

September 2022 ~Meadows Building ~ Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian & Scripture on Ch 19 & Ch 287 every day	LOCATION KEY (A) - Avondale (CC) - Chatham C Unit (C:LR) - Chatham Liv. Rm (C:SR) - Chatham Sitting Room (C:ACT) - Chatham Activity Rm (C:B) Chatham Balcony (CY) - Meadows Courtyard (M:FP) - Meadows Front Porch (B:LR) - Berwyck Liv. Rm (B:ACT) - Berwyck Activity Rm (B:B) Berwyck Balcony (B:L) - Berwyck Library (I) - Independent Activity LWD : Look Who's Dancing	DAILY EXERCISE Monday—Friday 9:00am & 10:00am On Channel 98 On TV		1 Welcome to September Memory Care Morning: Bingo, Chair Dancing, September Gazette 10:30 Berwyck Bridge Group 11:00 Chicken Soup Club (C:SR) Memory Care Afternoon : Happy Hour, Horoscopes, Balloon Toss, Craft Corner 1:00 Craft (C:ACT) 1:00 Garden Club (B:B) 2:00 Tea Party (B:ACT) 2:00 Open Studio (C:ACT) 3:30 Wii (B:LR) 4:00 Berwyck Book Club (B:SR) 6:00 You be the Judge! (C:ACT)	2 Fall Friday Memory Care Morning : Inspirational Quotes, Fall Leaf Coloring,, Music Therapy 10:30 Music Therapy w/Patrick (A) 10:30 Rummikub (B:SR) Memory Care Afternoon : Fall Craft, Musical, Ice Cream Social 1:00 Fall Craft (C:ACT) 2:00 Aromatherapy & Music (C:ACT) 3:00 Cider Social (B:ACT) 4:00 Fall Coloring (B:ACT)	3 World Beard Day Memory Care Morning : Craft Corner, Bananagrams, Exercise Class Memory Care Afternoon: Balloon Volleyball, Tic Tac Toe, Beard Trivia 1:00 Baking with Juliana (C:ACT) 2:00 Beard Talk (C:ACT) 3:00 Craft Corner with Juliana (B:ACT) 4:00 Conversation Cards (B:ACT)
4 National Wildlife Day 8:00 Catholic Church on TV Ch 291 (I) Memory Care Morning : Catholic Church on TV, Door Hanger, Fall Aromatherapy & Bingo Memory Care Afternoon : Coloring, Movie, Ball Toss 1:00 Happy Fall Door Hanger (C:ACT) 2:00 Fall Scents & Table Conversations (C:ACT) 3:00 Fall Baking (B:ACT) 4:00 Door Hanger (B:ACT)	5 Happy Labor Day! Memory Care Morning : Balloon Volleyball, Jewelry Club, Labor Day Tea Party 10:30 Berwyck Bridge Group Memory Care Afternoon : Patriotic Crafts, Bingo, Sing A Long, 1:00 Open Studio (C:ACT) 2:00 Labor Day Social (C:LR) 3:00 Coloring (B:ACT) 4:00 Fresh Air & Friends w/ Music (B:B)	6 National Read A Book Day Memory Care Morning : Memory Boxes, Craft Corner, Concert 10:30 Bill Long Concert (A) 10:30 Rummikub (B:SR) 11:00 Woodshop (B:ACT) Memory Care Afternoon : Story Time, Ice Cream Social, Fresh Air & Friends, Chair Yoga 1:00 Chair Yoga (Avondale) 1:30 Chair Yoga (CC) 1:30 Christian Service & Bible Study (C:LR) 2:00 Manicures (B:LR & C:ACT) 3:00 Massages and Aromatherapy (B:LR & C:ACT) 6:00 Craft Night w/ Melissa (B:ACT)	7 Happy Birthday Buddy Holly Memory Care Morning : LWD, Buddy Holly Music and Trivia, Hand Massages, Ball Toss 10:00 Rummikub (C:ACT)(I) 10:30 Concert