


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1>				<div>1</div> <div>9:30 Wake Up with the Mummers Parade</div> <div>10:00 Balloon Toss</div> <div>New Year's Day</div>	<div>2</div> <div>9:30: Wake Up with the Beatles</div> <div>10:00: Noodle Whack</div> <div>10:30: Cornhole</div> <div>11:00: Sit &amp; Stretch with Roger Miller</div> <div>11:30: Reminisce with JoJo</div> <div>1:30 Dance Party and Karaoke</div> <div>2:30 Birthday Celebration</div> <div>3:30 Walking Club</div>	<div>3</div> <div>1:30-Fitness Fun w/Jorge!</div> <div>1:45-Daily Chronicle</div> <div>2:00- Balloon Badminton</div> <div>2:15- Ring Toss</div> <div>2:30- Finish the Lyrics</div>
<div>4</div> <div>Balloon Bounce &amp; Sing A Long</div> <div>Creative Coloring &amp; Calming Music</div>	<div>5</div> <div>9:30 Wake Up with Patsy Kline</div> <div>10:00 Reminiscing with Mr. Ed</div> <div>10:30 Target Toss</div> <div>11:00 Music Grooves and Stretching Moves</div> <div>11:30 Bean Bag Toss</div> <div>1:30 Musical Bingo</div> <div>2:30 Fact or Fiction with Ice Cream Social</div> <div>3:30 Walking Club</div>	<div>6</div> <div>9:30 Wake up with Sinatra</div> <div>10:00 Name That Movie</div> <div>10:30 Guess That Scent</div> <div>11:00 Music Grooves and Stretching Moves</div> <div>11:30 Career Reminiscing</div> <div>1:30 Kangaroo Visit</div> <div>2:00 Pet Therapy with Gunny</div> <div>2:30 Baking Club</div> <div>4:00 Walking Club</div>	<div>7</div> <div>9:30 Wake Up with Englebert</div> <div>10:00 Music Grooves and Stretching Moves</div> <div>10:30 Little Christmas Reminisce</div> <div>11:00 Let's Do Nursery Rhymes</div> <div>11:30 Short Stories</div> <div>1:30 Painting with JoJo</div> <div>3:00 Live Music with Carmen Tornambe</div> <div>4:00 Walking Club</div>	<div>8</div> <div>9:30 Wake Up with Elvis</div> <div>10:00 Balloon Toss</div> <div>10:30 Floor Darts</div> <div>11:00 Ball Toss</div> <div>11.30 Let's Talk About Soupy Sales</div> <div>1:30 Group Singalong</div> <div>2:30 Bingo with JoJo</div> <div>3:00 Balloon Toss</div> <div>4:00 Walking Club</div>	<div>9</div> <div>3:00: Sweets Social</div> <div>Wake Up with Dean Martin</div> <div>10:00 Music Grooves and Stretching Moves</div> <div>10:30 Octoband and Parachute</div> <div>11:00 Make A Cookbook</div> <div>1:30 Painting Pet Rocks</div> <div>2:30 Let's Learn About Fossils</div> <div>3:00 Sweets Social</div> <div>4:00 Walking Club</div>	<div>10</div> <div>11:00: Balloon Keep Up!</div> <div>11:15: Ball Basket Bouncer</div> <div>11:30: Hula Hoop Target</div> <div>11:45: Sing A-Long with Mary!</div>
<div>11</div> <div>Balloon Bounce &amp; Sing A Long</div> <div>Creative Coloring &amp; Calming Music</div>	<div>12</div> <div>9:30 Wake Up with Beethoven</div> <div>10:00 Balloon Bounce</div> <div>10:30 Music Grooves and Stretching Moves</div> <div>11:00 Jeopardy</div> <div>11:30 Piano Playing</div> <div>1:30 Canvas Painting</div> <div>2:30: Color My World</div> <div>3:30: Walking Club</div>	<div>13</div> <div>9:30 Wake Up with Connie F.