

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--|---|
|  | <p>1</p> <p>9:30-Wake Up to The Beatles 10:00-Daily Chronicle with Word of the Day in Spanish 10:15-Chair Yoga 11:00-Sing a Long 11:30-Trivia</p> <p>1:30-Manicures and Aromatherapy 3:00-Ocean Bingo 4:00-Sing and Stroll with Eye Spy</p> | <p>2</p> <p>9:30-Wake Up to Abba 10:00-Daily Chronicle with Word of the Day 10:15-Music Grooves and Stretching Moves 11:00-Sing a long 11:30-Poetry Corner 1:30-Hand Massages and Aromatherapy 2:00-Pet Therapy with Gunny 3:00-Fun and Games with JoJo 4:00-Sing and Stroll</p> | <p>3</p> <p>9:30-Wake Up to Neil Diamond 10:00-Daily Chronicle with Word of the Day in Spanish 10:15-Chair Yoga 11:00-Balloon Bounce 11:15-Short Stories</p> <p>1:30-Gardening with JoJo 3:00-Live Entertainment with Connor Kirk 4:00-Sing and Stroll with Eye Spy</p> | <p>4</p> <p>9:30- Wake Up to Bocelli 10:00-Daily Chronicle with Word of the Day in Spanish 10:15 -Sing a long 11:00-Music Grooves and Stretching Moves 11:30-Trivia</p> <p>1:30-Gardening with JoJo 2:30-Porch Pals 3:00-Fun and Games on the Porch 4:00-Sing and Stroll with Eye Spy</p> | <p>5</p> <p>9:30-Wake Up to Sinatra 10:00-Daily Chronicle with Word of the Day in Spanish 10:15-Sing A Long 10:45-Chair Yoga 11:30-Swat the Balloon</p> <p>1:30-Porch Pals 2:00-Trivia on the porch 3:00-Name 5 4:00 -Sing and Stroll with Eye Spy</p> | <p>6</p> <p>10:00 - Noodle Ball 10:15 - Axe Throwing 10:30 - Stretch and Sing with Sarah 10:45 - List By Letter</p> |
| <p>7</p> <p>Enjoy Calming Music, Balloon Toss & Creative Coloring</p> | <p>8</p> <p>9:30-Wake Up to Carly Simon 10:00-Daily Chronicle with Word of the Day 10:15-Chair Yoga 10:45- Sing a Long 11:15-Trivia</p> <p>1:30-Manicures and Aromatherapy 3:00-Bingo Bango 4:00-Sing and Stroll with Eye Spy</p> | <p>9</p> <p>9:30-Wake Up to Cat Stevens 10:00-Daily Chronicle with Word of the Day 10:15-Music Grooves and Stretching Moves 10:45-Sing a long 11:15-Poetry Corner</p> <p>1:30-Hand Massages and Aromatherapy 2:00-Pet Therapy with Gunny 2:30-Porch Pals 4:00-Sing and Stroll with Eye Spy</p> | <p>10</p> <p>9:30-Wake Up to Carol King 10:00-Daily Chronicle with Word of the Day 10:15-Chair Yoga 11:00-Balloon Bounce 11:15-Short Stories</p> <p>1:30-Trivia 3:00-Live Entertainment with Vincent James 4:00-Sing and Stroll with Eye Spy</p> | <p>11</p> <p>9:30-Wake Up with Motown 10:00-Daily Chronicle with Word of the Day 10:30: Tai Chi with Tony 11:00-Sing a long 11:30-Trivia</p> <p>2:00-Elmwood Park Zoo Visit 3:00-Fun and Games with JoJo 4:00-Sing and Stroll with Eye Spy</p> | <p>12</p> <p>9:30-Wake Up with Love Songs 10:00-Daily Chronicle with Word of the Day 10:15-Sing A Long 10:45-Chair Yoga 11:30-Bean Bag Toss</p> <p>1:30-Porch Pals 2:00-Trivia 3:00-Fun and Games with JoJo 4:00 -Sing and Stroll with Eye Spy</p> | <p>13</p> <p>10:00- Music and Movement with Melissa 10:30- Manicures and Movie</p> |
