

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# Avondale Activities



Enjoy Calming Music,  
Balloon Toss &  
Creative Coloring

10:00- Sing and Strech  
10:30-11:30- Fun and  
Games with Sam

Grandparents Day

Enjoy Calming Music,  
Balloon Toss &  
Creative Coloring

Yom Kippur Begins

Enjoy Calming Music,  
Balloon Toss &  
Creative Coloring

Activities are subject to change.

11:15: Labor Day Lemonade!  
Rolling Cart & Sing A Long

HAPPY  
LABOR DAY

9:30-Wake Up to The Beatles  
10:00-Daily Chronicle with Word of the  
Day in Spanish  
10:15-Chair Yoga  
11:00-Sing a Long  
11:30-Trivia

1:30-Manicures and Aromatherapy  
3:00-Bingo  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to The Beatles  
10:00-Daily Chronicle with Word of the  
Day in Spanish  
10:15-Chair Yoga  
11:00-Sing a Long  
11:30-Trivia

1:30-Manicures and Aromatherapy  
3:00-Bingo  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to The Beatles  
10:00-Daily Chronicle with Word of the  
Day in Spanish  
10:15-Chair Yoga  
11:00-Sing a Long  
11:30-Trivia

1:30-Manicures and Aromatherapy  
3:00-Bingo  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to Abba  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Music Grooves and Stretching  
Moves  
11:00-Sing A Long  
11:30-Short Stories  
1:30-Hand Massages and  
Aromatherapy  
2:00 - Pet Therapy With Gunny  
3:00-Fun and Games with JoJo  
4:00-Sing and Stroll

9:30-Wake Up to Abba  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Music Grooves and Stretching  
Moves  
11:00-Sing A Long  
11:30-Short Stories  
1:30-Hand Massages and  
Aromatherapy  
2:00 - Pet Therapy With Gunny  
3:00-Fun and Games with JoJo  
4:00-Sing and Stroll

9:30-Wake Up to Abba  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Music Grooves and Stretching  
Moves  
11:00-Sing A Long  
11:30-Short Stories  
1:30-Hand Massages and  
Aromatherapy  
2:00 - Pet Therapy With Gunny  
3:00-Fun and Games with JoJo  
4:00-Sing and Stroll

9:30-Wake Up to Abba  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Music Grooves and Stretching  
Moves  
11:00-Sing A Long  
11:30-Short Stories  
1:30-Hand Massages and  
Aromatherapy  
2:00 - Rhyme Time & Balloon Tennis  
3:00-Fun and Games with JoJo  
4:00-Sing and Stroll  
Autumn Begins

9:30-Wake Up to Abba  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Music Grooves and  
Stretching Moves  
11:00-Sing A Long  
11:30-Short Stories

1:30-Hand Massages and  
Aromatherapy  
2:00 - Pet Therapy With Gunny  
3:00-Fun and Games with JoJo  
4:00-Sing and Stroll

9:30-Wake Up to Carol King  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Chair Yoga  
11:00-Balloon Bounce  
11:15-Short Stories  
  
1:30-Finish the Famous Name  
2:00- Balloon Badminton  
3:00-Live Entertainment with Mark Hart  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to Carol King  
10:00-Daily Chronicle Word of the Day  
10:15-Chair Yoga  
11:00-Balloon Bounce  
11:15-Short Stories  
1:30-Finish the Famous Name  
2:00- Balloon Badminton  
3:00-Live Entertainment with Alaina  
Nelson Williams  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to Carol King  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Chair Yoga  
11:00-Balloon Bounce  
11:15-Short Stories  
1:30-Look Who's Dancing  
2:00- Balloon Badminton and Finish the  
Famous Name  
3:00- Sing with Rachael & Ice Cream  
Social  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to Carol King  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Chair Yoga  
11:00-Balloon Bounce  
11:15-Short Stories  
  
1:30-Berwyck and Avondale Community  
Cookout  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to Carol King  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Chair Yoga  
11:00-Balloon Bounce  
11:15-Short Stories

1:30-Finish the Famous Name  
2:00- Balloon Badminton  
3:00-Live Entertainment with Mike &  
Tina  
4:00-Sing and Stroll with Eye Spy