</div> <div>10:00 Balloon Bounce</div> <div>10:30 Darts</div> <div>11:00 Beach Ball Toss &amp; Soccer</div> <div>11:30 Finish the Lyrics</div> <div>1:30 Trivia Tuesday &amp; Mad Libs</div> <div>2:00 Pet Therapy with Gunny</div> <div>2:30 Baking Club</div> <div>4:00 Walking Club</div>	<div>14</div> <div>9:30 Wake Up with Glen Miller</div> <div>10:00 Balloon Bounce</div> <div>10:30 Bowling</div> <div>11:00 Spice it Up</div> <div>11:30 Let's Talk Winter Sports</div> <div>1:30 Hollywood Couples</div> <div>2:30: Let's Talk Antonyms</div> <div>3:00 Live Music with Connor Kirk</div> <div>4:00 Walking Club</div>	<div>15</div> <div>9:30 Wake Up with Jazz</div> <div>10:00 Tennis</div> <div>10:30 Bean Bag Battle</div> <div>11:00 Let's Talk About Cartoons</div> <div>11:30 Commercial Trivia &amp; Guess the Ad Jingle</div> <div>1:30 Karaoke &amp; Sing A Long</div> <div>2:30: Prop-ercise, Line Dancing &amp; Musical Movement</div> <div>3:30: Walking Club</div>	<div>16</div> <div>9:30 Wake Up with Country</div> <div>10:00 Balloon Bounce</div> <div>10:30 Family Feud Friday</div> <div>11:00 Let's Talk About Dragons</div> <div>11:30 Fig Newton Fun</div> <div>1:30: Singing in the Sunroom</div> <div>3:00 Happy Hour</div> <div>4:00 Walking Club</div>	<div>17</div> <div>10:00 - Big Balloon Bounce</div> <div>10:15 - Bean Bag Toss</div> <div>10:30 - Stretch and Sing</div> <div>10:45 - Daily Chronicle &amp; Name 5</div>
<div>18</div> <div>Balloon Bounce &amp; Sing A Long</div> <div>Creative Coloring &amp; Calming Music</div>	<div>19</div> <div>9:30 Wake Up with Doris Day</div> <div>10:00 Balloon Tennis &amp; Ball Toss</div> <div>11:00 Jeopardy</div> <div>11:30 Piano Playing</div> <div>1:30 January Watercolor Painting</div> <div>2:30: Spotlight on Famous Painters</div> <div>3:30: Walking Club</div> <div>Martin Luther King Jr. Day</div>	<div>20</div> <div>9:30 Wake Up with The Supremes</div> <div>10:00 Balloon Bounce</div> <div>10:30 Trivia Tuesday</div> <div>11:00 Collage and Creative Coloring</div> <div>1:30 List the Names</div> <div>2:00 Pet Therapy with Gunny</div> <div>2:30 Baking Club</div> <div>4:00 Walking Club</div>	<div>21</div> <div>9:30 Wake Up with The Temps</div> <div>10:00 Noodle Whack</div> <div>10:30 Spa and Relaxation</div> <div>11:00 True Detective</div> <div>11:30 Word in a Word</div> <div>1:30 Look Who's Dancing</div> <div>2:00 TV Show Trivia</div> <div>3:00 Live Music with Michael Borowski</div> <div>4:00 Walking Club</div>	<div>22</div> <div>9:30 Wake Up with Soft Rock</div> <div>10:00 Balloon Bounce</div> <div>10:30 Football Trivia</div> <div>11:00 Radio Programs</div> <div>11:30 Remember When</div> <div>1:30 Short Story &amp; Rhyme Time</div> <div>2:30: Snacktivity</div> <div>3:30: Walking Club</div>	<div>23</div> <div>9:30 Wake Up with Bobby V.</div> <div>10:00 Balloon Bounce</div> <div>10:30 Family Feud Friday</div> <div>11:00 Darts</div> <div>11:30 The Match Game</div> <div>1:30: Drum Fitness</div> <div>3:00: Rock and Roll Party</div> <div>4:00 Walking Club</div>	<div>24</div> <div>9:30 - Wake Up with Music and Stretching</div> <div>9:45 - Snowball Toss</div> <div>10:00 - Winter Painting</div>
