

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## Avondale

<p><i>Wake up with Music</i> 1  <i>Balloon Bounce and Sing A Long</i>  <i>Creative Coloring and Calming Tunes</i>          Tu B'Shevat Begins</p>	<p><i>Wake up with Music</i> 2  <i>Balloon Bounce and Sing A Long</i>  <i>Creative Coloring and Calming Tunes</i></p>	<p>9:30- Wake up with the Oldies 3          10:00- Daily Chronicle and Question of the Day          10:00- Pool Noodle Balloon Bounce          11:00- Music Grooves and Stretching Moves          11:30- Trivia &amp; Classical Tunes          1:30- Hand Massages &amp; Aromatherapy with Travelogue  <b>2:00- Pet Therapy with Gunny</b>          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Engelbert 4          10:00- Daily Chronicle &amp; Question of the Day          10:30- Music Grooves and Stretching Moves          11:00- Poetry Corner          11:30- Compliments &amp; Affirmations          1:30- Trivia &amp; Bingo Bang  <b>3:00- Live Music with Arlyn Walters</b>          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Sinatra 5          10:00- Daily Chronicle with Question of the Day          10:30- Fun with Darts          11:00- Parachute          11:30- Sing A Long &amp; Piano Playing          1:30- Betty Crocker Club          3:30- Noodle Whack!          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Bublé 6          10:00- Daily Chronicle with Question of the Day          10:30- Fitness Fun w/George!          11:30- Finish the Common Phrase          1:30- Word in a Word          2:00- Magic Table          3:00- Happy Hour and Dance Club          4:00- Sing &amp; Stroll</p>	<p>1:30- Fitness Fun w/George! 7          1:45-Daily Chronicle          2:00-Balloon Keep Up          2:15-Darts          2:30-Bean Bag Toss</p>
<p><i>Wake up with Music</i> 8  <i>Balloon Bounce and Sing A Long</i>  <i>Creative Coloring and Calming Tunes</i></p>	<p>9:30- Wake up with the Abba 9          10:00- Daily Chronicle and Question of the day          10:30- Music Grooves and Stretch Moves          11:00- Bean bag toss          1:30- Manicures          3:00-Bingo with JoJo          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Motown 10          10:00- Daily Chronicle with Question of the Day          10:30- Bat the Balloon          11:00- Tuesday Trivia          11:30- Piano Playing          1:30- Hand Massages &amp; Aromatherapy with Travelogue  <b>2:00- Pet Therapy with Gunny</b>          2:30- Valentine's Watercolor Paint          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Cat Stevens 11          10:00- Daily Chronicle &amp; Question of the Day          10:30- Bat the Balloon          11:00- Noodle Hockey          11:30- Creative Coloring &amp; Puzzles          1:30-Presidential Trivia &amp; Bingo Bang  <b>3:00- Belly Dancing with Anna Bogdanyk</b>          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with the Beatles 12          10:00- Daily Chronicle with Question of the Day          10:30- Fun with Darts          11:00- Parachute          11:30- Sing A Long &amp; Piano Playing          1:30- Betty Crocker Club          2:30- Magic Table</p>	<p>9:30- Wake up with Love Songs 13          10:00- Daily Chronicle with Question of the Day          10:30- Love Song Sing A Long          11:00- Big Balloon Bounce          11:30- Valentine's Day Trivia, True or False &amp; Finish the Love Lyric          1:30-Short Stories &amp; Reminiscing          2:00- Magic Table          3:00 Valentine's Day Party          4:00- Sing &amp; Stroll</p>	<p>11:00- Big Balloon Toss 14          11:15- Basket Bouncer          11:30- Sing Along to Love Songs!</p>
