## Avondale Activities February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Fric
Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (C:LR) 2nd Floor Living Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion *Programs are subject to change.	Family and friends are always welcome to join in! Please don't hesitate to contact <b>Emily Walker</b> , <i>Mem-</i> <i>ory Care Program Co-</i> <i>ordinator</i> , with any questions at 610-382- 6836 or at ewalker@shannondell. com!	Ha Febru	ppy lary!		
<ul> <li>2 Groundhog Day/Super Bowl LIV</li> <li>9:30 Performance by Bill Long (A)</li> <li>10:30 Catholic Communion (C:LR)</li> <li>11:00 Football Coloring Pages</li> <li>1:30 Adult Coloring Pages</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>4:00 Super Bowl Kick Off Show on TV</li> <li>6:30 Super Bowl LIV!</li> <li>Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	3 9:30 Coffee & Conversation 10:00 Sit & Stretch 10:30 Look Who's Dancing Aerobics (A) 11:00 The Price is Right (Ch. 3) 1:30 Men's Group with Sim (B:L) 1:30 Cranium Crunches 2:30 BINGO (C) 2:30 Matching Games and Ba- nanagrams 3:00 Individualized Activities Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>4 Rosa Parks Anniversary</li> <li>9:30 Tone it Up Tuesday</li> <li>9:30 Gardening Group</li> <li>10:00 Ben Soffer Presentation (C)</li> <li>10:30 Tea with the Purple Petal's (A)</li> <li>11:00 Men's Club with Lakie (C:LR)</li> <li>11:00 Pet Therapy w/ Bailey</li> <li>1:00 Art Class (B)</li> <li>2:00 Finishing Lines</li> <li>3:00 Individualized Activities</li> <li>3:30 Bible Study (B:LR)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>5</li> <li>9:30 Workout Wednesday</li> <li>10:00 Craft Corner</li> <li>11:00 Cognitive Kit: Valentines Day (C:LR)</li> <li>1:30 Balloon Volleyball</li> <li>2:30 Band Performance: Musical Friends (C:LR)</li> <li>3:00 Individualized Activities</li> <li>6:00 Painting Class: Ceramic Heart Trinket Boxes (C)</li> <li>Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	<ul> <li>6</li> <li>9:30 Parachute Play</li> <li>9:30 Living Poetry Group (C)</li> <li>10:00 Categories</li> <li>10:30 Chicken Soup for the</li> <li>Soul Readings</li> <li>11:00 Adult Coloring Pages</li> <li>1:30 Matching Games</li> <li>2:00 Baking Club</li> <li>2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	7 Wear Red Day 9:30 Manicures & sages 9:30 Kisses Swee 10:00 Gardening 10:00 Dr. Steve's (C:LR) 11:00 Shabbat Se (B:L) 1:30 Puzzles and 2:00 Ice Cream S 2:30 Friday Film 3:00 BINGO (C) 3:00 Individualize Tune into Channe TV Land movies
<ul> <li>9</li> <li>9:30 Coffee &amp; Conversation</li> <li>10:00 Puzzles &amp; Games</li> <li>10:30 Catholic Communion</li> <li>(C:LR)</li> <li>11:00 Adult Coloring Pages</li> <li>11:00 The Andy Griffith Show</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>10 Muffin Monday</li> <li>9:30 Baking Club!</li> <li>10:00 Walking Club</li> <li>10:30 Look Who's Dancing</li> <li>Aerobics (C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Cranium Crunches</li> <li>2:30 BINGO (C)</li> <li>2:30 Matching Games and Bananagrams</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>11</li> <li>9:30 Tone it Up Tuesday</li> <li>9:30 Gardening Group</li> <li>10:30 Tea with the Purple Petal's (A)</li> <li>10:30 Men's Club with Lakie (C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:00 Art Class (B)</li> <li>2:00 Finishing Lines</li> <li>3:00 Individualized Activities</li> <li>3:30 Bible Study (B:LR)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	12 Lincoln's Birthday/Jell-O Day! 9:30 Workout Wednesday 10:00 Craft Corner 11:00 Cognitive Kit: Washing- ton & Lincoln (C:LR) 1:30 Balloon Volleyball 2:30 Sing Along (C:LR) 3:00 Individualized Activities 3:30 Movie Matinee & Jell-O Treats 6:30 