV (I)</b>  <b>7:00 Flyers Game on TV (I)</b></p>	<p>24 Christmas Eve            9:00 Tone it up Tuesday! (C:LR)            10:30 Men's Group with Lakie (Chatham C)            10:30 Tuesday Traveling Through Europe with Rick Steve (C:LR) (I)            10:30 Cupcake Liner Christmas Tree craft (C)  <b>11:00 Pet Therapy w/ Brutus &amp; Bailey</b>            1:00 Art Class (B)  <b>3:00-5:00 Eggnog and Movie Matinee "It's a Wonderful Life" (C:LR)</b>  <b>3:30 Bible Study (C)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>25 Merry Christmas!            9:00-10:30 Independent Wii Bowling Wednesday (B:LR)  <b>10:30 Christmas Mass (C:LR)</b>            10:30 Christmas Scramble Word Game! (C:LR)            11:00 Christmas Guess the Word Game (C:LR)            1:00 Independent Wednesday Walking Club throughout the halls!            1:00 Holiday Jewelry Club &amp; Baking (C)  <b>2:30 76er's Game on TV (I)</b>            3:00-5:00 Keeping Christ in Christmas DVD (C:LR) (I)            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>26 Kwanza Begins            9:00 Exercise the Holidays! (C:LR)  <b>10:00-11:00 Living Poetry Group (C)</b>            11:00 Tales of Kwanza (C:LR)            1:30 Book Club (C:LR)            2:30 Rummy Kub (B) (I)            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>27 Peter Pan Day!            9:00 Amazon Prime Morning Movie: Peter Pan (C:LR)  <b>11:00 Fitness Class w/ Carl Miranda (C:LR)</b>            2:00 Ice Cream Social (C)  <b>1:00 Fresh Flower Arranging (B)</b>  <b>3:00- 4:00 BINGO (C)</b>  <b>3:00 Pet Therapy w/ Jackson</b>            4:00 Conversation Hour: What are your favorite movies? C)  <b>7:00 76er's Game on TV (I)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>	<p>28 Chocolate Day!            9:00 Saturday Sit &amp; Be Fit DVD (C:LR)            10:00 Making Cocoa Krispies Reindeer Treats! &amp; General Questions About Chocolate (C)            11:00 (1:1 Room Visits)            1:00 Oldies Movie of Choice (C:LR)  <b>2:30-4:00 BINGO (C)</b>            4:00 Large Crossword Puzzle (C)            8:00 TV Land shows &amp; movies on Ch.67 (I)  <b>8:00 76er's Game on TV (I)</b>  <b>10:30 Flyers Game on TV (I)</b></p>	
<p>29 Sugar and Spice Sunday!  <b>10:30am Catholic Communion Rite (C:LR) (I)</b>            11:00 Holiday Coloring Pages &amp; Music (C) (I)  <b>1:00 Eagles Game on FOX (I)</b>  <b>Afternoon Pet Therapy with Lucy</b>  <b>2:00-4:15 Movie Matinee &amp; Pumpkin Pie (C:LR)</b>            3:30 Wii Games Practicing (B:LR)            8:00 TV Land shows &amp; movies on Ch.67 (I)  <b>8:30 Flyers Game on TV (I)</b></p>	<p>30 Bacon Day!            9:00-12:00 Manicure Monday (C)            10:30 Movin on Monday Workout DVD (C:LR) (I) <b>*No Look Whose Dancing *</b>  <b>1:00 Legions of Mary Catholic Room Visits</b>            1:00 Fleece Winter Tied Pillow Craft Kit (B)  <b>2:30-4:00 BINGO (C)</b>            3:00 (1:1 Room Visits)  <b>4:00 Bacon Appetizers and Bacon Discussion (C)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)  <b>8:00 ORANGE BOWL IS ON TV !</b>  <b>9:00 Flyers Game on TV (I)</b></p>	<p>31 New Year's Eve            9:00 Color Your Own New Year's Crown (C)            10:00 Tone it up Tuesday! (C:LR)            10:30 Men's Group with Lakie (Chatham C)            11:00 Tuesday Traveling Through Europe with Rick Steve (C:LR)            1:00 Art Class (B)  <b>2:30 Residents' Council * For Resident's only (C)</b>  <b>3:00 76er's Game on TV (I)</b>  <b>3:30 Bible Study (C)</b>  <b>3:30 Happy New Year Social &amp; Movie "Frozen"! (C:LR)</b>            8:00 TV Land shows &amp; movies on Ch.67 (I)</p>					



