

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30: Wake Up with Holiday Tunes 11:00: Holiday Balloon Badminton 11:30: Santa Senior Olympics: Bean Bag Battle  1:30: Christmas Sing A Long & Piano Playing 2:30: Wooden Holiday Painting	9:30: Wake Up with Doris Day <b>11:00: Dog Therapy with Gunny</b>  1:30: Holiday Caroling & Piano Playing with Rachael 2:00: Holiday Decorating	9:30: Wake Up with Ella Fitzgerald 11:00: Swat The Snowflake 11:15: Basketball Toss 11:30: Gentle Stretch 11:45: Name The Christmas Carol & Sing Along!  <b>3:15: Live Music &amp; Birthday Social with Katy Miller</b>	9:30: Wake Up with Bing 11:00: Snowman Ring Toss 11:15: Balloon Badminton 11:30: Musical Movement 11:45: Holiday Fact or Fiction  1:30: Manicures, Music & Aromatherapy  3:15: Virtual Holiday Concert with Bing Crosby	9:30: Wake Up with Frank Sinatra 11:00: Balloon Wack 11:15: Santa Slam 11:30: Jingle Bell Fitness 11:45: Holiday Scent Guessing  1:30-3:00: Holiday Baking	<b>11:00: Balloon Keep Up!</b> <b>11:15: Ball Basket Bouncer</b> <b>11:30: Hula Hoop Target</b> <b>11:45: Holiday Sing A Long with Mary!</b>
<b>Balloon Toss &amp; Singing in the Living Room</b>  <b>Calming Music &amp; Creative Coloring</b>	9:30: Wake Up with Holiday Tunes 11:00: Holiday Balloon Badminton 11:30: Bean Bag Toss  1:30: Carols with Rachael 2:00: Wreath Decorating <b>3:00: Live Music with Robinlee Garber</b>	9:30: Wake Up with Andy Williams 11:00: Big Balloon Bounce 11:15: Snowball Throw 11:30: Stretch and Sing 11:45: Name The Holiday Movie  1:30: Hot Beverage & Chat 2:00: Holiday Drum Circle	9:30: Wake Up with the Birds 11:00: Swat The Snowflake 11:15: Basketball Toss 11:30: Gentle Stretch 11:45: Name The Christmas Carol & Sing Along  <b>3:00: Live Music with Arlyn Wolters</b>	9:30: Wake Up with Nat King Cole 11:00: Snowman Ring Toss 11:30: Musical Movement 11:45: Holiday Fact or Fiction  1:30: Manicures, Music & Aromatherapy 3:15: Virtual Holiday Concert: Bing Crosby	9:30: Wake Up with Como 11:00: Balloon Wack 11:15: Santa Slam 11:30: Jingle Bell Fitness 11:45: Holiday Scent Guessing  1:30-3:00: Holiday Baking	<b>10:00 - Big Balloon Bounce</b> <b>10:15 - Bean Bag Toss</b> <b>10:30 - Stretch and Sing</b> <b>10:45 - Daily Chronicle &amp; Name 5</b>
	9:30: Wake Up with Holiday Tunes 11:00: Holiday Balloon Badminton 11:30: Bean Bag Toss  1:30: Santa Senior Olympics: Games, Runway & Awards 2:30: Santa Clause Volleyball Tournament	9:30: Wake Up with Wildlife <b>10:30: Christmas Carols</b> 11:15: Snowball Throw 11:30: Stretch and Sing 11:45: Name The Holiday Movie  1:30: Move & Groove with Rachael: Knock Down the Clause <b>2:00: Dog Therapy with Gunny</b>	9:30: Wake Up with Brenda Lee 11:00: Swat The Snowflake 11:15: Basketball Toss 11:30: Gentle Stretch 11:45: Name The Christmas Carol & Sing Along!  <b>1:30: Look Who's Dancing</b>  <b>3:00: Live Music with Randy Ruffin</b>	9:30: Wake Up with the Christmas Cowboy, Gene Autry 11:00: Snowman Ring Toss 11:30: Musical Movement 11:45: Holiday Fact or Fiction  1:30: Manicures, Music & Aromatherapy 3:15: Virtual Holiday Concert with Bing Crosby	9:30: Wake Up with Dean Martin 11:00: Balloon Wack 11:15: Santa Slam 11:30: Jingle Bell Fitness 11:45: Holiday Scent Guessing  1:30-3:00: Holiday Baking	<b>10:00 Christmas Balloon toss</b> <b>10:15 Christmas Sing A Long</b> <b>10:45 Snowball Fight</b> <b>11:00 Christmas Painting</b>
