




May 2021 ~ 1st & 4th Fl ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 First Day of May <div>Please Call Ext 5409 or 3496 with questions and requests</div>
2 World Laughter Day <div>Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian Song & Scripture on Ch 19 & Ch 287 every day</div>	3 Frankie Valli Birthday b 1934 9:30 All Units—Activities Promotion (Hallways) 10:00 1C Manicures & Frankie Valli Music & Trivia (1st Fl Act Rm) 1:30 4B Manicures & Frankie Valli Music and Trivia (4th Fl Act Rm) 3:30 4C Manicures Frankie Valli Music and Trivia (4th Fl Act Rm)	4 Fire Fighters Day 9:30 4B 1:1 Visits 10:30 1C “You be the Judge” on the Front Porch 10:30 Window Visits with Diesel 1:30 4B Hidden Treasure Box Project (4th Fl Act Rm) 3:00 4C Hidden Treasure Box Project (4th Fl Act Rm)	5 Cinco De Mayo 9:30 4C 1:1 Visits 10:00 1C Spanish Language Class & Sombrero Ring Toss (1st FL Act Rm) 10:45 1C Fiesta Tattoos & Bingo (1st Fl Act Rm) 10:30 Window Visits with Dyson 1:30 4B & 4C Floor Seated Exercise & Bingo (4th Fl Act Rm) 2:30 4th Floor—Cinco De Mayo Celebration with Music, Snacks & Drinks (4th Fl Living Rm)	6 Bubbles Day 9:30 1:1 Visits 10:00 1C Bubble Flower Painting Craft (1st Fl Act Rm) 11:00 Front Porch—Fresh Air & Friends (1C) 1:30 4B & 4C Bubble Blowing off the Balcony 2:00 Conversation Club (4th Floor Living Rm/ Balcony) 2:45 4B & 4C Bubble Flower Craft (4th Fl Act Rm)	7 Romantic Music Day 9:30 1:1 Visits 10:00 1C Visor Decorating (1st Fl Act Rm) 11:00 Name Five—Romance (1st Fl Act Rm) 2:00 Wine & Cheese Social (4th Floor Living Rm) 3:00 Romantic Reminisce Group (4th Fl Act Rm)	8 V-E Day
9 Mothers Day 	10 Etiquette Day 9:30 1C 1:1 10:00 1C Manicures Miss Manners Column Discussion (1st Fl Act Rm) 1:15 4B Manicures Miss Manners Column Discussion (4th Fl Act Rm) 2:30 4C Manicures Miss Manners Column Discussion (4th Fl Act Rm)	11 National Nursing Home Day 9:30 4B 1:1 Visits 10:30 1C Independent Activity Packet 10:30 Window Visits with Bailey 2:00 Residents Choice Movie in Theater (4th Fl)	12 Nurses Day & Florence Nightingale Day 9:30 4C 1:1 Visits 10:00 1C Nursing Thank You Cards (1st Fl Act Rm) 10:30 1C Seated Exercise & Bingo (1st Fl Act Rm) 1:00 4B Nursing Coloring Thank You's (4th Fl Act Rm) 1:30 4B Seated Exercise & Bingo (4th Fl) 3:00 4C Nursing Coloring Thank You's(4th Fl Act Rm) 3:30 4C Seated Exercise & Bingo (4th Fl Act Rm)	13 Hummus Day 9:30 1:1 Visits 10:00 1C Trivial Pursuit Quiz (1st Fl Act Rm) 11:00 Hummus Snack on the Front Porch (1C) 2:00 Hummus is Yummus Social (4th Fl Living Rm) 3:00 Trivial Pursuit Quiz Game (4th Fl Living Rm)	14 Funny Friday 9:30 1:1 Visits 10:00 1C Jokes with Adrienne (1st Fl Act Rm) 10:30 Video Chat with a Veteran (1stFlAct) 1:30 4B Ice Cream Sundae Social & Funny Scenarios (4th Fl Act Rm) 3:00 Ice Cream Sundae Social & Funny Scenarios (4th Fl Act Rm) 4:00 Rolling Ice Cream Cart - 1C	15 Armed Forces Day & Chocolate Chip Day