w/ Greg (CC) 11:00 Art Class (B:ACT) 11:00 Look Who's Dancing (A) Memory Care Afternoon: Baking, Art Club, Purple Petals, Coloring 1:00 Berwyck Birds Group (B:SR) 1:00 Riddles & Jokes (C:ACT) 1:30 Bingo (C:ACT) 1:30 Bingo (B:ACT) 3:00 Puzzle Group (I) (B:LR) 3:00 Colorists Group (I) (C:ACT) 3:00 Movie Matinee (I)(C:LR) 3:00 Movie Matinee (I) (B:LR)	8 Peter Sellers Birthday b. 1925 Memory Care Morning: Manicures & Aromatherapy, Who is Peter Sellers?, Movie! 10:30 Berwyck Bridge Group 11:00 Chicken Soup Club (C:SR) Memory Care Afternoon : Happy Hour, Facials, Iced Tea Outside 1:00 Craft (C:ACT) 1:00 Garden Club (B:B) 2:00 Entertainment with Joe (A) 2:00 Residents Choice Movie w/ Popcorn (C:LR) 2:00 Residents Choice Documentary w/ Popcorn (B:LR) 3:30 Wii (B:LR) 4:00 Berwyck Book Club (B:SR) 6:00 Concert w/ Rich! (C:LR)	9 Chrysanthemum Day Memory Care Morning : Music Therapy, Can you Name 5? Walking Club, 10:30 Music Therapy w/Pat (CC) 10:30 Rummikub (B:SR) Memory Care Afternoon : Chrysanthemum Class, Craft, Fresh Air, Coloring 1:00 Chrysanthemum Class (C:ACT) 2:00 Chrysanthemum Watercolor (C:ACT) 3:00 Ice Cream Social (B:ACT) 4:00 Board Games (B:ACT)	10 Good News Day Memory Care Morning : Good News Only, Exercise Class, Craft Memory Care Afternoon: Bingo, Higher or Lower, Building Group, Ball Toss 1:00 Good News Stories (C:LR) 2:00 Craft Corner (C:ACT) 3:00 Jeopardy (B:ACT) 4:00 Craft Corner (B:ACT)
11 9/11 Remembrance Day 8:00 Catholic Church on TV Ch 291 (I) Memory Care Morning : Catholic Church on TV, Patriotic Crafts, Hand Massages and Aromatherapy Memory Care Afternoon: MASH Reruns, Craft, Bingo 1:00 I Love Lucy (C:LR) 2:00 Open Studio (C:LR) 3:00 Tea Party (B:ACT) 4:00 Patriotic Craft (B:ACT)	12 National Chocolate Milkshake Day Memory Care Morning : Baking , Chair Dancing & Sing a Long, Communion Service 10:30 Berwyck Bridge Group 10:00 Pet Therapy with Basil (A) 11:00 Catholic Communion Service (Avondale) Memory Care Afternoon: Chocolate Milkshakes, Craft Corner, Musical 2:00 Uncle Sam Craft (B & C:ACT) 2:00 Chocolate Milkshakes (C:ACT) 3:00 Chocolate Milkshakes (B:ACT) 4:00 Concert on TV (B:LR & C:LR)	13 Uncle Sam Day Memory Care Morning : Garden Club, Uncle Sam Craft & History, Fresh Air & Friends 10:30 Rummikub (B:SR) 11:00 Woodshop (B:ACT) Memory Care Afternoon : Memory Boxes, Ice Tea Social, Chair Yoga 1:00 Chair Yoga (Avondale) 1:30 Chair Yoga (C:LR) 2:00 Manicures (B & C:ACT) 3:00 Massages (C&B) 4:00 Aromatherapy & Meditation (B&C) 6:00 Evening Bingo (B:B)	14 National Parents Day Off Memory Care Morning : Ball Toss, Bingo, Hot Tea Social 10:00 Rummikub (C:ACT)(I) 11:00 Look Who's Dancing (A) Memory Care Afternoon : Purple Petals, Parent Reminisce, Art Class 11:00 Art Class (B:ACT) 1:00 Cranium Crunches (B:ACT) 1:00 