




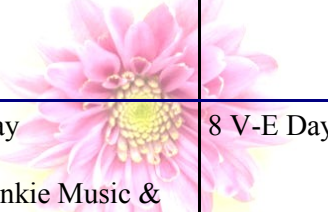



May 2021 Berwyck~Avondale Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 First Day of May <div style="border: 1px solid black; padding: 5px; text-align: center;">Please Call Ext 5409 or 6846 with questions and requests</div>
2 World Laughter Day <div style="border: 1px solid black; padding: 5px; text-align: center;">Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian Song & Scripture on Ch 19 & Ch 287 every day</div>	3 Frankie Valli Birthday b 1934 9:00 Morning Stretches with Staff & Frankie Valli Music (Avondale Living Rm) 9:30 Avondale Manicures & Facials (Avondale Living Room) 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 1:30—4:00 Berwyck Manicures & Facials with Aromatherapy and Meditation (Berwyck Living Rm)	4 Fire Fighters Day 9:00 Avondale Musical Sing A Long & Chair Dancing (Avondale Living Rm) 9:30 Residential Debate “You be the Judge Game” (Avondale) 10:30 Ball Toss (Avondale) 11:00 Fresh Air & Friends (Avondale Garden) 10:30 Berwyck Silver Bridge Group—(Berwyck Living Rm) 11:00 Window Visits with Diesel 1:30 Berwyck Art Class— Limit 2 Residents 2:15 Berwyck Bingo 3:00 Fresh Air & You be the Judge Game on the Balcony	5 Cinco De Mayo 9:00 Purple Petals—Spanish Language Class (Avondale Sun Rm) 9:30 Mexican Salsa Music and Chair Dancing (Avondale) 10:30 Walking Trivia Club to Garden (Avondale) 11:00 Look Who’s Dancing In Avondale Garden 11:00 Window Visits with Dyson 2:00 Berwyck Fiesta Tattoos! (Berwyck Living Rm) 2:00 Avondale Happy Hour with Jo (Avondale) 3:00 Cinco de Mayo Celebration, Trivia, & Lite Snacks/ Refreshments (Berwyck Balcony)	6 Bubbles Day 9:00 Avondale Bingo (Avondale Living Rm) 10:00 Foam Leis Making (Avondale Living Rm) 11:00 Bubbles Outside (Avondale) 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 1:30 Berwyck A,B,C Giant Sudoku (Berwyck Living Rm) 2:30 Seated Exercise Class with Melissa (Berwyck Living Rm) 3:00 Berwyck Bingo (Living Room or Outside– weather permitting)	7 Romantic Music Day 9:00 Fridays with Frankie Music & Dancing (Avondale Living Rm) 9:30 Name Five—Music (Avondale) 10:00 Visor Decorating (Avondale) 10:30 Berwyck Silver Bridge Group—(Berwyck Living Rm) 1:30 Ice Cream Social (Berwyck Living Room/Balcony) 2:30 Conversation Group on the Balcony (Berwyck) 3:30 Romantic Music Movie : Residents Choice (Berwyck Living Rm)	8 V-E Day
9 Mothers Day 	10 Etiquette Day 9:00 Morning Stretches with Staff (Avondale Living Rm) 9:30 Miss Manners Column Discussion Group (Avondale) 10:00 Avondale Manicures & Classic Movie (Avondale Living Room) 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 11:00 Window Visits and Dog Tricks with Basil 1:30 Manners & Manicures with a Movie (Berwyck) 3:30 Ice Tea on the Balcony (Berwyck)	11 National Nursing Home Day 9:00 Gilligan's Island (Avondale Living Rm) 9:30 Luau Coloring (Avondale) 10:30 Berwyck Silver Bridge & Gunner Group—(Berwyck Living Rm) 2:30 Adventure Movie—Residents choice (Avondale Living Rm)	12 Nurses Day & Florence Nightingale Day 9:00 Purple Petals - Who Was Florence Nightingale? (Avondale) 9:30 Avondale Exercise Class (Avondale Living Rm) 10:00 Thank you Cards for Nursing (Avondale) 11:00 Look Who’s Dancing In Avondale Garden 2:00 Avondale Happy Hour with Jo (Avondale) 2:00 Jewelry Club—Hawaiian Leis Making (Berwyck) 3:00 Apple Card Writing for Nursing Staff (Berwyck Living Rm)	13 Hummus Day 9:00 Avondale Bingo (Avondale Living Rm) 10:00 Hibiscus Flower Coloring (Avondale Living Rm) 11:00 Hummus Snack in Garden & Reminisce Group (Avondale) 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 1:30 Berwyck A,B,C Giant Sudoku (Berwyck Living Rm) 2:00 Horticulture Therapy in Courtyard (Berwyck) 3:30 Horticulture Therapy in Courtyard (Avondale)	14 Hawaiian Luau 9:00 Fridays with Frankie Music & Dancing (Avondale Living Rm) 9:45 Hand Massages Aromatherapy & Meditation (Avondale Living Rm) 10:15 Travel Reminisce (Avondale) 11:00 Travel Hawaii on You tube (Avondale) 10:30 Berwyck Silver Bridge Group—(Berwyck Living Rm) 1:30 Luau (Meadows Courtyard) 2:00 Pet Therapy with Abby (Courtyard) 2:00 David Gregory Hawaiian Concert (Meadows Courtyard)	15 Armed Forces Day & Chocolate Chip Day