<b>Balloon Toss &amp; Singing in the Living Room</b>  <b>Calming Music &amp; Creative Coloring</b>  Winter Begins	9:30: Wake Up with Mozart 11:00: Holiday Balloon Badminton 11:30: Bean Bag Toss  1:30: Santa Senior Olympics: Wrap-A-Thon  2:15: Holiday Watercolor Painting	9:30: Wake Up with Wildlife 11:00: Snowball Throw 11:30: Stretch and Sing  1:30: Holiday Octaband & Parachute Fun 2:00: Holiday Photobooth 2:30: Avondale Holiday Piano Concert	9:30: Wake Up with the Birds 11:00: Swat The Snowflake 11:15: Basketball Toss 11:30: Gentle Stretch & Sing  1:30: Holiday Baking <b>3:00: Holiday Costume Party &amp; Live Music with Gerry Clark</b>	<b>1:00 - 2:00 - Holiday Hot Cocoa, Cookies &amp; Caroling!!!</b>  Christmas	9:30: Wake Up with Mozart 11:00: Balloon Wack 11:15: Santa Slam 11:30: Jingle Bell Fitness 11:45: Holiday Scent Guessing  1:30-3:00: Holiday Baking  Kwanzaa Begins	<b>Balloon Toss &amp; Singing in the Living Room</b>  <b>Calming Music &amp; Creative Coloring</b>
<b>Balloon Toss &amp; Singing in the Living Room</b>  <b>Calming Music &amp; Creative Coloring</b>	9:30: Wake Up with Classical 11:00: Holiday Balloon Badminton 11:30: Bean Bag Toss  1:30: Sing & Stretch with Science for Seniors 2:30: Winter Snow Painting	9:30: Wake Up with Wildlife 11:00: Big Balloon Bounce 11:15: Snowball Throw 11:30: Stretch and Sing 11:45: Name The Holiday Movie  1:30: Hot Beverage & Sing <b>2:00: Dog Therapy with Gunny</b>	9:30: Wake Up with the Birds 11:00: Swat The Snowflake 11:15: Basketball Toss 11:30: Gentle Stretch & Sing  <b>3:00: New Year's Eve Celebration with Live Music from Starlene Bey</b>  New Year's Eve	<div>December</div>		

Activities are subject to change.




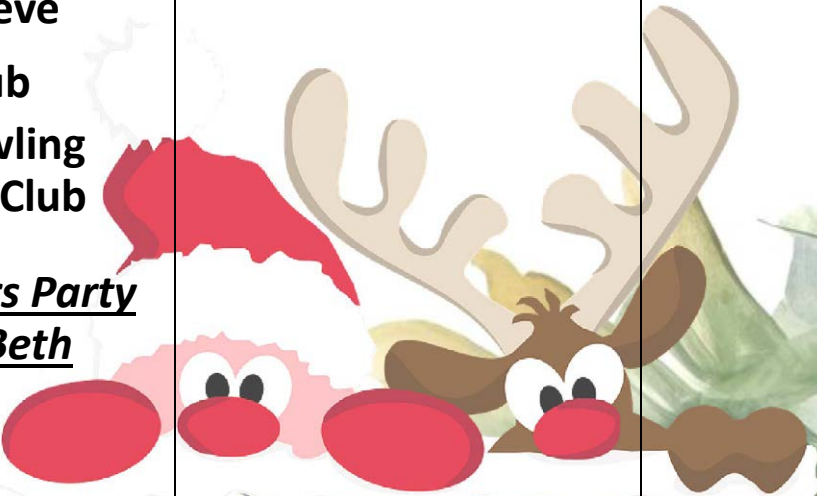
# DECEMBER

## 2025 Berwyck Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Catholic service on TV every day on Ch 291 8am &amp; 12 noon. Christian Song &amp; Scripture on Ch 19 &amp; Ch 287 every day</p>	<p><b>1</b> 9:30 Christmas Decorating (B:LR) 10:00 Wii Bowling 10:30-12 Scrapbooking (B:ACT) 1:30 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT)</p>	<p><b>2</b> 9:30 Christmas Decorating (B:ACT) 10:00 Woodshop (B:ACT) wood ornaments 1:30-3:00 Craft Corner (B:ACT) Christmas Craft! 3:00 Bridge (B:SR)</p>	<p><b>3</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!</p>	<p><b>4</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!</p>	<p><b>5</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!</p>	<p><b>6</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!</p>
<p><b>7</b> 1:30-3:00: Ornament making with Mary in the activity room! Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!</p>	<p><b>8</b> 1:30 Communion Service (B:LR) Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!</p>	<p><b>9</b> 9:30 Puzzle Club 10:00 Woodshop (B:ACT) Snowflakes <u>1:30 Live Music w/ Derrick Baldwin (B:LR)</u> 2:30 Creative Coloring (B:ACT) 3:00 Bridge (B:SR)</p>	<p><b>10</b> 9:30 Rummikub 10:00 Wii Bowling 10:00 Jewelry Club (B:ACT) 1:30 Craft Corner (B:ACT) X-mas Diamond Art 2:30 Wine Down Wednesday (B:B) 3:30-5 Watercolor Painting (B:ACT)</p>	<p><b>11</b> 9:30 Puzzle Club 10:30 Bingo (B:ACT) <u>1:30 Bill Long Sing-A-Long (B:LR)</u> 2:30 Craft Corner (B:ACT) Ornament sewing 3:30-5 Painting Class W/ Melissa (B:ACT)</p>	<p><b>12</b> 9:30 Rummikub 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:ACT) X-mas Wreath 3:00 Project Finishing (B:ACT) 4:00 Bingo (B:ACT)</p>	<p><b>13</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!</p>

