

October 2021 ~Meadows Building ~ Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian Song & Scripture on Ch 19 & Ch 287 every day	Please Call Ext 5409 or 6846 with questions and requests	LOCATION KEY (A)- Avondale (C:LR)- 2nd FL Liv. Rm (C:ACT)- 2nd FL Activity Rm (C:B) Chatham Balcony (B:LR)- 1st FL Liv. Rm (B:ACT)- 1st FL Activity Rm (B:B) Berwyck Balcony (B:L)- 1st FL Library (I) - Independent Activity			1 Diversity Day & Little Women Published 1868 9:30 Stretch & Flex (A & CC-I) 10:00 Little Women Movie (CC-I) 10:00 Quilt Square Designing (A) 10:00 Remember the Titans Movie (A) 10:30 Berwyck Bridge Silver Group 2:00 Movie Matinee (C:LR) (I) 2:00 Bingo (B:LR) 3:00 Ice Cream Social (B:LR)	2 Custodial Workers Day & Guardian Angels Day 9:30 Fitness Class (CC-A(I)) 10:00 Bingo (CC & A-I) 10:00 Good Will Hunting Movie (A-I) 10:30 "The Shack" Movie (CC) 11:00 Independent Rummikub (B:ACT) 1:30 Thank You Cards for Housekeeping (C:ACT) 3:30 Guardian Angel Craft (C:ACT)
3 Cubby Checker Birthday b 1941 8:00 Catholic Church on TV Ch 291 (I) 9:30 "The Twist" Exercise Class (CC& A-I) 10:00 Manicures (CC) 11:00 Facials (CC) 11:00 Wii Games (C:LR-I) 1:30 Fresh Air & Friends (B:B-I) 2:00 You be the Judge (C:LR) 3:00 Ice Cream Social (C:LR)	4 Kanelbullens Dag or Cinnamon Roll Day 9:30 Cinnabon Baking (Avondale) 10:15 Manicures (Avondale) 10:30 Berwyck Bridge Gold Group 1:30 Movie Matinee C:LR(I) (B:ACT) 3:00 Craft Corner with Melissa (B:ACT)	5 World Teachers Day 9:30 Seated Exercise with Sinatra Music (A) 10:00 Walking Club (CC) 10:30 <u>Bill Long Entertainment (CC&A) in Avondale</u> 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 1:30 Chair Yoga with Heather (C:LR) 2:00 Manicures (B:LR) 2:00 Manicures (C:ACT)	6 German American Day 9:30 Stretch & Flex (CC&A) 10:00 German Heritage Appreciation Group (CC&A) 10:30 Walking Club (CC) 11:00 Look Who's Dancing (Avondale) (CC&A) 11:00 Wii Games (C:LR) 1:30 Oktoberfest (C:LR) 2:30 Music & Friends Concert (C:LR) 4:00 Book Club (B:SR) 4:00 Chicken Soup Club (C:SR)	7 PASTA-bilities are Endless Day 9:30 Ball Toss (CC&A) 10:00 Pasta Bracelets (A & CC) 10:30 Berwyck Bridge Gold Group 11:00 Pasta Jokes (C&A) 11:00 Seated Exercise DVD (C:LR) (I) 2:00 Happy Hour with Jo (Avondale) 2:00 Concert with Greg Albert (C:LR) 3:30 Bingo for Berwyck & Chatham (C:ACT)	8 Domino Sugar Day 9:30 Chair One Fitness Class (CC & A-I) 10:00 Who Was Fats Domino? (CC) 10:30 Music Therapy with Patrick (CC) 11:30 Domino Game (CC) 10:30 Berwyck Bridge Silver Group 1:30 Halloween Brownie Baking (C:ACT) 2:30 Skeleton Craft (C:ACT) 1:30 Romantic Comedy Movie Matinee (B:LR-I)	9 John Lennon Birthday b 1940 & Pop, Pop, Pop Day 9:30 Morning Stretches (CC-I & A) 10:00 Lennon Documentary & Popcorn (A) 10:00 Craft Hour (A:ACT) 1:30 Halloween Bracelets (B:ACT) 2:30 Halloween Brownie Baking (B:ACT) 2:30 Residents Choice Movie (C:LR-I) 2:30 Rummikub (Berwyck Card Table) (I)