Sweetheart Social: Per- formance by Kevin Galm (C:LR) Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>13</li> <li>9:30 Parachute Play</li> <li>10:00 Categories</li> <li>10:30 Chicken Soup for the</li> <li>Soul Readings</li> <li>11:00 Adult Coloring Pages</li> <li>1:30 Matching Games</li> <li>2:00 Baking Club</li> <li>2:30 Music &amp; Aromatherapy</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	14 Happy Valenti 9:30 Manicures & sages 10:00 Gardening 10:30 Valentine's 11:00 Fitness Cla Miranda (C:LR) 1:00 Fresh Flowe 1:30 Romantic Fi 2:00 Ice Cream S 2:30 E-Z Heart C 3:00 BINGO (C) 3:00 Individualize Tune into Channe TV Land movies

### Friday



### **Saturday**

1 African American History

	<ul> <li>1 African American History Month Begins</li> <li>9:15 Saturday Sit &amp; Be Fit</li> <li>9:45 Games and Puzzles</li> <li>10:15 Adult Coloring Pages</li> <li>10:45 Can You Name Five?</li> <li>11:00 The Golden Girls</li> <li>1:30 Balloon Volleyball</li> <li>2:00 Finishing Lines</li> <li>2:30 Sensory Stimulation</li> <li>2:30 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>4:00 Large Crossword Puzzle (C)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>
<ul> <li>Vear Red Day</li> <li>Manicures &amp; Hand Mases</li> <li>Kisses Sweet Spa (CC)</li> <li>Gardening Group</li> <li>O Dr. Steve's Egypt Lecture LR)</li> <li>Shabbat Service w/ Irv</li> <li>Puzzles and Games</li> <li>Ice Cream Social (C)</li> <li>Friday Film</li> <li>BINGO (C)</li> <li>Individualized Activities are into Channel 67 nightly for Land movies and shows!</li> </ul>	8 Celebrate Mind Games Month 9:15 Saturday Sit & Be Fit 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:45 Can You Name Five? 11:00 The Golden Girls 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:00 Individualized Activities 4:00 Large Crossword Puzzle (C) Tune into Channel 67 nightly for TV Land movies and shows!
<ul> <li>Happy Valentine's Day!</li> <li>Manicures &amp; Hand Mases</li> <li>Gardening Group</li> <li>Valentine's Day Treat</li> <li>Valentine's Day Treat</li> <li>Fitness Class with Carl anda (C:LR)</li> <li>Fresh Flower Arranging (B)</li> <li>Romantic Film Friday</li> <li>Ice Cream Social</li> <li>E-Z Heart Craft</li> <li>BINGO (C)</li> <li>Individualized Activities</li> <li>into Channel 67 nightly for Land movies and shows!</li> </ul>	<ul> <li>15</li> <li>9:15 Saturday Sit &amp; Be Fit</li> <li>9:45 Games and Puzzles</li> <li>10:15 Adult Coloring Pages</li> <li>10:45 Can You Name Five?</li> <li>11:00 The Golden Girls</li> <li>1:00 Oldies Movie of Choice</li> <li>with Snacks (C:LR)</li> <li>1:30 Balloon Volleyball</li> <li>2:00 Finishing Lines</li> <li>2:30 Sensory Stimulation</li> <li>2:30 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>4:00 Large Crossword Puzzle</li> <li>(C)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>

## Avondale Activities February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>16</li> <li>9:00 Coffee &amp; Conversation</li> <li>9:30 Performance by Bill Long</li> <li>(CC)</li> <li>10:00 Puzzles &amp; Games</li> <li>10:30 Catholic Communion</li> <li>(C:LR)</li> <li>11:00 Adult Coloring Pages</li> <li>11:00 The Andy Griffith Show</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>17 Presidents Day</li> <li>9:30 Coffee &amp; Conversation</li> <li>10:00 Sit &amp; Stretch</li> <li>10:30 Look Who's Dancing Aerobics (A)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Pet Therapy with Star</li> <li>1:30 Rev. Hollaman: Afternoon</li> <li>Devotion Service (B:LR)</li> <li>2:30 BINGO (C)</li> <li>2:30 Matching Games and Bananagrams</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>18 First Ladies Day</li> <li>9:30 Tone it Up Tuesday</li> <li>9:30 Gardening Group</li> <li>10:30 Tea with the Purple