

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>August 2024</div> </div>				<div> <div> 9:30 Puzzle Club (B:SR) 10:00 Alpacas Visit 10:30 Wii Bowling 10:30 Monthly Gazette/Daily Gazette (B:B) 11:00 Colorado Statehood Anniversary Trivia and Facts (B:LR) 1:15 Rosary (B:LR) 2:00 Ceramic Painting (B:ACT) 3:30-5 Painting W/ Melissa (B:ACT) </div> <div>1</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Craft Corner (B:ACT) 1:00 Bridge (B:SR) 1:30 Fresh air and Friend w/ WordGames (B:B) 2:30 Talk and Video “The Basilica of Saint Mary of Angels” (B:LR) 3:00 “Color & Sip” Coloring Contest (B:ACT) </div> <div>2</div> </div>	<div> <div> Puzzles Rummikub Creative coloring All available for your enjoyment in the sitting room and or activity room! </div> <div>3</div> </div>
<div> <div> B: ACT 1:00 Bingo 2:30 Water Color Painting </div> <div>4</div> </div>	<div> <div> 9:30 Morning Stretch (B:B) 9:45 Neil Armstrong- “First Man on the Moon” Facts Trivia (B:LR) 10:00 Bridge (B:SR) 10:30 -12 Moon Craft (B:ACT) 1:30 Manicure Monday (B:LR) 3:30-5 Monday Funday Bingo (B:ACT) </div> <div>5</div> </div>	<div> <div> 9:30 Rummikub (B:SR) 10:30-12 Woodshop (B:ACT) 1:30 Ashley Gray Concert (B:LR) 2:30 Word Games (B:ACT) 3:00 Creative Coloring (B:ACT) (I) </div> <div>6</div> </div>	<div> <div> 9:30 Bag-O Toss (B:LR) 10:00 Bridge (B:SR) 10:00 Short Story Time reading (B:B) 10:30 Jewelry Club (B:ACT) 1:30 Wine Down Wednesday w/ Bill Long (B:B) 2:30 Word Games (B:B) 3:30-5 Watercolor Painting (B:ACT) </div> <div>7</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Yahtzee (B:SR) 1:15 Rosary (B:LR) 2:00 Felt Crafting (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT) </div> <div>8</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Craft Corner (B:ACT) 1:00 Bridge (B:SR) 1:30 “Battle of the Flowers” flower arrangement Contest! (B:ACT) 3:00 Flower Judging (BLR) 3:30-5 International Day of the World’s Indigenous People Talk and Video Program (B:LR) </div> <div>9</div> </div>	<div> <div> Puzzles Rummikub Creative coloring All available for your enjoyment in the sitting room and or activity room! </div> <div>10</div> </div>
<div> <div> 10:00 Morning Exercise 10:30 Words With Friends 11:00 Sunday Matinee </div> <div>11</div> </div>	<div> <div> 9:30 Morning Stretch (B:B) 9:45 Craft Corner (B:ACT) 10:00 Bridge (B:SR) 10:30 -12 Scrapbooking (B:ACT) 1:45 Communion Service 2:15 Manicure Monday (B:LR) 4:00-5 Monday Funday Bingo (B:ACT) </div> <div>12</div> </div>	<div> <div> 9:30 Rummikub (B:SR) 10:30-12 Woodshop (B:ACT) 1:30-3 Ceramic Painting (B:ACT) 3:00 Creative Coloring (B:ACT) (I) </div> <div>13</div> </div>	<div> <div> 9:30 Bag-O Toss (B:LR) 10:00 Bridge (B:SR) 10:00 Rummikub (B:ACT) 10:00 Cranium Crunch (B:ACT) 11:00 Party Decorations (B:LR) 2:00 Summer Jam Party starring Music with Mike and Tina! (B:CY) 4:00 Watercolor Painting (B:ACT) </div> <div>14</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Yahtzee (B:SR) 1:15 Rosary (B:LR) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT) </div> <div>15</div> </div>	<div> <div> Puzzles Rummikub Creative coloring All available for your enjoyment in the sitting room and or activity room! </div> <div>16</div> </div>	<div> <div> Puzzles Rummikub Creative coloring All available for your enjoyment in the sitting room and or activity room! </div> <div>17</div> </div>
