

September 2021 ~Meadows Building ~ Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian Song & Scripture on Ch 19 & Ch 287 every day	Please Call Ext 5409 or 6846 with questions and requests	LOCATION KEY (A) - Avondale (C:LR) - 2nd FL Liv. Rm (C:ACT) - 2nd FL Activity Rm (C:B) Chatham Balcony (B:LR) - 1st FL Liv. Rm (B:ACT) - 1st FL Activity Rm (B:B) Berwyck Balcony (B:L) - 1st FL Library (I) - Independent Activity	1 Country Hits Day 9:30 Chatham C Country Hits Finish the Lyrics (CC&A) 10:00 September Gazette & Horoscopes (CC&A) 11:00 <u>Look Who's Dancing (Avondale)</u> (CC&A) 11:00 Wii Games (C:LR) 1:30 Chatham Book Club (C:LR) 1:30 Berwyck Book Club (B:LR) 2:30 Craft Corner (B:ACT)	2 Rock & Roll Hall of Fame Anniversary 9:30 Rock & Roll Chair Dancing (CC&A) 10:00 Rock & Roll Trivia (A) 10:30 <u>Entertainment with Tony Lombardi (Avondale)</u> 10:30 Berwyck Bridge Gold Group 11:00 Seated Exercise DVD (C:LR) (I) 2:00 <u>Happy Hour with Jo (Avondale)</u> 1:30 Berwyck Bingo (B:LR) 1:30 Chatham Bingo (C:ACT) 2:30 Bingo Prize Cart (B&C) 3:30 You be the Judge (C:ACT)	3 Fun Friday 9:30 Avondale Karaoke (A & CC-I) 10:00 Craft Corner with Melissa (A) 10:00 Residents Choice Movie (A) 10:30 Berwyck Bridge Silver Group 2:00 You be the Judge (B:LR) 3:00 Ice Cream Social (B:LR)	4 National Wildlife Day 9:30 Fitness Class (CC-A(I)) 10:00 Planet Earth (A-I) 10:00 Wildlife Trivia & Coloring (CC) 11:00 Planet Earth 11:00 Independent Rummikub (B:ACT) 1:30 Butterflies & Lady Bugs Project (C:ACT) 3:30 <u>Seniors Mixer with Mocktails (C:ACT)</u>
5 We Will Rock You Day 8:00 Catholic Church on TV Ch 291 (I) 9:30 Exercise Class (CC& A-I) 10:00 Sensory Tubes (CC&A-) 11:00 Bingo (CC) 1:30 Watercolor & Wildlife Painting (C:ACT) 1:30 Fresh Air & Friends (B:B-I) 2:30 "Miracle" Movie Matinee (C:LR)	6 Labor Day & Rosh Hashanah 9:30 Patriotic Music & Movement (A-CC-I) 10:00 <u>Labor Day Social (Avondale)</u> 10:30 Berwyck Bridge Gold Group 1:30 Movie Matinee C:LR(I) 2:00 <u>Labor Day Social (B:LR)</u> 2:30 Bingo (B:LR)	7 Happy Birthday Buddy Holly b 1936 9:30 60's Party Set Up & Chair Dancing (CC & A) 10:00 <u>Sixties Snacks (A)</u> 10:30 <u>Bill Long Entertainment (CC&A) in Avondale</u> 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 1:30 Manicures (B:LR) 1:30 Manicures (C:ACT) 3:30 <u>Horticulture Therapy with Brenda Sullivan (C:ACT)</u>	8 Fashion Week 9:30 Chatham C Stretch & Flex (CC&A) 10:00 Manicures (CC&A) 11:00 <u>Look Who's Dancing (Avondale)</u> (CC&A) 11:00 Wii Games (C:LR) 1:30 Chatham Chicken Soup Club (C:LR) 1:30 Berwyck Book Club (B:LR) 2:30 <i>Meadows Fashion Show (C:LR)</i>	9 NFL Kickoff Day 9:30 Fashion Show Prep (CC&A) 10:30 <i>Memories Fashion Show (A&CC) Avondale</i> 10:30 Berwyck Bridge Gold Group 11:00 Seated Exercise DVD (C:LR) (I) 2:00 <u>Happy Hour with Jo (Avondale)</u> 2:00 <u>Concert with Joe Parker (C:LR)</u> 3:30 Bingo (C:ACT) 3:30 Bingo (B:LR) **Ask Activities for your Favorite Football team's schedule!	