<p><i>Wake up with Music</i> 15  <i>Balloon Bounce and Sing A Long</i>  <i>Creative Coloring and Calming Tunes</i></p>	<p>9:30- Wake up with the Country 16          10:00- Daily Chronicle and President's Day Trivia          10:30- Music Grooves and Stretch Moves          11:00- Bean bag toss          1:30- Music, Manicures &amp; Eucalyptus Aromatherapy          2:30- Bingo with JoJo          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with The Carpenters 17          10:00- Daily Chronicle with Question of the Day          10:30- Chinese New Year Reminisce          11:00- Tuesday Trivia          11:30- Fun with Darts          1:30- Hand Massages with Jo  <b>2:00- Pet Therapy with Gunny</b>          2:30- Donut Making          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Marvin 18          10:00- Daily Chronicle with Question of the Day          10:30- Balloon Bounce          11:00- Whale Trivia &amp; Whale Watching Travelogue &amp; Reminisce  <b>1:30- Look Who's Dancing</b>          2:00- Trivia &amp; Bingo Bang  <b>3:00- Live Music with Matthew Masan</b>          4:00- Sing &amp; Stroll</p>	<p>9:30 Wake up with Bach 19          10:00 Daily Chronicle with Question of the Day          10:30 Fun with Darts          11:00 Parachute          11:30: Let's sing          1:30 Betty Crocker Club          3:30-Noodle Whack!          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Patsy Kline 20          10:00- Daily Chronicle with Question of the Day          10:30- Let's Make Pet Treats          11:30- Pet Trivia and Reminiscing          1:30- Craft Corner: Paper Plate Puppy Dog          2:00- Magic Table          3:00- Happy Hour and Dance Club          4:00- Sing &amp; Stroll</p>	<p>10:00 - Balloon Badminton 21          10:15 - Bottle Bash          10:30 - Gentle Stretch          10:45 - Daily Chronicle &amp; Sing Along</p>
<p><i>Wake up with Music</i> 22  <i>Balloon Bounce and Sing A Long</i>  <i>Creative Coloring and Calming Tunes</i></p>	<p>9:30- Wake up with Dolly 23          10:00- Daily Chronicle with Question of the Day          10:30- Chair Yoga          11:00- Tootsie Roll Day          1:30- Music, Manicures &amp; Lavender Aromatherapy          3:00- Bingo with JoJo          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Herb Albert 24          10:00- Daily Chronicle with Question of the Day          10:30- Chair Dancing          11:00- Tuesday Trivia          1:30- Hand Massages &amp; Aromatherapy with Travelogue  <b>2:00- Pet Therapy with Gunny</b>          2:30- Acrylic Painting          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Sinatra 25          10:00- Daily Chronicle with Question of the Day          10:30- Bean Bag Toss          11:00- Music Grooves and Stretching Moves          11:30- Sing A Long &amp; Piano Playing          1:30- Trivia &amp; Bingo Bang  <b>3:00- Live Music with Joe Plush</b>          4:00- Sing &amp; Stroll</p>	<p>9:30- Wake up with Rodgers 26          10:00- Daily Chronicle &amp; Question of the Day          10:30- Parachute &amp; Octaband          11:30- Sing A Long &amp; Piano Playing          1:30- Betty Crocker Club          2:30- Magic Table</p>	<p>9:30- Wake up with Springsteen 27          10:00- Daily Chronicle with Question of the Day          10:30- Noodle Whack          11:00- Polar Bear Trivia &amp; Arctic Travelogue          11:30- Cornhole          1:30-Chicken Soup for the Soul          2:00- Magic Table          3:00- February Birthday Celebration          4:00- Sing &amp; Stroll</p>	<p>10:00- Wake up with Music with Melissa 28          10:15- Balloon Toss          10:30- Movie and Manicures</p>