**SEATED EXERCISE**  
Monday–Friday  
9:00am & 10:00am  
On Channel 98



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>14</b> 1:00 Winter Watercolor Painting with Sarah Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room	<b>15</b> 9:30 Rummikub (B:SR) 10:00 Wii Bowling 10:00-12 Scrapbooking (B:ACT) 1:30 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT)	<b>16</b> 9:30 Puzzle Club 10:00 Woodshop (B:ACT) Wood Beaded garland 1:30 Ceramic Painting 2:30 Creative Coloring (B:ACT) 3:00 Bridge (B:SR)	<b>17</b> 9:30 Rummikub 10:00 Wii Bowling 10:00 Jewelry Club (B:ACT) <u>1:30 Live Music w/ Joe Plush (B:LR)</u> 2:30 Wine Down Wednesday (B:B) 3:30-5 Watercolor Painting (B:ACT)	<b>18</b> 9:30 Puzzle Club 10:30 Bingo (B:ACT) 1:15 Rosary (B:LR) 1:45 Craft Corner (B:ACT) X-mas Tree Making 3:30-5 Painting Class W/ Melissa (B:ACT)	<b>19</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	<b>20</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
<b>21</b> 1:30 Christmas Cookie Baking Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room	<b>22</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	<b>23</b> 9:30 Puzzle Club 10:00 Woodshop (B:ACT) <u>1:30 Christmas Party w/ music by Carmen Tornambe (B:LR)</u> 3:00 Bridge (B:SR)	<b>24</b> 9:30 Rummikub 10:00 Wii Bowling 10:00 Jewelry Club (B:ACT) 1:30 Craft Corner (B:ACT) Socking craft 2:30 Wine Down Wednesday (B:B) 3:30-5 Watercolor Painting (B:ACT)	<b>25</b>  2:00 - 3:00 Holiday Hot Cocoa, Cookies & Caroling!!!	<b>26</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	<b>27</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
<b>28</b> Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	<b>29</b> 9:30 Rummikub (B:SR) 10:00 Wii Bowling 10:00-12 Scrapbooking (B:ACT) 1:30 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT)	<b>30</b> 9:30 Puzzle Club 10:00 Woodshop (B:ACT) 1:15 Bag Toss (B:LR) 2:15 Wii Games (B:LR) 2:30 Creative Coloring (B:ACT) 3:00 Bridge (B:SR)	<b>31 new years eve</b> 9:30 Rummikub 10:00 Wii Bowling 10:00 Jewelry Club (B:ACT) <u>1:30 New Years Party w/ Music by Beth Mead (B:LR)</u>			



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>1</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Target the Tower 11:00: The Alphabet Game 11:30: Daily Chronicle  1:30: Musical Monday (Manicures)! 3:00: Giant Balloon Group Play 4:00: List 'Em by Letter</div>	<div>2</div> <div>9:30: Good Morning Chair Fitness 10:00: Swat the Fly 10:30: Baseball Catch 11:00: Word Scrambles 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!</div>	<div>3</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Disc Golf 11:00: Name 5 11:30: Daily Chronicle  <div>2:00: Live Music Performance with Katy Miller!</div> 3:15: Wine Down Wednesday! 4:15: Chair Line Dancing!</div>	<div>4</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Ball Darts 11:00: Scattergories 11:30: Daily Chronicle  1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!</div>	<div>5</div> <div>Open Art Studio! Art Kits Available and Axe Throwing set up to enjoy!</div>	<div>6</div> <div>1:30: Afternoon Chair Fitness 2:00: Pool Noodle Bat 2:30: Slammo 3:00: Crossword</div>