10 Spooky Sunday 8:00 Catholic Church on TV Ch 291 (I) 10:00 Wood Chime Craft (A) 11:00 Halloween Necklace Craft (CC-I & A) 2:00 Halloween Necklace Craft (B:ACT) 2:00 Spooky Movie Matinee (C:LR) (I) 3:00 Spook-Tea Social (B:ACT)	11 Columbus Day & Indigenous Peoples' Day 9:30 Jingle Footwork Exercise Class on YouTube (CC&A-I) 10:00 Pet Therapy Visits & Tricks with Basil (CC) 10:30 Indigenous People & Columbus Crafts & History (CC) 10:30 Berwyck Bridge Gold Group 1:30 Crafts & History of Celebrated Days (C:ACT)	12 That's Italian Day 9:30 Morning Stretches (A&CC) 10:00 Manicures (CC&A) 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 1:30 Chair Yoga with Heather (C:LR) 2:00 Manicures (B:LR) 2:00 Manicures (C:ACT)	13 Margaret Thatcher Birthday b 1925 9:30 Ball Toss Game (CC & A) 10:00 Who is Margaret Thatcher? (A) 11:00 Wii Games (C:LR) (I) 11:00 Look Who's Dancing (Avondale) (CC&A) 11:00 Catholic Communion Service (1st Fl Act Rm- Rehab) 2:00 Concert with Kirk (C:LR) 3:00 50's Snack & Facts (C:LR)	14 Polish Party Day 9:30 Polka Exercise (CC&A) 10:00 Garden Thursday (A) 10:00 Skelton Craft (CC) 10:30 Berwyck Bridge Gold Group 11:00 Prayer Service—Non Denominational (1st Fl Act Rm- Rehab) 1:30 Berwyck Bingo (B:LR) 1:30 Chatham Bingo (C:ACT) 2:00 Happy Hour with Jo (Avondale) 2:30 Berwyck Book Club (B:LR) 3:30 Horticulture Therapy (C:ACT)	15 I Love Lucy 70th Anniversary 9:30 Skeleton Craft (A) 10:30 Music Therapy with Patrick (Avondale) 10:30 Veteran Chat (B:LR) 11:00 I Love Lucy Reruns (A) 10:30 Berwyck Bridge Silver Group 2:00 Skelton & Spooky Crafts (B:ACT) 3:00 Witch Door Hanger Craft (B:ACT)	16 Scarecrow Day 9:30 Scarecrow Craft (CC A-I) 10:30 Halloween Shirt Bleaching Activity (CC) 11:00 Bingo (CC) 11:00 Independent Rummikub (B:ACT) 2:00 Concert with David Gregory (C:LR) 3:00 Resident Choice Film (B:LR)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 Candy Corn Day 8:00 Catholic Church on TV Ch 291 (I) 9:30 Stretching & Aromatherapy (CC& A-I) 10:00 Quilt Coloring (CC) 11:00 Candy Corn Treat & Facts (CC) 11:00 Wii Games (C:LR-I) 1:30 Halloween Shirt Bleaching Activity (C:ACT) 3:30 Room Visits	18 Monster Monday 9:30 Stretch & Flex (A) 10:00 Monster Magnet Craft (A) 10:30 Young Frankenstein Movie (A) 10:30 Berwyck Bridge Gold Group 1:30 "Young Frankenstein" (C:LR-I) 2:30 Monster Magnets (B:ACT) 3:30 Cranium Crunches (B:ACT)	19 Hocus Pocus Holiday 10:00 Channel 98 Exercise Class (CC&A) 10:30 Manicures (A&CC) 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 2:00 Pete & Ted Entertainment (C:LR) 3:00 Hocus Pocus Movie (C:LR)	20 Chefs Day 9:30 Chair Dancing Class (CC&A) 10:00 Halloween Cupcake Baking (CC&A) 11:00 Wii Games (C:LR) 1:30 Manicures (B:LR) 1:30 Manicures (C:ACT) 3:00 Sing A Long (C:LR) 4:00 Berwyck Book Club (B:LR)	21 Thriller Thursday 9:30 Balloon Volleyball (C&AA) 10:30 50's Celebration