| <p>14</p> <p>Enjoy Calming Music, Balloon Toss & Creative Coloring</p> <p>Flag Day (U.S.)</p> | <p>15</p> <p>9:30-Wake Up with Country 10:00-Daily Chronicle with Word of the Day 10:15-Chair Yoga 10:45- Sing a Long 11:15-Trivia</p> <p>1:30-Manicures and Aromatherapy 3:00-Live Music with Rachael 4:00-Sing and Stroll with Eye Spy</p> | <p>16</p> <p>9:30-Wake Up with The Carpenters 10:00-Daily Chronicle with Word of the Day 10:15-Music Grooves and Stretching Moves 10:45-Sing a long 11:15- Short Stories</p> <p>1:30-Hand Massages and Aromatherapy 2:00-Pet Therapy with Gunny 2:30-Musical Ball 4:00-Sing and Stroll with Eye Spy</p> | <p>17</p> <p>9:30-Wake Up with Marvin 10:00-Daily Chronicle with Word of the Day 10:15-Chair Yoga 11:00-Balloon Bounce 11:15-Short Stories</p> <p>1:30-Look Who's Dancing 2:00-Trivia & Finish the Rhyme 3:00-Beach Ball Toss & Volleyball 4:00-Sing and Stroll with Eye Spy</p> | <p>18</p> <p>9:30-Wake Up with Bach 10:00-Daily Chronicle with Word of the Day 10:15 - Music Grooves and Stretching Moves 11:00-Sing a long 11:30-Poetry Corner</p> <p>1:30-Porch Pals 2:30-Short Stories 3:00-Name 5 4:00-Sing and Stroll with Eye Spy</p> | <p>19</p> <p>Enjoy Calming Music, Balloon Toss & Creative Coloring</p> <p>Juneteenth</p> | <p>20</p> <p>10:00- Sing A Long with JoJo 10:30- Morning Stretch</p> |
| <p>21</p> <p>Enjoy Calming Music, Balloon Toss & Creative Coloring</p> <p>Summer Begins Father's Day</p> | <p>22</p> <p>Enjoy Calming Music, Balloon Toss & Creative Coloring</p> | <p>23</p> <p>9:30-Wake Up with John Denver 10:00-Daily Chronicle with Word of the Day 10:15-Music Grooves and Stretching Moves 10:45-Sing a long 11:15-Short Stories</p> <p>1:30-Hand Massages and Aromatherapy 2:30-Fun and Games with JoJo 4:00-Sing and Stroll with Eye Spy</p> | <p>24</p> <p>9:30-Wake Up to Neil Diamond 10:00-Daily Chronicle with Word of the Day 10:15-Chair Yoga 11:00-Balloon Bounce 11:15-Short Stories</p> <p>1:30-Trivia & Finish the Famous Phrase 2:00-Giant Baseball Kickball! 3:00-Live Entertainment with Randy Ruffin 4:00-Sing and Stroll with Eye Spy</p> | <p>25</p> <p>9:30-Wake Up with Bach 10:00-Daily Chronicle with Word of the Day 10:30: Tai Chi with Tony 11:00-Sing a long 11:30-Trivia</p> <p>1:30-Porch Pals 2:30-Swat the Balloon 3:00-Sing and Stroll with Eye Spy</p> | <p>26</p> <p>9:30-Wake Up with Love Songs 10:00-Daily Chronicle with Word of the Day 10:15-Sing A Long 10:45-Chair Yoga 11:30-Poetry Corner</p> <p>1:30-Porch Pals 2:00-Reminiscing 3:00-Fun and Games with JoJo 4:00 - Sing and Stroll with Eye Spy</p> | <p>27</p> <p>1:30-Chair One Fitness Fun! 1:45-Trivia 2:00-Swat the Fly 2:15-Name 5</p> |
| <p>28</p> <p>Enjoy Calming Music, Balloon Toss & Creative Coloring</p> | <p>29</p> <p>9:30-Wake Up with Dolly 10:00-Daily Chronicle with Word of the Day 10:15-Chair Yoga 10:45-Sing a Long 11:15-Trivia</p> <p>1:30-Manicures and Aromatherapy 3:00- Ocean Bingo 4:00- Sing and Stroll with Eye Spy</p> | <p>30</p> <p>9:30-Wake Up to Furry Little Animals 10:00-Daily Chronicle with Word of the Day 10:15-Music Grooves and Stretching Moves 10:45-Poetry Corner 11:15-Short Stories</p> <p>1:30-Hand Massages 2:30-Painting without a Twist 4:00-Sing and Stroll with Eye Spy</p> |  | | | |

Activities are subject to change.