<div> <div> Antiques Day Bring a antique that you love and share it with the group. Anything from a knick-knack to a brooch or even a painting. 3:00 Antique Roadshow top 10 Most Surprising Discoveries (B:LR) 4:00 Mixed-up Antique Hunting puzzle and Scrabble (B:ACT) </div> <div>18</div> </div>	<div> <div> Puzzles Rummikub Creative coloring All available for your enjoyment in the sitting room and or activity room! </div> <div>19</div> </div>	<div> <div> 9:30 Rummikub (B:SR) 10:30-12 Woodshop (B:ACT) (B:LR) 1:30-3 Ceramic Painting (B:ACT) 3:00 Creative Coloring (B:ACT) (I) </div> <div>20</div> </div>	<div> <div> WEAR WHITE WEDNESDAY 9:30 Bag-O Toss (B:LR) 10:00 Bridge (B:SR) 10:00 Short Story Time reading (B:B) 10:30 Jewelry Club (B:ACT) 1:30 Kangaroo Visit! (B:LR) 2:30 Wine Down Wednesday for National Seniors Day! (B:LR) 3:30-5 Watercolor Painting (B:ACT) </div> <div>21</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Yahtzee (B:SR) 1:15 Rosary (B:LR) 2:00 Craft Corner Sunflower (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT) </div> <div>22</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Craft Corner (B:ACT) 1:00 Bridge (B:SR) 2:30 Singin’ in the Rain/ Gene Kelly Trivia and Facts 3:00 Singin’ in the Rain Movie Matinee (B:LR) 4:00 Umbrella Craft (B:ACT) </div> <div>23</div> </div>	<div> <div> Puzzles Rummikub Creative coloring All available for your enjoyment in the sitting room and or activity room! </div> <div>24</div> </div>
<div> <div> Wizard of Oz Day 1:00: Wizard of Oz Watercolor Painting & Music Hour (B:ACT) </div> <div>25</div> </div>	<div> <div> 9:30 Morning Stretch (B:B) 10:00 Bridge (B:SR) 10:30 -12 Scrapbooking (B:ACT) 1:30 Manicure Monday (B:LR) 3:30-5 Monday Funday Bingo (B:ACT) </div> <div>26</div> </div>	<div> <div> 9:30 Rummikub (B:SR) 10:30-12 Woodshop (B:ACT) 1:30 Craft Corner (B:ACT) 2:30 Tish Brown Concert (B:LR) 3:30 Creative Coloring (B:ACT) (I) </div> <div>27</div> </div>	<div> <div> 9:30 Bag-O Toss (B:LR) 10:00 Bridge (B:SR) 10:00 Short Story Time reading (B:B) 10:30 Jewelry Club (B:ACT) 1:30 Wine Down Wednesday (B:B) 2:30 Word Games (B:LR) 3:30-5 Watercolor Painting)B:ACT) </div> <div>28</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Yahtzee (B:SR) 1:15 Rosary (B:LR) 2:00 Craft Corner(B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT) </div> <div>29</div> </div>	<div> <div> 9:30 Puzzle Club (B:SR) 10:30 Wii Bowling 10:30 Craft Corner (B:ACT) 1:00 Bridge (B:SR) 1:30 Craft Corner(B:ACT) 3:00 Baseball Hall Of Famer Ted William Facts and Trivia 3:45 Wii Baseball (B:LR) COME TAKE A SWING AT IT! 4:30 Major League Baseball word match (B:ACT) </div> <div>30</div> </div>	<div> <div> Puzzles Rummikub Creative coloring All available for your enjoyment in the sitting room and or activity room! </div> <div>31</div> </div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Avondale</div> <div>August 2024</div>				<div>Welcome to August 1</div> <div>10:00: Baseball Balloon Toss with John Denver 10:15: Olympian Fitness & Twister 10:30: Spotlight: John Denver 10:40: Guess the Denver Song & Denver Sing-a-Long 10:50: Olympics Trivia 3:00: Greg Albert Performance</div>	<div>Ice Cream Sandwich Day 2</div> <div>'10:00: Balloon Tennis & Globe Toss 10:15: Flamingo Ring Toss & Wave the Flag Patriotic Fitness 10:30: Reminisce & Finish the Advertising Jingle 10:45: Let's List: Desserts! 3:15: Ice Cream Sandwich Social 4:00: Bowling, Axe Throwing, Darts & More Olympic Games</div>	<div>Happy Saturday 3</div> <div>10:00- Balloon Baseball 10:15- Chair Fit 10:30- Olympic Games 10:45- Name that National Anthem</div>