Petal's</li> <li>(A)</li> <li>10:30 Men's Club with Lakie</li> <li>(C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>11:00 Pet Therapy w/ Bailey</li> <li>1:00 Art Class (B)</li> <li>2:30 Movie Matinee: Grease! (C:LR)</li> <li>3:00 Individualized Activities</li> <li>3:30 Bible Study (B:LR)</li> <li>Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	<ul> <li>19</li> <li>9:30 Workout Wednesday</li> <li>9:45 Craft Corner</li> <li>10:30 Comedic Movie Matinee</li> <li>11:00 Mass with Father Shea</li> <li>(C:LR)</li> <li>1:30 Cranium Crunches</li> <li>2:00 Walking Club</li> <li>2:30 Sing Along (C:LR)</li> <li>3:00 Individualized Activities</li> <li>6:30 Monthly Birthday Performance by Jay Daniels (C:LR)</li> <li>Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	20 9:30 Parachute Play 9:30 Living Poetry Group (C) 10:00 Baking Club 10:30 Making Bird Feeders 11:00 Reminisce to Remember 1:30 Sensory Stimulation 2:30 Christian Life Group (B) 3:00 Individualized Activities 4:00 Music with Methacton High School Group (C:LR) Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>21</li> <li>9:30 Manicures &amp; Hand Massages</li> <li>9:30 Musical Memories</li> <li>10:00 Gardening Group</li> <li>10:30 Sit &amp; Stretch</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Puzzles and Games</li> <li>2:00 Ice Cream Social (C)</li> <li>2:30 Friday Film</li> <li>3:00 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>22</li> <li>9:15 Saturday Sit &amp; Be Fit</li> <li>9:45 Games and Puzzles</li> <li>10:15 Adult Coloring Pages</li> <li>10:45 Can You Name Five?</li> <li>11:00 The Golden Girls</li> <li>1:30 Balloon Volleyball</li> <li>2:00 Finishing Lines</li> <li>2:30 Sensory Stimulation</li> <li>2:30 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>4:00 Large Crossword Puzzle (C)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>
<ul> <li>23</li> <li>9:30 Coffee &amp; Conversation</li> <li>10:00 Puzzles &amp; Games</li> <li>10:30 Catholic Communion</li> <li>(C:LR)</li> <li>11:00 Adult Coloring Pages</li> <li>11:00 The Andy Griffith</li> <li>Show</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>24</li> <li>9:15 Baking Club</li> <li>10:00 Walking Club</li> <li>10:30 Look Who's Dancing Aerobics (C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Cranium Crunches</li> <li>1:30 Chocolate Treats &amp; Music (C)</li> <li>2:30 BINGO (C)</li> <li>2:30 Matching Games and Bananagrams</li> <li>3:00 Individualized Activities</li> <li>4:00 Men's Group Documentary of Choice (C:LR)</li> <li>Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	<ul> <li>25 Mardi Gras</li> <li>9:30 Tone it Up Tuesday</li> <li>9:30 Gardening Group</li> <li>10:30 Mardi Gras Social &amp; Performance by Greg Albert! (C:LR)</li> <li>No Men's/Women's Groups Today!</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:00 Art Class (B)</li> <li>2:00 Finishing Lines</li> <li>2:30 Resident's Council</li> <li>*Resident's Council*</li> <li>3:00 Individualized Activities</li> <li>3:30 Bible Study (B:LR)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	26 Ash Wednesday 9:15 Workout Wednesday 10:00 Performance by Dann Pell (CC) 10:00 Chair Ballet (C:LR) 10:30 Adult Coloring Pages 11:00 I Love Lucy 1:30 Cranium Crunches 2:00 Card Games 2:30 Musical Memories 3:00 Individualized Activities Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>27</li> <li>9:30 Parachute Play</li> <li>10:00 Baking Club</li> <li>10:30 Making Bird Feeders</li> <li>11:00 Reminisce to Remember</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Balloon Volleyball</li> <li>2:30 Matching Games &amp; Puzzles</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>28</li> <li>9:30 Manicures &amp; Hand Massages</li> <li>9:30 Musical Memories</li> <li>10:00 Gardening Group</li> <li>10:30 Sit &amp; Stretch</li> <li>11:00 Fitness Class with Carl</li> <li>Miranda (C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Puzzles and Games</li> <li>2:00 Ice Cream Social (C)</li> <li>2:30 Friday Film</li> <li>3:00 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>29</li> <li>9:15 Saturday Sit &amp; Be Fit</li> <li>9:45 Games and Puzzles</li> <li>10:15 Adult Coloring Pages</li> <li>10:45 Can You Name Five?