9:30-Wake Up to Bocelli  
10:00-Daily Chronicle with Word of the  
Day in Spanish  
10:30: Tai Chi with Jo  
11:00-Sing A Long  
11:30-Trivia  
  
1:30-Gardening with JoJo  
2:00-Fun and Games on the Porch  
2:30-Sing and Stroll with Eye Spy  
3:00-Musical Matinee

9:30-Wake Up to Bocelli  
10:00-Daily Chronicle with Word of the  
Day in Spanish  
10:30: Tai Chi with Tony  
11:00-Sing A Long  
11:30-Trivia

1:30-Gardening with JoJo  
2:00-Fun and Games on the Porch  
2:30-Sing and Stroll with Eye Spy  
3:00-Musical Matinee

9:30-Wake Up to Bocelli  
10:00-Daily Chronicle with Word of the  
Day in Spanish  
10:30: Tai Chi with Jo  
11:00-Sing A Long  
11:30-Trivia

1:30-Gardening with JoJo  
2:00-Fun and Games on the Porch  
2:30-Sing and Stroll with Eye Spy  
3:00-Musical Matinee

9:30-Wake Up to Bocelli  
10:00-Daily Chronicle with Word of the  
Day in Spanish  
10:30: Tai Chi with Tony  
11:00-Sing A Long  
11:30-Trivia

1:30-Gardening with JoJo  
2:00-Fun and Games on the Porch  
2:30-Sing and Stroll with Eye Spy  
3:00-Musical Matinee

9:30-Wake Up with Love Songs  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Sing A Long  
10:45-Chair Yoga  
11:30-Bean Bag Toss

1:30-Porch Pals  
2:00-Reminiscing & Nursery Rhymes  
3:00-Fun and Games with JoJo  
4:00 -Sing and Stroll with Eye Spy

9:30-Wake Up with Love Songs  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Sing A Long  
10:45-Chair Yoga  
11:30-Bean Bag Toss

1:30-Porch Pals  
2:00-Reminiscing & Nursery Rhymes  
3:00-Fun and Games with JoJo  
4:00 -Sing and Stroll with Eye Spy

Rosh Hashanah Begins

9:30-Wake Up with Love Songs  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Sing A Long  
10:45-Chair Yoga  
11:30-Bean Bag Toss

1:30-Porch Pals  
2:00-Reminiscing & Nursery Rhymes  
3:00-Fun and Games with JoJo  
4:00 -Sing and Stroll with Eye Spy

9:30-Wake Up with Love Songs  
10:00-Daily Chronicle with Word of the  
Day  
10:15-Sing A Long  
10:45-Chair Yoga  
11:30-Bean Bag Toss

1:30-Porch Pals  
2:00-Reminiscing & Nursery Rhymes  
3:00-Fun and Games with JoJo  
4:00 -Sing and Stroll with Eye Spy

Sukkot Begins

3:00- Let's Play "I'm Going  
to a Party!"  
3:30- Basket Bouncer  
3:45- Sing with Mary!

Enjoy Calming Music,  
Balloon Toss &  
Creative Coloring

11:00 - Swat The Fly 11:15 -  
Stretch With Sarah  
11:30 - Axe Throwing  
11:45 - Name That Tune &  
Sing Along