# The Sun December 2019

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Family & Friends are always welcome to join in!  
 Questions?  
 Please Contact:  
 Activity Director,  
 Katy Hartigan at  
 610-728-5409  
 Thank you!  
 \*\*Refer to weekly schedule for recent changes\*\*

**LOCATION KEY FOR MEADOWS BUILDING:**  
 (C:LR) - 2nd Fl Liv. Rm  
 (C) - 2nd FL Activity Rm  
 (C:D) - 2nd FL Dining  
 (B) - 1st FL Activity Rm  
 (B:L) - 1st FL Library  
 (A) - Lower Level  
 (I) = Independent activity/ at your own leisure

**1 Advent starts & Christmas Tree Week Begins!**  
**11:00 Catholic Communion Rite (Living Room) (I)**  
 11:00 Coloring Pages (Activity Room) (I)  
**1:00 Eagles Game on FOX (I)**  
 2:00 Decorating the Christmas Tree (Activity Room)  
**2:30 Pet Therapy with Scout (Room Visits)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**2 Shiny Nose Day**  
 9:00 -11:00 Morning Movie (Theatre) (I)  
**11:15 Look Who's Dancing Seated Aerobics' (Living Room)**  
 1:00 Rudolf Crafts (Activity Room)  
 2:30 Independent Games, & Puzzles (Activity Room)  
**7:00 76er's Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**3 Cookie Exchange Day!**  
 9:30 Independent Tone it up Tuesday Exercise DVD (Theatre)  
 9:30-12:00 Manicures (Activity Room)  
**2:00- 5:00 Seminarians Visit**  
**2:00 Legions of Mary Catholic Room Visits**  
 2:30 Baking Reindeer Cookies! (3rd Fl Act Rm)  
**7:00 Flyers Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**4 Naughty or Nice Day !**  
 9:30 Activity Connection: Daily Chronicle & Naughty or Nice Discussion Group (Activity Room)  
 10:00 Wii Wednesday (Activity Room)  
 11:00 Card Group (Living Room)  
**2:30-3:00 PHILLY PHANATIC VISITS (Living Room)**  
**2:30 BINGO with Helene! ( Activity Room)**  
 4:00 Wednesday Word Association (Activity Room)  
 8:00 TV Land shows & movies on Ch.67 (I)

**5 Happy Birthday, Walt Disney!**  
 9:30 Daily Senior Stretches! & Activity Connection: Daily Chronicle (Living Room)  
 10:30 -11:30 Book Club (Living Room)  
 1:00 Wii Games Practicing (Activity Room)  
 2:00 Ice Cream Social & Disney movie (Theatre)  
 3:30 (1:1 Visits)  
**Elmwood Zoo Wild Lights Tour Night Time Trip \*must sign up ahead\* Spots Limited\***  
**7:00 Flyers Game on TV (I)**  
**7:00 76er's Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**6 St. Nicholas Day!**  
 9:30 Feel Good Friday Work Out (Living Room)  
 10:00 Conversation Hour: What do you want for Christmas? (Living Room)  
**10:30 Walk to Meadows for 11:00 Shabbat Service w/ Irv (B:L)**  
 2:00 Large Crossword Puzzle (Activity Room)  
 3:00 Movie Matinee: The Polar Express (Theatre)  
 8:00 TV Land shows & movies on Ch.67 (I)

