

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



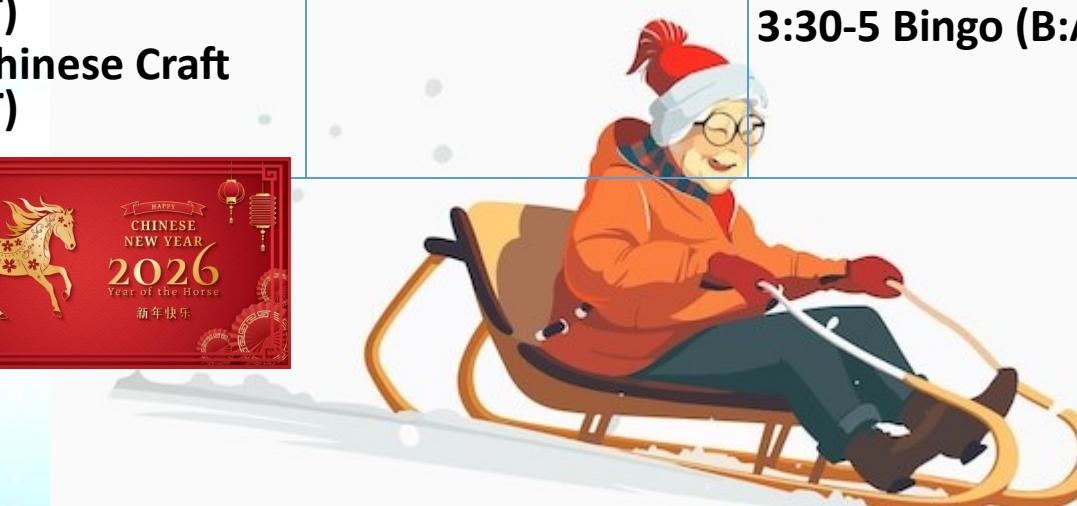
January 2026

January 2026 Berwyck Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SEATED EXERCISE Monday-Friday 9:00am & 10:00am On Channel 98	Catholic service on TV every day on Ch 291 8am & 12 noon. Christian Song & Scripture on Ch 19 & Ch 287 every day			1 New Year Day 3:30– 5 New Year Bingo	2 9:30 Chair Dance Class (B:LR) 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	3 2:30-3:30-BINGO!! Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
4 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	5 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	6 9:30 Rummikub (B:SR) 10:30 Woodshop (B:ACT) 1:30– 2:30 Visit from the Kangaroo's (B:LR) 3:00 Creative Color- ing (B:ACT) 3:00 Rummikub Club	7 9:30 Bag-O Toss (B:LR) 10:00 Jewelry Club (B:ACT) 1:30 Craft Corner (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	8 9:30 Puzzle Club (B:SR) 10:30 Bingo (B:ACT) 1:15 Rosary (B:LR) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	9 9:30 Chair Dance Class (B:LR) 10:30 Yahtzee (B:ACT) 1:30 Ceramic Tree (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	10 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
11 1:3-3:00 Painting a winter scene with Mary (B:ACT) Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	12 9:30 Chair Dance Class (B:LR) 10:00 Bridge (B:SR) 10:00-12 Scrapbook- ing (B:ACT) 1:30 Communion Ser- vice (B:LR) 2:00 Manicures and Movie (B:ACT) 3:30-5 Bingo (B:ACT)	13 9:30Rummikub (B:SR) 10:30 Woodshop (B:ACT) 1:30 Music by Mike Borowski (B:LR) 2:30 Creative Coloring (B:ACT) 3:00 Rummikub Club	14 9:30 Bag-O Toss (B:LR) 10:00 Jewelry Club (B:ACT) 1:30 Craft Corner (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	15 9:30 Puzzle Club (B:SR) 10:30 Bingo (B:ACT) 1:15 Rosary (B:LR) 2:00 Music w/ Mike and Tina (B:LR) 3:30-5 Painting Class W/ Melissa (B:ACT)	16 9:30 Chair Dance Class (B:LR) 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	17 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!

