

September 2023 - Berwyck - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>Daily Activities</u> <u>1:1 Activities</u> 9:00 - Berwyck & Chatham <u>Puzzle Group</u> 3:00 - B:LR		<u>Location Key</u> (B:LR) 1st Floor Living Room (B:Act) 1st Floor Activity Room (C:LR) 2nd Fl Living Room (C:Act) 2nd Floor Activity Room (B:L) 1st Floor Library (I) Independent (B:B) Berwyck Balcony		We will celebrate a different country each month by learning about their culture, eating their food and so much more. This month's Celebration Theme: <u>Germany</u>	
					1 Welcome to September 10:30 - Wii Bowling(B:LR) <u>10:30 - Going Fit Exercise (C:LR)</u> 11:30 - Welcome September! (B:LR) 1:00 - Rosary (B:L) <u>2:00 - Horticultural Therapy</u> 3:30 - Friday Funnies (B:LR)	2 Self-Awareness Saturday 10:30 - Wii Bowling (B:LR) 11:00 - Positive Affirmations & Words of Kindness (C:Act) 2:00 - Matinee Movie: <i>Yes Day</i> (B:LR)
3 One Lump or Two? Day 8:00 - Catholic Service on TV Channel 291 10:30 - Tea Trivia (B:LR) 11:00 - Modern Marvels: <i>The History of Tea</i> (B:LR)	4 Labor Day 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Morning Stretch (C:LR) 11:00 - Labor Day Puzzles & Learning (B:LR) 11:30 - Word Games (B:LR) 2:00 - Germany Travelogue & Learning (B:LR) 3:00 - Fresh Air & Friends (B:B)	5 International Day of Charity 10:00 - Walking Club 10:30 - Porch Pals 11:00 - Woodshop (B:Act) 1:00 - Open Studio (B:Act) 3:00 - Volunteer Project (B:Act)	6 Photo Booth Day 10:30 - Rummikub (B:SR) 10:30 - Morning Stretch (B:LR) 11:00 - Photo Booth Fun! (B:LR) 1:00 - Jewelry Club (B:Act) 3:00 - Wisdom Wednesday (B:LR) <u>3:30 - Wine Down Wednesday with Bill Long (B:LR)</u>	6 Football Kickoff Day 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Breathing & Meditation (B:LR) 11:00 - Football Facts & Trivia (B:LR) 1:00 - Manicures, Hand Massages & a Movie (B:LR) 3:00 - Football Kickoff Social (B:LR)	8 Star Trek Anniversary 10:30 - Wii Bowling(B:LR) <u>10:30 - Going Fit Exercise (C:LR)</u> 11:30 - Star Trek TV Show (C:LR) 1:00 - Rosary (B:L) <u>1:30 - Shabbat Service (C:LR)</u>	9 Shake Those Hips Day 10:30 - Wii Bowling (B:LR) 11:00 - Scrapbooking (B:Act) 2:00 - Let's Make Elvis' Favorite Food! (B:Act) 3:30 - Book Club (B:L) 4:00 - Elvis Presley Pop Quiz (B:LR)

September 2023 - Berwyck - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Grandparents Day 10:00 - Cornhole (B:B) 11:00 - History of Grandparents Day (B:LR) 2:00 - Grandparents Day Afternoon Tea (B:Act) 2:00 - Sunday Cinema (C:LR) 4:00 - Creative Coloring (B:Act)	11 Taste of Honey Day 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Morning Stretch (C:LR) 11:00 - BINGO (C:LR) 1:30 - Catholic Communion (B:LR) 2:00 - Germany Travelogue (B:LR) 2:00 - Cooking Class - Honey Joys (C:Act) 3:00 - Fresh Air & Friends (B:B)	12 Chocolate Milkshake Day 10:00 - Walking Club 10:30 - Porch Pals 11:00 - Woodshop (B:Act) 1:00 - Open Studio (B:Act) 2:00 - Chocolate Milkshake Social (B:Act) 3:00 - Painting with Melissa (B:Act)	13 Word Game Wednesday 10:30 - Rummikub (B:SR) 10:30 - Morning Stretch (B:LR) 11:00 - Word Game Extravaganza! (B:LR) 11:00- Look Who's Dancing (C:LR) 1:00 - Jewelry Club (B:Act) 2:00 - Carmen Tornambe Performs (C:LR) 3:30 - Wine Down Wednesday (B:LR)	14 Beloved TV Series Day 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Breathing & Meditation (B:B) 11:00 - Classic TV Trivia & Facts (B:LR) 1:00 - Manicures, Hand Massages & a Movie (B:LR) 3:00 - Classic TV Series (B:LR) 3:00 - Board Games (B:SR)	15 Rosh Hashanah Begins at Sundown 10:30 - Wii Bowling(B:LR) <u>10:30 - Going Fit Exercise (C:LR)</u> 11:30 - Let's Learn about Rosh Hashanah (B:LR) 1:00 - Rosary (B:L) 2:00 - Horticultural Therapy 3:30 - Friday Funnies (B:LR)	16 Eat an Apple Day 10:30 - Morning Stretch (C:LR) 10:30 - Wii Bowling (B:LR) 2:00 - Mini Apple Pies (C:Act) 2:00 - Matinee Movie: <i>Steel Magnolias</i> (B:LR)