Activities are subject to change.

# February-2026 Berwyck Activities Calendar

Valentine Loving Season



**SEATED EXERCISE**  
Monday-Friday  
9:00am & 10:00am  
On Channel 98

Catholic service  
on TV every day on  
Ch 291 8am & 12 noon.  
Christian Song & Scripture  
on Ch 19 & Ch 287 every day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 1:30: Creative Coloring with Joanne Puzzles Rummikub Creative Coloring For your enjoyment in the sitting room and or activity room!	<b>2</b> Groundhog Day 9:30 1 on 1 Room Visits 10:00-12 Scrapbooking (B:ACT) 1:30 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT) 	<b>3</b> 9:30 Rummikub (B:SR) 10:30 Bingo (B:ACT) 1:30 Live Music w/ Pete (B:LR) 3:00 Rummikub Club	<b>4</b> 9:30 Puzzle Club (B:SR) 10:00 Jewelry Club 1:30 Craft Corner (B:ACT) 2:30 Wine Down Wednesday (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	<b>5</b> 9:30 Rummikub (B:SR) 10:30 Wii Bowling 1:30 Live Music w/ Katy Miller (B:LR) 2:30 Rosary (B:LR) 3:00-5 Painting Class W/ Melissa (B:ACT)	<b>6</b> 9:30 Rummikub 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:AT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	<b>7</b> 2:30-3:30 Bingo! Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
<b>8</b> Super Bowl Sunday Puzzles Rummikub Creative Coloring For your enjoyment in the sitting room and or activity room!	<b>9</b> 9:30 1 on 1 Room Visits 10:00-12 Scrapbooking (B:ACT) 1:45 Communion Service (B:LR) 2:15 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT)	<b>10</b> 9:30 Rummikub (B:SR) 10:30 Bingo (B:ACT) 1:30 Day of Pamper (B:ACT) Back Rubs and Facials! 3:00 Rummikub Club	<b>11</b> 9:30 Puzzle Club (B:SR) 10:00 Jewelry Club 1:30 Craft Corner (B:ACT) 2:30 Wine Down Wednesday (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	<b>12</b> 9:30 Rummikub (B:SR) 10:30 Wii Bowling 1:15 Rosary (B:LR) 2:00 Pretzel Making (B:ACT) 3:00-5 Painting Class W/ Melissa (B:ACT)	<b>13</b> 9:30 Rummikub 10:30 Yahtzee (B:ACT) 1:30 Live Music w/ Carmen Tornambe (B:LR) 2:30 Valentine Tea Party(B:ACT) 3:30-5 Bingo (B:ACT)	<b>14</b> Valentine's Day Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! 