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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 Love a Tree Day	17 Song Lyrics Day 9:30 1:1 Visits 10:30 1C Manicures & Finish the Lyrics Game (1st Fl Act Rm) 1:30 4B Manicures & Finish the Lyrics (4th Fl Act Rm) 2:45 4C Manicures & Presidents Finish the Lyrics (4th Fl Act Rm)	18 Senior Citizen Day 9:30 4B 1:1 Visits 10:30 1C Sunglasses Decorating (1st Fl Act Rm) 11:15 Fresh Air & Ice Tea on the Front Porch (1C) 1:30 4B Sunglasses & Visor Crafts (4th Fl Act Rm) 3:00 4C Sunglasses & Visor Crafts (4th Fl Act Rm)	19 Luau Day 10:00 1C Hawaiian Coloring & Travel Hawaii Video (1st Fl Act Rm) 10:30 1C Seated Exercise & Bingo (1st Fl Act Rm) 2:00 Luau Party in the Courtyard! 2:30 Special Performance with Music & Friends (Rehab Courtyard)	20 Pick Strawberries Day 9:30 1C 1:1 Visits 10:00 Strawberry Smoothie Making (1st Fl Act Rm) 1:30 Strawberries Snack with 1960's Remember when (4th Fl Living Room) 3:00 Music & Trivia on the Balcony (4th Fl)	21 Pizza Party Day 9:30 1:1 Visits 10:30 Pizza Making! (1st Fl Act Rm) 1:30 Residents Choice Movie (Theater) 2:00 4th Floor Card Group (4th Fl Living Rm) 3:00 4th Floor Pizza Snack (4th Fl Living Rm)	22 "It's a Beautiful Day in the Neighborhood"
23 World Turtle Day	24 Bob Dylan Birthday b 1941 9:30 1:1 Visits 10:30 1C Manicures & Bob Dylan Concert (1st Fl Act Rm) 1:30 4B Manicures & Bob Dylan Concert (4th Fl Act Rm) 2:45 4C Manicures & Bob Dylan Concert (4th Fl Act Rm)	25 National Tap Dance Day 9:30 4B 1:1 Visits 10:00 1C "Painted Box Project (1st Fl Act Rm) 11:00 Famous Tap Dance Scenes on TV (1C) 10:30 Window Visits with Bailey 2:00 4B & 4C Tap Dance & Free Spirit Water Color Painting (4th Fl)	26 National Senior Health & Fitness Day 9:30 4C 1:1 Visits 10:30 Chair Dancing Class (1st Fl Act Rm) 11:00 Bingo (1st Fl Act Rm) 1:30 4B Seated Exercise & Bingo served with Healthy Snacks (4th Fl Act Rm) 2:45 4C Seated Exercise & Bingo served with Healthy Snacks (4th Fl Act Rm)	27 Trivia Thursday 9:30 1:1 Visits 10:00 1C Bird House Painting & Useless Trivia (1st Fl Act Rm) 1:30 4B Bird House Painting & Useless Trivia (4th Fl Act Rm) 3:15 Bird House Painting & Useless Trivia (4th Fl Act Rm)	28 Bermuda Day 9:30 1:1 Visits 10:00 1C Finishing Touches on Birdhouses (1st Fl Act Rm) 11:00 1C Ice Tea on Porch with Travel Group Reminisce (1st Fl Act Rm) 1:30 4B Bird Houses & Ice Cream Social (4th Living Rm) 3:00 4C Bird Houses and Ice Cream Social (4th Fl Living Rm)	29 "Thanks for the Memories Day" Bob Hope's Birthday b 1903
30 Indianapolis 500	31 Memorial Day! Please request supplies from nursing! Patriotic crafts & packets available. Tune into Ch 98 for Activities Programming during the day! Happy Memorial Day!			<div>  <p>The Meadows</p> <p>AT</p> <p>SHANNONDELL</p> </div>		

May 2021 Chatham~CC ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Catholic service on TV every day EWTN Ch 291 8am & 12 noon</div> <div>Christian Song & Scripture on Ch 19 & Ch 287 every day</div>						1 Kentucky Derby Day <div>Please Call Ext 5409 or 6846 with questions and requests</div>
2 World Laughter Day	3 Frankie Valli Birthday b 1934 9:30 Chair Dancing with Frankie Valli Music (CC) 10:00 Purple Petals Chatham C—May Trivia (Chatham C Living Rm) 10:30 Chatham C Manicures & Jersey Boy Movie (Chatham C Living Rm) 1:15 Chatham B Manicures (Chatham Activity Rm) 3:00 Chatham A Manicures (Chatham Activity Room)	4 Firefighters Day 9:30 Chatham C Show & Tell (Chatham C Living Room) 10:00 Finish the Lines (Chatham C Living Rm) 10:15 Balloon Volleyball (CC Living Rm) 10:45 “Walk the