17 Happy Anniversary, M*A*S*H 8:00 - Catholic Service on TV Channel 291 10:30 - Sunday Stretch (C:LR) 2:00 - Virtual Church Service (B:LR) 2:00 - Volunteer Project (C:Act) 2:00 - M*A*S*H (C:LR) 4:00 - Summertime Stories & Lemonade (C:LR)	18 Emmy Awards 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Morning Stretch (C:LR) 11:00 - Best of the Emmy Awards (B:LR) 2:00 - Germany Travelogue & Learning (B:LR) 3:00 - Fresh Air & Friends (B:B)	19 Tickle the Ivories Tuesday 10:00 - Walking Club 10:30 - Porch Pals 11:00 - Woodshop (B:Act) 12:30 - Take Out Luncheon (Sign up Required) (B:Act) 2:00 - Best Piano Performances in History (B:LR) 3:00 - Painting with Melissa (B:Act)	20 "Back to School" Memories Day 10:30 - Rummikub (B:SR) 10:30 - Morning Stretch (B:LR) 11:00 - School Day Memories & Reminiscing (B:LR) 1:00 - Jewelry Club (B:Act) 2:00 - Greg Albert Performs (C:LR) 3:00 - Wisdom Wednesday (B:LR) 3:30 - Wine Down Wednesday with Bill Long (B:LR)	21 World Alzheimer's Day 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Breathing & Meditation (B:B) 11:00 - Teepa Snow Alzheimer's Program (B:LR) 1:00 - Manicures, Hand Massages & a Movie (B:LR) 3:00 - Board Games (B:SR)	22 Funny Sayings Friday 10:30 - Wii Bowling(B:LR) <u>10:30 - Going Fit Exercise (C:LR)</u> 2:00 - First Day of Fall Celebration!!	23 First Day of Autumn 10:30 - Wii Bowling(B:LR) 11:00 - Apple Cider Social (B:LR) 2:00 - Matinee Movie: <i>The Breakfast Club</i> (B:LR) 3:00 - Book Club (B:L) 4:00 - Fall Trivia & Fun Facts (B:Act)
24 Yom Kippur Begins at Sundown 10:00 - Cornhole (B:B) 11:00 - Let's Learn About Yom Kippur (B:LR) 2:00 - Baking (C:Act) 2:00 - Sunday Cinema (B:LR) 2:00 - Scrapbooking (B:Act) 4:00 - Creative Coloring (B:Act)	25 Harry Potter Week 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Morning Stretch (C:LR) 11:00 - Harry Potter Trivia (C:LR) 2:00 - Harry Potter and the Sorcerer's Stone (B:LR)	26 Harry Potter Week 10:00 - Walking Club 10:30 - Porch Pals 11:00 - Harry Potter Scavenger Hunt (B:Act) 2:00 - Harry Potter and the Chamber of Secrets (B:LR)	27 Harry Potter Week 10:30 - Rummikub (B:SR) 10:30 - Morning Stretch (B:LR) 11:00- Look Who's Dancing (C:LR) 11:00- Wand Making (B:Act) 2:00 - Harry Potter and the Prisoner of Azkaban (B:LR)	28 Harry Potter Week 10:30 - Berwyck Bridge Group (B:SR) 10:30 - Breathing & Meditation (B:B) 11:00 - Potion Making (B:LR) 2:00 - Harry Potter and the Goblet of Fire (B:LR)	29 Harry Potter Week 10:30 - Wii Bowling(B:LR) <u>10:30 - Going Fit Exercise (C:LR)</u> 11:00 - Dragon Egg Craft (B:LR) 1:00 - Rosary (B:LR) 2:00 - Harry Potter and the Order of the Phoenix (B:LR)	30 Harry Potter Week 10:30 - Morning Stretch (C:LR) 10:30 - Wii Bowling (B:LR) 11:00 - Harry Potter Trivia (C:LR) 2:00 - Harry Potter and the Half-Blood Prince (B:LR)