Riddles & Jokes (C:ACT) 1:30 Bingo (C:ACT) 1:30 Bingo (B:ACT) 3:00 Puzzle Group (I) (B:LR) 3:00 Colorists Group (I) (C:ACT) 3:00 Movie Matinee (I)(C:LR) 3:00 Movie Matinee (I) (B:LR)	15 National Felt Hat Day Memory Care Morning : Manicures & Aromatherapy/Meditation, 10:30 Berwyck Bridge Group 11:00 Chicken Soup Club (C:SR) Memory Care Afternoon : Happy Hour, Fresh Air, Felt Hat Decorating 1:30 Piano Concert w/ Jim (C:LR) 2:00 Wii (B:LR) 2:30 Red Hat Decorating (B&C:ACT) 4:00 Berwyck Book Club (B:LR) 6:00 Concert w/ Steve (C:LR)	16 National Guacamole Day Memory Care Morning : Guacamole Making, Water Color, Balloon Volleyball 10:30 Rummikub (B:SR) Memory Care Afternoon : Musical, Craft Corner, Parachute, Walking Club 1:00 Encanto (C:LR) 2:00 Guacamole Making (C:ACT) 3:00 Chips & Dip Social (B:ACT) 4:00 Mocktails on the Balcony (B:B)	17 National Dance Day Memory Care Morning : Chair Dancing, Dance Competition on TV, Jewelry Club Memory Care Afternoon: Ice Cream Social, Bingo, Craft Corner TV 1:00 Dance TV (B&C:LR) 2:00 Open Studio (C:ACT) 3:00 Jewelry Club (B:ACT) 4:00 Trivia & Reminisce (B:ACT)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 Air Force Birthday 8:00 Catholic Church on TV Ch 291 (I) Memory Care Morning : Mass on TV, Craft Corner, Air Force Trivia Memory Care Afternoon : Higher or Lower, Baking, Balloon Volleyball 1:00 Blue Angels - TV (C:LR) 2:00 Coloring Pages (C:ACT) 3:00 Air Force & Ice Cream (B:LR) 4:00 Top Gun (B:LR)	19 Talk Like A Pirate Day Memory Care Morning : Chair Dancing, Pirate Jokes, Pirate Movie 10:30 Berwyck Bridge Group Memory Care Afternoon : Pirate Crafts, Card Games, Bingo 1:00 Pirate Movie (C:LR) 2:00 Pirate Craft Club (C:ACT) 3:00 Garden Club (B:B) 4:00 Pirate Jokes on Balcony (B:B)	20 Punch Day Memory Care Morning : Stretches, Memory Boxes , Summer Reminisce, Craft 10:30 Rummikub (B:SR) 11:00 Woodshop (B:ACT) <u>11:00 Catholic Service w/ Fr Mulranen (C:LR)</u> Memory Care Afternoon : Summer Sing A Long, Garden Club, Puzzles <u>1:00 Chair Yoga (Avondale)</u> <u>1:30 Chair Yoga (C:LR)</u> <u>2:00 Pete & Ted (B:LR)</u> <u>2:00 Manicures & Punch (B:LR & C:ACT)</u> 3:00 Aromatherapy (B:LR & C:ACT) 4:00 Massages (B:LR & C:ACT) 6:00 Craft Night ! (B:B)	21 World Alzheimer's Day Memory Care Morning : ALZ Awareness Coloring , Purple Bead Jewelry Club , LWD 10:00 Rummikub (C:ACT)(I) 11:00 Art Class (B:ACT) <u>11:00 Look Who's Dancing (A)</u> Memory Care Afternoon : Cranium Crunches, Purple Petals, Sing A Long 1:00 Berwyck Birds Group (B:SR) 1:00 Riddles & Jokes (C:ACT) 1:30 Bingo (C:ACT) 1:30 Bingo (B:ACT) 3:00 Puzzle Group (I) (B:LR) 3:00 Colorists Group (I) (C:ACT) 3:00 Movie Matinee (I)(C:LR) 3:00 Movie Matinee (I) (B:LR)	22 First Day of Autumn Memory Care Morning : Manicures & Aromatherapy/Meditation, Autumn Trivia Memory Care Afternoon : Happy Hour, Fresh Air and Friends, Ball Toss 10:30 Berwyck Bridge Group 11:00 Chicken Soup Club (C:SR) 1:00 Wii (B:LR) 2:00 Autumn Craft (C:ACT) 3:00 Autumn Craft (B:ACT) 4:00 Berwyck Book Club (B:SR) <u>6:00 Concert w/ Maria (C:LR)</u>	23 Happy Birthday Ray Charles Memory Care Morning : Stretching, Jazz Class, Aromatherapy, 10:30 Rummikub (B:SR) Memory Care Afternoon: Craft Club , Ray Charles Facts, TV Sing A Long 1:00 Coloring (C:ACT) 1:00 Movie Matinee (B:LR) 2:00 Baking (C:ACT) 3:00 Baking (B:ACT) 4:00 Sweet Treat Social (B:ACT)	24 National Hunting & Fishing Day Memory Care Morning : Walking Club, Scavenger Hunt, Ice Tea & Fresh Air, Movie Memory Care Afternoon : Craft, Musical, Finish the Lyrics 1:00 Documentary (B:LR) 2:00 Craft Club (C:ACT) 3:00 Craft Corner (B:ACT) 4:00 Jewelry Club (B:ACT)
25 One Hit Wonder Day 8:00 Catholic Church on TV Ch 291 (I) Memory Care Morning : One Hit Wonder Sing A Long, Tic Tac Toe, Patio Balloon Volleyball Memory Care Afternoon : Bingo, Coloring, Finish the Lyrics 1:00 Fall Baking (C:ACT) 2:00 Craft (C:ACT) 3:00 Baking (B:ACT) 4:00 Craft (B:ACT)	26 Pancake Day Memory Care Morning : Daily Chronicle, , Chair Yoga, Art Class <u>10:00 Pet Therapy w/ Basil (CC)</u> 10:30 Berwyck Bridge Group Memory Care Afternoon : <u>Pancakes & Ice Cream</u>, Horoscopes, Music & Movement 1:00 Coloring (C:ACT) <u>2:00 Pancake Snack! (C:ACT)</u> 3:00 Pancake Snack! (B:ACT) 4:00 Watercolor (B:ACT) 4:00 Wii (I) (B:LR)	27 World Tourism Day Memory Care Morning : Ball Toss, Memory Boxes, Virtual Travel 10:00 Residents Council (B:LR) 10:30 Rummikub (B:SR) 11:00 Woodshop (B:ACT) Memory Care Afternoon : Coloring, Charades, Can you Name 5? <u>1:00 Chair Yoga (Avondale)</u> <u>1:30 Chair Yoga (CC)</u> 1:00 Manicures (C&B:LR) <u>2:00 Concert w/ Jerry (B:LR)</u> 3:00 Massages (C&B:LR) 6:00 Spa Night & Mocktails (B:ACT)	28 Ed Sullivan Day Memory Care Morning : Ed Sullivan Reruns, LWD, Trivia <u>10:00 Chair Ballet (A)</u> 10:00 Rummikub (C:ACT)(I) 11:00 Art Class (B:ACT) <u>11:00 Look Who's Dancing (C:LR)</u> Memory Care Afternoon : Walking Club, SingALong, Purple Petals, Movie 1:00 Berwyck Birds Group (B:SR) 1:00 Riddles & Jokes (C:ACT) 1:30 Bingo (C:ACT) 1:30 Bingo (B:ACT) 3:00 Puzzle Group (I) (B:LR) 3:00 Colorists Group (I) (C:ACT) 3:00 Movie Matinee (I)(C:LR) 3:00 Movie Matinee (I) (B:LR)	29 National Coffee Day Memory Care Morning : Manicures, Aromatherapy/Meditation, Coffee Social 10:30 Berwyck Bridge Group 11:00 Chicken Soup Club (C:SR) Memory Care Afternoon : Happy Hour, Walking Club, Craft Corner <u>1:00 Autumn Social (C:LR)</u> <u>2:00 Concert w/ Kirk (C:LR)</u> 3:00 Open Studio (C&B:ACT) 4:00 Berwyck Book Club (B:LR) <u>6:00 Ice Cream Sundae Social (C:ACT)</u>	30 National Hot Cider Day Memory Care Morning : Stretching, Hot Cider Social, Fall Craft 10:30 Rummikub (B:SR) Memory Care Afternoon: Craft Club , Bingo, Exercise 1:00 Coloring (C:ACT) <u>2:00 Hot Cider & Bingo (C:ACT)</u> 3:00 Craft (B:ACT) <u>4:00 Hot Cider & Bingo (B:ACT)</u>	