</li> <li>11:00 The Golden Girls</li> <li>1:30 Balloon Volleyball</li> <li>2:00 Finishing Lines</li> <li>2:30 Sensory Stimulation</li> <li>2:30 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>4:00 Large Crossword Puzzle (C)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>
Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion *Programs are subject to change.			MY HUG RE LO	ALL ALL MINE SUPE ALL MINE SUPE ALL MINE SUPE ALL MINE		Family and friends are always welcome to join in! Please don't hesitate to contact <b>Emily Walker</b> , <i>Mem-</i> <i>ory Care Program Co-</i> <i>ordinator</i> , with any questions at 610-382- 6836 or at ewalker@shannondell. com!





## Chatham C Activities February

Ì	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (C:LR) 2nd Floor Living Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion *Programs are subject to change.	Family and friends are always welcome to join in! Please don't hesitate to contact <b>Emily Walker</b> , <i>Mem- ory Care Program Co- ordinator</i> , with any questions at 610-382- 6836 or at ewalker@shannondell. com!			Hello, Februar	
-3	<ul> <li>2 Groundhog Day/Super Bowl LIV</li> <li>9:30 Performance by Bill Long (A)</li> <li>10:00 Sensory Stimulation</li> <li>10:30 Catholic Communion (C:LR)</li> <li>11:00 Football Coloring Pages</li> <li>1:30 Adult Coloring Pages</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>4:00 Super Bowl Kick Off Show on TV</li> <li>6:30 Super Bowl LIV! Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	3 9:30 Coffee & Conversation 10:00 Walking Club 10:30 Look Who's Dancing Aerobics (A) 11:00 The Price is Right (Ch. 3) 1:30 Men's Group with Sim (B:L) 1:30 Cranium Crunches 2:30 BINGO (C) 2:30 Matching Games and Ba- nanagrams 3:00 Individualized Activities Tune into Channel 67 nightly for TV Land movies and shows!	4 Rosa Parks Anniversary 9:30 Tone it Up Tuesday 10:00 Finishing Lines with Anita 10:00 Ben Soffer Presentation (C) 10:30 Tea with the Purple Petal's (A) 11:00 Men's Club with Lakie (C:LR) 11:00 Pet Therapy w/ Bailey 1:00 Art Class (B) 2:00 Finishing Lines 3:00 Individualized Activities 3:30 Bible Study (B:LR) Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>5</li> <li>9:30 Workout Wednesday</li> <li>10:00 Craft Corner</li> <li>11:00 Cognitive Kit: Valentines Day (C:LR)</li> <li>1:30 Balloon Volleyball</li> <li>2:00 Walking Club</li> <li>2:30 Band Performance: Musical Friends (C:LR)</li> <li>3:00 Individualized Activities</li> <li>6:00 Painting Class: Ceramic Heart Trinket Boxes (C)</li> <li>Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	<ul> <li>6</li> <li>9:30 Octaband Exercises</li> <li>9:30 Living Poetry Group (C)</li> <li>10:00 Categories</li> <li>10:30 Chicken Soup for the</li> <li>Soul Readings</li> <li>11:00 Adult Coloring Pages</li> <li>1:30 Matching Games</li> <li>2:00 Afternoon Walking Club</li> <li>2:30 Music Appreciation Lecture: Jeff Uhlig (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>7 Wear Red Day</li> <li>9:30 Manicures &amp; Hand Massages</li> <li>9:30 Kisses Sweet Spa (CC)</li> <li>10:00 Dr. Steve's Egypt Lecture (C:LR)</li> <li>11:00 Shabbat Service w/ Irv (B:L)</li> <li>1:30 Puzzles and Games</li> <li>2:00 Ice Cream Social (C)</li> <li>2:30 Friday Film</li> <li>3:00 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>3:00 Pet Therapy with Jackson</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>