September 2023 - 1st Floor & The Inn - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Catholic service on TV every day EWTN Ch 291 8am & 12 noon Christian & Scripture on Ch 19 & Ch 287 every day		<u>Location Key</u> <i>MT - Movie Theater</i> <i>4:LR - 4th Floor Living Room</i> <i>4:SR - 4th Floor Sitting Room</i> <i>4:Act - 4th Floor Activity Room</i> <i>1:Act - 1st Floor Activity Room</i> <i>I - Independent Activity</i>		We will celebrate a different country each month by learning about their culture, eating their food and so much more. This month's Celebration Theme: <i>Germany!</i>	
					<u>1 Welcome to September</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - BINGO! (4:Act) 2:00 - Manicures & Hand Massages (4:SR) <u>3:15 - Horticultural Therapy (4:Act)</u>	<u>2 Self-Awareness Saturday</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 1:00 - Positive Affirmations 4:Act) 2:00 - Card Games (4:LR) 2:00 - Matinee Movie - Residents Choice (MT) 4:00 - Creative Coloring (4:LR)
<u>3 One Lump or Two? Day</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 1:00 - Tea Trivia 2:00 - Afternoon Tea Party (4:Act) 4:00 - Fresh Air & Friends	<u>4 Labor Day</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - BINGO! (4:Act) 2:00 - Labor Day Facts (1:Act) 3:00 - Cooking Class: <i>German Rum Balls</i> (1:Act)	<u>5 International Day of Charity</u> 9:00 & 10:00 - Independent Exercise Class (Ch. 98) 10:30 - Morning Stretch (4:Act) 11:00 - Alzheimer's Service Project with Geoffrey (4:Act) 1:30 - Independent Card Group & Puzzles (4:LR)	<u>6 Photo Booth Day</u> 9:30 - 1:1 Visits 10:00 - Chair Exercise (4:Act) 10:30 - BINGO! (4:Act) 1:30 - Photobooth Fun! (4:LR) <u>2:30 - Music & Friends Performs (4:LR)</u> 3:00 - Story Telling/Book Club (4:LR)	<u>7 Football Kickoff Day</u> 9:00 & 10:00 - Independent Exercise Class (Ch. 98) 10:30 - Morning Stretch (4:Act) 11:00 - Crafting Corner - <i>Football Craft</i> (4:Act) 1:30 - Independent Card Group & Puzzles (4:LR)	<u>8 Star Trek Anniversary</u> 9:30 - 1:1 Visits 10:30 - BINGO! (4:Act) 3:00 - Manicures & Hand Massages (4:SR) 4:00 - Star Trek TV & Trivia (4:LR)	<u>9 Shake Those Hips Day</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 10:30 - Chair Exercise (4:Act) 11:00 - Elvis Presley Trivia & Fun Facts 4:Act) 2:00 - Card Games (4:LR) 2:00 - Matinee Movie - <i>Elvis Presley Loving You</i> (MT) 4:00 - Creative Coloring (4:LR)

September 2023 - 1st Floor & The Inn - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 <u>Grandparents Day</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 10:30 - Sunday Stretch (4:Act) 11:00 - Victory Church Virtual Service (MT) 2:00 - Grandparents Day Social 4:00 - German Travelogue & Learning (MT)	11 <u>Taste of Honey Day</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - BINGO! (4:Act) 1:30 - Honey & Bee Trivia (4:Act) 2:15 - Catholic Communion Service (4:Act) 3:00 - Cooking Class: <i>Honey Joys</i> (4:Act)	12 <u>Chocolate Milkshake Day</u> 1:30 - Independent Card Group & Puzzles (4:LR) 10:30 - Morning Stretch (4:Act) 11:00 - Open Studio with Geoffrey (4:Act) 2:00 - Chocolate Milkshake Social (4:Act) 3:00 - Word in a Word (4:LR)	13 <u>Word Game Wednesday</u> 9:30 - 1:1 Visits 10:00 - Chair Exercise (4:Act) 10:30 - BINGO! (4:Act) 2:00 - Word Game Extravaganza! (4:LR) 3:00 - Story Telling/Book Club (4:LR) 4:00 - Afternoon Stretch (4:LR)	14 <u>Beloved TV Series Day</u> 9:00 & 10:00 - Independent Exercise Class (Ch. 98) 10:30 - Morning Stretch (4:Act) 11:00 - Crafting Corner - <i>Football Craft</i> (4:Act) 2:00 - Classic TV Shows & Popcorn!	15 <u>Rosh Hashanah Begins at Sundown</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - BINGO! (4:Act) 2:00 - Manicures & Hand Massages (4:SR) 4:00 - Music & Mocktails (4:LR)	16 <u>Eat an Apple Day</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 2:00 - David Gregory Performs (4:LR)
