

February 2026

Avondale

<div>Wake up with Music 1</div> <div>Balloon Bounce and Sing A Long</div> <div>Creative Coloring and Calming Tunes</div> <div>Tu B'Shevat Begins</div>	<div>Wake up with Music 2</div> <div>Balloon Bounce and Sing A Long</div> <div>Creative Coloring and Calming Tunes</div>	<div>9:30- Wake up with the Oldies 3</div> <div>10:00- Daily Chronicle and Question of the Day</div> <div>10:00- Pool Noodle Balloon Bounce</div> <div>11:00- Music Grooves and Stretching Moves</div> <div>11:30- Trivia & Classical Tunes</div> <div>1:30- Hand Massages & Aromatherapy with Travelogue</div> <div>2:00- Pet Therapy with Gunny</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Engelbert 4</div> <div>10:00- Daily Chronicle & Question of the Day</div> <div>10:30- Music Grooves and Stretching Moves</div> <div>11:00- Poetry Corner</div> <div>11:30- Compliments & Affirmations</div> <div>1:30- Trivia & Bingo Bango</div> <div>3:00- Live Music with Arlyn Walters</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Sinatra 5</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Fun with Darts</div> <div>11:00- Parachute</div> <div>11:30- Sing A Long & Piano Playing</div> <div>1:30- Betty Crocker Club</div> <div>3:30- Noodle Whack!</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Bublé 6</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Fitness Fun w/George!</div> <div>11:30- Finish the Common Phrase</div> <div>1:30- Word in a Word</div> <div>2:00- Magic Table</div> <div>3:00- Happy Hour and Dance Club</div> <div>4:00- Sing & Stroll</div>	<div>1:30- Fitness Fun w/George! 7</div> <div>1:45-Daily Chronicle</div> <div>2:00-Balloon Keep Up</div> <div>2:15-Darts</div> <div>2:30-Bean Bag Toss</div>
<div>Wake up with Music 8</div> <div>Balloon Bounce and Sing A Long</div> <div>Creative Coloring and Calming Tunes</div>	<div>9:30- Wake up with the Abba 9</div> <div>10:00- Daily Chronicle and Question of the day</div> <div>10:30- Music Grooves and Stretch Moves</div> <div>11:00- Bean bag toss</div> <div>1:30- Manicures</div> <div>3:00-Bingo with JoJo</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Motown 10</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Bat the Balloon</div> <div>11:00- Tuesday Trivia</div> <div>11:30- Piano Playing</div> <div>1:30- Hand Massages & Aromatherapy with Travelogue</div> <div>2:00- Pet Therapy with Gunny</div> <div>2:30- Valentine's Watercolor Paint</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Cat Stevens 11</div> <div>10:00- Daily Chronicle & Question of the Day</div> <div>10:30- Balloon Tennis</div> <div>11:00- Noodle Hockey</div> <div>11:30- Creative Coloring & Puzzles</div> <div>1:30-Presidential Trivia & Bingo Bango</div> <div>3:00- Belly Dancing with Anna Bogdanyk</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with the Beatles 12</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Fun with Darts</div> <div>11:00- Parachute</div> <div>11:30- Sing A Long & Piano Playing</div> <div>1:30- Betty Crocker Club</div> <div>2:30- Magic Table</div>	<div>9:30- Wake up with Love Songs 13</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Love Song Sing A Long</div> <div>11:00- Big Balloon Bounce</div> <div>11:30- Valentine's Day Trivia, True or False & Finish the Love Lyric</div> <div>1:30-Short Stories & Reminiscing</div> <div>2:00- Magic Table</div> <div>3:00 Valentine's Day Party</div> <div>4:00- Sing & Stroll</div>	<div>11:00- Big Balloon Toss 14</div> <div>11:15- Basket Bouncer</div> <div>11:30- Sing Along to Love Songs!</div> <div>Valentine's Day</div>