# February - 2026

## Berwyck Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> <b>1:30-3:00: Coloring Fun with Mary!</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>For your enjoyment in the sitting room and or activity room!</b>	<b>16 Presidents's Day</b> <b>9:30 1 on 1 Room Visits</b> <b>10:00-12 Scrapbooking (B:ACT)</b> <b>1:30 Manicure and Movie (B:LR)</b> <b>3:30-5 Bingo (B:ACT)</b>	<b>17 Lunar New Year</b> <b>9:30 Rummikub (B:SR)</b> <b>10:30 Bingo (B:ACT)</b> <b>1:30 Lunar New Year Tea Social (B:ACT)</b> <b>3:00 Rummikub Club</b>	<b>18 Ash Wednesday</b> <b>9:30 Puzzle Club (B:SR)</b> <b>10:00 Jewelry Club</b> <b>1:45 Ash Wednesday Services (BLR)</b> <b>2:30 Wine Down Wednesday (B:ACT)</b> <b>3:30-5 Watercolor Painting (B:ACT)</b>	<b>19</b> <b>9:30 Chair Fitness (B:LR)</b> <b>10:30 Wii Bowling (B:ACT)</b> <b>1:30 Live Music w/ Randy Ruffin</b> <b>2:30 Rosary (B:LR)</b> <b>3:30-5 Painting Class W/ Melissa (B:ACT)</b>	<b>20</b> <b>9:30 Rummikub</b> <b>10:30 Yahtzee (B:ACT)</b> <b>1:30 Craft Corner (B:ACT)</b> <b>2:30 Creative Coloring (B:ACT)</b> <b>3:30-5 Bingo (B:ACT)</b>	<b>21</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>
<b>22</b> <b>1:30 - 3:00 - Chalk Pastel Heart Art</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>For your enjoyment in the sitting room and or activity room!</b>	<b>23</b> <b>9:30 1 on 1 Room Visits</b> <b>10:00-12 Scrapbooking (B:ACT)</b> <b>1:30 Manicure and Movie (B:LR)</b> <b>3:30-5 Bingo (B:ACT)</b>	<b>24</b> <b>9:30 Rummikub (B:SR)</b> <b>10:30 Bingo (B:ACT)</b> <b>1:30 Resident Council Meeting (B:LR)</b> <b>3:00 Live Music with Starlene( Bey B:LR)</b>	<b>25</b> <b>9:30 Puzzle Club (B:SR)</b> <b>10:00 Jewelry Club</b> <b>1:30 Craft Corner (B:ACT)</b> <b>2:30 Wine Down Wednesday (B:ACT)</b> <b>3:30-5 Watercolor Painting (B:ACT)</b>	<b>26</b> <b>9:30 Chair Fitness (B:LR)</b> <b>10:30 Wii Bowling</b> <b>1:15 Rosary (B:LR)</b> <b>2:00 Resin Jewelry Making (B:ACT)</b> <b>3:30-5 Painting Class W/ Melissa (B:ACT)</b>	<b>27</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>	<b>28</b> <b>Puzzles</b> <b>Rummikub</b> <b>Creative Coloring</b> <b>All available for your enjoyment in the sitting room and or activity room!</b>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Chatham Activities

1	Open Art Studio! Enjoy Some Ball Darts, Scrabble, or Calm Coloring	2	9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Basket Bouncer 11:00: Hangman 11:30: Daily Chronicle  1:30: Musical Monday (Manicures)! 3:00: Team Games 4:00: List 'Em by Letter	3	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Target the Tower 11:00: Trivia 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!	4	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Disc Golf 11:00: Cross out the Pairs 11:30: Daily Chronicle  <b>2:00: Live Music Performance With Starlene Bey!</b>  3:15: Wine Down Wednesday! 4:15: Quiz Show!	5	9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Slammo 11:00: Wheel of Fortune Puzzles 11:30: Daily Chronicle  1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	6	9:30-Chair One Fitness! 9:45-Daily Chronicle 10:00-Bean Bag Toss 10:15-Swat the Fly 10:30-Name 5	7