January 2026 Berwyck Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 1:15 - Winter Northern Lights Art With Sarah! Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	19 9:30 Chair Dance Class (B:LR) 10:00 Bridge (B:SR) 10:00-12 Scrapbooking (B:ACT) 1:30 Manicures and Movie (B:ACT) 3:30-5 Bingo (B:ACT)	20 9:30Rummikub (B:SR) 10:30 Woodshop (B:ACT) 1:30-3:00 Craft Corner (B:ACT) 3:00 Rummikub Club	21 9:30 Bag-O Toss (B:LR) 10:00 Jewelry Club (B:ACT) 1:30 Music by Arlyn Wolters (B:LR) 2:30 Soap Making (B:ACT) 4:00 -5 Watercolor Painting (B:ACT)	22 9:30 Puzzle Club (B:SR) 10:30 Bingo (B:ACT) 1:15 Rosary (B:LR) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	23 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	24 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
25 1:30 Winter Painting class with Melissa! Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	26 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	27 9:30Rummikub (B:SR) 10:30 Woodshop (B:ACT) 1:30-3:00 Craft Corner (B:ACT) 3:00 Rummikub Club	28 9:30 Bag-O Toss (B:LR) 10:00 Jewelry Club (B:ACT) 1:30 Music by Massimo Brutto (B:LR) 2:30 Chinese New Year Tea Party (B:ACT) 3:30 Chinese Craft (B:ACT)	29 9:30 Puzzle Club (B:SR) 10:30 Bingo (B:ACT) 1:15 Rosary (B:LR) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	30 9:30 Chair Dance Class (B:LR) 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	31 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!



Sunday

Monday

Tuesday

Wednesday

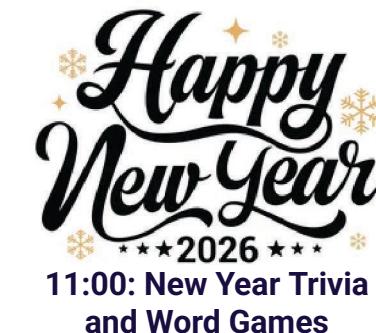
Thursday

Friday

Saturday

* Chatham Activities *

* January 2026 *



1	9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Hula Hoop Toss 11:00: The Alphabet game 11:30: Daily Chronicle 1:30: Movie Matinee (Manicures)! 3:00: Team Games 4:00: Crosswords	2	9:30-Fitness Fun w/Jorge! 9:45-Daily Chronicle & Short Story 10:00-Bean Bag Toss 10:15-Ball Darts 10:30-Balloon Badminton 10:45-Name 5
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4	9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Axe Throwing 11:00: Let's Write a Poem 11:30: Daily Chronicle 1:30: Musical Monday (Manicures)! 3:00: Giant Balloon Group Play 4:00: List 'Em by Letter	5	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Cornhole 11:00: Guess the Answer 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	6	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Tic Tac Toss 11:00: Word Scrambles 11:30: Daily Chronicle 2:00: Live Music Performance! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	7	9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Target the Tower 11:00: Name 5 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	8	Open Art Studio! Art Kits Available and Curling set up to enjoy!	9	1:30: Afternoon Chair Fitness 2:00: Pool Noodle Bat 2:30: Slammo 3:00: Crossword
11	Open Art Studio! Enjoy Some Axe Throwing, Rummikub, or Calm Coloring	12	Open Art Studio! Art Kits Available and Air Hockey set up to enjoy! 1:30: Communion in the Berwyck Living Room	13	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Baseball Bat and Catch 11:00: Wheel of Fortune Puzzles 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	14	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Disc Golf 11:00: Trivia 11:30: Daily Chronicle 2:00: Live Music Performance! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	15	9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Basket Bouncer 11:00: Anagrams 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	16	1:15 - Big Balloon Bounce and Keep Up 1:45 - Who Sings It? 2:15 - Name 5
18	Open Art Studio! Enjoy Some Basket Toss, Sorry the game, or Calm Coloring	19	9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Beachball Basket Throw 11:00: Hangman 11:30: Daily Chronicle 1:30: Musical Monday (Manicures)! 3:00: Giant Balloon Group Play 4:00: List 'Em by Letter	20	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Toss it Golf 11:00: List 10 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	21	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Ball Darts 11:00: Taboo 11:30: Daily Chronicle 2:00: Live Music Performance With Mike & Tina! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	22	9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Basketball Dunk 11:00: Scattergories 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	23	3:00 Balloon Toss 3:15 Gentle Chair fitness 3:45 Winter Painting
25	Open Art Studio! Enjoy Some Uno, Air Hockey, or Calm Coloring	26	9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Football Toss 11:00: the Alphabet game 11:30: Daily Chronicle 1:30: Musical Monday (Manicures)! 3:00: Giant Balloon Group Play 4:00: List 'Em by Letter	27	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Ring Toss 11:00: Let's Write a Story 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	28	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Hula Hoop Toss 11:00: Guess the Answer 11:30: Daily Chronicle 2:00: Live Music Performance With Greg Albert! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	29	9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Axe Throwing 11:00: Word Scrambles 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	30	1:15 - Balloon Badminton 1:30 - Fun Fitness with JoJo 1:45 - Trivia and Daily Chronicle 2:00- Finish the Line