				Activities Ext Director: 5409 Berwyck: 6975 Chatham & Memory Care : 6846		

September 2022 ~ The Inn & 1st Floor ~ Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian Song & Scripture on Ch 19 & Ch 287 every day	LOCATION KEY FOR REHAB BUILDING: (1:ACT) - 1st Fl Activity Room (1:LV)- 1st Fl Living Room (4:ACT) - 4th Fl Activity Room (4:SR) - 4th Fl Sitting Room (4:LR) - 4th Fl Grand Living Room (4:BAL) - 4th Fl Balcony (MT) - Movie Theatre (CY) - Courtyard (I) = Independent activity/watch at your own leisure	DAILY EXERCISE Monday—Friday 9:00am & 10:00am On Channel 98 On TV		1 Welcome to September 9:00 Independent Exercise Class on Channel 98 11:00 “Great Courses” on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	2 Fall Friday 9:30 1:1 Visits 10:30 Fall Craft (4:LR) 1:30 Manicures (4:LR) 2:30 Aromatherapy & Massages (4:LR)	3 World Beard Day 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 Craft Corner (4:LR) 1:30 Beard Facts & Trivia (4:LR) 2:30 Ice Cream Social (4:LR)
4 National Wildlife Day 8:00 Catholic Church on TV Ch 291 (I) 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 Wildlife Documentary (MT) 1:30 Craft Corner (MT)	5 Happy Labor Day! 9:30 1:1 Visits 10:30 Bingo (4:LR) 1:30 Bingo (4:LR) 2:30 Labor Day Social (4:LR)	6 National Read A Book Day 9:00 Independent Exercise Class on Channel 98 11:00 “Great Courses” on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	7 Happy Birthday Buddy Holly 9:30 1:1 Visits 10:00 Men’s Club : The Day the Music Died Buddy Holly Tribute 2.3.2017 YouTube (MT) 10:15 Walking Club (4th Fl) 2:30 Musical Friends Concert (4:LR) 6:00 Buddy Holly Happy Hour (4:LR)	8 Peter Sellers Birthday b. 1925 9:00 Independent Exercise Class on Channel 98 11:00 “Great Courses” on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	9 Chrysanthemum Day 9:30 1:1 Visits 10:30 Chrysanthemum Coloring & Trivia (4:LR) 1:30 Manicures (4:LR) 2:30 Aromatherapy & Massages (4:LR)	10 Good News Day 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 Craft Corner (4:LR) 1:30 Good News Discussion Goup (4:LR) 2:30 Ice Cream Social (4:LR)