10 Fragrance Friday 9:30 Chair One Fitness Class (CC & A-I) 10:00 Guess the Fragrance Sensory (CC) 10:00 Resident Choice Musical (A-I) 10:30 Name 5 & Ball Toss (CC) 11:00 <u>Veteran Chat (Navy) B (B:LR)</u> 10:30 Berwyck Bridge Silver Group 1:30 <u>Baking Biscuits Class with Juliana (C:ACT)</u> 1:30 Romantic Comedy Movie Matinee (B:LR-I)	11 Slogan Saturday & Remembrance of 9/11 9:30 Morning Stretches (CC-I & A) 10:00 Slogan Game (A) 10:30 Garden Hour (A) 1:30 Slogan Game (B:ACT) 2:30 Fall Wreath Craft Project with Melissa (B:ACT) 2:30 Residents Choice Movie (C:LR-I) 2:30 Rummikub (Berwyck Card Table) (I)
12 Grandparents Day & Chocolate Milkshake Day 8:00 Catholic Church on TV Ch 291 (I) 10:00 GRAND Activities (CC-I & A) 11:00 September Trivia & Horoscopes (CC-I & A) 1:30 Wii Games Practicing (C:LR-I) 2:00 <u>Grandparents Social (B:ACT)</u> 2:30 Grandparents Reminisce Discussion (B:ACT) 3:00 <u>Chocolate Milkshakes (B:ACT)</u> 3:00 Movie Matinee (C:LR) (I)	13 Milton Hershey Birthday b1857 9:30 Sit & Be Fit DVD (CC&A-I) 10:00 Hershey Kiss History (CC & A-I) 10:00 <u>Pet Therapy Visits & Tricks with Basil (CC)</u> 10:30 Berwyck Bridge Gold Group 1:15 Movie Matinee C:LR(I) 1:15 Hershey Kiss History (C:ACT) 2:00 Name 5 (C:ACT) 2:30 Jewelry Club (C:ACT)	14 Star Spangle Banner was written today in 1814 9:30 Morning Stretches (A&CC) 10:00 Manicures (CC&A) 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 1:30 Manicures (B:LR) 1:30 Manicures (C:ACT) 3:30 Chatham & Berwyck Bingo (C:ACT)	15 Fit Wednesday 9:30 Ball Toss Game (CC & A) 10:00 <u>Chair Ballet in Avondale (A&CC)</u> 11:00 Wii Games (C:LR) (I) 11:00 <u>Look Who's Dancing (Avondale) (CC&A)</u> 1:30 Exercise Class with Melissa (B:LR) 1:30 Sunflower Pot Craft (C:ACT) 2:30 Chatham Poetry Club (C:LR) 2:30 Berwyck Book Club (B:LR)	16 Theatrical Thursday 9:30 Musical Sing A Long (CC&A) 10:00 Garden Thursday (A) 10:00 Balloon Volleyball (CC) 10:30 Berwyck Bridge Gold Group 10:30 Musical (CC&A) 11:00 Seated Exercise DVD (C:LR) (I) 2:00 <u>Happy Hour with Jo (Avondale)</u> 2:00 <u>Concert with Courtney (C:LR)</u> 3:30 Berwyck Bingo (B:LR)	17 Gorgeous Georgia Day 9:30 Chatham C Karaoke (A & CC-I) 10:00 <i>Avondale Portraits (A)</i> 11:00 Craft Corner with Melissa (A) 10:30 Berwyck Bridge Silver Group 11:00 <u>Shabbat (1:ACT/Rehab)</u> 2:00 <u>David Gregory doing Musical Hits (C:LR)</u> 3:00 <u>Peach Melba Ice Cream Social (B:LR)</u>	18 Happy Birthday US Airforce 9:30 Fitness Class (CC-A(I)) 10:00 Blue Angels on Youtube (CC A-I) 10:30 17 Things You Didn't Know About the US Air Force (CC) 11:00 Bingo (CC) 11:00 Independent Rummikub (B:ACT) 1:30 Tye Dye Bandanas (C:ACT) 3:00 Resident Choice Film (B:LR)