with Bruce Live (Avondale) 10:30 Berwyck Bridge Gold Group 1:30 Chatham Bingo (C:ACT) 1:30 Berwyck Bingo (B:LR) 2:00 Happy Hour with Jo (Avondale)	22 Nut Day 9:30 Creepy Slime Making (CC) 11:00 Shabbat (1:ACT/Rehab) 10:30 Berwyck Bridge Silver Group 1:30 Creepy Slime Making (C:ACT) 2:00 Movie Matinee (B:LR-I) 2:30 Ice Cream Social (C:ACT)	23 Pumpkin Day 9:30 Morning Stretches (CC-I & A) 10:00 Beetlejuice DVD (CC-I) 10:00 Pumpkin Mousse with Melissa (A) 10:30 Halloween Shirt Bleaching Activity (A) 1:30 Pumpkin Mousse with Melissa (B:ACT) 2:30 Halloween Shirt Bleaching Activity (A) 2:30 Rummikub (Berwyck Card Table) (I)
24 Scary Movie Sunday 8:00 Catholic Church on TV Ch 291 (I) 9:30 Exercise Class (CC-I& A) 10:00 Halloween Jewelry Club (A) 1:30 You be The Judge (B:LR) 1:30 Movie Matinee "Beetlejuice" (C:LR) (I)	25 Mysterious Monday 9:45 Chair Yoga with Heather (A) 10:10 Chair Yoga with Heather (CC) 10:30 World Biggest Mysteries Discussion (CC) 10:30 Berwyck Bridge Gold Group 1:30 Mummy Pumpkin Sweet Treat (C:ACT) 2:30 Mystery of the USS Eldridge & other Famous Mysteries (C:ACT)	26 Team Work Tuesday 9:30 Group Ball Toss (CC&A) 10:00 Memory Care Halloween Party (CC&A) 10:30 Spooktacular Entertainment with Andrew & Irene (Avondale) (CC&A) 10:30 Berwyck Bridge Silver Group 11:00 Art Class with Molly (B:ACT) 1:30 Manicures and Quilt Coloring (C:ACT) 1:30 Manicures and Quilt Coloring (B:ACT)	27 Strength in Diversity Day 9:30 Diversity Discussion (CC & A) 10:00 Chair Ballet in Avondale (A&CC) 11:00 Look Who's Dancing (C:LR) 2:00 Meadows Wicked Halloween Bash w/ Jerry Entertainment (C:LR) 3:30 Berwyck Book Club (B:LR) 3:30 Chicken Soup Club (C:LR)	28 Happy Birthday Julia Roberts b1967 9:30 Chair One Thriller Chair Dancing (CC&A) 10:00 Manicures with Julia Roberts Movie (A&CC) 10:30 Berwyck Bridge Gold Group 2:00 Happy Hour with Jo (Avondale) 1:30 Berwyck Bingo (B:LR) 1:30 Chatham Bingo (C:ACT) 3:00 Julia Roberts Movie (C:LR) (I) 3:00 Witch Door Hanger Craft (C:ACT)	29 Halloween Parade Day 9:30 Exercise Class (CC) 10:30 Chatham C Resident Choice Movie (A-I) 10:00 Pet Therapy Halloween Parade (Hallways) 10:30 Berwyck Bridge Silver Group 1:30 Ice Cream Making (B:ACT) 2:30 Ice Cream Social (B:ACT) 3:30 Quilting (B:ACT)	30 Wicked Day 9:30 Fitness Class (CC-A(I)) 10:00 Witch Door Hanger Craft (CC) 11:00 Bingo (CC) 11:00 Independent Rummikub (B:ACT) 1:30 Halloween Jewelry Club (C:ACT) 2:30 "I Married a Witch" DVD (C:LR)
31 Halloween 8:00 Catholic Church on TV Ch 291 (I) 10:00 Halloween Jewelry Club (CC& A-I) 10:30 Halloween Social & Costume Party (CC) 11:00 Wii Games (C:LR-I) 2:00 Halloween Social (C:ACT) 2:00 Spooky Movie (C:LR) 3:30 Room Visits		Contact Activity Director, Molly Hillman at 610-728-5409 for any questions or concerns! Thank you!	SEATED EXERCISE Monday—Friday 9:00am & 10:00am On Channel 98 On TV	 The Meadows — AT — SHANNONDELL		