MAY 2021 BERWYCK-AVONDALE ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 Love a Tree Day	17 Song Lyrics Day 9:00 Morning Stretches with Staff (Avondale Living Rm) 9:30 Avondale Manicures & Finishing the Lyrics (Living Room) 10:30 Patriotic "Sing A Long" Avondale Living Rm 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 1:15 Berwyck Manicures & Aromatherapy (Berwyck Living Room) 3:15 Visor Decorating (Berwyck Living Rm)	18 Senior Citizen Day 9:00 Music & Movement, Avondale) 10:00 Tea Party (Avondale) 11:00 Sunglasses Bedazzling (Avondale) 10:30 Berwyck Silver Bridge Group—(Berwyck Living Rm) 1:30 Berwyck Art Class— Limit 2 Residents 1:30 Driving Miss Daisy Movie (Berwyck Living Rm) - I 2:00 Memory Care Concert—Pete & Ted (Meadows Courtyard) 2:00 Pet Therapy in Courtyard with Abby 3:30 Berwyck Bingo (Berwyck)	19 Ice Cream in the White House Anniversary 1810 9:00 Horoscopes (Avondale Living Rm) 9:30 Balloon Toss (Avondale Living Rm) 10:30 Ice Cream in the White House Trivia (Avondale Living Rm) 11:00 Look Who's Dancing In Avondale Garden 1:30 Berwyck Bird House Painting Craft (Berwyck Living Rm) 2:00 Avondale Happy Hour with Jo (Avondale) 3:00 Berwyck Ice Cream & White House Trivia (Berwyck Balcony)	20 Pick Strawberries Day 9:00 Avondale Bingo (Avondale Living Room) 10:00 Painted Bird Houses (Avondale Living Rm) 11:00 Strawberry Snack & Facts (Avondale Garden) 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 1:30 Berwyck A,B,C Giant Sudoku (Berwyck Living Rm) 2:15 Berwyck Seated Exercise & Bingo (Berwyck Living Rm) 3:30 Fresh Air & Friends (Balcony)	21 Pizza Party Day 9:00 Fridays with Frankie Music and Movement (Avondale) 9:30 Personal Pizza Making (Avondale Act Rm) 10:30 Pizza Baking & Frank Sinatra DVD 10:30 Berwyck Silver Bridge Group—(Berwyck Living Rm) 1:30 You be the Judge (Berwyck Living Rm) 3:00 Berwyck Pizza on the Porch (Berwyck Balcony)	22 "It's a Beautiful Day in the Neighborhood"
23 World Turtle Day	24 Bob Dylan Birthday b 1941 9:00 Morning Stretches with Bob Dylan Music (Avondale Living Rm) 9:30 Avondale Manicures & Bob Dylan Concert (Avondale Living Room) 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 11:00 Window Visits and Dog Tricks with Basil 1:30 Berwyck Manicures-Balcony 3:00 Ice Tea & Mocktails Social (Berwyck Balcony)	25 National Tap Dance Day 9:00 Avondale Musical Sing A Long, & Chair Tapping (Avondale Living Rm) 9:30 Famous Tap Dancing Scenes You tube (Avondale) 10:00 "Hanging Paper Flower Craft Kits (Avondale) 10:30 Berwyck Silver Bridge Group—(Berwyck Living Rm) 11:00 Window Visits with Bailey 1:30 Berwyck Seated Exercise & Bingo (Berwyck Living Rm) 3:30 Swing Time DVD (Berwyck)	26 National Senior Health & Fitness Day 9:00 Purple Petals—Name Five: Health Topics (Avondale Living Rm) 9:45 Walking Club (Avondale) 10:30 Self Care Affirmations & Sunshine (Avondale Garden) 11:00 Trivia (Avondale Garden) 2:00 Avondale Happy Hour with Jo (Avondale) 2:00 Berwyck Smoothie Making on the Balcony (Berwyck Balcony) 3:00 Fresh Air & Friends (Balcony)	27 Trivia Thursday 9:00 Avondale Bingo (Avondale Living Rm) 10:00 Ball Toss (Avondale) 10:30 Useless Trivia (Avondale Living Rm) 10:30 Berwyck Gold Bridge Group—(Berwyck Living Rm) 1:30 Berwyck A,B,C Giant Sudoku (Berwyck Living Rm) 2:15 Berwyck Seated Exercise & Bingo (Berwyck Living Rm) 3:30 Ice Tea on the Porch (Berwyck Living Rm)	28 Bermuda Day 9:00 Fridays with Frankie Music and Movement (Avondale) 9:30 Sinatra Finishing the Lines (Avondale) 10:00 Fun Frank Facts (Avondale) 10:30 Berwyck Silver Bridge Group—(Berwyck Living Rm) 1:30 Travel Group (Berwyck Living Rm) 2:30 Ceramic Flower Painting (Berwyck (Living Rm) 3:00 Travel DVD (Berwyck LR)	29 "Thanks for the Memories Day" Bob Hope's Birthday b 1903
30 Indianapolis 500	31 Memorial Day! Please request supplies from nursing! Patriotic crafts & packets available. Tune into Ch 98 for Activities Programming during the day! Happy Memorial Day!					



The Meadows
AT
SHANNONDELL