17 <u>Happy Anniversary, M*A*S*H</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 2:00 - MASH (MT)	18 <u>Emmy Awards</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - BINGO! (4:Act) 2:00 - Emmy Awards Social (4:Act)	19 <u>Tickle the Ivories Tuesday</u> 9:00 & 10:00 - Independent Exercise Class (Ch. 98) 10:30 - Morning Stretch (4:Act) 11:00 - Open Studio with Geoffrey (4:Act) 1:30 - Independent Card Group & Puzzles (4:LR) 2:00 - Pete & Ted Perform (4:LR)	20 <u>"Back to School" Memories Day</u> 9:30 - 1:1 Visits 10:00 - Chair Exercise (4:Act) 10:30 - BINGO! (4:Act) 2:00 - Back to School Memories - Reminiscing & Show and Tell (4:LR) 3:00 - Story Telling/Book Club (4:LR) 4:00 - Afternoon Stretch (4:LR)	21 <u>World Alzheimer's Day</u> 9:00 & 10:00 - Independent Exercise Class (Ch. 98) 10:30 - Morning Stretch (4:Act) 11:00 - Bible Study with Roy Almquist (4:Act) 1:30 - Independent Card Group & Puzzles (4:LR)	22 <u>Funny Sayings Friday</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - BINGO! (4:Act) 2:00 - First Day of Fall Celebration! (4:LR)	23 <u>First Day of Autumn</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 10:30 - Chair Exercise (4:LR) 11:00 - Sing A Long with Special Guest Angela (4:LR) 2:00 - First Day of Fall Trivia/Word Games (4:Act) 3:00 - Painting Class (4:LR)
24 <u>Yom Kippur Begins at Sundown</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 10:30 - Sunday Stretch (4:Act) 11:00 - Victory Church Virtual Service (MT) 2:00 - Apple Cider and Reminiscing (4:Act) 4:00 - German Travelogue & Learning (MT)	25 <u>Harry Potter Week</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - Harry Potter BINGO! (4:Act) 2:00 - Harry Potter and the Sorcerer's Stone (MT)	26 <u>Harry Potter Week</u> 9:00 & 10:00 - Independent Exercise Class (Ch. 98) 10:30 - Resident Council Meeting w/Carly (4:LR) 11:00 - Harry Potter Trivia (4:LR) 2:00 - Harry Potter and the Chamber of Secrets (MT)	27 <u>Harry Potter Week</u> 9:30 - 1:1 Visits 10:00 - Chair Exercise (4:Act) 10:30 - Wand Making (4:Act) 2:00 - Harry Potter and the Prisoner of Azkaban (MT)	28 <u>Harry Potter Week</u> 9:00 & 10:00 - Independent Exercise Class (Ch. 98) 10:30 - Morning Stretch (4:Act) 11:00 - Potion Making (4:Act) 2:00 - Harry Potter and the Goblet of Fire (MT)	29 <u>Harry Potter Week</u> 9:30 - 1:1 Visits 10:00 - Balloon Bounce (4:Act) 10:30 - Harry Potter BINGO! (4:Act) 2:00 - Harry Potter and the Order of the Phoenix (MT)	30 <u>Happy Potter Week</u> 9:00 & 10:00 -Catholic Church (Ch.291) -I 2:00 - Harry Potter and the Half-Blood Prince (MT)

September 2023 - Avondale - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<u>1 Welcome September</u> 9:30 - Balloon Bounce <u>10:00 - Going Fit Exercise</u> 11:00 - Welcoming September (reminiscing and memories)	<u>2 Self-Awareness Saturday</u> 9:30 - Morning Stretch 10:00 -Self Awareness Saturday 2:00 - Positive Affirmations Poster