<div>25</div> <div>Balloon Bounce &amp; Sing A Long</div> <div>Creative Coloring &amp; Calming Music</div>	<div>26</div> <div>9:30 Wake Up with Beach Boys</div> <div>10:00 Balloon Bounce</div> <div>10:30 Jeopardy</div> <div>11:00 Piano Playing</div> <div>11:30 Hand Massages &amp; Aromatherapy</div> <div>1:30 Let's Paint Ceramics</div> <div>2:30: Compliment Day</div> <div>3:30: Walking Club</div>	<div>27</div> <div>9:30 Wake Up with Barbra S.</div> <div>10:00 Balloon Tennis</div> <div>10:30 Trivia Tuesday</div> <div>11:00 Beach Ball Toss &amp; Soccer</div> <div>11:30 Bingo Bango</div> <div>1:30 Rhyme Time &amp; Guess the Instrument</div> <div>2:00 Pet Therapy with Gunny</div> <div>2:30 Baking Club</div> <div>4:00 Walking Club</div>	<div>28</div> <div>9:30 Wake Up with Tony B.</div> <div>10:00 Balloon Bounce</div> <div>10:30 Who Am I ?</div> <div>11:00 Animal Farm</div> <div>11:30 Guess the Sound</div> <div>1:30 Let's Talk Giraffe</div> <div>3:00 Live Music with Diane Reimer</div> <div>4:00 Walking Club</div>	<div>29</div> <div>9:30 Wake Up with Dolly</div> <div>10:00 Balloon Bounce</div> <div>10:30 Poetry Corner</div> <div>11:00 Card Making</div> <div>1:30 Drum Fitness</div> <div>2:30: Let's Make Lemonade</div> <div>3:30: Walking Club</div>	<div>30</div> <div>9:30 Wake Up with Buble</div> <div>10:00 Balloon Bounce</div> <div>10:30 Family Feud Friday</div> <div>11:00 Scrapbooking</div> <div>11:30 Bean Bag Battle</div> <div>1:30 Dress Up and Dance</div> <div>2:30: Musical Bingo</div> <div>3:00: Let's Wig Out Social</div> <div>4:00 Walking Club</div>	<div>31</div> <div>10:00 - Balloon Tennis</div> <div>10:30 - Musical Memories with JoJo</div> <div>10:45 - Daily Chronicle &amp; List the States</div>

Activities are subject to change.

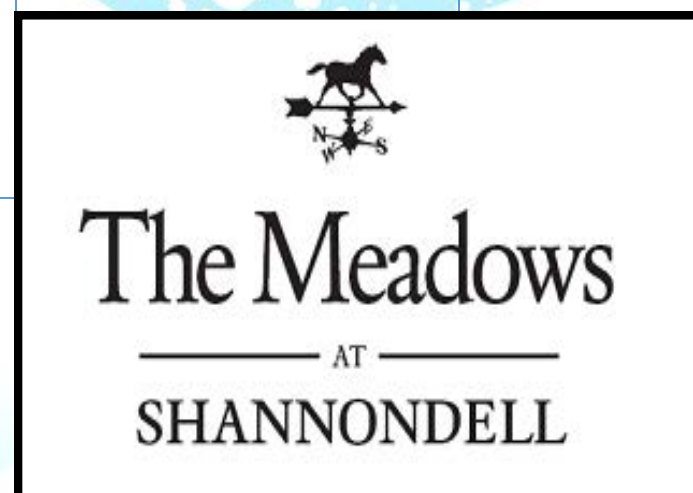
# January 2026 Berwyck Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>SEATED EXERCISE Monday–Friday 9:00am &amp; 10:00am On Channel 98</div>	Catholic service on TV every day on Ch 291 8am & 12 noon. Christian Song & Scripture on Ch 19 & Ch 287 every day			1 New Year Day 3:30– 5 New Year Bingo  	2 9:30 Chair Dance Class (B:LR) 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	3 2:30-3:30-BINGO!!  Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
4 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	5 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	6 9:30 Rummikub (B:SR) 10:30 Woodshop (B:ACT) 1:30– 2:30 Visit from the Kangaroo's (B:LR) 3:00 Creative Color- ing (B:ACT) 3:00 Rummikub Club	7 9:30 Bag-O Toss (B:LR) 10:00 Jewelry Club (B:ACT) 1:30 Craft Corner (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	8 9:30 Puzzle Club (B:SR) 10:30 Bingo (B:ACT) 1:15 Rosary (B:LR) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	9 9:30 Chair Dance Class (B:LR) 10:30 Yahtzee (B:ACT) 1:30 Ceramic Tree (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	10 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
11 1:3-3:00 Painting a winter scene with Mary (B:ACT)  Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	12 9:30 Chair Dance Class (B:LR) 10:00 Bridge (B:SR) 10:00-12 Scrapbook- ing (B:ACT) 1:30 Communion Ser- vice (B:LR) 2:00 Manicures and Movie (B:ACT) 3:30-5 Bingo (B:ACT)	13 9:30Rummikub (B:SR) 10:30 Woodshop (B:ACT) 1:30 Music by Mike Borowski (B:LR) 2:30 Creative Coloring (B:ACT) 3:00 Rummikub Club	14 9:30 Bag-O Toss (B:LR) 10:00 Jewelry Club (B:ACT) 1:30 Craft Corner (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	15 9:30 Puzzle Club (B:SR) 10:30 Bingo (B:ACT) 1:15 Rosary (B:LR) 2:00 Music w/ Mike and Tina (B:LR) 3:30-5 Painting Class W/ Melissa (B:ACT)	16 9:30 Chair Dance Class (B:LR) 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	17 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!