<div>7</div> <div>Open Art Studio! Enjoy Some Air Hockey, Rummikub, or Calm Coloring</div>	<div>8</div> <div>Open Art Studio! Art Kits Available and Air Hockey set up to enjoy!  <div>1:30: Communion in the Berwyck Living Room</div></div>	<div>9</div> <div>9:30: Good Morning Chair Fitness 10:00: Baseball Bat Around 10:30: Basket Bouncer 11:00: Wordle 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!</div>	<div>10</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Horse Shoes 11:00: Wheel of Fortune Puzzles 11:30: Daily Chronicle  <div>2:00: Live Music Performance with Liz Rogers!</div> 3:15: Wine Down Wednesday! 4:15: Chair Line Dancing!</div>	<div>11</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Basketball Dunk 11:00: Split Words 11:30: Daily Chronicle  1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!</div>	<div>12</div> <div>9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Bean Bag Toss 11:00: Hangman 11:30: Daily Chronicle  1:30: Movie Matinee (Manicures)! 3:00: Team Games 4:00: Crosswords</div>	<div>13</div> <div>1:00: Stretch with Sarah 1:15: Big Balloon Bounce 1:30: Bottle Bash 1:45: Name The Holiday Tune</div>
<div>14</div> <div></div>	<div>15</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Toss It Golf 11:00: Trivia 11:30: Daily Chronicle  1:30: Musical Monday (Manicures)! 3:00: Giant Balloon Group Play 4:00: List 'Em by Letter</div>	<div>16</div> <div>9:30: Good Morning Chair Fitness 10:00: Swat the Fly 10:30: Magnet Darts 11:00: Lets Write a Poem! 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!</div>	<div>17</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Cornhole 11:00: Guess the Answer! 11:30: Daily Chronicle  <div>2:00: Live Music Performance with Mike &amp; Tina!</div> 3:15: Wine Down Wednesday! 4:15: Chair Line Dancing!</div>	<div>18</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Ring Toss 11:00: Taboo 11:30: Daily Chronicle  1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!</div>	<div>19</div> <div>9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Axe Throwing 11:00: List 10 11:30: Daily Chronicle  1:30: Movie Matinee (Manicures)! 3:00: Team Games 4:00: Crosswords</div>	<div>20</div> <div>3:00: Christmas Movie and Manicures!</div>
<div>21</div> <div></div>	<div>22</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Football Toss 11:00: Word Scrambles 11:30: Daily Chronicle  1:30: Musical Monday (Manicures)! 3:00: Giant Balloon Group Play 4:00: List 'Em by Letter</div>	<div>23</div> <div>9:30: Good Morning Chair Fitness 10:00: Baseball Bat Around 10:30: Tic Tac Toss 11:00: Name 5 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!</div>	<div>24</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Target the Tower 11:00: Scattergories 11:30: Daily Chronicle  <div>2:00: Holiday Party with Live Music from Randy Ruffin!</div> 4:15: Sing Along Until Dinner!</div>	<div>25</div> <div></div>	<div>26</div> <div>9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Baseball Catch 11:00: Wordle 11:30: Daily Chronicle  1:30: Movie Matinee (Manicures)! 3:00: Team Games 4:00: Crosswords</div>	<div>27</div> <div>9:30-Fitness Fun w/Jorge! 9:45-Daily Chronicle 10:00-Words in a Word 10:15-Big Balloon Toss</div>