<u>3 One Lump or Two? Day</u> RACHAEL 9:30 - Morning Stretch 10:00 - Finish the Phrase 10:30 - Name 5 11:00 - Joel Osteen Church Service 2:00 - Tea Party	<u>4 Labor Day</u> 9:30 - Balloon Bounce 10:00 - Labor Day Facts & Trivia 11:00 - America's Got Talent	<u>5 International Day of Charity</u> 9:30 - Morning Stretch & Conversation Ball 10:00 - Jeopardy <u>10:30 - Bill Long Performs</u> 2:00 - Volunteer Project (card making)	<u>6 Photo Booth Day</u> 9:30 - Chair One 10:00 - Photo Booth Fun! <u>11:00 - Look Who's Dancing</u> 2:00 - Wine Down Wednesday	<u>7 Football Kickoff Day</u> 9:30 - Football Toss 10:00 - Flower Arranging 1:00 - Famous Football Memories, Clips & Treats 2:00 - Manicures & Mocktails	<u>8 Star Trek Anniversary</u> 9:30 - Balloon Bounce <u>10:00 - Going Fit Exercise</u> 2:00 - All Things Star Trek!	<u>9 Shake Those Hips Day</u> 9:00 - Chair One Fitness 10:00 - Morning Movie 2:00 - Elvis Presley Movie

September 2023 - Avondale - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>10 Happy Grandparents Day</u> 9:00 - Chair One Fitness 10:00 - Sunday Morning Service 2:00 - 1:1's	<u>11 Taste of Honey Day</u> 9:30 - Balloon Bounce 10:00 - Honey Bee Fun 11:00 - Bee Movie 2:00 - Honey Craft	<u>12 Chocolate Milkshake Day</u> 9:30 - Morning Stretch & Conversation Ball 10:00 - Sing A Long 2:00 - Let's Make Chocolate Milkshakes	<u>13 Word Game Wednesday</u> 9:00 - Word Game Extravaganza! 10:00 - Ballet 2:00 - Wine Down Wednesday	<u>14 Beloved TV Series Day</u> 9:30 - Balloon Toss 10:00 - Flower Arranging 1:00 - Classic TV Series 2:00 - Manicures & Mocktails	<u>15 Rosh Hashanah Begins at Sundown</u> 9:30 - Balloon Bounce <u>10:00 - Going Fit Exercise</u> 2:00 - Let's Learn about Rosh Hashanah	<u>16 Eat an Apple Day</u> 9:30 - Morning Stretch 10:00 - Apple Facts & Trivia 2:00 - Apples Treat & Stories
<u>17 Happy Anniversary, M*A*S*H</u> 9:30 - Morning Stretch 10:00 - Finish the Phrase 10:30 - Name 5 11:00 - Joel Osteen Church Service 2:00 - M*A*S*H Trivia and Best Moments	<u>18 Emmy Awards</u> 9:30 - Balloon Bounce 10:00 - Rhythm & Music 11:00 - Best of the Emmy Awards	<u>19 Tickle the Ivories Tuesday</u> 9:30 - Morning Stretch & Conversation Ball 10:00 - Jeopardy 2:00 - Famous Piano Players & Painting	<u>20 "Back to School" Memories Day</u> 9:30 - Chair One 10:00 - School Photos! <u>11:00 - Look Who's Dancing</u> 2:00 - Wine Down Wednesday	<u>21 Supermodel Day</u> 9:30 - Balloon Toss 10:00 - Flower Arranging 1:00 - America's Funniest Home Videos 2:00 - Fashion Show!	<u>22 Funny Sayings Friday</u> 9:30 - Balloon Bounce <u>10:00 - Going Fit Exercise</u> <u>2:00 - Fall Festival!</u>	<u>23 First Day of Autumn</u> 9:00 - Chair One Fitness <u>10:00 - Sing A Long with Special Guest Angela</u> 2:00 - Fall Movie
<u>24 Yom Kippur Begins at Sundown</u> 9:00 - Chair One Fitness 10:00 - Sunday Morning Service 2:00 - 1:1's	<u>25 "Shel" Silverstein's Birthday</u> 9:30 - Balloon Bounce 10:00 - Shel Silverstein's Poems 11:00 - America's Got Talent 2:00 - Finish the Phrase	<u>26 Johnny Appleseed's Birthday</u> 9:30 - Morning Stretch & Conversation Ball 10:00 - Johnny Appleseed Facts & Trivia 2:00 - Johnny Appleseed Social	<u>27 Chocolate Milk Day</u> 9:30 - Word Games 10:00 - Ballet 2:00 - Wine Down Wednesday	<u>28 Good Neighbor Day</u> 9:30 - Balloon Toss 10:00 - Flower Arranging 1:00 - Won't You Be My Neighbor (Mr. Rogers Documentary) 2:00 - Good Neighbor Cookie Making	<u>29 Fruits of the Harvest Day</u> 9:30 - Corn Shucking Competition <u>10:00 - Going Fit Exercise</u>	<u>30 Little Women Day</u> RACHAEL 9:30 - Morning Stretch 10:00 - Little Women Quiz & Character Quotes 2:00 - Little Women Movie + Watercolor Craft