\	<div>4 Pamper Yourself Day 5</div> <div>10:00: Washers & Hula Hoop Balloon Toss 10:30: Stretch & Meditation 10:45: On This Day in History: Annie & American Bandstand with 50's Trivia 1:30: Shirley Temples & Sing-a-Long 2:00: Let's Paint! 3:15: Summer Cookout 4:00: Rhymes & Hand Massages</div>	<div>Happy Birthday, Lucy! 6</div> <div>10:00: Pool Noodle Batting, Basketball & Olympian Fitness 10:30: Spotlight, Trivia & Reminisce: Lucille Ball & Fun Facts 10:45: Best of I Love Lucy & Finish the Name of the TV Show with Theme Songs! 2:00: Ice Cream & Rhyme Time 3:00: Howard Guarini Performance</div>	<div>Lighthouse Day 7</div> <div>10:15: Pool Noodle Balloon Toss & Cornhole 10:30: TravelFit: Lighthouse Travelogue and Stretch 10:45: Lighthouses Around the States, plus Lighthouse Trivia & Fun Facts 1:30: Pet Therapy with Lincoln 2:15: Water Painting 3:00: Musical Reminiscing Social 4:00: Parachute/Uniband</div>	<div>Magic 8 Ball & Cat Day 8</div> <div>10:00: Baseball Bat & Knock Down the Duck with Fats Domino 10:15: Scarf Stretch & Ball Toss 10:30: Musical & Vintage Toys Jeopardy 10:45: Cat Short Story & Happy Cat Clip of the Day with Pet Reminiscing 2:00: Michael & Tina Performance</div>	<div>Smokey Bear's Birthday 9</div> <div>10:00: Balloon Tennis & Beach Ball Basketball 10:15: Axe Throwing 10:30: Chair One Fitness & Drumming 10:45: Spotlight & Reminisce: Smokey Bear 1:00: Manicures, Music & Aromatherapy</div>	<div>Smores Day 10</div> <div>10:00 Morning Stretch 10:15: Balloon Toss 10:30 Campfire Singalong</div>
11	<div>World Elephant Day 12</div> <div>10:00: Hula Hoop Balloon Toss & Poem 10:15: Bean Bag Toss & Ladderball 10:30: Kickball & Movement with Maracas 10:45: What Animal Am I & Spotlight: Elephants 2:30: Sing-a-Long & Stretch, plus Finish the Rhyme & Phrase 3:15: Sweets Social & Musical Bingo 4:15: Hand Massages</div>	<div>Don Ho Day 13</div> <div>10:00: Pool Noodle Balloon Toss with Don Ho 10:15: Kan Jam, Beach Pail Bean Bag Toss & Scarf Stretch 10:45: Where Am I Brain Fitness & Spotlight: Don Ho 2:15: Snow Cones & Music 2:45: Sing-a-Long & Rhyme with Egg Shakers</div>	<div>Little League World Series 14</div> <div>10:15: Wiffle Ball Throw, Batting Practice & Horseshoes with Baseball Tunes 10:30: Chair One & Twister Toss 10:45: Name 5 & Clue 1:30: Musical Stretch & Sing with Gelato 2:00: Small Group: Painting Seashells & Building a Beach Craft 3:00: Beach Social 4:00: 1-1 Resident Time</div>	<div>Woodstock Anniversary 15</div> <div>10:00: Batting & Beach Ball Toss with Woodstock Tunes 10:15: Flower Stretch, Meditation & Positive Affirmations 10:30: Musical Dice & Chuck the Duck. & Opposite Words BrainFit 10:45: Reminiscing: Woodstock Fun Facts & Trivia 3:15: Manicures & Music</div>	<div>Klondike Day 16</div> <div>10:00: Balloon Tennis & Globe Toss with the Andrews Sisters 10:15: Put Put & Big Pong 10:30: Drum Fitness 10:45: The Price is Right 3:15: Let's Bake!</div>	<div>Happy Saturday 17</div> <div>10:00 Morning Stretch 10:15 Balloon Toss 10:30 Fresh Air and Friends</div>