	<ul> <li>9</li> <li>9:30 Coffee &amp; Conversation</li> <li>10:00 Puzzles &amp; Games</li> <li>10:30 Catholic Communion</li> <li>(C:LR)</li> <li>11:00 Adult Coloring Pages</li> <li>11:00 The Andy Griffith Show</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>10 Muffin Monday</li> <li>10:00 Walking Club</li> <li>10:30 Look Who's Dancing</li> <li>Aerobics (C:LR)</li> <li>11:00 The Price is Right (Ch.</li> <li>3)</li> <li>1:00 Muffin Baking (C)</li> <li>1:30 Cranium Crunches</li> <li>2:30 BINGO (C)</li> <li>2:30 Matching Games and Bananagrams</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>11</li> <li>9:30 Tone it Up Tuesday</li> <li>10:00 Finishing Lines with Anita</li> <li>10:30 Tea with the Purple Petal's</li> <li>(A)</li> <li>10:30 Men's Club with Lakie</li> <li>(C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:00 Art Class (B)</li> <li>2:00 Finishing Lines</li> <li>3:00 Individualized Activities</li> <li>3:30 Bible Study (B:LR)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	12 Lincoln's Birthday/Jell-O Day! 9:30 Workout Wednesday 10:00 Craft Corner 11:00 Cognitive Kit: Washing- ton & Lincoln (C:LR) 1:30 Balloon Volleyball 2:30 Sing Along (C:LR) 3:00 Individualized Activities 3:30 Movie Matinee & Jell-O Treats 6:30 Sweetheart Social: Per- formance by Kevin Galm (C:LR) Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>13</li> <li>9:30 Octaband Exercises</li> <li>10:00 Categories</li> <li>10:30 Create Your Own Valentine's Day Card</li> <li>11:00 Adult Coloring Pages</li> <li>1:30 Matching Games</li> <li>2:00 Afternoon Walking Club</li> <li>2:30 Music &amp; Aromatherapy</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>14 Happy Valentine's Day!</li> <li>9:30 Manicures &amp; Hand Massages</li> <li>10:30 Valentine's Day Treat</li> <li>11:00 Fitness Class with Carl Miranda (C:LR)</li> <li>1:00 Fresh Flower Arranging (B)</li> <li>1:30 Romantic Film Friday</li> <li>2:00 Ice Cream Social (C)</li> <li>2:30 E-Z Heart Craft</li> <li>3:00 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>3:00 Pet Therapy with Jackson</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>



### **Saturday**

1 African American History Month Begins 9:15 Saturday Sit & Be Fit 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:45 Can You Name Five? 11:00 The Golden Girls 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:00 Individualized Activities 4:00 Large Crossword Puzzle (C) Tune into Channel 67 nightly for TV Land movies and shows! 8 Celebrate Mind Games Month 9:15 Saturday Sit & Be Fit 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:45 Can You Name Five? 11:00 The Golden Girls 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation 2:30 BINGO (C) 3:00 Individualized Activities 4:00 Large Crossword Puzzle (C) Tune into Channel 67 nightly for TV Land movies and shows! 15 9:15 Saturday Sit & Be Fit 9:45 Games and Puzzles 10:15 Adult Coloring Pages 10:45 Can You Name Five? 11:00 The Golden Girls 1:00 Oldies Movie of Choice with Snacks (C:LR) 1:30 Balloon Volleyball 2:00 Finishing Lines 2:30 Sensory Stimulation

Puzzles and Games Ice Cream Social (C) Friday Film BINGO (C) Individualized Activities Pet Therapy with Jackson into Channel 67 nightly for and movies and shows! appy Valentine's Day! Manicures & Hand Mas-Valentine's Day Treat Fitness Class with Carl nda (C:LR) Fresh Flower Arranging (B) Romantic Film Friday Ice Cream Social (C) E-Z Heart Craft 2:30 BINGO (C) BINGO (C) 3:00 Individualized Activities Individualized Activities 4:00 Large Crossword Puzzle Pet Therapy with Jackson (C) into Channel 67 nightly for Tune into Channel 67 nightly for and movies and shows! TV Land movies and shows!