8	Open Art Studio! Enjoy Some Axe Throwing, Rummikub, or Calm Coloring	9	<b>Open Art Studio!</b> Art Kits Available and Air Hockey set up to enjoy!  <b>1:30: Communion in the Berwyck Living Room</b>	10	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Tic Tac Toss 11:00: List 10 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!	11	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Beachball Basket Throw 11:00: Wordle 11:30: Daily Chronicle  <b>2:00: Live Music Performance With Massimo Brutto!</b>  3:15: Wine Down Wednesday! 4:15: Quiz Show!	12	9:30: Good Morning Chair Fitness 10:00: Swat the Fly 10:30: Toss It Golf 11:00: Taboo 11:30: Daily Chronicle  1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	13	9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Ball Darts 11:00: Scattergories 11:30: Daily Chronicle  <b>1:30: Valentines Day Party with a Live Music Performance by Matthew Maisano!</b>  4:00: Friday Crossword	14
15	Open Art Studio! Enjoy Some Basket Toss, Sorry the game, or Calm Coloring	16	<b>Open Art Studio!</b> Art Kits Available and Ring Toss set up to enjoy!	17	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Basketball Dunk 11:00: Split Words 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!	18	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Bean Bag Toss 11:00: Let's Write a Poem 11:30: Daily Chronicle  <b>1:30: Ash Wednesday in the Berwyck Living Room</b>  <b>2:00: Live Music with Mike &amp; Tina!</b>  3:15: Wine Down Wednesday! 4:15: Quiz Show!	19	9:30: Good Morning Chair Fitness 10:00: Baseball Bat Around 10:30: Football Throw 11:00: Guess the Answer 11:30: Daily Chronicle  1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	20	9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Ring Toss 11:00: Wod Scrambles 11:30: Daily Chronicle  1:30: Movie Matinee (Manicures)! 3:00: Bowling League 4:00: Friday Crossword	21
22	Open Art Studio! Enjoy Some Uno, Shut the Box Dice Game, or Calm Coloring	23	9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Axe Throwing 11:00: Name 5 11:30: Daily Chronicle  1:30: Musical Monday (Manicures)! 3:00: Team Games 4:00: List 'Em by Letter	24	9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Cornhole 11:00: Hangman 11:30: Daily Chronicle  1:30: Board Games in the Art Studio!	25	9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Basket Bouncer 11:00: Trivia 11:30: Daily Chronicle  <b>2:00: Live Music Performance With Carmen Tornambe!</b>  3:15: Wine Down Wednesday! 4:15: Quiz Show!	26	9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Target the Tower 11:00: Cross Out the Pairs 11:30: Daily Chronicle  1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	27	9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Disc Golf 11:00: Wheel of Fortune Puzzles 11:30: Daily Chronicle  1:30: Movie Matinee (Manicures)! 3:00: Bowling League 4:00: Friday Crossword	28