# January 2026 Berwyck Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b>  <b>1:15 - Winter Northern Lights Art With Sarah!</b>  <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>	<b>19</b> <b>9:30 Chair Dance Class (B:LR)</b> <b>10:00 Bridge (B:SR)</b> <b>10:00-12 Scrapbooking (B:ACT)</b> <b>1:30 Manicures and Movie (B:ACT)</b> <b>3:30-5 Bingo (B:ACT)</b>	<b>20</b> <b>9:30Rummikub (B:SR)</b> <b>10:30 Woodshop (B:ACT)</b> <b>1:30-3:00 Craft Corner (B:ACT)</b> <b>3:00 Rummikub Club</b>	<b>21</b> <b>9:30 Bag-O Toss (B:LR)</b> <b>10:00 Jewelry Club (B:ACT)</b> <b>1:30 Music by Arlyn Wolters (B:LR)</b> <b>2:30 Soap Making (B:ACT)</b> <b>4:00 -5 Watercolor Painting (B:ACT)</b>	<b>22</b> <b>9:30 Puzzle Club (B:SR)</b> <b>10:30 Bingo (B:ACT)</b> <b>1:15 Rosary (B:LR)</b> <b>2:00 Craft Corner (B:ACT)</b> <b>3:30-5 Painting Class W/ Melissa (B:ACT)</b>	<b>23</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>	<b>24</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>
<b>25</b>  <b>1:30 Winter Painting class with Melissa!</b>  <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>	<b>26</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>	<b>27</b> <b>9:30Rummikub (B:SR)</b> <b>10:30 Woodshop (B:ACT)</b> <b>1:30-3:00 Craft Corner (B:ACT)</b> <b>3:00 Rummikub Club</b>	<b>28</b> <b>9:30 Bag-O Toss (B:LR)</b> <b>10:00 Jewelry Club (B:ACT)</b> <b>1:30 Music by Massimo Brutto (B:LR)</b> <b>2:30 Chinese New Year Tea Party (B:ACT)</b> <b>3:30 Chinese Craft (B:ACT)</b>	<b>29</b> <b>9:30 Puzzle Club (B:SR)</b> <b>10:30 Bingo (B:ACT)</b> <b>1:15 Rosary (B:LR)</b> <b>2:00 Craft Corner (B:ACT)</b> <b>3:30-5 Painting Class W/ Melissa (B:ACT)</b>	<b>30</b> <b>9:30 Chair Dance Class (B:LR)</b> <b>10:30 Yahtzee (B:ACT)</b> <b>1:30 Craft Corner (B:ACT)</b> <b>2:30 Creative Coloring (B:ACT)</b> <b>3:30-5 Bingo (B:ACT)</b>	<b>31</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>* Chatham Activities *</div> <div>* January 2026 *</div> </div>				<div> <div> <div>Happy New Year</div> <div>***2026***</div> <div>11:00: New Year Trivia and Word Games</div> </div> </div>	<div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Pool Noodle Bat</div> <div>10:30: Hula Hoop Toss</div> <div>11:00: The Alphabet game</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Movie Matinee (Manicures)!</div> <div>3:00: Team Games</div> <div>4:00: Crosswords</div> </div> </div>	<div> <div> <div>9:30-Fitness Fun w/Jorge!</div> <div>9:45-Daily Chronicle &amp; Short Story</div> <div>10:00-Bean Bag Toss</div> <div>10:15-Ball Darts</div> <div>10:30-Balloon Badminton</div> <div>10:45-Name 5</div> </div> </div>
<div> <div>4</div> <div>Open Art Studio!</div> <div>Enjoy Some Ball Darts, Scrabble, or Calm Coloring</div> </div>	<div> <div>5</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Tennis</div> <div>10:30: Axe Throwing</div> <div>11:00: Let's Write a Poem</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Musical Monday (Manicures)!</div> <div>3:00: Giant Balloon Group Play</div> <div>4:00: List 'Em by Letter</div> </div> </div>	<div> <div>6</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Team Keep Up Challenge</div> <div>10:30: Cornhole</div> <div>11:00: Guess the Answer</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Board Games in the Art Studio!</div> </div> </div>	<div> <div>7</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Badminton</div> <div>10:30: Tic Tac Toss</div> <div>11:00: Word Scrambles</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>2:00: Live Music Performance!</div> </div> <div> <div>3:15: Wine Down Wednesday!</div> <div>4:15: Quiz Show!</div> </div> </div>	<div> <div>8</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Sword Play</div> <div>10:30: Target the Tower</div> <div>11:00: Name 5</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Craft Corner in the Art Studio</div> <div>3:15: BINGO!</div> <div>4:30: Dance until Dinner!</div> </div> </div>	<div> <div>9</div> <div>Open Art Studio!</div> <div>Art Kits Available and Curling set up to enjoy!</div> </div>	<div> <div>10</div> <div> <div>1:30: Afternoon Chair Fitness</div> <div>2:00: Pool Noodle Bat</div> <div>2:30: Slammo</div> <div>3:00: Crossword</div> </div> </div>