**7 Anniversary of Pearl Harbor**  
 9:30 Independent Pearl Harbor Discussion Group Questions (Activity Room)  
**1:00 Flyers Game on TV (I)**  
 2:00-4:00 Movie Matinee (Theatre)  
**7:30 76er's Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**8 Snowflake Sunday**  
**11:00 Catholic Communion Rite (Living Room) (I)**  
 11:00 Snowflake book marks (Activity Room) (I)  
**2:30 Pet Therapy with Scout (Room Visits)**  
 2:30 Large Crossword Puzzle (Activity Room)  
**6:00 76er's Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**9 Christmas Card Day!**  
 9:30 Exercise DVD (Activity Room)  
 10:30 Activity Connection: Daily Chronicle & Large Crossword Puzzle (Activity Room)  
**1:30 Pet therapy room visits w/ Star**  
 2:00 Holiday Card Facts and Making Holiday Cards (Activity Room)  
 8:00 TV Land shows & movies on Ch.67 (I)  
**8:15 Eagles Game on ESPN (I)**

**10 Caroling & Bells Music month & Muffin Day**  
 9:30 Independent Tone it up Tuesday Exercise DVD (Theatre)  
 9:30-12:00 Manicures (Activity Room)  
 1:00 1:1 room visits  
**2:00 Legions of Mary Catholic Room Visits**  
**2:00- 5:00 Seminarians Visit**  
 3:00 Baking Muffins and listeninf to Caroling music (3rd Fl Act Rm)  
**6:30 Upper Darby Summer Stage Shooting Stars Holiday spectacular Show (Living Room)**  
**7:00 76er's Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**11 Let it Snow Day!**  
 9:00-11:00 Independent Trivia Sheets (Living Room)  
 11:15 Wii Wednesday (Activity Room)  
**2:00 Christian Prayer Room visits**  
 1:00 Christmas Snow Globe Craft Kit (Activity Room)  
**2:30 BINGO with Helene! ( Activity Room)**  
 4:00 Wednesday Word Association (Activity Room)  
**6:00 -7:00 Audubon Girl Scouts Caroling**  
 8:00 TV Land shows & movies on Ch.67 (I)  
**9:30 Flyers Game on TV (I)**

**12 Frank Sinatra's Birthday**  
**Byer's Choice Morning Trip \*must sign up ahead\* Spots Limited\***  
 9:30 Activity Connection: Daily Chronicle, 35 Fabulous Facts About Frank Sinatra & Frank Sinatra Movie (Theatre)  
 9:30 Thirty Minute Thursday Riddles (Living Room)  
**10:00 West Chester Dance Works Holiday Performance (Living Room)**  
 1:00 Wii Games Practicing (Activity Room)  
 2:30 Ice Cream Social (Activity Room)  
 3:30 (1:1 Visits)  
**8:00 76er's Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**13 Cocoa Day!**  
 9:00-12:00 Independent puzzles & coloring pags (Activity Room) (I)  
**10:30 Walk to Meadows for 11:00 Fitness Class w/ Carl Miranda (C:LR)**  
 1:00 Winter crafts (Activity Room) (I)  
 1:30 Independent Cocoa Conversation Hour (Activity Room)  
**7:00 76er's Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)

**14 Gingerbread House Day!**  
 9:00 Scrabble Game (Living Room) (I)  
 10:30 Craft corner: 3D Gingerbread House Christmas Craft Kit (Activity Room) (I)  
 2:00-4:00 Movie Matinee (Theatre)  
**7:00 Flyers Game on TV (I)**  
 8:00 TV Land shows & movies on Ch.67 (I)