<div>28</div> <div>Open Art Studio! Enjoy Some Ring Toss, Scattergories, or Calm Coloring</div>	<div>29</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Disc Golf 11:00: Wheel of Fortune Puzzles 11:30: Daily Chronicle  1:30: Musical Monday (Manicures)! 3:00: Giant Balloon Group Play 4:00: List 'Em by Letter</div>	<div>30</div> <div>9:30: Good Morning Chair Fitness 10:00: Swat the Fly 10:30: Ball Darts 11:00: Split Words 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!</div>	<div>31</div> <div>9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Ring Toss 11:00: Hangman 11:30: Daily Chronicle  <div>2:00: New Years Eve Party with Live Music from Jade Wesley!</div> 4:15: Sing Along Until Dinner!</div>	<div></div>		



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Chatham</div> <div>C</div>	9:30 - Wake Up With: Classical Holiday Music 10:00 - Swat The Snowflake 10:15 - Basketball Toss 10:30 - Gentle Stretch & Sing Along!!  1:30 - Movie Matinee & Manicures 3:30 - Balloon Bounce 4:00 - Boardgames At The Round Table	9:30 - Wake Up With: Gentle Jazz Music 10:00 - Snowman Ring Toss 10:30 - Musical Movement 11:30 - <b>Dog Therapy With Gunny</b>  1:30 - Craft: Ornament Making 3:30 - Toss and Talk 4:00 - Name 5 4:30 - Holiday Sing Along	9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:15 - Snowball Throw 10:30 - Morning Mindfulness 10:45 - Name The Christmas Carol  2:00 - <b>Live Music Performance With: Katy Miller</b> 3:30 - Warm Drinks & Cookies 4:30 - Guess A Letter	9:30 - Wake Up With: Holiday Carols 10:00 - Balloon Wack 10:15 - Santa Slam 10:30 - Musical Movement 10:45 - Name The Holiday Movie  1:30 - Baking! 2:30 - Treat and Chat 3:00 - The Dean Martin Christmas Show	9:30 - Wake Up With: Instrumental Holiday Music 10:00 - Balloon Keep Up 10:15 - Rooftop Drop 10:30 - Gentle Stretch 10:45 - Holiday Scent Guessing  1:30 - Relaxing Hand Massages 3:00 - Ice Cream Social 4:00 - Balloon Bounce 4:30 - Holiday Guess A Letter	<div>10:00: Team Balloon Play w/ Mary!</div> <div>10:15: Basket Bouncer</div> <div>10:30: Holiday Sing Along!</div>
<div>Morning: Balloon Toss &amp; Singing in the Living Room</div> <div>Afternoon: Music &amp; Calm Coloring</div>	9:30 - Wake Up With: Classical Holiday Music 10:00 - Swat The Snowflake 10:15 - Basketball Toss 10:30 - Gentle Stretch & Sing Along!!  1:30 - Movie Matinee & Manicures 3:30 - Balloon Bounce 4:00 - Boardgames At The Round Table	9:30 - Wake Up With: Gentle Jazz Music 10:00 - Snowman Ring Toss 10:15 - Balloon Badminton 10:30 - Musical Movement 10:45 - Holiday Fact or Fiction  1:30 - Craft: Ornament Making 3:30 - Toss and Talk 4:00 - Name 5 4:30 - Holiday Sing Along	9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:15 - Snowball Throw 10:30 - Morning Mindfulness 10:45 - Name The Christmas Carol  2:00 - <b>Live Music Performance With: Liz Rogers!</b> 3:30 - Warm Drinks & Cookies 4:30 - Name The Famous Face	9:30 - Wake Up With: Holiday Carols 10:00 - Balloon Wack 10:15 - Santa Slam 10:30 - Musical Movement 10:45 - Name The Holiday Movie  1:30 - Baking! 2:30 - Treat and Chat 3:00 - Virtual Viewing: The NYC Ballet's: The Nutcracker	<div>Morning: Balloon Toss &amp; Singing in the Living Room</div> <div>Afternoon: Music &amp; Calm Coloring</div>	<div>10:00 - Big Balloon Bounce</div> <div>10:15 - Bean Bag Toss</div> <div>10:30 - Stretch and Sing</div> <div>10:45 - Daily Chronicle &amp; Name 5</div>