2026 Berwyck Activities Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|---|--|
| | 1 9:30 Chair Exercise (B:LR) 10:00-12 Scrapbooking (B:ACT) 1:30 Manicures and Movie (B:LR) 3:30-5 Bingo and Word Games (B:ACT) | 2 9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT) 1:15 Rosary (B:LR) 2:00 Tuesday Trivia & word Games (B:ACT) 3:00 Rummikub Club (B:SR) | 3 9:30 Short stories on the Porch (B:SR) 10:00 Jewelry Club (B:ACT) 1:30 Live Music w/ Hall Aaron (B:LR) 2:30 Wine Down Wednesday (B:ACT) 3:30 Watercolor Painting Class (B:ACT) | 4 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 1:30 Fresh Air and Friends (B:B) 2:00 Craft Corner Diamond Painting (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT) | 5 9:30 Puzzle Club (B:SR) 10:30 Yahtzee (B:ACT) 1:15 Rosary (B:LR) 1:45 Diamond Painting (B:ACT) 3:30-5 Bingo (B:ACT) | 6 D-Day Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! |
| 7 1:30 - Paint Pour Art With Sarah! Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! | 8 9:30 Chair Exercise (B:LR) 10:00-12 Scrapbooking (B:ACT) 1:30 Manicures and Movie (B:LR) 3:30-5 Bingo and Word Games (B:ACT) | 9 9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT) 1:15 Rosary (B:LR) 2:00 Tuesday Trivia & word Games (B:ACT) 3:00 Rummikub Club (B:SR) | 10 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! | 11 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 2:00 Elwood Park Zoo in the Back Court Yard 3:00 Diamond Painting (B:ACT) 4:00-5 Painting Class W/ Melissa (B:ACT) | 12 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! | 13 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! |
| 14 Flag Day 1:30 Flag Painting Class (B:ACT) Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! | 15 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! | 16 9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT) 1:15 Rosary (B:LR) 2:00 Tuesday Trivia & word Games (B:ACT) 3:00 Rummikub Club (B:SR) | 17 9:30 Short stories on the Porch (B:SR) 10:00 Jewelry Club (B:ACT) 1:30 Live Music w/ Alyssa Canalichio (B:LR) 2:30 Wine Down Wednesday (B:ACT) 3:30 Watercolor Painting Class (B:ACT) | 18 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 1:30 Fresh Air and Friends (B:B) 2:00 Craft Corner Diamond Painting (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT) | 19 Juneteenth 9:30 Puzzle Club (B:SR) 10:30 Yahtzee (B:ACT) 1:15 Rosary (B:LR) 1:45 Diamond Painting (B:ACT) 3:30-5 Bingo (B:ACT) | 20 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room! |

2026 Berwyck Activities Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|---|
| <p>21 Father's Day</p> <p>1:30- Hand Massages with Joanne</p> <p>Puzzles</p> <p>Rummikub</p> <p>Creative Coloring</p> <p>All available for your enjoyment in the sitting room and or activity room!</p> | <p>22</p> <p>9:30 Chair Exercise (B:LR)</p> <p>10:00-12 Scrapbooking (B:ACT)</p> <p>1:30 Manicures and Movie (B:LR)</p> <p>3:30-5 Bingo and Word Games (B:ACT)</p> | <p>23</p> <p>9:30 Puzzle Club (B:SR)</p> <p>10:30 Craft Corner (B:ACT)</p> <p>1:15 Rosary (B:LR)</p> <p>2:00 Tuesday Trivia & word Games (B:ACT)</p> <p>3:00 Rummikub Club (B:SR)</p> | <p>24</p> <p>9:30 Short stories on the Porch (B:SR)</p> <p>10:00 Jewelry Club (B:ACT)</p> <p>1:30 Live Music w/ Brennen Ernst (B:LR)</p> <p>2:30 Wine Down Wednesday (B:ACT)</p> <p>3:30 Watercolor Painting Class (B:ACT)</p> | <p>25</p> <p>9:30 Puzzle Club (B:SR)</p> <p>10:30 Jewelry Club (B:ACT)</p> <p>1:30 Fresh Air and Friends (B:B)</p> <p>2:00 Craft Corner Diamond Painting (B:ACT)</p> <p>3:30-5 Painting Class W/ Melissa (B:ACT)</p> | <p>26</p> <p>9:30 Puzzle Club (B:SR)</p> <p>10:30 Yahtzee (B:ACT)</p> <p>1:30 June Birthday party!</p> <p>2:30 Diamond Painting (B:ACT)</p> <p>3:30-5 Bingo (B:ACT)</p> | <p>27</p> <p>2:30-3:30-BINGO!</p> <p>Puzzles</p> <p>Rummikub</p> <p>Creative Coloring</p> <p>All available for your enjoyment in the sitting room and or activity room!</p> |
| <p>28</p> <p>Puzzles</p> <p>Rummikub</p> <p>Creative Coloring</p> <p>All available for your enjoyment in the sitting room and or activity room!</p> | <p>29</p> <p>9:30 Chair Exercise (B:LR)</p> <p>10:00-12 Scrapbooking (B:ACT)</p> <p>1:30 Manicures and Movie (B:LR)</p> <p>3:30-5 Bingo and Word Games (B:ACT)</p> | <p>30</p> <p>9:30 Puzzle Club (B:SR)</p> <p>10:30 Craft Corner (B:ACT)</p> <p>1:30 Residents Council Meeting (B:LR)</p> <p>2:00 Tuesday Trivia & word Games (B:ACT)</p> <p>3:00 Rummikub Club (B:SR)</p> | | | | |