Puzzles available in the sitting room.

Activities are subject to change.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## Chatham C

<b>Morning: Balloon Toss &amp; Singing in the Living Room</b> <b>Afternoon: Music &amp; Calm Coloring</b>	<b>1</b> <b>9:30 - Wake Up With: Wildlife</b> <b>10:00 - Big Balloon Bounce</b> <b>10:30 - Gentle Stretch</b> <b>11:00 - Magic Table: Wack-a-Mole</b> <b>11:30 - Groundhog Day Predictions</b> <b>1:30 - Movie Matinee &amp; Manicures</b> <b>3:30 - Snacktivity: Dirt Cups!</b>	<b>2</b> <b>9:30 - Wake Up With: Jazz</b> <b>10:00 - Balloon Badminton</b> <b>10:30 - Bottle Bash</b> <b>11:00 - Question of The Day</b> <b>11:30 - Musical Movement &amp; Sing Along</b> <b>2:30 - Pet Therapy With Gunny</b> <b>3:00 - Craft: Mini Snowman Making</b> <b>4:30 - Name The Famous Face</b>	<b>3</b> <b>9:30 - Wake Up With: Classical</b> <b>10:00 - Balloon Wack</b> <b>10:30 - Smack Darts</b> <b>11:00 - Stretch and Sing</b> <b>11:30 - Name The Sound</b> <b>2:00 - Live Music Performance with Starlene Bey!</b> <b>3:30 - Relaxing Hand Massages</b> <b>4:30 - Balloon Keep Up &amp; Sing Along</b>	<b>4</b> <b>9:30 - Wake Up With: Golden Oldies</b> <b>10:00 - Swat The Fly</b> <b>10:30 - Bean Bag Toss</b> <b>11:00 - Words of Wisdom</b> <b>11:30 - Fact or Fiction</b> <b>1:30 - Baking and Boardgames</b> <b>2:30 - Treat and Chat</b> <b>3:00 - Virtual Viewing: The Ed Sullivan Show</b>	<b>5</b> <b>9:30 - Wake Up With: Love Songs</b> <b>10:00 - Soccer Circle</b> <b>10:30 - Basketball Throw</b> <b>11:00 - Chair Zumba</b> <b>11:30 - UNO</b> <b>2:00 - Winter Olympics Opening Ceremony</b> <b>3:30 - Ice Cream Social</b> <b>4:30 - Balloon Keep Up</b>	<b>6</b> <b>10:30-Fitness Fun w/George</b> <b>10:15-Pool Noodle Tennis</b> <b>10:30-Ladder Ball</b> <b>10:45-Darts!</b>
<b>Morning: Balloon Toss &amp; Singing in the Living Room</b> <b>Afternoon: Music &amp; Calm Coloring</b>	<b>8</b> <b>9:30 - Wake Up With: Wildlife</b> <b>10:00 - Big Balloon Bounce</b> <b>10:30 - Gentle Stretch</b> <b>11:00 - Magic Table: Bubble Burst</b> <b>11:30 - Guess A Letter</b> <b>1:30 - Movie Matinee &amp; Manicures</b> <b>3:30 - Afternoon Aerobics</b> <b>4:00 - Name 5</b>	<b>9</b> <b>9:30 - Wake Up With: Jazz</b> <b>10:00 - Balloon Badminton</b> <b>10:30 - Bottle Bash</b> <b>11:00 - Question of The Day</b> <b>11:30 - Musical Movement &amp; Sing Along</b> <b>2:30 - Pet Therapy With Gunny</b> <b>3:00 - Craft: Valentine's Day Headbands</b> <b>4:30 - Name The Landmark</b>	<b>10</b> <b>9:30 - Wake Up With: Classical</b> <b>10:00 - Balloon Wack</b> <b>10:30 - Smack Darts</b> <b>11:00 - Stretch and Sing</b> <b>11:30 - Name The Scent</b> <b>2:00 - Live Music Performance with Massimo Brutto!</b> <b>3:30 - Relaxing Hand Massages</b> <b>4:30 - Balloon Keep Up &amp; Sing Along</b>	<b>11</b> <b>9:30 - Wake Up With: Golden Oldies</b> <b>10:00 - Swat The Fly</b> <b>10:30 - Bean Bag Toss</b> <b>11:00 - Words of Wisdom</b> <b>11:30 - Name The Movie</b> <b>1:30 - Valentine's Day Photobooth!</b> <b>3:00 - Bouquet Making</b> <b>4:30 - Guess A Letter</b>	<b>12</b> <b>9:30 - Wake Up With: Love Songs</b> <b>10:00 - Soccer Circle</b> <b>10:30 - Basketball Throw</b> <b>11:00 - Chair Zumba</b> <b>11:30 - UNO</b> <b>1:30 - Valentine's Day Party with Live Music Performance From Matthew Maisano!</b>	<b>13</b> <b>10:00 - Big Balloon Toss</b> <b>10:15 - Basket Bouncer</b> <b>10:30 - Sing Along to Love Songs!</b> <b>Valentine's Day</b>