<div>Wake up with Music 15</div> <div>Balloon Bounce and Sing A Long</div> <div>Creative Coloring and Calming Tunes</div>	<div>9:30- Wake up with the Country 16</div> <div>10:00- Daily Chronicle and President's Day Trivia</div> <div>10:30- Music Grooves and Stretch Moves</div> <div>11:00- Bean bag toss</div> <div>1:30- Music, Manicures & Eucalyptus Aromatherapy</div> <div>2:30- Bingo with JoJo</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with The Carpenters 17</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Chinese New Year Reminisce</div> <div>11:00- Tuesday Trivia</div> <div>11:30- Fun with Darts</div> <div>1:30- Hand Massages with Jo</div> <div>2:00- Pet Therapy with Gunny</div> <div>2:30- Donut Making</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Marvin 18</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Balloon Bounce</div> <div>11:00- Whale Trivia & Whale Watching Travelogue & Reminisce</div> <div>1:30- Look Who's Dancing</div> <div>2:00- Trivia & Bingo Bango</div> <div>3:00- Live Music with Matthew Masan</div> <div>4:00- Sing & Stroll</div>	<div>9:30 Wake up with Bach 19</div> <div>10:00 Daily Chronicle with Question of the Day</div> <div>10:30 Fun with Darts</div> <div>11:00 Parachute</div> <div>11:30: Let's sing</div> <div>1:30 Betty Crocker Club</div> <div>3:30-Noodle Whack!</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Patsy Kline 20</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Let's Make Pet Treats</div> <div>11:30- Pet Trivia and Reminiscing</div> <div>1:30- Craft Corner: Paper Plate Puppy Dog</div> <div>2:00- Magic Table</div> <div>3:00- Happy Hour and Dance Club</div> <div>4:00- Sing & Stroll</div>	<div>10:00 - Balloon Badminton 21</div> <div>10:15 - Bottle Bash</div> <div>10:30 - Gentle Stretch</div> <div>10:45 - Daily Chronicle & Sing Along</div>
<div>Wake up with Music 22</div> <div>Balloon Bounce and Sing A Long</div> <div>Creative Coloring and Calming Tunes</div>	<div>9:30- Wake up with Dolly 23</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Chair Yoga</div> <div>11:00- Tootsie Roll Day</div> <div>1:30- Music, Manicures & Lavender Aromatherapy</div> <div>3:00- Bingo with JoJo</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Herb Albert 24</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Chair Dancing</div> <div>11:00- Tuesday Trivia</div> <div>1:30- Hand Massages & Aromatherapy with Travelogue</div> <div>2:00- Pet Therapy with Gunny</div> <div>2:30- Acrylic Painting</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Sinatra 25</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Bean Bag Toss</div> <div>11:00- Music Grooves and Stretching Moves</div> <div>11:30- Sing A Long & Piano Playing</div> <div>1:30- Trivia & Bingo Bango</div> <div>3:00- Live Music with Joe Plush</div> <div>4:00- Sing & Stroll</div>	<div>9:30- Wake up with Rodgers 26</div> <div>10:00- Daily Chronicle & Question of the Day</div> <div>10:30- Parachute & Octaband</div> <div>11:30- Sing A Long & Piano Playing</div> <div>1:30- Betty Crocker Club</div> <div>2:30- Magic Table</div>	<div>9:30- Wake up with Springsteen 27</div> <div>10:00- Daily Chronicle with Question of the Day</div> <div>10:30- Noodle Whack</div> <div>11:00- Polar Bear Trivia & Arctic Travelogue</div> <div>11:30- Cornhole</div> <div>1:30-Chicken Soup for the Soul</div> <div>2:00- Magic Table</div> <div>3:00- February Birthday Celebration</div> <div>4:00- Sing & Stroll</div>	<div>10:00- Wake up with Music with Melissa 28</div> <div>10:15- Balloon Toss</div> <div>10:30- Movie and Manicures</div>