SEATED EXERCISE
Monday–Friday
9:00am & 10:00am
On Channel 98
Channel 98

Catholic service
on TV every day on
Ch 291 8am & 12 noon.
Christian Song & Scripture
on Ch 19 & Ch 287 every day



The Meadows

— AT —

SHANNONDELL

**Shannondell TV
Channel 98**
**Catholic Service TV
Channel 291**
8am and 12 Noon

Open Art Studio!
Art Kits Available and
Air Hockey set up to
enjoy!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Team Keep Up Challenge
10:30: Ring Toss
11:00: Hangman

1:30: Porch Time with Music,
Bubbles, and Friends!
3:00: Movie Matinee

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Badminton
10:30: Baseball Throw
11:00: Split Words

**2:00: Live Music Performance
with Vincent James!**
3:15: Wine Down Wednesday!
4:15: Sing and Dance into Dinner!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Swat the Fly
10:30: Axe Throwing
11:00: Sing Along Songs with Sarah
and Mary!

Chatham Activity Room:
1:30: Craft Corner!
3:15: Bingo!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Pool Noodle Bat Around
10:30: Cornhole
11:00: Name 5 and Memory

**2:00: Live Music Performance
with Connor Kirk!**
Chatham Activity Room:
3:15: Manicures and Music

Chatham Living Room:
1:30 - Stretch and Sing
1:45 - Balloon Keep Up
2:00 - Musical Matinee &
Manicures

Open Activity Room!
Enjoy Some
Basket Toss, Dominos,
or Calm Coloring

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Tennis
10:30: Target the Tower
11:00: Guess in 10
**1:30: Communion in the
Berwyck Living Room**
Chatham Activity Room:
1:30: Garden Club Meet Up
3:15: Musicals and Manicures

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Team Keep Up Challenge
10:30: Disc Golf
11:00: Wordle

1:30: Porch Time with Music,
Bubbles, and Friends!
3:00: Movie Matinee

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Badminton
10:30: Tic Tac Toss
11:00: Trivia

**2:00: Live Music Performance
with Liz Rogers!**
3:15: Wine Down Wednesday!
4:15: Sing and Dance into Dinner!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Foam Sword Pay
10:30: List 10
11:00: "Tai Chi with Tony" Class!

Chatham Activity Room:
1:30: Craft Corner!
3:15: Bingo!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Pool Noodle Bat Around
10:30: Slammo!
11:00: Cross out the Pairs

Chatham Activity Room:
1:30: Sports Club Meet Up!
3:15: Manicures and Music

Chatham Living Room:
3:00: Movies and Manicures

Open Activity Room!
Enjoy Some
Axe Throwing,
Rummikub,
or Calm Coloring

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Tennis
10:30: Beach Ball Basket Throw
11:00: Taboo

Chatham Activity Room:
1:30: Garden Club Meet Up
3:15: Musicals and Manicures

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Team Keep Up Challenge
10:30: Toss It Golf
11:00: Wheel of Fortune Puzzles

1:30: Porch Time with Music,
Bubbles, and Friends!
3:00: Movie Matinee

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Badminton
10:30: Ball Darts
11:00: Scattergories

**2:00: Live Music Performance
with Mike and Tina!**
3:15: Wine Down Wednesday!
4:15: Sing and Dance into Dinner!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Giant Balloon Toss
10:30: Basketball Dunk
11:00: Sing Along Songs with Sarah
and Mary!