October 2021 ~ The Inn & 1st Floor ~ Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian Song & Scripture on Ch 19 & Ch 287 every day	LOCATION KEY FOR REHAB BUILDING: (1:ACT) - 1st Fl Activity Room (1:LV)- 1st Fl Living Room (4:ACT) - 4th Fl Activity Room (4:SR) - 4th Fl Sitting Room (4:LR) - 4th Fl Grand Living Room (4:BAL) - 4th Fl Balcony (MT) - Movie Theatre (CY) - Courtyard (I) = Independent activity/watch at your own leisure	Please Call Ext 5409 or 3496 with questions and requests			1 Diversity Day & Little Women Published 1868 9:30 1:1 Visits 10:30 Halloween Necklace Craft (4:ACT) 2:00 Diversity Discussion (4:LR) 3:00 "Little Women" Movie (MT)	2 Custodial Workers Day & Guardian Angels Day 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)
3 Cubby Checker Birthday b 1941 8:00 Catholic Church on TV Ch 291 (I) 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:00 Eagles vs Chiefs Watch Party (MT) (I) 1:30 Independent Card Group (4:LR)	4 Kanelbullens Dag or Cinnamon Roll Day 9:30 1:1 Visits 10:30 Cinnamon Roll Baking (1:ACT) 1:30 Halloween Magnet Craft (4:ACT) 2:30 Bingo (4:ACT)	5 World Teachers Day 9:30 1:1 Visits 10:00 Men's Club : Woody Allen Movie (MT) 10:30 Manicures (4:ACT) 10:30 Guided Meditation on TV (4:ACT) <u>1:30 Catholic Room Visits with the Seminarians</u> <u>2:15 Chair Yoga w/ Heather (4:LR)</u>	6 German American Day 9:30 1:1 Visits 10:00 Witch Craft (4:ACT) 11:00 German American Appreciation Group (4:ACT) <u>1:30 Pet Therapy with Presley (4:LR)</u> <u>2:00 Oktoberfest Concert with Joe Parker (4:LR)</u> <u>3:00 Oktoberfest Snack (4:LR)</u>	7 PASTA-bilities are Endless Day 9:30 1:1 Visits 10:30 Pasta Jewelry & Jokes (4:ACT) <u>2:00 Rick Spector Presentation "Fabulous 50's" MT</u> 3:00 The Crown" (MT)	8 Domino Sugar Day 9:00 Exercise Class on Channel 98 1:30 Independent Card Group (4:LR)	9 John Lennon Birthday b 1940 & Pop, Pop, Pop Day 9:30 1:1 Visits 10:00 Craft Corner (4:ACT) 2:00 Popcorn & Mocktails on the Balcony with Bartender Julie (4:B) 2:30 You be the Judge (4:B)
10 Spooky Sunday 8:00 Catholic Church on TV Ch 291 (I) 10:30 Skeleton Craft (4:ACT) <u>1:00 Eagles vs Panthers Watch Party (MT)</u> 2:00 Fall Truck Coloring Project (4:ACT) 3:00 Halloween Mask Decorating (4LR)	11 Columbus Day & Indigenous Peoples' Day 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group	12 That's Italian Day 9:30 1:1 Visits 10:00 Men's Club : Italian Movie (4:MT) 10:00 Manicures (4:ACT) <u>1:30 Catholic Room Visits with the Seminarians</u> <u>2:15 Chair Yoga w/ Heather (4:LR)</u> 3:30 Chicken Soup Story & Discussion (4:LR)	13 Margaret Thatcher Birthday b 1925 9:30 1:1 Visits 10:00 Sit & Be Fit Exercise DVD (1:ACT) <u>11:00 Catholic Communion Service (1st Fl Act Rm- Rehab)</u> <u>1:30 Pet Therapy with Presley (4:LR)</u> 2:00 Bleached Halloween T-shirt Project (4:ACT)	14 Polish Party Day 9:30 1:1 Visits 10:00 Halloween Jewelry Club (1:ACT) <u>11:00 Prayer Service—Non Denominational (1st Fl Act Rm- Rehab)</u> <u>2:00 Horticulture Therapy with Brenda (4:ACT)</u>	15 I Love Lucy 70th Anniversary 9:30 1:1 Visits 10:00 "I Love Lucy" Trivia & Episodes (4:MT) 2:00 Bingo (4:ACT) 3:00 Ice Cream Sundae Social (4:ACT)	16 Scarecrow Day 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)