<b>Morning: Balloon Toss &amp; Singing in the Living Room</b> <b>Afternoon: Music &amp; Calm Coloring</b>	<b>15</b> <b>9:30 - Wake Up With: Wildlife</b> <b>10:00 - Big Balloon Bounce</b> <b>10:30 - Gentle Stretch</b> <b>11:00 - Magic Table: Quiz Show</b> <b>11:30 - Guess A Letter</b> <b>1:30 - Movie Matinee &amp; Manicures</b> <b>3:30 - Afternoon Aerobics</b> <b>4:00 - Let's List Presidents' Day (U.S.)</b>	<b>16</b> <b>9:30 - Wake Up With: Jazz</b> <b>10:00 - Balloon Badminton</b> <b>10:30 - Bottle Bash</b> <b>11:00 - Question of The Day</b> <b>11:30 - Musical Movement &amp; Sing Along</b> <b>2:00 - Craft: Mardi Gras Mask Making</b> <b>3:30 - Celebrate Lunar New Year with Tea &amp; Treats</b>	<b>17</b> <b>9:30 - Wake Up With: Classical</b> <b>10:00 - Balloon Wack</b> <b>10:30 - Smack Darts</b> <b>11:00 - Stretch and Sing</b> <b>11:30 - Name The Instrument</b> <b>2:00 - Live Music Performance with Mike &amp; Tina!</b> <b>3:30 - Relaxing Hand Massages</b> <b>4:30 - Balloon Keep Up &amp; Sing Along</b>	<b>18</b> <b>9:30 - Wake Up With: Golden Oldies</b> <b>10:00 - Swat The Fly</b> <b>10:30 - Bean Bag Toss</b> <b>11:00 - Words of Wisdom</b> <b>11:30 - Fact or Fiction</b> <b>1:30 - Baking and Boardgames</b> <b>2:30 - Treat and Chat</b> <b>3:00 - Virtual Viewing: The Ed Sullivan Show</b>	<b>19</b> <b>9:30 - Wake Up With: Golden Oldies</b> <b>10:00 - Swat The Fly</b> <b>10:30 - Bean Bag Toss</b> <b>11:00 - Words of Wisdom</b> <b>11:30 - Fact or Fiction</b> <b>1:30 - Baking and Boardgames</b> <b>2:30 - Treat and Chat</b> <b>3:00 - Virtual Viewing: The Ed Sullivan Show</b>	<b>20</b> <b>Morning: Balloon Toss &amp; Singing in the Living Room</b> <b>Afternoon: Music &amp; Calm Coloring</b>
<b>Morning: Balloon Toss &amp; Singing in the Living Room</b> <b>Afternoon: Music &amp; Calm Coloring</b>	<b>22</b> <b>Morning: Balloon Toss &amp; Singing in the Living Room</b> <b>Afternoon: Music &amp; Calm Coloring</b>	<b>23</b> <b>Morning: Balloon Toss &amp; Singing in the Living Room</b> <b>Afternoon: Music &amp; Calm Coloring</b>	<b>24</b> <b>9:30 - Wake Up With: Jazz</b> <b>10:00 - Balloon Badminton</b> <b>10:30 - Bottle Bash</b> <b>11:00 - Question of The Day</b> <b>11:30 - Musical Movement &amp; Sing Along</b> <b>2:30 - Pet Therapy With Gunny</b> <b>3:00 - Craft: Color Block Painting</b> <b>4:30 - Name The Landmark</b>	<b>25</b> <b>9:30 - Wake Up With: Classical</b> <b>10:00 - Balloon Wack</b> <b>10:30 - Smack Darts</b> <b>11:00 - Stretch and Sing</b> <b>11:30 - Name The Scent</b> <b>2:00 - Live Music Performance with Carmen Tornambe!</b> <b>3:30 - Relaxing Hand Massages</b> <b>4:30 - Balloon Keep Up &amp; Sing Along</b>	<b>26</b> <b>9:30 - Wake Up With: Golden Oldies</b> <b>10:00 - Swat The Fly</b> <b>10:30 - Bean Bag Toss</b> <b>11:00 - Words of Wisdom</b> <b>11:30 - Name The Movie</b> <b>1:30 - Baking and Boardgames</b> <b>2:30 - Treat and Chat</b> <b>3:00 - Collage Making</b> <b>4:30 - Guess A Letter</b>	<b>27</b> <b>9:30 - Wake Up With: Love Songs</b> <b>10:00 - Soccer Circle</b> <b>10:30 - Basketball Throw</b> <b>11:00 - Chair Zumba</b> <b>11:30 - UNO</b> <b>2:00 - February Birthday Celebration!</b> <b>4:00 - Balloon Keep Up</b> <b>4:30 - Name 5</b>