September 2021 'Meadows Building' Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 Talk Like a Pirate Day 8:00 Catholic Church on TV Ch 291 (I) 9:30 Pirate Jokes & Pirate Glossary (CC& A-I) 10:00 Pirate Name Game (CC) 10:00 Classic Pirate DVD (C & A) 1:30 Craft Corner & Pirate Jokes/ Glossary (C:ACT) 2:30 Pirate Movie (C:LR) 3:30 Room Visits	20 Harvest Moon 9:30 Stretch & Flex (A) 10:00 Moon Cycle Painting (A) 10:30 Man on the Moon Newspaper Reminisce (A) 10:30 Berwyck Bridge Gold Group 1:30 Man on the Moon Newspaper Reminisce (B:ACT) 1:30 Independent Movie Matinee C:LR(I) 2:30 Moon Cycle Painting (B:ACT)	21 World Alzheimer's Day 9:30 Aromatherapy & Guided Meditation (CC&A) 10:00 Channel 98 Exercise Class (CC&A) 10:30 Manicures (A&CC) 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 2:00 Maria Damore Variety Concert (C:LR) 3:00 Celebrating the 60's Decade (C:LR)	22 First Day of Fall 9:30 Chair Dancing Class (CC&A) 10:30 Concert with Nick (Avondale) (CC&A) 11:00 Look Who's Dancing (Chatham Living Rm) 11:00 Wii Games (C:LR) 1:30 Manicures (B:LR) 1:30 Manicures (C:ACT) 3:30 Chicken Soup Club (C:LR) 3:30 Berwyck Book Club (B:LR)	23 Happy Birthday Ray Charles 9:30 Ball Toss (C&AA) 10:00 Ray Charles Karaoke (CC) 10:00 Garden Thursday (A) 10:30 Berwyck Bridge Gold Group 10:30 Painted Fall Leaves (CC) 1:30 Chatham Bingo (C:ACT) 1:30 Berwyck Bingo (B:LR) 2:00 Happy Hour with Jo (Avondale) 3:00 Sing A Long (C:LR) 3:00 Ray Movie (B:LR-I)	24 Fall Foliage Day 9:30 Exercise Class (CC) 9:30 Chatham C Resident Choice Movie (A-I) 10:00 Fall Jewelry Club (CC)) 11:00 Show & Tell (CC) 10:30 Berwyck Bridge Silver Group 1:30 Fall Leaves Puzzle Craft (C:ACT) 3:00 Sing A Long Group (C:LR)	25 Do-Re-Mi Day 9:30 Morning Stretches (CC-I & A) 10:00 Sound of Music DVD (CC-I) 10:00 Biscuits with Melissa (A) 1:30 Fall Leaves Jewelry Club (B:ACT) 2:30 Sound of Music Movie (C:LR -I) 2:30 Rummikub (Berwyck Card Table) (I)
26 West Side Story Broadway Premier 1957 8:00 Catholic Church on TV Ch 291 (I) 9:30 Exercise Class (CC-I& A) 10:00 Nature Print Project (A) 1:30 Wii Games (C:LR-I) 1:30 Velvet Hat Craft (C:ACT) 2:30 Movie Matinee "West Side Story" (C:LR) (I)	27 World Tourism Day 9:45 Chair Yoga with Heather (A) 10:10 Chair Yoga with Heather (CC) 10:00 Pet Therapy Visits & Tricks with Basil (Berwyck LR) 10:30 Chatham C Portraits (CC) 10:30 Berwyck Bridge Gold Group 1:30 "Must See Places" (C:LR) 2:30 Travel Chat Discussion Group (C:LR)	28 Ed Sullivan Day 9:30 Stretch and Flex & Ball Toss (CC&A) 10:00 Manicures (CC&A) 10:30 Ed Sullivan on TV (CC&A) 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 2:00 Entertainment with Bruce (C:LR) 3:30 Bingo for Berwyck and Chatham (C:ACT)	29 National Biscotti Day 9:30 Biscotti Trivia & Tea Social (CC & A) 11:00 Catholic Communion Service (1st Fl Act Rm- Rehab) 11:00 Wii Games (C:LR) (I) 1:30 Manicures (B:LR) 1:30 Manicures (C:ACT) 3:30 Berwyck Book Club (B:LR)	30 Thriller Thursday 9:30 Chair One Thriller Chair Dancing (CC&A) 10:00 Garden Thursday (A) 10:00 Bingo (CC) 10:30 Classic Thriller (CC) 10:30 Berwyck Bridge Gold Group 11:00 Seated Exercise DVD (C:LR) (I) 2:00 Happy Hour with Jo (Avondale) 1:30 Berwyck Bingo (B:LR) 1:30 Chatham Bingo (C:ACT) 3:00 Thriller Movie (C:LR) 3:00 Ghost Door Hanger Craft (C:ACT)		