Chatham Activity Room:
1:30: Sports Club Meet Up!
3:15: Bingo!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Pool Noodle Bat Around
10:30: Bean Bag Toss
11:00: Hangman

Chatham Activity Room:
1:30: Let's Dough It! Baking Class
3:15: Manicures and Music

Chatham Living Room:
11:00: Enjoy Some Father's Day
Trivia!

**HAPPY
FATHER'S
DAY**
Open Activity Room!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Tennis
10:30: Football Throw
11:00: Word Scrambles
**1:30: Communion in the
Berwyck Living Room**
Chatham Activity Room:
1:30: Garden Club Meet Up
3:15: Musicals and Manicures

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Team Keep Up Challenge
10:30: Basket Bouncer
11:00: Wordle

1:30: Porch Time with Music,
Bubbles, and Friends!
3:00: Movie Matinee

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Badminton
10:30: Ring Toss
11:00: Name 5 and Memory

**2:00: Live Music Performance
with Andrea Lamy!**
3:15: Wine Down Wednesday!
4:15: Sing and Dance into Dinner!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Swat the Fly
10:30: Guess in 10
11:00: "Tai Chi with Tony" Class!

Chatham Activity Room:
1:30: Craft Corner!
3:15: Bingo!

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Pool Noodle Bat Around
10:30: Axe Throwing
11:00: Let's Write a Poem

Chatham Activity Room:
1:30: Sports Club Meet Up!
3:15: Manicures and Music

Chatham Living Room:
9:30: ChairOne Fitness Fun
9:45: Swat the Fly
10:00: Ball Darts
10:15: Name 5

Open Activity Room!
Enjoy Some Uno,
Shut the Box Dice Game,
or Calm Coloring

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Balloon Tennis
10:30: Cornhole
11:00: Trivia

Chatham Activity Room:
1:30: Garden Club Meet Up
3:15: Musicals and Manicures

Chatham Living Room:
9:30: Good Morning Chair Fitness
10:00: Team Keep Up Challenge
10:30: Target the Tower
11:00: List 10