	<div>Morning: Balloon Toss &amp; Singing in the Living Room</div> <div>Afternoon: Music &amp; Calm Coloring</div>	9:30 - Wake Up With: Gentle Jazz Music 10:00 - Snowman Ring Toss 10:15 - Balloon Badminton 10:30 - Musical Movement 10:45 - Holiday Fact or Fiction  1:30 - Name 5 2:30 - <b>Dog Therapy With Gunny</b> 3:00 - Craft: Glitter Tree Art 4:30 - Holiday Song Sing Along	9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:15 - Snowball Throw 10:30 - Morning Mindfulness 10:45 - Name The Christmas Carol  2:00 - <b>Live Music Performance With: Mike and Tina!</b> 3:30 - Warm Drinks & Cookies 4:30 - Big Balloon Bounce	9:30 - Wake Up With: Holiday Carols 10:00 - Balloon Wack 10:15 - Santa Slam 10:30 - Musical Movement 10:45 - Name The Holiday Movie  1:30 - Baking: Sugar Cookies 2:30 - Treat and Chat 3:00 - Virtual Viewing: The Rockettes Christmas Spectacular!!	9:30 - Wake Up With: Instrumental Holiday Music 10:00 - Balloon Keep Up 10:15 - Rooftop Drop 10:30 - Gentle Stretch 10:45 - Holiday Scent Guessing  1:30 - Relaxing Hand Massages 3:00 - Dec. Birthday Celebration!!! 4:00 - Balloon Bounce 4:30 - Holiday Guess A Letter	<div>Morning: Balloon Toss &amp; Singing in the Living Room</div> <div>1:30 Music &amp; painting w/ Melissa</div>
<div>Morning: Balloon Toss &amp; Singing in the Living Room</div> <div>Afternoon: Music &amp; Calm Coloring</div> <div>Winter Begins</div>	9:30 - Wake Up With: Classical Holiday Music 10:00 - Swat The Snowflake 10:15 - Basketball Toss 10:30 - Gentle Stretch & Sing Along!!  1:30 - Movie Matinee & Manicures 3:30 - Balloon Bounce 4:00 - Boardgames At The Round Table	9:30 - Wake Up With: Gentle Jazz Music 10:00 - Snowman Ring Toss 10:15 - Balloon Badminton 10:30 - Musical Movement 10:45 - Holiday Fact or Fiction  1:30 - Craft: Star Garland 3:30 - Toss and Talk 4:00 - Name 5 4:30 - Holiday Sing Along	9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:15 - Snowball Throw 10:30 - Morning Mindfulness 10:45 - Name The Christmas Carol  2:00 - <b>Holiday Party With Live Music Performance From: Randy Ruffin!</b>	<div>10:00 - 11:00 - Holiday Hot Cocoa, Cookies &amp; Caroling!!!</div> <div>Christmas</div>	9:30 - Wake Up With: Instrumental Holiday Music 10:00 - Balloon Keep Up 10:15 - Rooftop Drop 10:30 - Gentle Stretch 10:45 - Holiday Scent Guessing  1:30 - Relaxing Hand Massages 3:00 - Ice Cream Social 4:00 - Holiday Guess a Letter  <div>Kwanzaa Begins</div>	<div>Morning: Balloon Toss &amp; Singing in the Living Room</div> <div>Afternoon: Music &amp; Calm Coloring</div>
<div>Morning: Balloon Toss &amp; Singing in the Living Room</div> <div>Afternoon: Music &amp; Calm Coloring</div>	9:30 - Wake Up With: Classical Holiday Music 10:00 - Swat The Snowflake 10:15 - Basketball Toss 10:30 - Gentle Stretch & Sing Along!!  1:30 - Movie Matinee & Manicures 3:30 - Balloon Bounce 4:00 - Boardgames At The Round Table	9:30 - Wake Up With: Gentle Jazz Music 10:00 - Snowman Ring Toss 10:30 - Musical Movement 10:45 - Holiday Fact or Fiction  1:30 - Balloon Bounce 2:30 - <b>Dog Therapy With Gunny</b> 3:00 - Craft: New Year's Eve Headband 4:00 - Holiday A-Z Let's List!	9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:15 - Snowball Throw 10:30 - Morning Mindfulness 10:45 - Year In Review!!  2:00 - <b>New Years Eve Party With Live Music Performance From: Bob Tomlinson</b>  <div>New Year's Eve</div>	<div>December</div>		