18	<div>Once in A Blue Moon Day 19</div> <div>10:00: Hula Hoop Balloon Toss 10:15: Beach Ball Toss & Washers 10:30: Tambourine Tappin' Fitness 10:45: Occupation Brain Fitness & Crossword Puzzle 1:30: Musical Stretch & Chocolate Frosty 2:00: Dressing Up For Glam Shots 3:15: Glamorous Tea Party and Sing-a-Long</div>	<div>Snow White Day 20</div> <div>10:00: Pool Noodle Balloon Bounce & Flamingo Ring Toss with Big Mama Thornton 10:15: Roll an Exercise, Basketball & Move with the Music with Egg Shakers 10:30: Kickball & Guess the Instrument 10:45: Reminiscing: Snow White 2:15: Music & Snow White Drink with Parachute/Uniband</div>	<div>Wedding Anniversary Day 21</div> <div>10:00: Ballet 1:00: Kangaroo Visit 1:30: Wedding Anniversary Celebration: Love Song Sing-a-Long with Treats & Reminiscing on Love 3:00: Happy Hour with Hats & Margaritas 3:45: Sunflower Painting</div>	<div>Sunflower Day 22</div> <div>10:00: Baseball Bat & Knock Down the Duck with the Supremes 10:15: Chair Yoga and Guided Breathing with Positive Affirmations 10:30: Words of Wisdom, Happy Animal Videos & Name that Tune 10:45: Brain Fitness: Things that Go Together & Madlibs 3:15: Manicures & Music</div>	23	<div>Peach Day 24</div> <div>10:00: Balloon Batting 10:15: Morning Musical Fitness with Props 10:30: Roll the Musical Dice 3:00: Ice Cream Social</div>
25	26	<div>Set a Record Day 27</div> <div>10:00: Pool Noodle Balloon Batting & Globe Toss with National Anthems Around the World 10:15: Kickball and Movement with Maracas 10:30: Minute to Win It 10:45: World Record Viewings & True or False Brain Fitness 2:15: Treats & Music 2:45: Childhood Reminiscing & Set a Record Game!</div>	<div>"I Have a Dream" Day 28</div> <div>10:00: Ballet 1:30: Musical Jeopardy & Lemonade 2:00: Scrapbook & Craft Circle 3:00: Let's Bake!</div>	<div>Philly Phanatic Day 29</div> <div>10:00: Baseball Batting & Ball Toss with Patti Page 10:15: PomPom & Drum 10:30: Spotlight & Sing: Mary Poppins 10:45: Rhymes, Phrases & Tongue Twisters 3:15: Ice Cream Social with Toppings Bar & Philly Phanatic Photo Booth</div>	<div>Marshmallow Day 30</div> <div>10:00: Balloon Tennis with Leslie Gore 10:15: Marshmallow Toss 10:30: Brain Fitness: Name the Presidents & Who is that Familiar Face? 10:45: Roll an Artist 3:15: Manicures, Music & Aromatherapy</div>	31

Activites are subject to change. On nice days, will go outside in the afternoon.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div>August 2024</div>								<div>Welcome to August Day1</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Monthly Gazette 1:30 Test Your August IQ 2:00 Guess The Flavor</div>		<div>2</div> <div>Open Art Studio Let's Be Creative!</div>		<div>Whodunnit? Day3</div> <div>1:30- Chair Exercise 1:45- Olympic Trivia 2:00- Alphabet Game Sports 2:15- Name that County</div>	