February - 2026 Berwyck Activities Calendar

Valentine Loving Season



SEATED EXERCISE
Monday–Friday
9:00am & 10:00am
On Channel 98

Catholic service
 on TV every day on
 Ch 291 8am & 12 noon.
 Christian Song & Scripture
 on Ch 19 & Ch 287 every day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30: Creative Col- oring with Joanne Puzzles Rummikub Creative Coloring For your enjoyment in the sitting room and or activity room!	2 Groundhog Day 9:30 1 on 1 Room Visits 10:00-12 Scrapbook- ing (B:ACT) 1:30 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT) 	3 9:30 Rummikub (B:SR) 10:30 Bingo (B:ACT) 1:30 Live Music w/ Pete (B:LR) 3:00 Rummikub Club	4 9:30 Puzzle Club (B:SR) 10:00 Jewelry Club 1:30 Craft Corner (B:ACT) 2:30 Wine Down Wednesday (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	5 9:30 Rummikub (B:SR) 10:30 Wii Bowling 1:30 Live Music w/ Katy Miller (B:LR) 2:30 Rosary (B:LR) 3:00-5 Painting Class W/ Melissa (B:ACT)	6 9:30 Rummikub 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:AT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	7 2:30-3:30 Bingo! Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
8 Super Bowl Sunday Puzzles Rummikub Creative Coloring For your enjoyment in the sitting room and or activity room!	9 9:30 1 on 1 Room Visits 10:00-12 Scrapbook- ing (B:ACT) 1:45 Communion Ser- vice (B:LR) 2:15 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT)	10 9:30 Rummikub (B:SR) 10:30 Bingo (B:ACT) 1:30 Day of Pamper (B:ACT) Back Rubs and Facials! 3:00 Rummikub Club	11 9:30 Puzzle Club (B:SR) 10:00 Jewelry Club 1:30 Craft Corner (B:ACT) 2:30 Wine Down Wednesday (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	12 9:30 Rummikub (B:SR) 10:30 Wii Bowling 1:15 Rosary (B:LR) 2:00 Pretzel Making (B:ACT) 3:00-5 Painting Class W/ Melissa (B:ACT)	13 9:30 Rummikub 10:30 Yahtzee (B:ACT) 1:30 Live Music w/ Carmen Tornambe (B:LR) 2:30 Valentine Tea Party(B:ACT) 3:30-5 Bingo (B:ACT)	14 Valentine's Day Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activitv room! 

February ~ 2026

Berwyck Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 1:30-3:00: Coloring Fun with Mary! Puzzles Rummikub Creative Coloring For your enjoyment in the sitting room and or activity room!	16 Presidents's Day 9:30 1 on 1 Room Visits 10:00-12 Scrapbook-ing (B:ACT) 1:30 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT)	17 Lunar New Year 9:30 Rummikub (B:SR) 10:30 Bingo (B:ACT) 1:30 Lunar New Year Tea Social (B:ACT) 3:00 Rummikub Club	18 Ash Wednesday 9:30 Puzzle Club (B:SR) 10:00 Jewelry Club 1:45 Ash Wednesday Services (BLR) 2:30 Wine Down Wednesday (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	19 9:30 Chair Fitness (B:LR) 10:30 Wii Bowling 1:30 Live Music w/ Randy Ruffin 2:30 Rosary (B:LR) 3:30-5 Painting Class W/ Melissa (B:ACT)	20 9:30 Rummikub 10:30 Yahtzee (B:ACT) 1:30 Craft Corner (B:ACT) 2:30 Creative Coloring (B:ACT) 3:30-5 Bingo (B:ACT)	21 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
22 1:30 - 3:00 - Chalk Pastel Heart Art Puzzles Rummikub Creative Coloring For your enjoyment in the sitting room and or activity room!	23 9:30 1 on 1 Room Visits 10:00-12 Scrapbook-ing (B:ACT) 1:30 Manicure and Movie (B:LR) 3:30-5 Bingo (B:ACT)	24 9:30 Rummikub (B:SR) 10:30 Bingo (B:ACT) 1:30 Resident Council Meeting (B:LR) 3:00 Live Music with Starlene(Bey B:LR)	25 9:30 Puzzle Club (B:SR) 10:00 Jewelry Club 1:30 Craft Corner (B:ACT) 2:30 Wine Down Wednesday (B:ACT) 3:30-5 Watercolor Painting (B:ACT)	26 9:30 Chair Fitness (B:LR) 10:30 Wii Bowling 1:15 Rosary (B:LR) 2:00 Resin Jewelry Making (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	27 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	28 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!