10:00 Wakeup with  
Zen Stretching  
10:30 Movie and  
Maicures with Melissa

# September 2026





# September 2026 Berwyck Activities Calendar

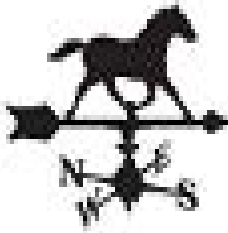
| Sunday                                                                                                                                                                                 | Monday                                                                                                                                              | Tuesday                                                                                                                                                                          | Wednesday                                                                                                                                                                                            | Thursday                                                                                                                                                                        | Friday                                                                                                                              | Saturday                                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                        | Catholic service<br>on TV every day on<br>Ch 291 8am & 12 noon.<br>Christian Song & Scripture<br>on Ch 19 & Ch 287 every day                        | <b>1</b><br>9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT)<br>1:30 Live Music w/ Greg Albert (B:LR)<br>2:30 Tuesday Trivia & word Games (B:ACT)<br>3:00 Rummikub Club (B:SR) | <b>2</b><br>9:30 Short stories on the Balcony (B:SR)<br>10:00 Jewelry Club<br>1:30 Craft Corner (B:ACT)<br>2:30 Wine Down Wednesday (B:ACT)<br>3:30 Watercolor Painting Class (B:ACT)                | <b>3</b><br>9:30 Puzzle Club (B:SR)<br>10:30 Jewelry Club<br>1:30 Diamond Painting (B:ACT)<br>3:30-5 Painting Class W/ Melissa (B:ACT)                                          | <b>4</b><br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room!  | <b>5</b><br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room!                                              |
| <b>6</b><br>10:00-11:30 Coloring and Music with Mary (B:ACT)<br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room! |                                                                                                                                                     | <b>8</b><br>9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT)<br>1:30 Live Music w/ Pete (B:LR)<br>2:30 Tuesday Trivia & word Games (B:ACT)<br>3:00 Rummikub Club (B:SR)        | <b>9</b><br>9:30 Short stories on the Balcony (B:SR)<br>10:00 Jewelry Club<br>1:30 Diamond Painting (B:ACT)<br>2:30 Wine Down Wednesday (B:ACT)<br>3:30 Watercolor Painting Class (B:ACT)            | <b>10</b><br>9:30 Puzzle Club (B:SR)<br>10:30 Jewelry Club<br>1:30 Rosary (B:ACT)<br>2:00 Bingo (B:ACT)<br>3:30-5 Painting Class W/ Melissa (B:ACT)                             | <b>11</b><br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room! | <b>12</b><br>1:30 Puzzle games a Puzzle Club with Sam<br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room! |
| <b>13</b><br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room!                                                    | <b>14</b><br>9:30 Sun and Stretches (B:B)<br>10:00-12 Ceramic Class (B:ACT)<br>1:30 Communion Service (B:LR)<br>3:30-5 Bingo and Word Games (B:ACT) | <b>15</b><br>9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT)<br>1:15 Rosary (B:LR)<br>3:00 Rummikub Club (B:SR)                                                               | <b>16</b><br>9:30 Short stories on the Balcony (B:SR)<br>10:00 Jewelry Club<br>1:30 Live Music w/ Vincent James (B:LR)<br>2:30 Wine Down Wednesday (B:ACT)<br>3:30 Watercolor Painting Class (B:ACT) | <b>17</b><br>9:30 Puzzle Club (B:SR)<br>10:30 Jewelry Club (B:ACT)<br>1:30 Fresh Air and Friends (B:B)<br>2:00 Craft Corner (B:ACT)<br>3:30-5 Painting Class W/ Melissa (B:ACT) | <b>18</b><br>9:30 Puzzle Club (B:SR)<br>10:30 Yahtzee (B:ACT)<br>1:30 Diamond Painting (B:ACT)<br>3:30-5 Bingo (B:ACT)              | <b>19</b><br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room!                                             |







# 2026 Berwyck Activities Calendar

| Sunday                                                                                                                                                                           | Monday                                                                                                                                                               | Tuesday                                                                                                                                                                                     | Wednesday                                                                                                                                                                                      | Thursday                                                                                                                                                                        | Friday                                                                                                                              | Saturday                                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| <b>20</b><br>10:00 -11:30 Water-color Painting (B:ACT)<br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room! | <b>21</b><br>9:30 Sun and Stretches (B:B)<br>10:00-12 Scrapbooking (B:ACT)<br>1:15 Rosary (B:LR)<br>3:30-5 Bingo and Word Games (B:ACT)                              | <b>22 First day of Fall</b><br>9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT)<br>1:30 Diamond Painting (B:ACT)<br>2:30 Tuesday Trivia & word Games (B:ACT)<br>3:00 Rummikub Club (B:SR) | <b>23</b><br>9:30 Short stories on the Balcony (B:SR)<br>10:00 Jewelry Club (B:ACT)<br>2:00 End of Summer BBQ in Courtyard! Live Music w/ Carmen! Come enjoy Food and Games!                   | <b>24</b><br>9:30 Puzzle Club (B:SR)<br>10:30 Jewelry Club (B:ACT)<br>1:30 Fresh Air and Friends (B:B)<br>2:00 Craft Corner (B:ACT)<br>3:30-5 Painting Class W/ Melissa (B:ACT) | <b>25</b><br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room! | <b>26</b><br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room! |
| <b>27</b><br>1:30 Diamond Painting (B:ACT)<br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room!             | <b>28</b><br>1:30 Communion Service (B:LR)<br>Puzzles<br>Rummikub<br>Creative Coloring<br>All available for your enjoyment in the sitting room and or activity room! | <b>29</b><br>9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT)<br>1:30 Resident Council (B:LR)<br>2:30 Tuesday Trivia & word Games (B:ACT)<br>3:00 Rummikub Club (B:SR)                    | <b>30</b><br>9:30 Short stories on the Balcony (B:SR)<br>10:00 Jewelry Club (B:ACT)<br>1:30 Craft Corner (B:ACT)<br>2:30 Wine Down Wednesday (B:ACT)<br>3:30 Watercolor Painting Class (B:ACT) | <div><h2>The Meadows</h2><p>— AT —</p><h2>SHANNONDELL</h2></div>                           |                                                                                                                                     |                                                                                                                                     |