<div> <div>11</div> <div>Open Art Studio!</div> <div>Enjoy Some Axe Throwing, Rummikub, or Calm Coloring</div> </div>	<div> <div>12</div> <div>Open Art Studio!</div> <div>Art Kits Available and Air Hockey set up to enjoy!</div> <div>1:30: Communion in the Berwyck Living Room</div> </div>	<div> <div>13</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Team Keep Up Challenge</div> <div>10:30: Baseball Bat and Catch</div> <div>11:00: Wheel of Fortune Puzzles</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Board Games in the Art Studio!</div> </div> </div>	<div> <div>14</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Badminton</div> <div>10:30: Disc Golf</div> <div>11:00: Trivia</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>2:00: Live Music Performance!</div> </div> <div> <div>3:15: Wine Down Wednesday!</div> <div>4:15: Quiz Show!</div> </div> </div>	<div> <div>15</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Sword Play</div> <div>10:30: Basket Bouncer</div> <div>11:00: Anagrams</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Craft Corner in the Art Studio</div> <div>3:15: BINGO!</div> <div>4:30: Dance until Dinner!</div> </div> </div>	<div> <div>16</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Pool Noodle Bat</div> <div>10:30: Swat the Fly</div> <div>11:00: Wordle</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Movie Matinee (Manicures)!</div> <div>3:00: Team Games</div> <div>4:00: Crosswords</div> </div> </div>	<div> <div>17</div> <div> <div>1:15 - Big Balloon Bounce and Keep Up</div> <div>1:45 - Who Sings It?</div> <div>2:15 - Name 5</div> </div> </div>
<div> <div>18</div> <div>Open Art Studio!</div> <div>Enjoy Some Basket Toss, Sorry the game, or Calm Coloring</div> </div>	<div> <div>19</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Tennis</div> <div>10:30: Beachball Basket Throw</div> <div>11:00: Hangman</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Musical Monday (Manicures)!</div> <div>3:00: Giant Balloon Group Play</div> <div>4:00: List 'Em by Letter</div> </div> </div>	<div> <div>20</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Team Keep Up Challenge</div> <div>10:30: Toss it Golf</div> <div>11:00: List 10</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Board Games in the Art Studio!</div> </div> </div>	<div> <div>21</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Badminton</div> <div>10:30: Ball Darts</div> <div>11:00: Taboo</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>2:00: Live Music Performance With Mike &amp; Tina!</div> </div> <div> <div>3:15: Wine Down Wednesday!</div> <div>4:15: Quiz Show!</div> </div> </div>	<div> <div>22</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Sword Play</div> <div>10:30: Basketball Dunk</div> <div>11:00: Scattergories</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Craft Corner in the Art Studio</div> <div>3:15: BINGO!</div> <div>4:30: Dance until Dinner!</div> </div> </div>	<div> <div>23</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Pool Noodle Bat</div> <div>10:30: Bean Bag Toss</div> <div>11:00: Split Words</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Movie Matinee (Manicures)!</div> <div>3:00: Team Games</div> <div>4:00: Crosswords</div> </div> </div>	<div> <div>24</div> <div> <div>3:00 Balloon Toss</div> <div>3:15 Gentle Chair fitness</div> <div>3:45 Winter Painting</div> </div> </div>