<div>4</div> <div>Open Art Studio Let's Be Creative!</div>		<div>American Bandstand Day5</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00Lets Talk American Bandstand 1:30 CC: Ring Toss 2:30 Manicures and Movies</div>		<div>Fresh Breath Day6</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Word Match 11:30 Name 5 1:30 Word Teasers (Firsts) 2:00 Bake Club Waffle Cup Sundae 3:00 Memory Joggers 4:00 Name That Tune</div>		<div>National Lighthouse Day7</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Washer Toss 11:30 History Trivia 1:30 Jeopardy 2:00 Greg Albert 3:00 Wine Down Wednesday 4:00 Conversation With Friends</div>		<div>National Fried Chicken and Waffles Day8</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Words With Friends 1:30 Fill In The Blanks 2:00 Fried Chicken and Waffles 3:00 Thursday Matinee</div>		<div>9</div> <div>Open Art Studio Let's Be Creative!</div>		<div>S'more Day10</div> <div>1:30 Daily Affirmation 1:45 Daily Chronicle 2:00 Homemade smores Ice Cream</div>	
<div>11</div> <div>Open Art Studio Let's Be Creative!</div>		<div>12</div> <div>Open Art Studio Let's Be Creative!</div>		<div>Wear Your Birthstone Day13</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Guess 10 11:30 Rhyme Tyme 1:30 Memory Joggers 2:00 Manicures And Movies</div>		<div>Creamsicle Day14</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Who Am I 11:30 Fill In The Blank 1:30 Find The Word 2:00 Carmen Tornambe 3:00 Wine Down Wednesday 4:00 Porch Chats With Music Trivia</div>		<div>French Cooking Day15</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Twister Bean Bag Toss 11:30 Who's Line Is It 1:30 Word Teasers (Riddles) 2:00 Mimosa and Croissants 3:00 Thursday Matinee</div>		<div>National Tell a Joke Day16</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Dad Jokes 11:30 Fun Pun 1:30 Memory Joggers 2:00 Chuck The Duck 3:00 Friday Social (Bingo)</div>		<div>Vacation Memories Day17</div> <div>1:30 Watercolor Painting w/ Melissa (C:ACT) 2:30 Word Games (C:LR)</div>	
<div>18</div> <div>Open Art Studio Let's Be Creative!</div>		<div>Cupcake Day in Australia19</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 ABC Word Game 1:30 CC: Banana Pudding With Name 5 2:30 Manicures and Movies</div>		<div>National Lemonade Day20</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Roller The Letter 11:30 Fill In The Blank 1:30 Catch The Circle 2:00 Pete And Ted 3:00 Porch Chats With Whip Lemonade</div>		<div>National Senior Citizens Day21</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 ABC Game 1:30 Name That Tune 2:00 Wine Down Wednesday 3:00 Connor Kirk 4:00 Porch Chats with Popsicles</div>		<div>Sunflower Day22</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Wheel Of Fortune 11:30 ABC Games 1:30 Word Teasers (Misconceptions) 2:30 Art Club (Plant Your Own Sunflower) 3:30 Thursday Matinee</div>		<div>"Singin' in the Rain" Day23</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Balloon Volleyball 11:30 Memory Joggers 1:30 Singing In The Rain 3:00 Friday Social 4:00 Conversations with Friends</div>		<div>Peach Day24</div> <div>11:00: Morning Musical Fitness 11:15: Positive Affirmations 11:20: Kan Jam, Bean Bag Toss & More Games!</div>	