11 9/11 Remembrance Day 8:00 Catholic Church on TV Ch 291 (I) 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 9/11 Remembrance Group (4:LR) 1:30 Patriotic Coloring (4:LR)	12 National Chocolate Milkshake Day 9:30 1:1 Visits 10:30 Bingo (4:LR) 1:30 Puzzle Group (4:LR) 2:30 Chocolate Milkshakes (4:LR)	13 Uncle Sam Day 9:00 Independent Exercise Class on Channel 98 11:00 “Great Courses” on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	14 National Parents Day Off 9:30 1:1 Visits 10:00 Walking Club (4th Fl) 10:00 Catholic Mass w/ Fr Shea (4:LR) 1:30 Men’s Club : Comedy Men's Movie- YouTube (MT) 2:00 Card Club (4:LR) 6:00 Game Night! (4:LR)	15 National Felt Hat Day 9:00 Independent Exercise Class on Channel 98 11:00 “Great Courses” on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	16 National Guacamole Day 9:30 1:1 Visits 10:30 Guacamole Making (4:LR) 1:30 Manicures & Chips & Dip(4:LR) 2:30 Aromatherapy & Massages (4:LR)	17 National Dance Day 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 Craft Corner (4:LR) 1:00 Dance Videos (MT) 2:00 Concert w/ David (4:LR) 2:30 Ice Cream Social (4:LR)

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18 Air Force Birthday 8:00 Catholic Church on TV Ch 291 (I) 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 Card Group & Puzzle Club (4:LR) 1:30 Blue Angels on YouTube (MT) 2:00 Air Force Trivia (MT)	19 Talk Like A Pirate Day 9:30 1:1 Visits 10:30 Bingo (4:LR) 1:30 Puzzle Group (4:LR) 2:30 Pirate Craft Corner (4:LR)	20 Punch Day 9:00 Independent Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	21 World Alzheimer's Day 9:30 1:1 Visits 10:00 Men's Club—Residents Choice Movie (MT) 10:15 Walking Club (4th Fl) 11:00 Prayer Service with Fr Almquist (4:LR) 1:00 Autumn Social (4:LR) 2:00 Concert w/ Bruce (4:LR) 3:00 Card Club (4:LR) 6:00 Evening Bingo! (4:LR)	22 First Day of Autumn 9:00 Independent Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	23 Happy Birthday Ray Charles 9:30 1:1 Visits 10:30 Ray Charles Trivia & Music (4:LR) 1:30 Manicures (4:LR) 2:30 Aromatherapy & Massages (4:LR)	24 National Hunting & Fishing Day 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 Craft Corner (4:LR) 1:30 Hunting & Fishing Trivia (4:LR) 2:30 Ice Cream Social (4:LR)
25 One Hit Wonder Day 8:00 Catholic Church on TV Ch 291 (I) 9:30 1:1 Visits 10:00 Group Exercise Class (Ch 98) in Movie Theater (MT) 10:30 Craft Club (4:LR) 1:30 One Hit Wonders of the 30's 40's & 50's Sing A Long (MT)	26 Pancake Day 9:30 1:1 Visits 10:30 Bingo (4:LR) 1:30 Craft Corner (4:LR) 2:30 Pancake Social (4:LR)	27 World Tourism Day 9:00 Independent Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	28 Ed Sullivan Day 9:30 1:1 Visits 10:00 Men's Club—Ed Sullivan Reruns (MT) 10:15 Walking Club (4th Fl) 1:30 Craft Club (4:LR) 6:00 Card Night! (4:LR)	29 National Coffee Day 9:00 Independent Exercise Class on Channel 98 11:00 "Great Courses" on Channel 98 1:30 Independent Card Group & Puzzles (4:LR)	30 National Hot Cider Day 9:30 1:1 Visits 10:30 Hot Cider Social & Fall Poetry (4:LR) 1:30 Manicures (4:LR) 2:30 Aromatherapy & Massages (4:LR)	
				Please Call Ext 3496 or 3519 with questions and requests		