SundayMondayTuesdayWednesdayThursdayFridaySaturday

February 2026Chatham Activities



1 Open Art Studio! Enjoy Some Ball Darts, Scrabble, or Calm Coloring	2 9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Basket Bouncer 11:00: Hangman 11:30: Daily Chronicle 1:30: Musical Monday (Manicures)! 3:00: Team Games 4:00: List 'Em by Letter	3 9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Target the Tower 11:00: Trivia 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	4 9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Disc Golf 11:00: Cross out the Pairs 11:30: Daily Chronicle 2:00: Live Music Performance With Starlene Bey! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	5 9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Slammo 11:00: Wheel of Fortune Puzzles 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	6 Open Art Studio! Art Kits Available and Curling set up to enjoy!	7 9:30-Chair One Fitness! 9:45-Daily Chronicle 10:00-Bean Bag Toss 10:15-Swat the Fly 10:30-Name 5
8 Open Art Studio! Enjoy Some Axe Throwing, Rummikub, or Calm Coloring	9 Open Art Studio! Art Kits Available and Air Hockey set up to enjoy! 1:30: Communion in the Berwyck Living Room	10 9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Tic Tac Toss 11:00: List 10 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	11 9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Beachball Basket Throw 11:00: Wordle 11:30: Daily Chronicle 2:00: Live Music Performance With Massimo Brutto! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	12 9:30: Good Morning Chair Fitness 10:00: Swat the Fly 10:30: Toss It Golf 11:00: Taboo 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	13 9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Ball Darts 11:00: Scattergories 11:30: Daily Chronicle 1:30: Valentines Day Party with a Live Music Performance by Matthew Maisano! 4:00: Friday Crossword	14 1:30: Afternoon Chair Fitness 2:00: Balloon Tennis 2:30: Basket Bouncer 3:00: Hangman Valentine's Day
15 Open Art Studio! Enjoy Some Basket Toss, Sorry the game, or Calm Coloring	16 Open Art Studio! Art Kits Available and Ring Toss set up to enjoy!	17 9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Basketball Dunk 11:00: Split Words 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	18 9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Bean Bag Toss 11:00: Let's Write a Poem 11:30: Daily Chronicle 1:30: Ash Wednesday in the Berwyck Living Room 2:00: Live Music with Mike & Tina! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	19 9:30: Good Morning Chair Fitness 10:00: Baseball Bat Around 10:30: Football Throw 11:00: Guess the Answer 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	20 9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Ring Toss 11:00: Wod Scrambles 11:30: Daily Chronicle 1:30: Movie Matinee (Manicures)! 3:00: Bowling League 4:00: Friday Crossword	21 1:30 - Stretch With Sarah 2:00 - Big Balloon Bounce 2:30 - Word Scramble 3:00 - Daily Chronicle & Sing Along
22 Open Art Studio! Enjoy Some Uno, Shut the Box Dice Game, or Calm Coloring	23 9:30: Good Morning Chair Fitness 10:00: Balloon Tennis 10:30: Axe Throwing 11:00: Name 5 11:30: Daily Chronicle 1:30: Musical Monday (Manicures)! 3:00: Team Games 4:00: List 'Em by Letter	24 9:30: Good Morning Chair Fitness 10:00: Team Keep Up Challenge 10:30: Cornhole 11:00: Hangman 11:30: Daily Chronicle 1:30: Board Games in the Art Studio!	25 9:30: Good Morning Chair Fitness 10:00: Balloon Badminton 10:30: Basket Bouncer 11:00: Trivia 11:30: Daily Chronicle 2:00: Live Music Performance With Carmen Tornambe! 3:15: Wine Down Wednesday! 4:15: Quiz Show!	26 9:30: Good Morning Chair Fitness 10:00: Balloon Sword Play 10:30: Target the Tower 11:00: Cross Out the Pairs 11:30: Daily Chronicle 1:30: Craft Corner in the Art Studio 3:15: BINGO! 4:30: Dance until Dinner!	27 9:30: Good Morning Chair Fitness 10:00: Pool Noodle Bat 10:30: Disc Golf 11:00: Wheel of Fortune Puzzles 11:30: Daily Chronicle 1:30: Movie Matinee (Manicures)! 3:00: Bowling League 4:00: Friday Crossword	28 3:00- Movie Matinee and Manicures