**SEATED EXERCISE**

**Monday–Friday**

**9:00am & 10:00am**

**On Channel 98**

**Channel 98**



| Sunday                                                                                                           | Monday                                                                                                                                                                                                                                                                                                                    | Tuesday                                                                                                                                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                    |
|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| <div>September 2026</div> <div>Chatham Activities</div>                                                          |                                                                                                                                                                                                                                                                                                                           | <div>1</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Team Keep Up Challenge<br/>10:30: Magnet Darts<br/>11:00: Porch Time with Friends<br/><br/>1:00: NYT's Crossword and Wordle<br/><u>1st Floor Berwyck Library:</u><br/>2:00: Book Club</div>                                                                          | <div>2</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Badminton<br/>10:30: Trivia<br/>11:00: Ball Darts<br/><b>2:00: Live Music Performance with Billy Moos!</b><br/>3:15: Wine Down Wednesday!<br/>4:15: Sing and Dance into Dinner!</div>                                         | <div>3</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Pool Noodle Bat Around<br/>10:30: Word Puzzles<br/><b>11:00: Tai Chi Class!</b><br/><br/><u>Chatham Activity Room:</u><br/>1:30: Puzzle Club<br/>3:15: Bingo!</div>             | <div>4</div> <div><b>Open Activity Room!</b><br/>Art Kits Available and Scrabble set up to enjoy!</div>                                                                                                                                                                   | <div>5</div> <div><u>Chatham Living Room:</u><br/>10:00: Good Morning Chair Fitness!<br/>10:20: Balloon Volleyball<br/>11:00: Hangman</div> |
| <div>6</div> <div><b>Open Activity Room!</b><br/>Enjoy Some Axe Throwing, Rummikub, or Calm Coloring</div>       | <div>7</div> <div>10:30: Labor Day Lemonade!<br/>Rolling Cart &amp; Sing A Long<br/></div>                                                                                                                                               | <div>8</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Team Keep Up Challenge<br/>10:30: Beach Ball Basket Throw<br/>11:00: Porch Time with Friends<br/><br/>1:00: NYT's Crossword and Wordle<br/><u>1st Floor Berwyck Library:</u><br/>2:00: Book Club</div>                                                               | <div>9</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Badminton<br/>10:30: Beach Ball Toss<br/>11:00: Guess in 10<br/><b>2:00: Live Music Performance with Greg Samuelian!</b><br/>3:15: Wine Down Wednesday!<br/>4:15: Sing and Dance into Dinner!</div>                           | <div>10</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Pool Noodle Bat Around<br/>10:30: Axe Throwing<br/><b>11:00: Tai Chi with Tony Class!</b><br/><br/><u>Chatham Activity Room:</u><br/>1:30: Craft Corner<br/>3:15: Bingo!</div> | <div>11</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Volleyball<br/>10:30: Basketball Dunk<br/>11:00: Word Scrabbles<br/><br/><u>Chatham Activity Room:</u><br/>1:30: Sports Club<br/>3:00: Board Games Open Play</div> | <div>12</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Sing and Strech<br/>10:00: Word Games with Sam</div>                  |