1:30: Porch Time with Music,
Bubbles, and Friends!
3:00: Movie Matinee

June 2026 Chatham Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|---|--|--|--|---|---|
|  | <p>9:30 - Wake Up With: Solid Gold Oldies 10:00 - Big Balloon Bounce 10:30 - Stretch and Sing 11:00 - Name The Musical 11:30 - Balloon Bounce Out</p> <p>1:30 - Gardening Club 2:30 - Movie Matinee & Manicures 4:00 - Sing Along</p> | <p>9:30 - Wake Up With: Jazz 10:00 - Balloon Bat Around 10:30 - Swat The Fly 11:00 - Parachute Fun 11:30 - Name 5</p> <p>1:30 - Afternoon Aerobics 2:30 - Pet Therapy with Gunny 3:15 - Creative Crafting 4:00 - Musical Movement</p> | <p>9:30 - Wake Up With: Classical Music 10:00 - Balloon Tennis 10:30 - Basketball Bounce 11:00 - Drum Fitness 11:30 - Fact or Fiction</p> <p>2:00 - Live Music Performance with Vincent James! 3:30 - Sunshine, Sips & Singing On The Balcony</p> | <p>9:30 - Wake Up With: Show Tunes 10:00 - Soccer Circle 10:15 - Gentle Stretch 11:00 - Chatham Community Sing Along</p> <p>1:30 - Afternoon Stretch 2:00 - Relaxing Watercolor Painting 3:00 - Musical Matinee: <i>Guys and Dolls</i></p> | <p>Balloon Toss, Calm Coloring & Music in the Living Room</p> <p>2:00 - Live Music Performance with Connor Kirk!</p> | <p>10:00 - Noodle Ball 10:15 - Axe Throwing 10:30 - Stretch and Sing with Sarah 10:45 - List By Letter</p> | |
| | <p>Balloon Toss, Calm Coloring & Music in the Living Room</p> | <p>Balloon Toss, Calm Coloring & Music in the Living Room</p> | <p>9:30 - Wake Up With: Jazz 10:00 - Balloon Bat Around 10:30 - Swat The Fly 11:00 - Parachute Fun 11:30 - Name 5</p> <p>1:30 - Afternoon Aerobics 2:30 - Pet Therapy with Gunny 3:15 - Movie Matinee & Manicures</p> | <p>9:30 - Wake Up With: Classical Music 10:00 - Balloon Tennis 10:30 - Basketball Bounce 11:00 - Drum Fitness 11:30 - Fact or Fiction</p> <p>2:00 - Live Music with Liz Rogers! 3:30 - Sunshine, Sips & Singing On The Balcony</p> | <p>9:30 - Wake Up With: Show Tunes 10:00 - Soccer Circle 10:15 - Sing Along 11:00 - Tai Chi With Tony</p> <p>1:30 - Afternoon Stretch 2:00 - Calm Coloring 3:00 - Musical Matinee: <i>Till The Clouds Roll By</i></p> | <p>9:30 - Wake Up With: Wildlife 10:00 - Balloon Keep Up 10:30 - Bean Bag Darts 11:00 - Musical Movement 11:30 - Finish The Phrase</p> <p>1:30 - Noodle Ball 2:00 - Magic Table Fun 3:00 - Ice Cream Social 4:00 - Sing Along</p> | <p>1:30 Movie and Manicures with Melissa</p> |
| | <p>Balloon Toss, Calm Coloring & Music in the Living Room</p> | <p>9:30 - Wake Up With: Solid Gold Oldies 10:00 - Big Balloon Bounce 10:30 - Stretch and Sing 11:00 - Name The Musical 11:30 - Balloon Bounce Out</p> <p>1:30 - Gardening Club 2:30 - Movie Matinee & Manicures 4:00 - Sing Along</p> | <p>9:30 - Wake Up With: Jazz 10:00 - Balloon Bat Around 10:30 - Swat The Fly 11:00 - Parachute Fun 11:30 - Name 5</p> <p>1:30 - Afternoon Aerobics 2:30 - Pet Therapy with Gunny 3:15 - Creative Crafting 4:00 - Musical Movement</p> | <p>9:30 - Wake Up With: Classical Music 10:00 - Balloon Tennis 10:30 - Basketball Bounce 11:00 - Drum Fitness 11:30 - Fact or Fiction</p> <p>2:00 - Live Music with Mike and Tina! 3:30 - Sunshine, Sips & Singing On The Balcony</p> | <p>9:30 - Wake Up With: Jazz 10:00 - Soccer Circle 10:15 - Gentle Stretch 11:00 - Chatham Community Sing Along</p> <p>1:30 - Afternoon Stretch 2:00 - Relaxing Watercolor Painting 3:00 - Musical Matinee: <i>Mary Poppins</i></p> | <p>9:30 - Wake Up With: Wildlife 10:00 - Balloon Keep Up 10:30 - Bottle Bash 11:00 - Musical Movement 11:30 - Name The Famous Father</p> <p>2:00 - Noodle Ball 3:00 - Donuts With Dads - Father's Day Celebration 4:00 - Sing Along</p> | <p>1:30- Short Stories With Jo</p> |
| |  | <p>9:30 - Wake Up With: Solid Gold Oldies 10:00 - Big Balloon Bounce 10:30 - Stretch and Sing 11:00 - Name The Musical 11:30 - Balloon Bounce Out</p> <p>1:30 - Gardening Club 2:30 - Movie Matinee & Manicures 4:00 - Sing Along</p> | <p>9:30 - Wake Up With: Jazz 10:00 - Balloon Bat Around 10:30 - Swat The Fly 11:00 - Parachute Fun 11:30 - Name 5</p> <p>1:30 - Afternoon Aerobics 2:30 - Finish the Musical or Movie Title 3:15 - Creative Crafting 4:00 - Musical Movement</p> | <p>9:30 - Wake Up With: Classical Music 10:00 - Balloon Tennis 10:30 - Basketball Bounce 11:00 - Drum Fitness 11:30 - Fact or Fiction</p> <p>2:00 - Live Music with Andrea Lamy! 3:30 - Sunshine, Sips & Singing On The Balcony</p> | <p>9:30 - Wake Up With: Show Tunes 10:00 - Soccer Circle 10:15 - Sing Along 11:00 - Tai Chi With Tony</p> <p>1:30 - Afternoon Stretch 2:00 - Calm Coloring 3:00 - Musical Matinee: <i>Royal Wedding</i></p> | <p>9:30 - Wake Up With: Wildlife 10:00 - Balloon Keep Up 10:30 - Bean Bag Darts 11:00 - Musical Movement 11:30 - Finish The Phrase</p> <p>1:30 - Noodle Ball 2:00 - Magic Table Fun 3:00 - Ice Cream Social 4:00 - Sing Along</p> | <p>10:30-ChairOne Fitness Fun! 10:45-Swat the Fly 11:00-Ball Darts 11:15-Basketball</p> |
| | <p>Balloon Toss, Calm Coloring & Music in the Living Room</p> | <p>9:30 - Wake Up With: Solid Gold Oldies 10:00 - Big Balloon Bounce 10:30 - Stretch and Sing 11:00 - Name The Musical 11:30 - Balloon Bounce Out</p> <p>1:30 - Gardening Club 2:30 - Movie Matinee & Manicures 4:00 - Sing Along</p> | <p>9:30 - Wake Up With: Jazz 10:00 - Balloon Bat Around 10:30 - Swat The Fly 11:00 - Parachute Fun 11:30 - Name 5</p> <p>1:30 - Afternoon Aerobics 2:30 - Jumbo Pants Bean Bag Toss! 3:15 - Creative Crafting 4:00 - Musical Movement</p> | <h1>June 2026</h1> | | | |