Activities are subject to change.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-Fitness Fun with Mary 10:15-Balloon Keep Up 10:30-Hangman 11:00-Uno Play	1 Enjoy Balancing Games, Scrabble, Coloring or Number Searches in the Activity Room	2 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Magnets 11:00-Scattergories 4th Floor 1:30-BINGO! 2:45-Words in a Word 3:00-Rummikub/Uno	3 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Swat that Fly! 3:00-Live Music w/Liz Rogers	4 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Craft Corner 4th Floor 1:30-Bingo! 2:30-Apps & Chats 3:00-Rummikub/Uno	5 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:15-Music, & Manicures 4th Floor 1:30-Music & Manicures 3:00-Movie & Puffcorn	Enjoy Balancing Games, 6 Scrabble, Coloring or Number Searches in the Activity Room
7 Enjoy Coloring, Balance Games or Word Searches in the Activity Room	8 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:45-Communion in Berwyck 2:30-Big Pizza Toss 3:00-Rummikub/Uno	9 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Ladder Ball 11:00-Uno 4th Floor 1:30-BINGO! 2:45Riddle Me This 3:00-Rummikub/Uno	10 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Skittle Ball 3:00-Live Music w/Connor Kirk	11 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Craft Corner 4th Floor 1:30-Bingo! 2:30-Apps & Chats 3:00-Rummikub/Uno	12 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Music, & Manicures 4th Floor 1:30-Music & Manicures 3:00-Movie & Puffcorn	13 Enjoy Playing Rummikub Uno or Word Searches in the Activity Room
14 10:00 - Stretch With Sarah 10:15 - Bean Bag Toss 10:30 - UNO 11:00 - Rummikub	15 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Horse Shoes 2:00-Ax Throwing 2:30-Noodle Ball 3:00-Rummikub/Uno	16 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Word Search 11:00-Get the Picture 4th Floor 1:30-BINGO! 2:45-Wacky Wordies 3:00-Rummikub/Uno	17 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Get the Picture 3:00-Live Music w/Arlyn Wolters	18 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:15-Craft Corner 11:00-Prayers w/Roy 4th Floor 1:30-Bingo! 2:30-Apps & Chats 3:00-Rummikub/Uno	19 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Music & Manicures 4th Floor 1:30-Music & Manicures 3:00-Movie & Puffcorn	20 10:00 Daily Chronicle 10:15 Manicures and Movie
21 hello WINTER	22 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Bowling 2:00-Table-top Skee Ball 2:30-Scout it Out 3:00-Rummikub/Uno	23 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 11:00-Play on Words 4th Floor 1:30-BINGO! 3:00-Live Music w/Carmen Tornambe	24 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Tic Tac Toe Toss 2:00-Jeopardy 3:00-Rummikub/Uno  Christmas Eve	25 Merry Christmas!  3:00 - 4:00-Holiday Hot Cocoa, Cookies & Caroling!!!	26 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Music Mingle & Manis 4th Floor 1:30-Music & Manicures 3:00-Movie & Puffcorn	27 Enjoy Coloring, Balance Games or Word Searches in the Activity Room
28 Enjoy Balancing Games, Scrabble, Coloring or Number Searches in the Activity Room	29 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Big Balloon Toss 2:00-Jeopardy 3:00-Rummikub/Uno	30 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-Noodle Tennis 11:00-Words in a Word 1:30-Resident Council Mtg. Berwyck 4th Floor 3:00-Live Music w/Billy Moos	31 1st Floor 9:30-Fitness Fun w/Jorge! 10:00-Daily Chronicle 10:30-BINGO! 4th Floor 1:30-Bean Bag Toss 2:00-Brain puzzles 3:00-Rummikub/Uno  New Year's Eve	December 2025		