| <div>13</div> <div><b>Open Activity Room!</b><br/>Enjoy Some Uno, Shut the Box Dice Game, or Calm Coloring</div> | <div>14</div> <div><b>1:30: Communion in the Berwyck Living Room</b><br/><br/><b>Open Activity Room!</b><br/>Art Kits Available and Scrabble set up to enjoy!</div>                                                                                                                                                       | <div>15</div> <div><b>Open Activity Room!</b><br/>Art Kits Available and Scrabble set up to enjoy!</div>                                                                                                                                                                                                                                                           | <div>16</div> <div><b>Open Activity Room!</b><br/>Art Kits Available and Scrabble set up to enjoy!<br/><br/><b>2:00: Live Music Performance with Mike and Tina!</b></div>                                                                                                                                                           | <div>17</div> <div><b>Open Activity Room!</b><br/>Art Kits Available and Scrabble set up to enjoy!</div>                                                                                                                                                                      | <div>18</div> <div><b>Open Activity Room!</b><br/>Art Kits Available and Scrabble set up to enjoy!</div>                                                                                                                                                                  | <div>19</div> <div><u>Chatham Living Room:</u><br/>1:45: Gentle Stretch<br/>2:00-3:30: Musical Matinee &amp; Manicures</div>                |
| <div>20</div> <div><b>Open Activity Room!</b><br/>Enjoy Some Ball Darts, UpWords, or Calm Coloring</div>         | <div>21</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Tennis<br/>10:30: Axe Throwing<br/>11:00: Wheel of Fortune Puzzles<br/><br/><u>Chatham Activity Room:</u><br/>1:30: Garden Club Meet Up<br/>3:00: Board Games Open Play</div>                                      | <div>22</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Team Keep Up Challenge<br/>10:30: Beach Ball Basket Throw<br/>11:00: Porch Time with Friends<br/><br/>1:00: NYT's Crossword and Wordle<br/><u>1st Floor Berwyck Library:</u><br/>2:00: Book Club<br/><br/>Autumn Begins</div>                                       | <div>23</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Badminton<br/>10:30: Trivia<br/>11:00: Target the Tower<br/><b>2:00: Live Music Performance with Vincent James!</b><br/>3:15: Wine Down Wednesday!<br/>4:15: Sing and Dance into Dinner!</div>                               | <div>24</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Pool Noodle Bat Around<br/>10:30: Guess in 10<br/><b>11:00: Tai Chi with Tony Class!</b><br/><br/><u>Chatham Activity Room:</u><br/>1:30: Craft Corner<br/>3:15: Bingo!</div>  | <div>25</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Volleyball<br/>10:30: Ring Toss<br/>11:00: Word in a Word<br/><br/><u>Chatham Activity Room:</u><br/>1:30: Sports Club<br/>3:00: Board Games Open Play</div>       | <div>26</div> <div><u>Chatham Living Room:</u><br/>3:00: Movie and Manicures</div>                                                          |
| <div>27</div> <div><b>Open Activity Room!</b><br/>Enjoy Some Ladder Ball, Scrabble, or Calm Coloring</div>       | <div>28</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Tennis<br/>10:30: Hangman<br/>11:00: Scattegories<br/><b>1:30: Communion in the Berwyck Living Room</b><br/><br/><u>Chatham Activity Room:</u><br/>1:30: Garden Club Meet Up<br/>3:00: Board Games Open Play</div> | <div>29</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Team Keep Up Challenge<br/>10:30: Beach Ball Basket Throw<br/>11:00: Porch Time with Friends<br/>1:00: NYT's Crossword and Wordle<br/><b>1:30: Resident Council in the Berwyck Living Room</b><br/><u>1st Floor Berwyck Sitting Room:</u><br/>2:00: Book Club</div> | <div>30</div> <div><u>Chatham Living Room:</u><br/>9:30: Good Morning Chair Fitness<br/>10:00: Balloon Badminton<br/>10:30: Crossword Puzzles<br/>11:00: Let's Learn Sign Language!<br/><b>2:00: Chatham Fall Cookout! with Live Music: Nathan Kraus</b><br/>3:15: Wine Down Wednesday!<br/>4:15: Sing and Dance into Dinner!</div> | <div>Manicure Appointments Available<br/>Mondays and Fridays 3pm-5pm<br/><br/>Shannondell TV: Channel 98<br/>Catholic Services: Channel 291 8:00am and 12:00 noon</div>                                                                                                       |                                                                                                                                                                                                                                                                           |                                                                                                                                             |