<div>25</div> <div>Open Art Studio Let's Be Creative!</div>		<div>Cherry Popsicle Day26</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Finish The Line 1:30 CC: Cherry Popsicle With Friends 2:30 Manicures and Movies</div>		<div>National Cinema Day27</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Giant Pong 11:30 Scrabble 1:30 Name That Tune 2:00 Bake Club (Lemon Bars) 3:00 Cinema Matinee 4:00 Conversations With Friends</div>		<div>Ringer Day28</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Who Am I 11:30 Words With Friends 1:30 Catch The Circle 2:00 Giant Bowling 3:00 Ajibola Rivers 4:00Porch Chats With Ice Tea</div>		<div>A Hallmark Day29</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Mind Match 11:30 Name 5 1:30 Rhyme Time 2:00 Giant Jenga 3:00 Thursday Matinee</div>		<div>Golden Onion Days Begin30</div> <div>10:00 Daily Affirmations 10:15 Chair One Fitness 10:45 Daily Chronicle 11:00 Word Teasers (Live Laugh Learn) 11:30 Rapid Fire 1:30 Fun Pun 2:00 Jumbo Pong 3:00 Friday Social (Monthly Bday Celebration)</div>		<div>31</div> <div>Open Art Studio Let's Be Creative!</div>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Chatham C</div> <div>August 2024</div>				Welcome to August ¹ 11:10: Baseball Balloon Batting & Twister Toss with John Denver 11:20: Work Out Like an Olympian & Olympian Trivia 11:40: Spotlight: John Denver - Guess the Denver Song & Denver Sing-a-Long 3:00: Greg Albert Performance (Avondale)	Ice Cream Sandwich Day ² 11:00: Balloon Tennis & Globe Toss 11:15: Flamingo Ring Toss 11:20: Wave the Flag Patriotic Fitness 11:30: Musical & Stately Trivia 11:45: Let's List: Desserts! 11:50: Memory Tray 1:30: Sweets Social 2:00: Musical Bingo	Happy Saturday ³ 11:00- Balloon Baseball 11:15- Chair Fit 11:30- Olympic Games 11:45- Name that National Anthem
	4 Pamper Yourself Day ⁵ 11:10: Hula Hoop Balloon Toss with Music from Annie 11:20: Washers 11:30: Stretch & Meditation with Tapping & Grounding Exercises 11:45: On This Day in History: Annie & American Bandstand with 50's Trivia 1:30: Ring Toss 1:45 Let's Talk American Bandstand 2:15 Memory Joggers	Happy Birthday, Lucy! ⁶ 11:00: Pool Noodle Balloon Toss 11:20: Basketball 11:30: Chair One Fitness 11:40: Spotlight & Reminisce: Lucille Ball & Fun Facts 11:45: Best of I Love Lucy & Guess that TV Show/Finish the Name 1:10: Ice Cream Social 1:40: Rhyme Time & Finish the Line	Lighthouse Day ⁷ 11:10 Balloon Bounce & Cornhole 11:20: TravelFit: Lighthouse Travelogue & Stretch 11:40: Lighthouses Around the US 11:50: Enjoy & Identify the Sounds: Instruments, Birds & Nature 1:00: Pet Therapy with Pup, Lincoln 2:00: Greg Albert Performance (Chatham Living Room)	Magic 8 Ball & Cat Day ⁸ 11:10: Baseball Balloon Batting & Knock Down the Duck with Fats Domino 11:20: Scarf Stretch 11:30: Reminisce & List Vintage Toys- Plus, History & Fun Facts on the Magic 8 Ball 11:45: Cat Short Story & Pet Reminiscing 2:00: Michael & Tina Performance (Avondale)	Smokey Bear's Birthday ⁹ 11:10: Balloon Tennis 11:20: Axe Throwing 11:30: Darts & Kan Jam 11:40: Tambourine Fitness & Positive Affirmations 11:45: Spotlight & Reminisce: Smokey Bear 1:15: Manicures, Music & Aromatherapy	Happy Saturday ¹⁰ 11:00 Morning Stretch 11:15 Balloon Toss 11:30 Campfire Singalong