# The Sun December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>15 A Grinch Day!</b>  <b>11:00 Catholic Communion Rite (Living Room) (I)</b>  <b>11:00 Holiday Coloring Pages (Activity Room) (I)</b>  <b>1:00 Eagles Game on FOX (I)</b>  <b>2:30 The Sunshine Girls Holiday Sing Along (Living Room)</b>  <b>2:30 Pet Therapy with Scout (Room Visits)</b>  <b>5:00 Flyers Game on TV (I)</b>  <b>6:00 76er's Game on TV (I)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>16 Deck the Halls Day!</b>  <b>9:00 Independent Exercise DVD (Theatre)</b>  <b>10:00 Morning Movie (Theatre) (I)</b>  <b>1:00 Independent Walk over to The Meadows for 1:30 Rev Hollaman: Afternoon Devotion service (B:LR)</b>  <b>2:30 Independent Games, Puzzles &amp; Crafts (Activity Room)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>17 Caroling Month!</b>  <b>9:30 Independent Tone it up Tuesday Exercise DVD (Theatre)</b>  <b>INN RESIDENT'S HOLIDAY PARTY</b>  <b>10:30 Holiday Entertainment by: Steve R. (Living Room)</b>  <b>11:30-12:00 Reindeer Fabio Visits &amp; Presentation of Gifts! (Living Room)</b>  <b>12:00-1:00 Special Lunch in Dining Room</b>  <b>2:00 Legions of Mary Catholic Room Visits</b>  <b>2:00-4:00 Holiday Caricatures (1st Fl Activity room)</b>  <b>7:00 Flyers Game on TV (I)</b></p>	<p><b>18 Winter Wonderland Wednesday</b>  <b>9:00 Wii Wednesday (Activity Room) (I)</b>  <b>10:00 Chair Ballet Class (Living Room)</b>  <b>11:00 Independent Walk over to The Meadows for Mass with Father Shea (C:LR) (I)</b>  <b>1:00 Card Group (Living Room)</b>  <b>2:00 Christian Prayer Room visits</b>  <b>2:30 BINGO with Helene! ( Activity Room)</b>  <b>3:30 Movie Matinee: Elf (Theatre)</b>  <b>6:00 Valley View Caroling Group (through the halls)</b>  <b>7:30 76er's Game on TV (I)</b>  <b>8:00 TV Land shows on Ch.67 (I)</b></p>	<p><b>19 Christmas Carol Published (1843)</b>  <b>9:00 -11:00 Manicure Makeup form Tuesday! (Activity Room)</b>  <b>11:00 Book Club (Living Room)</b>  <b>1:00 Wii Games Practicing (Activity Room)</b>  <b>2:30 Ice Cream Social &amp; A Christmas Carol Movie Showing (Theatre)</b>  <b>3:30 (1:1 Visits)</b>  <b>7:00 Flyers Game on TV (I)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>20 Winter Fun Friday</b>  <b>9:00 Feel Good Friday Work Out (Living Room)</b>  <b>9:45-11:45 Kisses Sweet Spa Massages (REHAB 1st Fl Act) *must sign up ahead* Spots Limited*</b>  <b>2:00 Large Crossword Puzzle (Activity Room)</b>  <b>3:00 Holiday Movie Matinee of Choice (I) (Theatre)</b>  <b>8:00 76er's Game on TV (I)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>21 First Day of Winter!</b>  <b>9:00 Scrabble Game (Living Room) (I)</b>  <b>9:30 Winter Coloring Pages ! (Activity Room)(I)</b>  <b>2:00-4:00 Movie Matinee (Theatre)</b>  <b>7:00 Flyers Game on TV (I)</b>  <b>7:00 76er's Game on TV (I)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	
<p><b>22 Winter Begins &amp; Hanukah begins as Sundown</b>  <b>11:00 Catholic Communion Rite (Living Room) (I)</b>  <b>11:00 Coloring Pages (Activity Room) (I)</b>  <b>2:00 Independent Hanukah True or False Game (Activity Room) (I)</b>  <b>2:30 Pet Therapy with Scout (Room Visits)</b>  <b>4:25 Eagles Game on FOX (I)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>23 Creative Candy Cane Day!