September 2023 - Chatham - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>Daily Activities</u> <u>1:1 Activities</u> 9:00 - Chatham <u>Creative Coloring</u> 3:00 - C:LR		<u>Location Key</u> (B:LR) 1st Floor Living Room (B:Act) 1st Floor Activity Room (C:LR) 2nd Fl Living Room (C:Act) 2nd Floor Activity Room (B:L) 1st Floor Library (I) Independent (B:B) Berwyck Balcony		We will celebrate a different country each month by learning about their culture, eating their food and so much more. This month's Celebration Theme: <u>Germany</u>	
					1 Welcome to September <u>10:30 - Going Fit Exercise (C:LR)</u> 10:30 - Rummikub (C:SR) 11:30 - Welcome September! (C:LR) 1:00 - Rosary (B:L) 1:30 - Manicures & Hand Massages (C:LR) <u>2:00 - Horticultural Therapy (B:Act)</u> 4:00 - Fresh Air & Friends	2 Self-Awareness Saturday 11:00 - Positive Affirmations & Words of Kindness (C:Act) 2:00 - Matinee Movie: <i>Yes Day</i> (B:LR)
3 One Lump or Two? Day 8:00 - Catholic Service on TV Channel 291 10:30 - Tea Trivia (B:LR) 11:00 - Modern Marvels: <i>The History of Tea</i> (C:LR)	4 Labor Day 10:30 - Morning Stretch (C:LR) 11:00 - BINGO (C:LR) 2:00 - Learning About Labor Day (C:LR) 3:00 - Labor Day Puzzles & Learning (C:LR) 4:00 - Short Stories (C:B)	5 5 International Day of Charity 10:30 - Chair Zumba (C:LR) 10:30 - Rummikub (C:SR) 11:00 - Name 5 (C:LR) 11:00 - Woodshop (B:Act) (C:Act) 2:00 - Open Studio (C:Act) 3:00 - Volunteer Project (C:Act) 4:00 - Who, What, Where (C:Act)	6 6 Photo Booth Day 10:30 - Morning Stretch (B:LR) 11:00 - Photo Booth Fun! (B:LR) 2:00 - National Geographic: The Photographers Documentary (C:Act) 3:00 - Wisdom Wednesday (C:Act) 4:00 - Photo Collage Craft (C:Act)	6 Football Kickoff Day 10:30 - Chair One Fitness (C:LR) 11:00 - Football Facts & Trivia (C:LR) 2:00 - Best Moments in Football (C:LR) 3:00 - Football Kickoff Social (C:LR) 4:00 - Board Games (C:Act)	8 Star Trek Anniversary <u>10:30 - Going Fit Exercise (C:LR)</u> 10:30 - Rummikub (C:SR) 11:30 - Star Trek Trivia & Facts (C:LR) 1:00 - Rosary (B:L) <u>1:30 - Shabbat Service (C:LR)</u> 1:30 - Manicures & Hand Massages (C:LR) 4:00 - Fresh Air & Friends	9 Shake Those Hips Day 11:00 - Germany Travelogue (C:LR) 2:00 - Matinee Movie: <i>Elvis Presley Loving You</i> (C:LR)

September 2023 - Chatham - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Grandparents Day 11:00 - History of Grandparents Day (B:LR) 2:00 - Sunday Cinema (C:LR)	11 Taste of Honey Day 10:30 - Morning Stretch (C:LR) 11:00 - BINGO (C:LR) 1:30 - Catholic Communion (B:LR) 2:00 - Cooking Class - Honey Joys (C:Act) 4:00 - Short Stories (C:B)	12 Chocolate Milkshake Day 10:30 - Chair Zumba (C:LR) 10:30 - Rummikub (C:SR) 11:00 - Name 5 (C:LR) 11:00 - Woodshop (B:Act) 2:00 - Open Studio (C:Act) 3:00 - Chocolate Milkshake Social (C:Act) 4:00 - Who, What, Where (C:Act)	13 Word Game Wednesday 10:30 - Morning Roundup (B:LR) 11:00 - Look Who's Dancing (B:LR) 2:00 - Carmen Tornambe Performs (C:LR) 3:00 - Word Game Extravaganza (C:LR) 4:00 - Life Long Learning (C:LR)	14 Beloved TV Series Day 10:30 - Chair One Fitness (C:LR) 11:00 - Classic TV Trivia & Knowledge (C:LR) 2:00 - Classic TV Programming (C:LR) 3:00 - Board Games (C:Act) 4:00 - Chicago World Fair (C:LR)	15 Rosh Hashanah Begins at Sundown 10:30 - Going Fit Exercise (C:LR) 10:30 - Rummikub (C:SR) 11:30 - Let's Travel to Germany (C:LR) 1:00 - Rosary (B:L) 1:30 - Manicures & Hand Massages (C:LR) 2:00 - Horticultural Therapy (B:Act) 4:00 - Fresh Air & Friends	16 Eat an Apple Day 10:30 - Morning Stretch (C:LR) 11:00 - Johnny Appleseed Social (C:LR) 2:00 - Mini Apple Pies (C:Act) 2:00 - Matinee Movie: <i>Steel Magnolias</i> (B:LR) (C:LR) 4:00 - Cranium Crunches (C:B)