# <u>Charcham C Activities February 2020</u>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>16</li> <li>9:30 Performance by Bill Long (CC)</li> <li>10:30 Catholic Communion (C:LR)</li> <li>10:30 Puzzles &amp; Games</li> <li>11:00 Adult Coloring Pages</li> <li>11:00 The Andy Griffith Show</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>17 Presidents Day</li> <li>9:30 Coffee &amp; Conversation</li> <li>10:00 Sit &amp; Stretch</li> <li>10:30 Look Who's Dancing Aerobics (A)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Pet Therapy with Star</li> <li>1:30 Rev. Hollaman: Afternoon</li> <li>Devotion Service (B:LR)</li> <li>2:30 BINGO (C)</li> <li>2:30 Matching Games and Bananagrams</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>18 First Ladies Day</li> <li>9:30 Tone it Up Tuesday</li> <li>10:00 Finishing Lines with Anita</li> <li>10:30 Tea with the Purple Petal's</li> <li>(A)</li> <li>10:30 Men's Club with Lakie</li> <li>(C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>11:00 Pet Therapy w/ Bailey</li> <li>1:00 Art Class (B)</li> <li>2:30 Movie Matinee: Grease! (C:LR)</li> <li>3:00 Individualized Activities</li> <li>3:30 Bible Study (B:LR)</li> <li>Tune into Channel 67 nightly for TV</li> <li>Land movies and shows!</li> </ul>	<ul> <li>19</li> <li>9:30 Workout Wednesday</li> <li>10:00 Craft Corner</li> <li>11:00 Mass with Father Shea</li> <li>(C:LR)</li> <li>1:30 Cranium Crunches</li> <li>2:00 Walking Club</li> <li>2:30 Sing Along (C:LR)</li> <li>3:00 Individualized Activities</li> <li>6:30 Monthly Birthday Performance by Jay Daniels</li> <li>(C:LR)</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and shows!</li> </ul>	20 9:30 Living Poetry Group (C) 9:30 Octaband Exercises 10:00 Brain Games 10:30 Reminisce to Remember 11:30 Game Show Network 1:30 Sensory Stimulation 2:00 Afternoon Walking Club 2:30 Christian Life Group (B) 3:00 Individualized Activities 4:00 Music with Methacton High School Group (C:LR) Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>21</li> <li>9:30 Manicures &amp; Hand Massages</li> <li>9:30 Musical Memories</li> <li>10:30 Sit &amp; Stretch</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Puzzles and Games</li> <li>2:00 Ice Cream Social (C)</li> <li>2:30 Friday Film</li> <li>3:00 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>3:00 Pet Therapy with Jackson</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>22</li> <li>9:15 Saturday Sit &amp; Be Fit</li> <li>9:45 Games and Puzzles</li> <li>10:15 Adult Coloring Pages</li> <li>10:45 Can You Name Five?</li> <li>11:00 The Golden Girls</li> <li>1:30 Balloon Volleyball</li> <li>2:00 Finishing Lines</li> <li>2:30 Sensory Stimulation</li> <li>2:30 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>4:00 Large Crossword Puzzle (C)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>
<ul> <li>23</li> <li>9:30 Coffee &amp; Conversation</li> <li>10:00 Puzzles &amp; Games</li> <li>10:30 Catholic Communion</li> <li>(C:LR)</li> <li>11:00 Adult Coloring Pages</li> <li>11:00 The Andy Griffith</li> <li>Show</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Pet Therapy with Lucy</li> <li>2:00 Movie Matinee (C:LR)</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>24</li> <li>9:30 Coffee &amp; Conversation</li> <li>10:00 Walking Club</li> <li>10:30 Look Who's Dancing Aerobics (C:LR)</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:30 Cranium Crunches</li> <li>1:30 Chocolate Treats &amp; Music (C)</li> <li>2:30 BINGO (C)</li> <li>2:30 Matching Games and Bananagrams</li> <li>3:00 Individualized Activities</li> <li>4:00 Men's Group Documentary of Choice (C:LR)</li> <li>Tune into Channel 67 nightly for TV Land movies and shows!</li> </ul>	<ul> <li>25 Mardi Gras</li> <li>9:30 Tone it Up Tuesday</li> <li>10:00 Finishing Lines with Anita</li> <li>10:30 Mardi Gras Social &amp; Performance by Greg Albert! (C:LR)</li> <li>No Men's/Women's Groups Today!</li> <li>11:00 The Price is Right (Ch. 3)</li> <li>1:00 Art Class (B)</li> <li>2:00 Finishing Lines</li> <li>2:30 Resident's Council</li> <li>*Resident's Council*</li> <li>3:00 Individualized Activities</li> <li>3:30 Bible Study (B:LR)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	26 Ash Wednesday 10:00 Performance by Dann Pell (CC) 10:00 Chair Ballet (C:LR) 10:30 Adult Coloring Pages 11:00 I Love Lucy 1:30 Cranium Crunches 2:00 Card Games 2:30 Workout Wednesday 3:00 Individualized Activi- ties Tune into Channel 67 nightly for TV Land movies and shows!	<ul> <li>27</li> <li>9:30 Octaband Exercises</li> <li>10:00 Brain Games</li> <li>10:30 Reminisce to Remember</li> <li>11:30 Game Show Network</li> <li>1:30 Sensory Stimulation</li> <li>2:00 Balloon Volleyball</li> <li>2:30 Matching Games &amp; Puzzles</li> <li>3:00 Individualized Activities</li> <li>Tune into Channel 67 nightly</li> <li>for TV Land movies and</li> <li>shows!</li> </ul>	<ul> <li>28</li> <li>9:30 Manicures &amp; Hand Massages</li> <li>9:30 Musical Memories</li> <li>10:30 Walking Club</li> <li>11:00 Fitness Class with Carl</li> <li>Miranda (C:LR)</li> <li>1:00 Fresh Flower Arranging (B)</li> <li>1:30 Puzzles and Games</li> <li>2:00 Ice Cream Social (C)</li> <li>2:30 Friday Film</li> <li>3:00 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>3:00 Pet Therapy with Jackson</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>	<ul> <li>29</li> <li>9:15 Saturday Sit &amp; Be Fit</li> <li>9:45 Games and Puzzles</li> <li>10:15 Adult Coloring Pages</li> <li>10:45 Can You Name Five?</li> <li>11:00 The Golden Girls</li> <li>1:30 Balloon Volleyball</li> <li>2:00 Finishing Lines</li> <li>2:30 Sensory Stimulation</li> <li>2:30 BINGO (C)</li> <li>3:00 Individualized Activities</li> <li>4:00 Large Crossword Puzzle (C)</li> <li>Tune into Channel 67 nightly for</li> <li>TV Land movies and shows!</li> </ul>
Location Key (A) Avondale/Lower Level (B) 1st Floor Activity Room (B:L) 1st Floor Library (B:LR) 1st Floor Living Room (C) 2nd Floor Activity Room (CC) 2nd Floor C Wing Red = Entertainment/Special Event Green = Trip Blue = BEO Purple = Pet Therapy Pink = Religion *Programs are subject to change.						Family and friends are always welcome to join in! Please don't hesitate to contact <b>Emily Walker</b> , <i>Mem-</i> <i>ory Care Program Co-</i> <i>ordinator</i> , with any questions at 610-382- 6836 or at ewalker@shannondell. com!