			SEATED EXERCISE Monday—Friday 9:00am & 10:00am On Channel 98 On TV	 The Meadows — AT — SHANNONDELL		

September 2021 ~ The Inn & 1st Floor ~ Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian Song & Scripture on Ch 19 & Ch 287 every day	LOCATION KEY FOR REHAB BUILDING: (1:ACT) - 1st Fl Activity Room (1:LV) - 1st Fl Living Room (4:ACT) - 4th Fl Activity Room (4:SR) - 4th Fl Sitting Room (4:LR) - 4th Fl Grand Living Room (4:BAL) - 4th Fl Balcony (MT) - Movie Theatre (CY) - Courtyard (I) = Independent activity/ watch at your own leisure	Please Call Ext 5409 or 3496 with questions and requests	1 Country Hits Day 9:30 1:1 Visits 10:00 Country Music & Chair Dancing (MT) <u>1:30 Pet Therapy with Presley (4:LR)</u> <u>2:30 Music & Friends Concert (4:LR)</u>	2 Rock & Roll Hall of Fame Anniversary 9:30 1:1 Visits 10:00 Bingo (4:ACT) 11:00 Fast Facts about the Rock & Roll Hall of Fame (4:ACT) <u>2:00 Entertainment with Tony Lombardi (4:LR)</u>	3 Fun Friday 9:30 1:1 Visits 10:00 "You be the Judge" (4:LR) 11:00 "The Crown" (MT) 2:00 <u>Wine & Cheese Social</u> with Wild Trivia (4:LR) 3:00 Cranium Crunches (4:LR)	4 National Wildlife Day 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)
5 We Will Rock You Day 8:00 Catholic Church on TV Ch 291 (I) 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)	6 Labor Day & Rosh Hashanah 9:30 1:1 Visits 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group	7 Happy Birthday Buddy Holly b 1936 9:30 1:1 Visits 10:00 Men's Club : Sports Movie (MT) 10:30 Manicures (4:ACT) 10:30 Guided Mediation on TV (4:ACT) <u>2:00 Horticulture Therapy with Brenda Sullivan (4:ACT)</u>	8 Fashion Week 9:30 1:1 Visits 10:00 Funny Face Movie (MT) <u>1:30 Pet Therapy with Presley (4:LR)</u> 2:00 Fashion over the Years Reminisce Discussion Group (4:LR)	9 NFL Kickoff Day 9:30 1:1 Visits 10:00 Football Trivia and Crazy Feats (4:LR) 10:45 Distance Football Throwing Contest (4:LR) 11:00 Sports Reminisce (4:LR) 1:30 Bingo (4:ACT) Ask Activities for your Favorite Football team's schedule!	10 Fragrance Friday 9:00 Exercise Class on Channel 98 <u>10:30 Veteran Chat (4:ACT)</u> 1:30 Independent Card Group (4:LR)	11 Slogan Saturday & Remembrance of 9/11 9:30 1:1 Visits 10:30 Slogan Guessing Game(4:ACT) 11:00 Craft Corner (4:ACT) 1:30 "The Crown" (MT) 3:00 Mocktails on the Balcony with Bartender Julie (4:B)