17 Happy Anniversary, M*A*S*H 8:00 - Catholic Service on TV Channel 291 10:30 - Sunday Stretch (C:LR) 2:00 - Virtual Church Service (B:LR) 2:00 - Volunteer Project (C:Act) 2:00 - M*A*S*H (C:LR) 4:00 - Summertime Stories & Lemonade (C:LR)	18 Emmy Awards 10:30 - Morning Stretch (C:LR) 11:00 - BINGO (C:LR) 2:00 - Afternoon Movie (C:Act)	19 Tickle the Ivories Tuesday 10:30 - Chair Zumba (C:LR) 10:30 - Rummikub (C:SR) 11:00 - Name 5 (C:LR) 11:00 - Woodshop (B:Act) 2:00 - Open Studio (C:Act) 3:00 - Famous Piano Players (C:LR) 4:00 - Who, What, Where (C:LR)	20 "Back to School" Memories Day 10:30 - Morning Stretch (B:LR) 11:00 - School Day Memories (C:LR) 2:00 - Greg Albert Performs (C:LR) 3:00 - Wisdom Wednesday (C:LR) 4:00 - Life Long Learning (C:Act)	21 World Alzheimer's Day 10:30 - Chair One Fitness (C:LR) 11:00 - Word Games & Fun (C:LR) 2:00 - Teepa Snow Alzheimer's Program (C:LR) 3:00 - Board Games (C:Act) 4:00 - Exploring Modern Israel (C:LR)	22 Funny Sayings Friday 10:30 - Going Fit Exercise (C:LR) 10:30 - Rummikub (C:SR) 10:30 - Wii Bowling (B:LR) 11:30 - Funny Sayings Word Games (C:LR) 2:00 - First Day of Fall Celebration!	23 First Day of Autumn 2:00 - Matinee Movie: <i>The Breakfast Club</i> (B:LR) 4:00 - Apple Trivia & Fun Facts (B:Act)
24 Yom Kippur Begins at Sundown 11:00 - Let's Learn About Yom Kippur (B:LR) 2:00 - Sunday Cinema (C:LR) 3:00 - Baking Group (C:Act)	25 Harry Potter Week 10:30 - Morning Stretch (C:LR) 11:00 - Harry Potter Trivia (C:LR) 2:00 - Harry Potter and the Sorcerer's Stone (C:LR)	26 Harry Potter Week 10:30 - Chair Zumba (C:LR) 10:30 - Rummikub (C:SR) 11:00 - Harry Potter Scavenger Hunt (B:Act) 2:00 - Harry Potter and the Chamber of Secrets (C:LR)	27 Harry Potter Week 10:30 - Morning Stretch (B:LR) 11:00 - Wand Making (C:LR) 2:00 - Harry Potter and the Prisoner of Azkaban (C:LR)	28 Harry Potter Week 10:30 - Chair One Fitness (C:LR) 11:00 - Potion Making (C:LR) 2:00 - Harry Potter and the Goblet of Fire (C:LR)	29 Harry Potter Week 10:30 - Going Fit Exercise (C:LR) 10:30 - Rummikub (C:SR) 11:30 - Let's Travel to Germany (C:LR) 1:00 - Rosary (B:L) 2:00 - Harry Potter and the Order of the Phoenix (C:LR)	30 Harry Potter Week 10:30 - Morning Stretch (C:LR) 10:30 - Wii Bowling (B:LR) 11:00 - Harry Potter Trivia (C:Act) 2:00 - Harry Potter and the Half-Blood Prince (C:LR)

September 2023 - Chatham C - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<u>1 Welcome September!</u> <u>10:30 - Patrick Hamill Performs</u> 11:00 - 1:1s 2:00 - Matinee Movie	<u>2 Self-Awareness Saturday</u> 11:00 - Saturday Stretch 11:30 - Words of Motivation 3:15 - Root Beer Floats & Book Club