	11 World Elephant Day ¹² 11:10: Hula Hoop Balloon Toss 11:20: Beach Ball Toss & Ladderball 11:30: Kickball 11:40: What/Who/Where Am I Brain Fitness Games 11:45: Conversation Ball & Poem of the Day 1:30: Music & Treats 1:45 Name Five 2:00 Rhyme Time 2:15 Word Teasers	Don Ho Day ¹³ 11:10: Pool Noodle Balloon Toss with Don Ho 11:20: Kan Jam & Beach Pail Bean Bag Toss 11:30: Scarf Stretch 11:40: Crossword Puzzle 11:50: Spotlight: Don Ho 2:00: Pete and Ted (Chatham Living Room)	Little League World Series ¹⁴ 11:10: Baseball Batting with Baseball Tunes 11:20: Wiffle Ball Throw 11:30: Twister Toss 11:45: Let's Chat: Little League World Series- Best Moments, Fun Facts, Trivia & Baseball Sing-a-Long 2:00: Carmen Tornambe Peformance (Chatham Living Room)	Woodstock Anniversary ¹⁵ 11:00: Baseball Balloon Toss with Woodstock Tunes 11:20: Flower Stretch & Imagine That Relaxation Technique with Meditation 11:30: Musical Jeopardy: Woodstock Edition 1:30: Monthly Birthday Party- Celebrating August Birthdays!	Klondike Day ¹⁶ 11:10: Balloon Tennis & Globe Toss with the Andrews Sisters 11:20: Darts & Pong 11:30: Drum Fitness & Rapid Rumble 11:45: The Price is Right- Guess the Price! 1:15: Manicures, Music & Aromatherapy	Happy Saturday ¹⁷ 3:00 Word Games 3:45 Water Color Painting
	18 Once in A Blue Moon Day ¹⁹ 11:10: Hula Hoop Balloon Toss 11:20: Beach Ball Toss & Washers 11:30: Tambourine Tappin' Fitness 11:40: Morning Brain Fitness: Alphabet Game & Trivia 11:50: Wheel of Fortune 1:30: Banana Pudding with Name 5 1:45 Who am I 2:00 Name that Tune	Lemonade Day ²⁰ 11:10: Pool Noodle Balloon Toss with Big Mama Thornton 11:20: Basketball 11:30: Egg Shaking Exercise 11:45: Reminiscing, Trivia & Fun Facts: Snow White & the 7 Dwarves 1:10: Snow White Social with Snow White Floats 1:40: Bowling	Senior Citizens Day ²¹ 11:10: Balloon Tennis & Bean Bag Toss 11:25: Movement with Maracas 11:35: Kan Jam 11:45: Name 5 and True or False Brain Fitness 1:00: Kangaroo Visit 3:00: Connor Kirk Performance (Chatham Living Room)	Sunflower Day ²² 11:10: Baseball Batting & Knock Down the Duck with the Supremes 11:20: Chair Yoga and Guided Breathing with Positive Affirmations 11:30: Words of Wisdom & Happy News 11:45: American Sign Language 11:50: Listing: Flowers & Short Story 1:30: Gaming Hour: Volleyball, Board Games, Jenga & More		Peach Day ²⁴ 11:30: Balloon Batting and Morning Musical Fitness with Props 11:45: Brain Fitness Games
	25 Dog Day ²⁶ 11:10: Hula Hoop Balloon Toss 11:20: Ladderball 11:30: Drum Fitness & Conversation Ball 11:40: Put-Put 11:50: Musical Trivia 1:30: Cherry Popsicles with Friends 1:45 History Trivia 2:15 Fill in the Blanks	Set a Record Day ²⁷ 11:10: Pool Noodle Balloon Toss 11:20: Disc Toss & Chuck the Duck 11:35: Morning Stretch, Guided Mediation & Positive Affirmations 11:45: World Record Viewings & Break A Record Gaming! 1:15: Snow Cone Social 1:40: Music & Kan Jam	"I Have a Dream" Day ²⁸ 11:10: Balloon Batting & Beach Ball Toss 11:20: Pong & Horseshoes 11:30: Wave the Flag Patriotic Fitness 11:40: True or False 11:50: MadLibs/Fill in the Blank Poetry 3:00: Ajibola Rivers Performance (Chatham Living Room)	A Hallmark Day ²⁹ 11:10: Baseball Batting Patti Page 11:20: Velcro Ball Toss & Twister 11:30: Chair One Fitness 11:40: Spotlight & Sing: Mary Poppins 11:50: Drama Exercises / Tongue Twisters 1:30: Summer Watercolor Painting: Beach, Sailboat, Sunflowers + More	Marshmallow Day ³⁰ 11:10: Balloon Tennis with Leslie Gore 11:20: Marshmallow Toss & Axe Throwing 11:30: Roll an Artist 11:45: Name the Presidents & Who is That Familiar Face? 1:30: Music, Manicures & Aromatherapy	

Activites are subject to change.