<div> <div>25</div> <div>Open Art Studio!</div> <div>Enjoy Some Uno, Air Hockey, or Calm Coloring</div> </div>	<div> <div>26</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Tennis</div> <div>10:30: Football Toss</div> <div>11:00: the Alphabet game</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Musical Monday (Manicures)!</div> <div>3:00: Giant Balloon Group Play</div> <div>4:00: List 'Em by Letter</div> </div> </div>	<div> <div>27</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Team Keep Up Challenge</div> <div>10:30: Ring Toss</div> <div>11:00: Let's Write a Story</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Board Games in the Art Studio!</div> </div> </div>	<div> <div>28</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Badminton</div> <div>10:30: Hula Hoop Toss</div> <div>11:00: Guess the Answer</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>2:00: Live Music Performance With Greg Albert!</div> </div> <div> <div>3:15: Wine Down Wednesday!</div> <div>4:15: Quiz Show!</div> </div> </div>	<div> <div>29</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Balloon Sword Play</div> <div>10:30: Axe Throwing</div> <div>11:00: Word Scrambles</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Craft Corner in the Art Studio</div> <div>3:15: BINGO!</div> <div>4:30: Dance until Dinner!</div> </div> </div>	<div> <div>30</div> <div> <div>9:30: Good Morning Chair Fitness</div> <div>10:00: Pool Noodle Bat</div> <div>10:30: Cornhole</div> <div>11:00: Name 5</div> <div>11:30: Daily Chronicle</div> </div> <div> <div>1:30: Movie Matinee (Manicures)!</div> <div>3:00: Team Games</div> <div>4:00: Crosswords</div> </div> </div>	<div> <div>31</div> <div> <div>1:15 - Balloon Badminton</div> <div>1:30 - Fun Fitness with JoJo</div> <div>1:45 - Trivia and Daily Chronicle</div> <div>2:00- Finish the Line</div> </div> </div>



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## Chatham C

January 2026 Chatham C					9:30 - Wake Up With: Nature 10:00 - Balloon Keep Up 10:30 - Basketball Throw 11:00 - Gentle Stretch 11:30 - Scent Guessing  1:30 - Relaxing Hand Massages 3:00 - Ice Cream Social 4:00 - Balloon Bounce 4:30 - Guess A Letter	10:30 - Chair Fitness 10:45 - Daily Chronicle 11:00 - Big Balloon Toss 11:15 - Swat the Fly 11:30 - Name 5
4 Morning: Balloon Toss & Singing in the Living Room  Afternoon: Music & Calm Coloring	5 9:30 - Wake Up With:Jazz Music 10:00 - Swat The Snowflake 10:30 - Basketball Toss 11:00 - Gentle Stretch 11:30 - UNO  1:30 - Movie Matinee & Manicures 3:30 - Afternoon Aerobics 4:00 - Finish The Lyric	6 9:30 - Wake Up With: Classical 10:00 - Snowman Ring Toss 10:30 - Balloon Badminton 11:00 - Musical Movement 11:30 - Guess The Instrument  2:00 - Kangaroo Visit!! 2:30 - Pet Therapy With Gunny 3:30 - Craft: Knitting Machine 4:30 - Name 5	7 9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:30 - Snowball Throw 11:00 - Morning Mindfulness 11:30 - Music Circle  2:00 - Live Music Performance! 3:30 - Warm Drinks & Cookies 4:30 - Sing & Dance To Dinner!	8 9:30 - Wake Up With: Oldies 10:00 - Balloon Wack 10:30 - Bean Bag Toss 11:00 - Musical Movement 11:30 - Fact or Fiction  1:30 - Baking & Boardgames 2:30 - Treat and Chat 3:00 - Group Sing Along 4:00 - Name The Famous Face	9 9:30 - Wake Up With: Nature 10:00 - Balloon Keep Up 10:30 - Basketball Throw 11:00 - Gentle Stretch 11:30 - Scent Guessing  1:30 - Relaxing Hand Massages 3:00 - January Birthday Party! 4:00 - Balloon Bounce 4:30 - Guess A Letter	10 10:00: Team Balloon Play w/ Mary! 10:20: Basket Bouncer 10:40: Sing A-long!