SundayMondayTuesdayWednesdayThursdayFridaySaturday

February 2026
Chatham C

1 Morning: Balloon Toss & Singing in the Living Room Afternoon: Music & Calm Coloring	2 9:30 - Wake Up With: Wildlife 10:00 - Big Balloon Bounce 10:30- Gentle Stretch 11:00 - Magic Table: Wack-a-Mole 11:30 - Groundhog Day Predictions 1:30 - Movie Matinee & Manicures 3:30 - Snacktivity: Dirt Cups!	3 9:30 - Wake Up With: Jazz 10:00 - Balloon Badminton 10:30 - Bottle Bash 11:00 - Question of The Day 11:30 - Musical Movement & Sing Along 2:30 - Pet Therapy With Gunny 3:00 - Craft: Mini Snowman Making 4:30 - Name The Famous Face	4 9:30 - Wake Up With: Classical 10:00 - Ballooon Wack 10:30 - Smack Darts 11:00 - Stretch and Sing 11:30 - Name The Sound 2:00 - Live Music Performance with Starlene Bey! 3:30 - Relaxing Hand Massages 4:30 - Balloon Keep Up & Sing Along	5 9:30 - Wake Up With: Golden Oldies 10:00 - Swat The Fly 10:30 - Bean Bag Toss 11:00 - Words of Wisdom 11:30 - Fact or Fiction 1:30 - Baking and Boardgames 2:30 - Treat and Chat 3:00 - Virtual Viewing: The Ed Sullivan Show	6 9:30 - Wake Up With: Love Songs 10:00 - Soccer Circle 10:30 - Basketball Throw 11:00 - Chair Zumba 11:30 - UNO 2:00 - Winter Olympics Opening Ceremony 3:30 - Ice Cream Social 4:30 - Balloon Keep Up	7 10:30-Fitness Fun w/George 10:15-Pool Noodle Tennis 10:30-Ladder Ball 10:45-Darts!
8 Morning: Balloon Toss & Singing in the Living Room Afternoon: Music & Calm Coloring	9 9:30 - Wake Up With:Wildlife 10:00 - Big Ballooon Bounce 10:30 - Gentle Stretch 11:00 - Magic Table: Bubble Burst 11:30 - Guess A Letter 1:30 - Movie Matinee & Manicures 3:30 - Afternoon Aerobics 4:00 - Name 5	10 9:30 - Wake Up With: Jazz 10:00 - Balloon Badminton 10:30 - Bottle Bash 11:00 - Question of The Day 11:30 - Musical Movement & Sing Along 2:30 - Pet Therapy With Gunny 3:00 - Craft: Valentine's Day Headbands 4:30 - Name The Landmark	11 9:30 - Wake Up With:Classical 10:00 - Ballooon Wack 10:30 - Smack Darts 11:00 - Stretch and Sing 11:30 - Name The Scent 2:00 - Live Music Performance with Massimo Brutto! 3:30 - Relaxing Hand Massages 4:30 - Balloon Keep Up & Sing Along	12 9:30 - Wake Up With: Golden Oldies 10:00 - Swat The Fly 10:30 - Bean Bag Toss 11:00 - Words of Wisdom 11:30 - Name The Movie 1:30 - Valentine's Day Photobooth! 3:00 - Bouquet Making 4:30 - Guess A Letter	13 9:30 - Wake Up With: Love Songs 10:00 - Soccer Circle 10:30 - Basketball Throw 11:00 - Chair Zumba 11:30 - UNO 1:30 - Valentine's Day Party with Live Music Performance From Matthew Maisano!	14 10:00 - Big Balloon Toss 10:15 - Basket Bouncer 10:30 - Sing Along to Love Songs! Valentine's Day
15 Morning: Balloon Toss & Singing in the Living Room Afternoon: Music & Calm Coloring	16 9:30 - Wake Up With:Wildlife 10:00 - Big Ballooon Bounce 10:30 - Gentle Stretch 11:00 - Magic Table: Quiz Show 11:30 - Guess A Letter 1:30 - Movie Matinee & Manicures 3:30 - Afternoon Aerobics 4:00 - Let's List Presidents' Day (U.S.)	17 9:30 - Wake Up With: Jazz 10:00 - Balloon Badminton 10:30 - Bottle Bash 11:00 - Question of The Day 11:30 - Musical Movement & Sing Along 2:00 - Craft: Mardi Gras Mask Making 3:30 - Celebrate Lunar New Year with Tea & Treats	18 9:30 - Wake Up With: Classical 10:00 - Ballooon Wack 10:30 - Smack Darts 11:00 - Stretch and Sing 11:30 - Name The Instrument 2:00 - Live Music Performance with Mike & Tina! 3:30 - Relaxing Hand Massages 4:30 - Balloon Keep Up & Sing Along	19 9:30 - Wake Up With: Golden Oldies 10:00 - Swat The Fly 10:30 - Bean Bag Toss 11:00 - Words of Wisdom 11:30 - Fact or Fiction 1:30 - Baking and Boardgames 2:30 - Treat and Chat 3:00 - Virtual Viewing: The Ed Sullivan Show	20 Morning: Balloon Toss & Singing in the Living Room Afternoon: Music & Calm Coloring	21 10:00 - Balloon Badminton 10:15 - Bottle Bash 10:30 - Gentle Stretch 10:45 - Daily Chronicle & Sing Along
22 Morning: Balloon Toss & Singing in the Living Room Afternoon: Music & Calm Coloring	23 Morning: Balloon Toss & Singing in the Living Room Afternoon: Music & Calm Coloring	24 9:30 - Wake Up With: Jazz 10:00 - Balloon Badminton 10:30 - Bottle Bash 11:00 - Question of The Day 11:30 - Musical Movement & Sing Along 2:30 - Pet Therapy With Gunny 3:00 - Craft: Color Block Painting 4:30 - Name The Landmark	25 9:30 - Wake Up With:Classical 10:00 - Ballooon Wack 10:30 - Smack Darts 11:00 - Stretch and Sing 11:30 - Name The Scent 2:00 - Live Music Performance with carmen Tornambe! 3:30 - Relaxing Hand Massages 4:30 - Balloon Keep Up & Sing Along	26 9:30 - Wake Up With: Golden Oldies 10:00 - Swat The Fly 10:30 - Bean Bag Toss 11:00 - Words of Wisdom 11:30 - Name The Movie 1:30 - Baking and Boardgames 2:30 - Treat and Chat 3:00 - Collage Making 4:30 - Guess A Letter	27 9:30 - Wake Up With: Love Songs 10:00 - Soccer Circle 10:30 - Basketball Throw 11:00 - Chair Zumba 11:30 - UNO 2:00 - February Birthday Celebration! 4:00 - Balloon Keep Up 4:30 - Name 5	28 1:30 Movie and Manicures