Line” Movie 11:00 Chatham A & B Sudoku (Chatham Living Rm) 11:00 Window Visits with Diesel 2:15 Chatham Evens Seated Exercise & Bingo (Chatham Act Rm) 3:30 Chatham Odds Seated Exercise & Bingo (Chatham Act Rm)	5 Cinco De Mayo 9:30 Chatham C Maracas Shaking and Mexican Music (CC Sun Rm) 10:00 Spanish Language Class (CC) 10:30 Guitar Coloring (Chatham C Living Rm) 11:00 Window Visits with Dyson 11:30 Touring Mexico on YouTube CC 1:30 Build Your Own Sombrero & Cinco De Mayo Trivia (Chatham Act Rm) 3:00 Cinco De Mayo Fiesta : Chatham A & B (Chatham Activity Rm)	6 Bubbles Day 9:30 Chatham C Seated Exercise (Chatham C Living Rm) 10:00 CC Bingo (Chatham Living Rm) 10:00 Bubble Popping (CC) 11:00 Window Visits with Abby 1:30 Chatham Odds Seated Exercise & Bingo (Chatham Activity Rm) 3:15 Chatham Evens Seated Exercise & Bingo (Chatham Activity Rm)	7 Romantic Music Day 9:30 Chatham C Fridays with Frankie— Sing A Long & Chair Dancing (Chatham C Living Rm) 10:00 CC Musical Painting (Chatham C Living Rm) 11:15 La La Land Movie (CC) 2:00 Chatham First Friday Ice Cream Social (Chatham Living Room) 3:00 La La Land Movie (Chatham Living Rm)	8 V-E Day
9 Mother’s Day 	10 Etiquette Day 9:30 Morning Stretches with Staff (CC) 10:00 Purple Petals Chatham C—Miss Manners Column (Chatham C Living Rm) 10:30 Chatham C Manicures & Devil Wears Prada Movie (Chatham C Living Rm) 11:30 Window Visits & Tricks with Basil 1:15 Chatham B Manicures (Chatham Activity Rm) 3:00 Chatham A Manicures (Chatham Activity Room)	11 National Nursing Home Day 9:30 Chatham C Classic Island Movie (CC Living Rm) 11:00 Window visits with Gunner & Bailey 1:30 Residents Choice Movie (Independent) Chatham Living Rm)	12 Nurses Day & Florence Nightingale Day 9:30 Chatham C Card Making for the Nursing Staff (Chatham C Living Rm) 10:00 Who Am I? Florence Nightingale (CC Living Rm) 10:30 Balloon Toss (Chatham Living Rm) 11:00 Bird Watching & I Spy (Chatham Sun Room) 1:30 Chatham A & B—Card Making for Nursing Staff— (Chatham Activity Rm) 3:00 Ice Cream Sundaes for Residents and Staff (Chatham Activity Rm)	13 Hummus Day 9:30 Chatham C Seated Exercise (Chatham C Living Rm) 10:00 CC Bingo (Chatham Living Rm) 10:45 Hibiscus Flower Coloring (CC) 1:30 Chatham Odds Hummus & Bingo (Chatham Activity Rm) 3:15 Chatham Evens Seated Hummus & Bingo (Chatham Activity Rm)	14 Hawaiian Friday 9:30 Chatham C - Island Trivia (Chatham C Sun Room) 10:00 Hand Massages, Aromatherapy & Meditation Chatham C 11:00 Travel Hawaii on YouTube (CC) 2:00 Mushroom Clay Craft (Chatham Act Rm) 3:30 The Price is Right TV Game (Chatham Living Rm)	15 Armed Forces Day & Chocolate Chip Day

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 Love a Tree Day	17 Song Lyrics Day 9:30 Morning Stretches with Staff (CC) 10:00 Purple Petals Finish the Lyrics (Chatham C Living Rm) 10:00 Manicures & Sound of Music (Chatham C Living Rm) 1:15 Chatham B Manicures (Chatham Activity Rm) 3:00 Chatham A Manicures (Chatham Activity Room)	18 Senior Citizen Day 9:30 Chatham C Reminisce Group (50's Fashion) 10:00 Tea Social (Chatham C Living Rm) 10:30 Senior Citizens Discounts (CC) 11:00 Chatham A & B Sudoku (Chatham Living Rm) <u>2:00 Chatham C & Avondale Concert with Pet & Ted (Meadows Courtyard)</u> 3:30 Chatham Odds & Evens Bingo (Chatham Activity Rm)	19 Ice Cream in the White House Anniversary 1810 9:30 Chatham C—White House Trivia—Dolly Madison (Chatham C Living Rm) 10:00 Chatham C Patriotic Music & Movement (Chatham C Living Rm) 10:30 Bird House Painting (Chatham C Living Rm) 1:30 Chatham A Bird House Painting (Chatham Activity Rm) 3:30 Chatham B Bird House Painting (Chatham Activity Rm)	20 Pick Strawberries Day 9:30 Chatham C Seated Exercise & Bingo (Chatham C Living Rm) 10:30 Name Five Game (CC Living Rm) 11:00 Strawberry Snack & Facts (CC) 1:30 Chatham Odds Seated Exercise & Bingo with Strawberry Snack (Chatham Activity Rm) 3:15 Chatham Evens Seated Exercise & Bingo with Strawberry Snack (Chatham Activity Rm)	21 Pizza Party Day 9:30 Chatham C Fridays with Frankie— Sing A Long & Chair Dancing (Chatham C Living Rm) 10:00 Chatham C—Favorite Food Discussion (Chatham C Living Rm) 10:30 Frank Sinatra Concert for the Americas DVD (CC Living Rm) 2:00 Movie—Residents Choice Comedy (Chatham Living Rm) 3:00 Pizza Snack (Chatham Living Rm)	22 “It’s a Beautiful Day in the Neighborhood”
23 World Turtle Day	24 Bob Dylan Birthday b 1941 9:30 Morning Stretches with Bob Dylan Music (CC) 10:00 Purple Petals Chatham C— Flower Arranging (Chatham C Living Rm) 10:30 Chatham C Manicures & Bob Dylan Concert on You Tube (Chatham C Living Rm) 11:00 Window Visits with Basil - Agility Dog 1:15 Chatham B Manicures (Chatham Activity Rm) 3:00 Chatham A Manicures (Chatham Activity Room)	25 National Tap Dance Day 9:30 Chatham C Tap Dancing Chair Exercise (Chatham C Living Rm) 10:00 Chatham C Summer Coloring (CC Living Rm) 10:30 “Swing Time” Movie (CC Living Rm) 11:00 Window Visits with Bailey 1:30 Chatham Evens Seated Exercise & Bingo (Chatham Activity Rm) 3:15 Chatham Odds Seated Exercise & Bingo (Chatham Activity Rm)	26 National Senior Health & Fitness Day 9:30 Chatham C—Chair One Fitness Class on You tube (Chatham C Living Rm) 10:00 This or That—Foods (CC) 10:30 Smoothie Making (Chatham C Living Rm) 1:30 Chatham A & B—Chair One Exercise Class (Chatham Living Room) 2:15 Smoothie Making! (Chatham Living Rm) 2:45 “Heavy Weights” Movie and Smoothie Snack (Chatham Living Rm)	27 Trivia Thursday 9:30 CC Light Meditation & Body Stretches/ Chair Yoga (Chatham C Sun Rm) 10:00 1000 Random Trivia Facts (Chatham C Living Rm) 10:30 Bird Watching & Soothing Music (Chatham C Sun Rm) 1:30 Independent Trivia Sheets & Cranium Crunches (Chatham Activity Rm) 2:00 Chatham Odds Bingo (Chatham Act Rm) 3:30 Chatham Evens Seated Bingo (Chatham Activity Rm)	28 Bermuda Day 9:30 Chatham C - Melodies and Movement Circle! (Chatham C Sun Room) 10:00 CC Hand Massages and Aromatherapy (Chatham C Living Rm) 10:30 Have You Traveled There? Discussion Group (CC Sun Room) 11:00 Bermuda Travel Video (CC) 1:30 Ice Cream Sundaes (Chatham Living Room) 2:00 Travel Topics/ Bermuda Triangle Trivia—Group Discussion (Chatham Living Rm) 2:30 Tour The World DVD Chatham Living Rm)	29 “Thanks for the Memories Day” Bob Hope’s Birthday b 1903
30 Indianapolis 500	31 Memorial Day! Please request supplies from nursing! Patriotic crafts & packets available. Tune into Ch 98 for Activities Programming during the day! Happy Memorial Day!			<div>  <p>The Meadows</p> <p>AT</p> <p>SHANNONDELL</p> </div>		