11 Morning: Balloon Toss & Singing in the Living Room  Afternoon: Music & Calm Coloring	12 9:30 - Wake Up With:Jazz Music 10:00 - Swat The Snowflake 10:30 - Basketball Toss 11:00 - Gentle Stretch 11:30 - UNO  1:30 - Movie Matinee & Manicures 3:30 - Afternoon Aerobics 4:00 - Finish The Phrase	13 9:30 - Wake Up With: Classical 10:00 - Snowman Ring Toss 10:30 - Balloon Badminton 11:00 - Musical Movement 11:30 - Guess The Sound  2:30 - Pet Therapy With Gunny 3:00 - Craft: Snowflake Painting 4:30 - Let's List	14 9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:30 - Snowball Throw 11:00 - Morning Mindfulness 11:30 - Music Circle  2:00 - Live Music Performance! 3:30 - Warm Drinks & Cookies 4:30 - Sing & Dance To Dinner!	15 9:30 - Wake Up With: Oldies 10:00 - Balloon Wack 10:30 - Bean Bag Toss 11:00 - Musical Movement 11:30 - Fact or Fiction  1:30 - Baking & Boardgames 2:30 - Treat and Chat 3:00 - Virtual Viewing: The Lawrence Welk Show!	16 Morning: Balloon Toss & Singing in the Living Room  Afternoon: Music & Calm Coloring	17 10:00 - Big Balloon Bounce 10:15 - Bean Bag Toss 10:30 - Musical Movement 10:45 - Daily Chronicle & Name 5
18 Morning: Balloon Toss & Singing in the Living Room  Afternoon: Music & Calm Coloring	19 Morning: Balloon Toss & Singing in the Living Room  Afternoon: Music & Calm Coloring  Martin Luther King Jr. Day	20 9:30 - Wake Up With: Classical 10:00 - Snowman Ring Toss 10:30 - Balloon Badminton 11:00 - Musical Movement 11:30 - Guess The Scent  2:30 - Pet Therapy With Gunny 3:00 - Northern Lights Art 4:30 - Name 5	21 9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:30 - Snowball Throw 11:00 - Morning Mindfulness 11:30 - Music Circle  2:00 - Live Music Performance With: Mike and Tina! 3:30 - Warm Drinks & Cookies 4:30 - Sing & Dance To Dinner!	22 9:30 - Wake Up With: Oldies 10:00 - Balloon Wack 10:30 - Bean Bag Toss 11:00 - Musical Movement 11:30 - Fact or Fiction  1:30 - Baking & Boardgames 2:30 - Treat and Chat 3:00 - Group Sing Along 4:00 - Name The Famous Place	23 9:30 - Wake Up With: Nature 10:00 - Balloon Keep Up 10:30 - Basketball Throw 11:00 - Gentle Stretch 11:30 - Scent Guessing  1:30 - Relaxing Hand Massages 3:00 - Ice Cream Social 4:00 - Balloon Bounce 4:30 - Guess A Letter	24 1:30 Balloon Toss 1:45 Musical stretch and fitness 2:00 Winter Painting
25 Morning: Balloon Toss & Singing in the Living Room  Afternoon: Music & Calm Coloring	26 9:30 - Wake Up With: Jazz Music 10:00 - Swat The Snowflake 10:30 - Basketball Toss 11:00 - Gentle Stretch 11:30 - UNO  1:30 - Movie Matinee & Manicures 3:30 - Afternoon Aerobics 4:00 - Finish The Lyric	27 9:30 - Wake Up With: Classical 10:00 - Snowman Ring Toss 10:30 - Balloon Badminton 11:00 - Musical Movement 11:30 - Guess The Item  2:30 - Pet Therapy With Gunny 3:00 - Valentine's Decor! 4:30 - Let's List	28 9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:30 - Snowball Throw 11:00 - Morning Mindfulness 11:30 - Music Circle  2:00 - Live Music Performance With: Greg Albert 3:30 - Warm Drinks & Cookies 4:30 - Sing & Dance To Dinner!	29 9:30 - Wake Up With: Oldies 10:00 - Balloon Wack 10:30 - Bean Bag Toss 11:00 - Musical Movement 11:30 - Fact or Fiction  1:30 - Baking & Boardgames 2:30 - Treat and Chat 3:00 - Virtual Viewing: The Lawrence Welk Show!	30 9:30 - Wake Up With: Nature 10:00 - Balloon Keep Up 10:30 - Basketball Throw 11:00 - Gentle Stretch 11:30 - Scent Guessing  1:30 - Relaxing Hand Massages 3:00 - Ice Cream Social 4:00 - Balloon Bounce 4:30 - Guess A Letter	31 10:00 - Balloon Bounce 10:15 - Bean Bag Toss 10:30 - Sing and Stretch 10:45 - Sing A Long & Rhyme Time