| Sunday  | Monday                                                                                                                     | Tuesday                                                                                                                                                                                                               | Wednesday                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                      | Friday                                                                                                                                                                                  | Saturday                                                                                                                                                             |                                                                                    |
|---------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| The Inn |                                                                                                                            | <u>1st Floor</u><br>9:45: Musical Movement<br><u>10:00: Musical Bingo</u><br>11:00: Trivia & Tunes<br><u>4th Floor</u><br>1:30: Giant UNO & Left, Right, Center<br>2:30: Root Beer Float Social<br>3:30-4:30: Karaoke | <u>1st Floor</u><br>9:30: Sing and Stretch<br>10:00: Craft and Learn About Leaves<br>10:30- Dog Therapy<br><u>4th Floor</u><br>1:30: Communion with Rene<br>3:00: Live Music with Phyllis Chappel                      | <u>1st Floor</u><br><u>10:00-11:15: BINGO!</u><br><u>4th Floor</u><br>1:30: Musical Bingo<br>2:30: Homemade Lemonade Making<br>3:15: Manicures, Music, and Mingle                                                             | <u>1st Floor</u><br>9:30: Morning Stretch<br>9:45-11:15: Manicures, Music, and Mingle<br><u>4th Floor</u><br>1:30: Feature Film Friday<br>3:15: Let's play: Sudoku and Dominos          | Open Activity Room<br>Play Scrabble and Rummikub and complete the coloring murals!                                                                                   |                                                                                    |
|         | <u>4th Floor</u><br>1:30-3:00- Let's Color Together and Sing Along to Music with Mary!                                     | <u>3:00: Labor Day Lemonade! Rolling Cart &amp; Sing A Long</u><br>Open Activity Room<br>Play Scrabble and Rummikub and complete the coloring murals!<br><br>Labor Day                                                | <u>1st Floor</u><br>9:30: Musical Movement<br><u>10:00: Musical Bingo</u><br>11:00: Trivia & Tunes<br><u>4th Floor</u><br>1:30: Baking Adventure: Pretzels<br>3:00: Choir                                              | <u>1st Floor</u><br>9:30: Sing and Stretch<br>10:00 Craft and Learn About Rainbows with Tie-Dye!<br>10:30- Dog Therapy<br><u>4th Floor</u><br>1:30: Drum Fitness<br>3:00: Live Music with Carmen Tornambe                     | <u>1st Floor</u><br><u>10:00-11:15 BINGO!</u><br><u>4th Floor</u><br>1:30: Balloon Tennis<br>2:30: Happy Hour and September Birthday Celebration!<br>3:15: Manicures, Music, and Mingle | Open Activity Room<br>Play Scrabble and Rummikub and complete the coloring murals!                                                                                   |                                                                                    |
|         | <u>4th Floor</u><br>1:30: Stretch and Sing Together<br>2:00: Let's play: Set and Quirkle<br>2:30-3:00: Tech help with Sam! | <u>1st Floor</u><br>9:30: Sing and Stretch<br>10:00: Tai Chi<br>10:30: Balloon Tennis<br>11:00: Rosary<br><u>4th Floor</u><br><u>1:30: BINGO!</u><br>2:45: Happy Hour<br>3:15: Rummikub                               | <u>1st Floor</u><br>9:30: Musical Movement<br><u>10:00: Musical Bingo</u><br>11:00: Trivia & Tunes<br><u>4th Floor</u><br>1:30: Giant UNO & Left, Right, Center<br>2:30: Creamsicle Float Social<br>3:30-4:30: Karaoke | <u>1st Floor</u><br>9:30: Sing and Stretch<br>10:00: Craft and Learn About Birds<br>10:30- Dog Therapy<br><u>4th Floor</u><br>1:30: Communion with Rene<br>2:30: Inn Community Cookout<br>3:00: Live Music with Arlyn Walters | <u>1st Floor</u><br><u>10:00-11:15 BINGO!</u><br><u>11:00: Prayers with Roy</u><br>Open Activity Room<br>Play Scrabble and Rummikub and complete the coloring murals!                   | <u>1st Floor</u><br>9:30: Morning Stretch<br>9:45-11:15: Manicures, Music, and Mingle<br><u>4th Floor</u><br>1:30: Feature Film Friday<br>3:15: Film Discussion Club | Open Activity Room<br>Play Scrabble and Rummikub and complete the coloring murals! |
|         | <u>1st Floor</u><br>1:30 - 3:00 - Sarah's Nail Spa                                                                         | <u>1st Floor</u><br>10:00: Pray the Rosary<br>10:30-11:15: Rummikub<br><u>4th Floor</u><br><u>1:30: BINGO!</u><br>2:30: Open Art Studio and Collage Making<br>3:30 Jeopardy                                           | <u>1st Floor</u><br>9:30: Musical Movement<br><u>10:00: Musical Bingo</u><br>11:00: Trivia & Tunes<br><u>4th Floor</u><br>1:30: Old Maid and Dice Poker<br>2:30: Ice Cream Treats<br>3:00 Choir                        | <u>1st Floor</u><br>9:30: Sing and Stretch<br>10:00: Bake and Learn About Space<br>10:30- Dog Therapy<br><u>4th Floor</u><br>1:30: Shannondell Basketball & Bean Bag Battle<br>3:00: Live Music with Bryan Lesnick            | <u>1st Floor</u><br><u>10:00-11:15 BINGO!</u><br><u>4th Floor</u><br>1:30: Bocce and Lawn Games<br>2:30: Happy Fall Social and Photo Booth<br>3:15: Manicures, Music, and Mingle        | <u>1st Floor</u><br>9:30: Morning Stretch<br>9:45-11:15: Manicures, Music, and Mingle<br><u>4th Floor</u><br>1:30: Feature Film Friday<br>3:15: Musical Bingo        | <u>1st Floor</u><br>10:00 Movie and Manicures                                      |
|         | Open Activity Room<br>Play Scrabble and Rummikub and complete the coloring murals!                                         | <u>1st Floor</u><br>10:00 Tech help with Sam!<br>10:30-11:15: Jeopardy<br><u>4th Floor</u><br><u>1:30 BINGO!</u><br>2:30: Open Art Studio with Watercolors<br>3:30 Word in a Word and Story Creation                  | <u>1st Floor</u><br>9:30: Musical Movement<br><u>10:00: Musical Bingo</u><br>11:00: Trivia & Tunes<br><u>4th Floor</u><br>1:30: Resident Council Meeting<br>3:00: Soccer                                               | <u>1st Floor</u><br>9:30: Sing and Stretch<br>10:00: Bottle Rockets!<br>10:30- Dog Therapy<br><u>4th Floor</u><br>1:30: Musical Movement and Band Practice<br>3:00: Live Music with Patrick Robinson                          | September 2026                                                                                                                                                                          |                                                                                                                                                                      |                                                                                    |