Puzzles, board games, and other activities available in sitting room.

Activities are subject to change.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Chatham C



Activities are subject to change.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

					1:30 New Year Bingo 1 New Year's Day	Enjoy Rummikub, 2 Scrabble, and Balancing Games in the Activity Room	1st Floor 3:30-4:30-Rummikub/UNO
4th Floor 3:30-4:30-Rummikub/UNO	4	Enjoy Rummikub, 5 Scrabble, and Balancing Games in the Activity Room	Enjoy Upwords, 6 Scrabble, and UNO in the Activity Room 1st Floor 1:30- Kangaroo Visit!	Enjoy Coloring, 7 Checkers & Chess in the Activity Room	Enjoy Scout 8 It Out, Scrabble & Magnets in the Activity Room	Enjoy Rummikub, 9 Scrabble and Balancing Games in the Activity Room	Enjoy Bananagrams,¹⁰ Play on Words & Connect Four in the Activity Room
1st Floor 10:00- Fitness Fun with Mary 10:15-Balloon Keep Up 10:30-Hangman 11:00-Card Games	11	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Get the Picture 10:30-Wacky Wordies 1st Floor 1:45-Communion w/Sarah-Berwyck 2:45-BINGO! 3:30-Rummikub/UNO	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! 1st Floor 1:30-Ring Toss 1:45-Scout It Out 2:15-Trivia for Seniors 3:00-Rummikub/UNO	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Winter Word Search 10:30-Open Art Studio 1st Floor 1:30-BINGO! 3:00-Live Music w/Billy Moos	4th Floor 9:30-Fitness Fun w/Jorge 9:45-BINGO 11:00-Prayers w/Roy 1st Floor Enjoy playing Upwords, Scrabble, and UNO in the Activity Room	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-First to Five 10:30-Bananagrams 11:00-Number Search 1st Floor 1:30-Movie & Puffcorn 3:00-Movie Chat & Treat 3:30-Rummikub/UNO	Enjoy Rummikub, 17 Connect Four & Upwords in the Activity Room
10:00 - Stretch With Sarah 10:15 - Daily Chronicle 10:30-11:30 - UNO!	18	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Balloon Tennis 10:30-Name 5 1st Floor 1:30-BINGO! 3:00-Rummikub/UNO	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! 1st Floor 1:30-Circle Words 1:45-Jumbo Crosswords 3:00-Rummikub/UNO	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Bowling 10:30-Open Art Studio 1st Floor 1:30-BINGO! 3:00-Live Music w/Bryan Lesnick	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! 1st Floor Enjoy playing Rummikub, Scrabble, and Balancing Games in the Activity Room	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-Play on Words 1st Floor 1:30-Movie & Puffcorn 3:00-Movie Chat & Treat 3:30-Rummikub/UNO	Enjoy Rummikub, 24 Scrabble, and Balancing Games in the Activity Room
9:30 Daily Chronicles 9:45 Chair Fitness 10:00 Movie and Manicures	25	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-Swat the Fly 10:30-Shuffle Board 1st Floor 1:30-BINGO! 3:00-Rummikub/UNO	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! 1st Floor 1:30-Shannondell Basketball 2:00-Change One Letter 3:00-Rummikub/UNO	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Number Search 10:30-Open Art Studio 1st Floor 1:30-BINGO! 3:00-Live Music w/Connor Kirk	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! 1st Floor Enjoy playing Rummikub, Scrabble, and Balancing Games in the Activity Room	4th Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Scattergories 1st Floor 1:30-Movie & Puffcorn 3:30-Birthday Celebrations	Enjoy Rummikub, 31 Scrabble, and Balancing Games in the Activity Room