Activities are subject to change.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026



<b>1st Floor</b> 9:30- Musical Movement with Joanne 10:00- Bean Bag Battle 10:30- Trivia & Finish the Phrase	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Get the Picture 10:30-Wacky Wordies <b>4th Floor</b> 1:30-Jeopardy 2:30-Rummikub/UNO  Groundhog Day	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Word Searches 10:30-Play on Words <b>4th Floor</b> 1:30-Boce Ball 2:30-Rummikub/UNO	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Tic Tac Toe Toss 10:30-Ubongo 1:30-Words in a Word <b>3:00-Live Music w/Massimo Brutto</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Concentration puzzles 10:30-Open Art Studio 2:00-Apps & Chats <b>Enjoy Rummikub, Connect Four &amp; Upwords in the Activity Room</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Big Pizza Toss 10:30-Open Art Studio 2:00-Apps & Chats <b>Enjoy UNO, Connect Four &amp; Scrabble in the Activity Room</b>	<b>Enjoy Coloring, Checkers &amp; Chess in the Activity Room</b>	<b>Enjoy Rummikub &amp; Uno in the Activity Room</b>
<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Bean Bag Toss 10:00-Let's Play Shuffle Board 10:30-Rummikub	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Sink the Skittles 10:30-Number Search <b>1:30-Communion Service - Berwyck</b> <b>4th Floor</b> 1:30-Scattergories 2:30-Rummikub/UNO	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Balloon Toss 10:30-Magnet game <b>4th Floor</b> 1:30-Scattergories 2:30-Rummikub/UNO	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Ring Toss 10:30-Swat the Fly 1:30-Apples to Apples <b>3:00-Live Music w/Carmen Tornambe</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Big Pizza Toss 10:30-Open Art Studio 2:00-Apps & Chats <b>Enjoy UNO, Connect Four &amp; Scrabble in the Activity Room</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music <b>4th Floor</b> 1:30-Movie & Puffcorn 3:30-Manicures & Music	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music <b>4th Floor</b> 1:30-Movie & Puffcorn 3:30-Manicures & Music	<b>14</b>  Valentine's Day
<b>1st Floor</b> 10:00-Good Morning Fitness 10:15-Balloon Tennis 10:30-Hangman 11:00-Uno card game	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Bananagrams 10:30-Noodle Tennis <b>4th Floor</b> 1:30-Jeopardy 2:30-Rummikub/UNO  Presidents' Day (U.S.)	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-First to Five 10:30-Riddle Me This?! <b>4th Floor</b> 1:30-Bowling 2:30-Rummikub/UNO  Mardi Gras	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Horse Shoes 10:30-Get the Picture 1:30-Word Search <b>2:30-Ash Wednesday</b> <b>3:00-Live Music w/Connor Kirk</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Sorry! 10:30-Open Art Studio 2:00-Apps & Chats <b>Enjoy Upwords, Connect Four &amp; Sorry in the Activity Room</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music <b>4th Floor</b> 1:30-Movie & Puffcorn 3:30-Manicures & Music	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music <b>4th Floor</b> 1:30-Movie & Puffcorn 3:30-Manicures & Music	<b>21</b>  Enjoy Scrabble, Scout It Out & Upwords in the Activity Room
<b>1st Floor</b> 10:00 - Manicures, Music and Warm Tea	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Connect 4 10:30-Guess the Gibberish <b>4th Floor</b> 1:30-Upwords 2:30-Rummikub/UNO	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Pendulum Balance 10:30-Shut the Box <b>1:30-Resident Council Mtg.- Berwyck</b> <b>4th Floor</b> 2:30-Rummikub/UNO	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Badminton 10:30-Ladder Ball 1:30-Birthday Celebrations <b>3:00-Live Music w/Randy Ruffin</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Open Art Studio <b>11:00-Prayers w/Roy</b> 2:00-Apps & Chats <b>Enjoy Bananagrams, UNO &amp; Play on Words in the Activity Room</b>	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music <b>4th Floor</b> 1:30-Movie & Puffcorn 3:30-Manicures & Music	<b>1st Floor</b> 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music <b>4th Floor</b> 1:30-Movie & Puffcorn 3:30-Manicures & Music	<b>28</b>  Enjoy Connect Four, Scrabble & Magnets in the Activity Room