Activities are subject to change.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|--|
|  | 1st Floor 1 9:30-ChairOne Fitness Fun 9:45-Emoji Ball Toss 10:15-Memory Blitz 10:45-Trivial Pursuit 4th Floor 1:30-BINGO! 2:30-Open Art Studio 3:00-4:15-Rummikub | 1st Floor 2 9:30-ChairOne Fitness Fun 9:45-Swat the Fly 10:30-BINGO! 4th Floor 1:30-Let's Play Pool 2:00-Creamsicle IC 2:30-Hidden Objects 3:00-4:15-Rummikub | 1st Floor 3 9:30-ChairOne Fitness Fun 9:45-Blue Ball Game Toss 10:00-Sunshine Social 10:30-First to Five 1:30-Communion with Rene 4th Floor 2:00-BINGO! 3:00-Live Music with Billy Moos | 1st Floor 4 9:30-ChairOne Fitness Fun 9:45-Jenga 10:15-BINGO! 4th Floor 1:30-Manicures & Mingle 2:15-Apps & Chats 3:00-4:15-Rummikub | 1st Floor 5 9:30-ChairOne Fitness Fun 9:45-11:15- Manicures & Mingle 4th Floor 1:30-Movie & Puffcorn 3:30- Rummikub | 6 <i>Enjoy Scrabble, Word Searches, Brain Teasers in the Activity Room</i> |
| 1st Floor 7 10:00-Sing and Stretch with Sarah! 10:15-Daily Chronicle 10:30-Music and Manicures | 1st Floor 8 9:30-ChairOne Fitness Fun 9:45-Shannondell Basketball 10:00-Play on Words Game 10:30-Number Search 4th Floor 1:30-BINGO! 2:30-Open Art Studio 3:00-4:15-Rummikub | 1st Floor 9 9:30-ChairOne Fitness Fun 9:45-Pizza Toss 10:15-BINGO! 4th Floor 1:30-Scattergories 2:00-Jenga 2:30-Root Beer Floats 3:00-4:15-Rummikub | 1st Floor 10 9:30-ChairOne Fitness Fun 9:45-Sunshine Social 10:15-Musical Trivia 10:45-Name That Tune 4th Floor 1:30-BINGO! 3:00-Live Music with Bryan Lesnick | 1st Floor 11 9:30-Manicures & Mingle 10:15-BINGO! 4th Floor 1:30-Manicures & Mingle 2:15-Apps & Chats 3:00-4:15-Rummikub | 1st Floor 12 9:30-ChairOne Fitness Fun 9:45-11:15-Mingle & Manicures 4th Floor 1:30-Movie & Puffcorn 3:00-4:15-Rummikub | 13 <i>Enjoy Creative Coloring, Number Searches & Games in the Activity Room</i> |
| 4th Floor 14 10:00- Daily Chronicle 10:30- Movie and Manicures  Flag Day (U.S.) | 1st Floor 15 9:30-ChairOne Fitness Fun 9:45-Shut the Box 10:15-Sing A Long 4th Floor 1:30-BINGO! 2:30-Open Art Studio 3:30-4:15-Rummikub | 1st Floor 16 9:30-ChairOne Fitness Fun 9:45-Tic Tac Toe Toss 10:15-BINGO! 4th Floor 1:30-Words in a Word 2:00-Jeopardy 2:30-Ice Cream Treats 3:00-4:15-Rummikub | 1st Floor 17 9:30-ChairOne Fitness Fun 9:45-Sunshine Social 10:00-Upwords 4th Floor 1:30-Communion with Rene 2:00-Musical BINGO! 3:00-Live Music with Abigail's Garden | 1st Floor 18 9:30-ChairOne Fitness Fun 9:45-BINGO! 11:00-Prayers w/Roy 4th Floor 1:30-Mingle & Manicures 2:15-Apps & Chats 3:00-4:15-Rummikub Juneteenth | 1st Floor 19 9:30-ChairOne Fitness Fun 9:45-11:15-Mingle & Manicures 4th Floor 1:30-Movie & Puffcorn 3:00-4:15-Rummikub | 20 2:30- Hand Massages, Music & Father's Day Trivia with Joanne |
|  Summer Begins | 1st Floor 22 9:30-ChairOne Fitness Fun 9:45-Let's Go Fishing 10:30-Cooking Trivia 4th Floor 1:30-BINGO! 2:30-Open Art Studio 3:30-4:15-Rummikub | 1st Floor 23 9:30-ChairOne Fitness Fun 9:45-Tic Tac Toe Toss 10:15-BINGO! 4th Floor 1:30-Shuffleboard 1:45-Ice Cream Treats 2:00-Jeopardy 3:00-4:15-Rummikub | 1st Floor 24 9:30-ChairOne Fitness Fun 9:45-Daily Chronicle 10:15-Chairs, Cheers & Chat 10:45-Memory Blitz & UNO 4th Floor 1:30-Musical BINGO! 3:00-Live Music with Carmen Tornambe | 1st Floor 25 9:30-Manicures & Mingle 10:30-BINGO! 4th Floor 1:30-Manicures & Mingle 2:15-Apps & Chats 3:00-4:15-Rummikub | 26 <i>Enjoy Creative Coloring, Word Searches, Brain Teasers & Games in the Activity Room</i> | 27 3:30-4:30-Rummikub |
| 4th Floor 28 10:30-11:30-Let's Play Shuffleboard | 29 <i>Enjoy Checkers, Rummikub, Creative Coloring & Scrabble in the Activity Room</i> | 1st Floor 30 9:30-Fitness Fun w/Jorge 9:45-Daily Chronicle 10:15-BINGO! 1:30-Resident Council Mtg. in Berwyck 4th Floor 1:45-Scout It Out 2:15-Birthday Party! 3:00-4:15-Rummikub  | <h1>June 2026</h1> <h2>ACTIVITIES at the INN</h2>  | | | |