<u>3 One Lump or Two? Day</u> 11:00 - Sunday Stretch 11:30 - Tea Trivia 3:00 - Afternoon Exercise 3:30 - Tea Craft	<u>4 Labor Day</u> 10:30 - Creative Coloring 2:00 - Afternoon Movie	<u>5 International Day of Charity</u> 11:00 - Conversation Ball & Music 11:30 - Jeopardy 3:15 - Watercolor Painting 4:00 - Let's Travel to Germany	<u>6 Photo Booth Day</u> 11:00 - Balloon Toss & Making Music 11:30 - Photo Booth Fun! 3:15 - Flower Arranging & 1:1's	<u>7 Football Kickoff Day</u> 11:00 Football Toss 11:30 - Football Trivia & Facts 3:15 - Lemonade & Hand Massages 4:00 - Flower Arranging & Best Moments in Football	<u>8 Star Trek Anniversary</u> <u>10:30 - Patrick Hamill Performs</u> 11:00 - 1:1s 3:15 - All Things Star Trek! 4:00 - Let's Watch Star Trek	<u>9 Shake Those Hips Day</u> 11:00 - 1:1s 2:00 - Afternoon Movie

September 2023 - Chatham C - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>10 Happy Grandparents Day</u> 11:00 - Morning Music 2:00 - Sunday Cinema	<u>11 Taste of Honey Day</u> 11:00 - Balloon Toss & Sing A Long 11:30 - Honey Bee Trivia & Fun Facts 3:15 - Mocktails & Manicures	<u>12 Chocolate Milkshake Day</u> 11:00 - Conversation Ball & Music 11:30 - Jeopardy 3:00 - Watercolor Painting 3:30 - Chocolate Milkshake Social	<u>13 Word Game Wednesday</u> 11:00 - Balloon Toss & Making Music 11:30 - Word Game Extravaganza! 3:15 - Flower Arranging & 1:1's	<u>14 Beloved TV Series Day</u> 11:00 - Basketball Toss & Book Club 11:30 - Classic TV (reminiscing and memories) 3:15 - Lemonade & Hand Massages 4:00 - Flower Arranging & Classic TV Show	<u>15 Rosh Hashanah Begins at Sundown</u> 11:00 - 1:1s 2:00 - Matinee Movie	<u>16 Eat an Apple Day</u> 11:00 - Saturday Stretch 11:30 - Name 5 & Apple Themed Word Games 3:15 - Apple Treat & Book Club
<u>17 Happy Anniversary, M*A*S*H</u> 11:00 - Sunday Stretch 11:30 - Word Games 3:00 - Afternoon Exercise 3:30 - Watercolor Painting - Germany Tourist Attraction 4:00 - M*A*S*H	<u>18 Emmy Awards</u> 11:00 - Balloon Toss & Sing A Long 11:30 - Best of the Emmy Awards 3:15 - Mocktails & Manicures	<u>19 Tickle the Ivories 20 Tuesday</u> 11:00 - Conversation Ball & Music 11:30 - Jeopardy 3:15 - Watercolor Painting & Famous Piano Players 4:00 - Let's Travel to Germany	<u>20 "Back to School" Memories Day</u> 11:00 - Balloon Toss & Making Music 11:30 - Schooltime Memories (stories & reminiscing) 3:15 - Flower Arranging & 1:1's	<u>21 World Alzheimer's Day</u> 11:00 - Basketball Toss & Book Club 11:30 - Brain Games 3:15 - Lemonade & Hand Massages 4:00 - Flower Arranging & Germany Travelogue	<u>22 Funny Sayings Friday</u> 11:00 - First Day of Fall Fun! 11:30 - Fall Craft 2:00 - Afternoon Movie	<u>23 First Day of Autumn</u> 11:00 - 1:1s 2:00 - Afternoon Movie
<u>24 Yom Kippur Begins at Sundown</u> 11:00 - Morning Music 2:00 - Sunday Cinema	<u>25 "Shel" Silverstein's Birthday</u> 11:00 - Balloon Toss & Sing A Long 11:30 - Poetry Reading 3:15 - Mocktails & Manicures	<u>26 Johnny Appleseed's Birthday</u> 11:00 - Conversation Ball & Music 11:30 - Johnny Appleseed Craft 3:15 - Watercolor Painting 4:00 - Apple Trivia & Treat	<u>27 Chocolate Milk Day</u> 11:00 - Balloon Toss & Making Music 11:30 - Photo Booth Fun! 3:00 - Flower Arranging 3:30 - Chocolate Milk Social & Story Time	<u>28 Good Neighbor Day</u> 11:00 - Basketball Toss & Book Club 11:30 - Love Your Neighbor Social 3:15 - Lemonade & Hand Massages 4:00 - Flower Arranging & Won't You Be My Neighbor (documentary)	<u>29 Fruits of the Harvest Day</u> 11:00 - 1:1s 2:00 - Matinee Movie	<u>30 Little Women Day</u> 11:00 - Saturday Stretch 11:30 - Little Women Quotes & Facts 3:15 - Apple Cider & Book Club 4:00 - Movie: <i>Little Women</i>