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>February 2026</div>  </div>						
1st Floor 9:30- Musical Movement with Joanne 10:00- Bean Bag Battle 10:30- Trivia & Finish the Phrase	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Get the Picture 10:30-Wacky Wordies 4th Floor 1:30-Jeopardy 2:30-Rummikub/UNO Groundhog Day	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Word Searches 10:30-Play on Words 4th Floor 1:30-Boce Ball 2:30-Rummikub/UNO	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Tic Tac Toe Toss 10:30-Ubongo 1:30-Words in a Word 3:00-Live Music w/Massimo Brutto	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Concentration puzzles 10:30-Open Art Studio 2:00-Apps & Chats Enjoy Rummikub, Connect Four & Upwords in the Activity Room	Enjoy Coloring, Checkers & Chess in the Activity Room	Enjoy Rummikub & Uno in the Activity Room
1st Floor 9:30-Fitness Fun w/Jorge 9:45-Bean Bag Toss 10:00-Let's Play Shuffle Board 10:30-Rummikub	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Sink the Skittles 10:30-Number Search 1:30-Communion Service - Berwyck 4th Floor 2:30-Rummikub/UNO	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Balloon Toss 10:30-Magnet game 4th Floor 1:30-Scattergories 2:30-Rummikub/UNO	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Ring Toss 10:30-Swat the Fly 1:30-Apples to Apples 3:00-Live Music w/Carmen Tornambe	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Big Pizza Toss 10:30-Open Art Studio 2:00-Apps & Chats Enjoy UNO, Connect Four & Scrabble in the Activity Room	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music 4th Floor 1:30-Movie & Puffcorn 3:30-Manicures & Music	 Valentine's Day
1st Floor 10:00-Good Morning Fitness 10:15-Balloon Tennis 10:30-Hangman 11:00-Uno card game	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Bananagrams 10:30-Noodle Tennis 4th Floor 1:30-Jeopardy 2:30-Rummikub/UNO Presidents' Day (U.S.)	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-First to Five 10:30-Riddle Me This?! 4th Floor 1:30-Bowling 2:30-Rummikub/UNO Mardi Gras	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Horse Shoes 10:30-Get the Picture 1:30-Word Search 2:30-Ash Wednesday 3:00-Live Music w/Connor Kirk	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Sorry! 10:30-Open Art Studio 2:00-Apps & Chats Enjoy Upwords, Connect Four & Sorry in the Activity Room	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music 4th Floor 1:30-Movie & Puffcorn 3:30-Manicures & Music	Enjoy Scrabble, Scout It Out & Upwords in the Activity Room
1st Floor 10:00 - Manicures, Music and Warm Tea	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Connect 4 10:30-Guess the Gibberish 4th Floor 1:30-Upwords 2:30-Rummikub/UNO	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Pendulum Balance 10:30-Shut the Box 1:30-Resident Council Mtg.- Berwyck 4th Floor 2:30-Rummikub/UNO	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Badminton 10:30-Ladder Ball 1:30-Birthday Celebrations 3:00-Live Music w/Randy Ruffin	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Open Art Studio 11:00-Prayers w/Roy 2:00-Apps & Chats Enjoy Bananagrams, UNO & Play on Words in the Activity Room	1st Floor 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:00-Manicures & Music 4th Floor 1:30-Movie & Puffcorn 3:30-Manicures & Music	Enjoy Connect Four, Scrabble & Magnets in the Activity Room