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17 Candy Corn Day 8:00 Catholic Church on TV Ch 291 (I) 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)	18 Monster Monday 9:30 1:1 Visits 10:30 M&M Tell Us Group (4:LR) 1:30 Halloween Pictionary (4:ACT) 2:30 Jack O Lantern Popsicle Craft (4:ACT)	19 Hocus Pocus Holiday 9:30 1:1 Visits 10:00 Men's Club : Hocus Pocus Movie (MT) 10:15 Manicures (4:ACT) 10:30 Relaxing Fall Foliage on YouTube (4:ACT) 1:30 Catholic Room Visits with the Seminarians 2:00 Tony Lombardi Concert (4:LR)	20 Chefs Day 9:30 1:1 Visits 10:00 Halloween Baking Club (1:ACT) 1:30 Pet Therapy with Presley (4:LR) 2:00 Cupcake Decorating (4:LR)	21 Thriller Thursday 9:30 1:1 Visits 10:00 Chair One Thriller Exercise Class 10:30 Bingo (4:ACT) 2:00 Concert with Bruce! (4:LR)	22 Nut Day 9:00 Exercise Class on Channel 98 11:00 Shabbat (1:ACT) 1:30 Independent Card Group (4:LR)	23 Pumpkin Day 9:30 1:1 Visits 10:30 Apple Cider Social & You be the Judge (4:LR) 2:00 Pumpkin Mousse Making (4:ACT) 3:00 Decorate Your Jack O' Lantern (4:ACT)
24 Scary Movie Sunday 8:00 Catholic Church on TV Ch 291 (I) 10:00 "Beetle Juice" (MT) 1:30 Halloween Jewelry Club (4:ACT) 2:30 Bingo (4:ACT) 4:00 Eagles vs Raiders Watch Party (MT)	25 Mysterious Monday 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)	26 Team Work Tuesday 9:30 1:1 Visits 10:00 Men's Club : Young Frankenstein Movie (MT) 10:15 Manicures (4:ACT) 1:30 Catholic Room Visits with the Seminarians 2:00 Halloween Spooktacular Entertainment with Irene & Andrew (4:LR) 3:00 Halloween Social (4:LR)	27 Strength in Diversity Day 9:30 1:1 Visits 10:00 Chair Ballet Class (4:LR) 10:45 Rummikub (4:LR) 1:30 Pet Therapy with Presley (4:LR) 2:00 Quilt Coloring & History (4:ACT)	28 Happy Birthday Julia Roberts b1967 9:30 1:1 Visits 10:30 Bingo (4:ACT) 2:00 Fabulous 50's Party with Marie Damore ! (4:LR) 3:00 50's Snacks & Facts (4:LR)	29 Halloween Parade Day 9:30 1:1 Visits 10:30 Gathering Residents in Doorways 11:00 Pet Therapy Halloween Parade (Hallways) 1:30 Slime Making (4:ACT)	30 Wicked Day 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group (4:LR)
31 Halloween 8:00 Catholic Church on TV Ch 291 (I) 9:00 Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:00 Eagles vs Lions Watch Party (MT) (I) 1:30 Independent Card Group (4:LR)		SEATED EXERCISE Monday—Friday 9:00am & 10:00am On Channel 98 On TV	Contact Activity Director, Molly Hillman at 610-728-5409 for any questions or concerns! Thank you!	 The Meadows — AT — SHANNONDELL		