12 Grandparents Day & Chocolate Milkshake Day 8:00 Catholic Church on TV Ch 291 (I) 10:30 Grandparents Reminisce & Favorite Memories Discussion (4:LR) 2:00 <u>Grandparents Day Social (4:LR)</u> 3:00 <u>Chocolate Milkshake Making (4LR)</u>	13 Milton Hershey Birthday b1857 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group	14 Star Spangle Banner was written today in 1814 9:30 1:1 Visits 10:00 Men's Club : Feel Good Movie (4:MT) 10:00 Manicures (4:ACT) 1:30 Dollying Up & Dress Up (4th Fl) 2:30 <i>Fashion Show (4:LR)</i>	15 Fit Wednesday 9:30 1:1 Visits 10:00 Sit & Be Fit Exercise DVD (4:ACT) 11:00 Craft (4:LR) <u>2:00 60's Celebration / Entertainment with Greg Albert (4:LR)</u> 3:00 <u>Sixties Snack & Quick Facts (4:LR)</u>	16 Theatrical Thursday 9:30 1:1 Visits 10:00 High Society Movie (4:ACT) 1:30 Rummikub (4:ACT) 3:00 Bingo (4:ACT)	17 Gorgeous Georgia Day 9:30 1:1 Visits 10:00 Finish the Lines Game (4:LR) <u>11:00 Shabbat (1:ACT/ Rehab)</u> 2:00 <u>Ice Cream Sundae Social (4:LR)</u> 3:00 "The Crown" (MT)	18 Happy Birthday US Airforce 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)

September 2021 ~ The Inn & 1st Floor ~ Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 Talk Like a Pirate Day 8:00 Catholic Church on TV Ch 291 (I) 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)	20 Harvest Moon 9:30 1:1 Visits 10:30 Moon Cycle Painting (4:ACT) 1:30 Charades (4:ACT) 2:30 Craft (4:ACT)	21 World Alzheimer's Day 9:30 1:1 Visits 10:00 Men's Club : Pirate Movie (MT) 10:30 Manicures (4:ACT) 10:30 Relaxing Fall Foliage on YouTube (4:ACT) 2:00 Pete & Ted Concert (4:LR)	22 First Day of Fall 9:30 1:1 Visits 10:00 Chair Ballet Class (4:LR) 11:00 Fall Jewelry Club (4:LR) 1:30 Pet Therapy with Presley (4:LR) 2:00 Concert with Nick (4:LR)	23 Happy Birthday Ray Charles 9:30 1:1 Visits 10:00 Ray Movie (MT) 2:00 Bingo (4:ACT) 3:00 Chicken Soup for the Soul & Discussion (4:ACT)	24 Fall Foliage Day 9:00 Exercise Class on Channel 98 1:30 Independent Card Group (4:LR)	25 Do-Re-Mi Day 9:30 1:1 Visits 10:30 Fall Leaf Painting (4:ACT) 1:30 Sound of Music DVD (MT)
26 West Side Story Broadway Premier 1957 8:00 Catholic Church on TV Ch 291 (I) 10:00 West Side Story (MT) 1:30 Watercolor for Beginners (4:ACT) 2:30 Travel DVD (4:ACT)	27 World Tourism Day 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)	28 Ed Sullivan Day 9:30 1:1 Visits 10:00 Men's Club : Western Movie (MT) 10:30 Manicures (4:ACT) 1:30 Bangle Bracelet Painting with Ed Sullivan Reruns (4:ACT)	29 National Biscotti Day 9:30 1:1 Visits 11:00 Catholic Communion Service (1st Fl Act Rm- Rehab) 1:30 Pet Therapy with Presley (MT) 2:00 Tea Social with Biscotti (4:LR) 2:30 Pictionary (4:LR)	30 Thriller Thursday 9:30 1:1 Visits 10:30 Bingo (4:ACT) 2:00 Live Entertainment with Jerry (4:LR)		
Contact Activity Director, Molly Hillman at 610-728-5409 for any questions or concerns! Thank you!		SEATED EXERCISE Monday—Friday 9:00am & 10:00am On Channel 98 On TV		 The Meadows — AT — SHANNONDELL		