June Rehab Activities

TUESDAY CLASSES

| | |
|---------|--|
| JUNE 2 | CHAIR FITNESS WITH KIM 2PM - 2 ND FLOOR |
| JUNE 9 | BRAIN FITNESS WITH STASIA 11AM - 3 RD FLOOR |
| JUNE 16 | CHAIR FITNESS WITH KIM 2PM - 2 ND FLOOR |
| JUNE 23 | MUSICAL TRIVIA WITH RACHAEL 10AM - 3 RD FLOOR |
| JUNE 30 | BRAIN FITNESS WITH STASIA 11AM - 2 ND FLOOR |



BINGO!

TUESDAYS AND THURSDAYS

3:30 - ACTIVITY ROOM

REHAB DOG THERAPY - JUNE 2026



Wednesday, June 3

Dog Therapy with Gunny
1:30-2:30 - 2nd Floor

Friday, June 5

Dog Therapy with Gunny
10:00-11:00 - 3rd Floor

Wednesday, June 10

Dog Therapy with Marshall
10:30-11:30 - 2nd Floor

Friday, June 12

Dog Therapy with Osa
10:00-11:00 - 3rd Floor

Monday, June 15

Dog Therapy with Gunny
10:30-11:30 - 2nd Floor

Wednesday, June 24

Dog Therapy with Marshall
10:30-11:30 - 3rd Floor