Activities are subject to change.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1>				<b>1:30 New Year Bingo</b> 1  New Year's Day	<b>Enjoy Rummikub, Scrabble, and Balancing Games in the Activity Room</b> 2	<b>1st Floor</b> 3 3:30-4:30-Rummikub/UNO
<b>4th Floor</b> 4 3:30-4:30-Rummikub/UNO	<b>Enjoy Rummikub, Scrabble, and Balancing Games in the Activity Room</b> 5	<b>Enjoy Upwords, Scrabble, and UNO in the Activity Room</b> 6 <u>1st Floor</u> 1:30- Kangaroo Visit!	<b>Enjoy Coloring, Checkers &amp; Chess in the Activity Room</b> 7	<b>Enjoy Scout It Out, Scrabble &amp; Magnets in the Activity Room</b> 8	<b>Enjoy Rummikub, Scrabble and Balancing Games in the Activity Room</b> 9	<b>Enjoy Bananagrams, Play on Words &amp; Connect Four in the Activity Room</b> 10
<b>1st Floor</b> 11 <b>10:00-Fitness Fun with Mary</b> <b>10:15-Balloon Keep Up</b> <b>10:30- Hangman</b> <b>11:00-Card Games</b>	<b>4th Floor</b> 12 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Get the Picture 10:30-Wacky Wordies <u>1st Floor</u> 1:45-Communion w/Sarah-Berwyck 2:45-BINGO! 3:30-Rummikub/UNO	<b>4th Floor</b> 13 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! <u>1st Floor</u> 1:30-Ring Toss 1:45-Scout It Out 2:15-Trivia for Seniors 3:00-Rummikub/UNO	<b>4th Floor</b> 14 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Winter Word Search 10:30-Open Art Studio <u>1st Floor</u> 1:30-BINGO! 3:00-Live Music w/Billy Moos	<b>4th Floor</b> 15 9:30-Fitness Fun w/Jorge 9:45-BINGO 11:00-Prayers w/Roy <u>1st Floor</u> Enjoy playing Upwords, Scrabble, and UNO in the Activity Room	<b>4th Floor</b> 16 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-First to Five 10:30-Bananagrams 11:00-Number Search <u>1st Floor</u> 1:30-Movie & Puffcorn 3:00-Movie Chat & Treat 3:30-Rummikub/UNO	<b>Enjoy Rummikub, Connect Four &amp; Upwords in the Activity Room</b> 17
18 <b>10:00 - Stretch With Sarah</b> <b>10:15 - Daily Chronicle</b> <b>10:30-11:30 - UNO!</b>	<b>4th Floor</b> 19 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Balloon Tennis 10:30-Name 5 <u>1st Floor</u> 1:30-BINGO! 3:00-Rummikub/UNO  Martin Luther King Jr. Day	<b>4th Floor</b> 20 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! <u>1st Floor</u> 1:30-Circle Words 1:45-Jumbo Crosswords 3:00-Rummikub/UNO	<b>4th Floor</b> 21 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Bowling 10:30-Open Art Studio <u>1st Floor</u> 1:30-BINGO! 3:00-Live Music w/Bryan Lesnick	<b>4th Floor</b> 22 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! <u>1st Floor</u> Enjoy playing Rummikub, Scrabble, and Balancing Games in the Activity Room	<b>4th Floor</b> 23 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-Play on Words <u>1st Floor</u> 1:30-Movie & Puffcorn 3:00-Movie Chat & Treat 3:30-Rummikub/UNO	<b>Enjoy Rummikub, Scrabble, and Balancing Games in the Activity Room</b> 24
25 9:30 Daily Chronicles 9:45 Chair Fitness 10:00 Movie and Manicures	<b>4th Floor</b> 26 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-Swat the Fly 10:30-Shuffle Board <u>1st Floor</u> 1:30-BINGO! 3:00-Rummikub/UNO  Australia Day (Observed)	<b>4th Floor</b> 27 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! <u>1st Floor</u> 1:30-Shannondell Basketball 2:00-Change One Letter 3:00-Rummikub/UNO	<b>4th Floor</b> 28 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Number Search 10:30-Open Art Studio <u>1st Floor</u> 1:30-BINGO! 3:00-Live Music w/Connor Kirk	<b>4th Floor</b> 29 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! <u>1st Floor</u> Enjoy playing Rummikub, Scrabble, and Balancing Games in the Activity Room	<b>4th Floor</b> 30 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Scattergories <u>1st Floor</u> 1:30-Movie & Puffcorn 3:30-Birthday Celebrations	<b>Enjoy Rummikub, Scrabble, and Balancing Games in the Activity Room</b> 31