</b>  <b>9:00 Activity Connection: Daily Chronicle &amp; Large Crossword Puzzle( Activity Room)</b>  <b>10:30 Baking Candy Cane Blossoms! (3rd Fl Act Rm)</b>  <b>1:00 Walk over to The Meadows building for program</b>  <b>1:30-2:15 Hanukah lighting of the candles &amp; singing of songs w/ Sim (BL)</b>  <b>1:30 Pet therapy room visits w/ Star</b>  <b>7:00 Flyers Game on TV (I)</b>  <b>7:00 76er's Game on TV (I)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>24 Christmas Eve</b>  <b>9:30 Independent Tone it up Tuesday Exercise DVD (Theatre)</b>  <b>9:30-12:00 Manicures (Activity Room)</b>  <b>1:00 (1:1 Room visits)</b>  <b>2:00 Legions of Mary Catholic Room Visits</b>  <b>2:30 Women's Group: Facials, Aromatherapy and "Christmas on Celtic Harps" CD (Activity Room)</b>  <b>3:30 Large Crossword Puzzle (Activity Room)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>25 Merry Christmas!</b>  <b>9:00-11:00 Pajama Party , cookies &amp; a holiday movie of choice (Theatre)</b>  <b>11:00 Christmas Guess the Word Game (Theatre)</b>  <b>1:00 Scrabble Game (Living Room) (I)</b>  <b>2:00 Winter Coloring Pages ! (Activity Room)(I)</b>  <b>2:30 76er's Game on TV (I)</b>  <b>2:30-4:00 Independent Christmas Scramble Word Game (Living Room)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>26 Kwanza Begins</b>  <b>9:00 Activity Connection: Daily Chronicle (Living Room)</b>  <b>9:30 Thirty Minute Thursday Riddles Living Room)</b>  <b>11:00 Tales of Kwanza (C:LR)</b>  <b>1:30 Large Crossword Puzzle (Activity Room)</b>  <b>2:30 Fresh Flower Arranging (Activity Room)</b>  <b>3:30 (1:1 Visits)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>27 Peter Pan Day!</b>  <b>9:00 Independent Morning Amazon PrimeMovie: Mary Martin as Peter Pan! (Theatre)</b>  <b>10:30 Walk to Meadows for 11:00 Fitness Class w/ Carl Miranda (C:LR)</b>  <b>1:00 Winter crafts (Activity Room) (I)</b>  <b>1:30 Independent Cocoa Conversation Hour (Activity Room)</b>  <b>7:00 76er's Game on TV (I)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b></p>	<p><b>28 Chocolate Day!</b>  <b>9:00 Scrabble Game (Living Room) (I)</b>  <b>9:30 Winter Coloring Pages ! (Activity Room)(I)</b>  <b>2:00-4:00 Movie Matinee (Theatre)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b>  <b>8:00 76er's Game on TV (I)</b>  <b>10:30 Flyers Game on TV (I)</b></p>	
<p><b>29 Sugar and Spice Sunday!</b>  <b>11:00 Catholic Communion Rite (Living Room) (I)</b>  <b>11:00 Coloring Pages (Activity Room) (I)</b>  <b>1:00 Eagles Game on FOX (I)</b>  <b>2:30 Movie Matinee: How the Grinch Stole Christmas (Theatre)</b>  <b>2:30 Pet Therapy with Scout (Room Visits)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b>  <b>8:30 Flyers Game on TV (I)</b></p>	<p><b>30 Bacon Day!</b>  <b>9:00 Independent Exercise DVD (Theatre)</b>  <b>10:00 Morning Movie (Theatre) (I)</b>  <b>2:30 Independent Games, Puzzles &amp; Crafts (Activity Room)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b>  <b>8:00 ORANGE BOWL IS ON TV !</b>  <b>9:00 Flyers Game on TV (I)</b></p>	<p><b>31 New Year's Eve</b>  <b>9:30 Independent Tone it up Tuesday Exercise DVD (Theatre)</b>  <b>9:30-12:00 Manicures &amp; NYE Party attire (Activity Room)</b>  <b>1:00 (1:1 Room visits)</b>  <b>2:00 Legions of Mary Catholic Room Visits</b>  <b>2:30 Residents' Council * For Resident's only (C)</b>  <b>3:00 76er's Game on TV (I)</b>  <b>3:30 Happy New Year Social &amp; Movie of Choice (Theater)</b>  <b>8:00 TV Land shows &amp; movies on Ch.67 (I)</b>  <b>10:30 Flyers Game on TV (I)</b></p>					