# REHAB ACTIVITIES

## September 2026

**BINGO**

*Bingo!*

EVERY  
TUESDAY &  
THURSDAY  
AT 3:30PM

IN THE  
ACTIVITIES ROOM

Thank you  
to all of our  
wonderful  
therapy dogs!



### DOG THERAPY SCHEDULE



SEPT  
2

**MARSHALL** 10:30AM  
2ND FLOOR

SEPT  
9

**GUNNY** 2:00PM  
3RD FLOOR

SEPT  
10

**GUNNY** 2:00PM  
2ND FLOOR

SEPT  
11

**GUNNY** 2:00PM  
ALTERNATES BETWEEN FLOORS  
SHORTER VISIT

SEPT  
16

**MARSHALL** 10:30AM  
2ND FLOOR

SEPT  
18

**OSA** 10:00AM  
3RD FLOOR

EVERY  
WEDNESDAY

**BELLA** 11:00AM  
ROTATING FLOORS  
(EVEN: 2ND FLOOR / ODD: 3RD FLOOR)

SEPT  
21

**GUNNY** 2:00PM  
2ND FLOOR

SEPT  
23

**GUNNY** 2:00PM  
3RD FLOOR

SEPT  
24

**GUNNY** 10:30AM  
2ND FLOOR

SEPT  
30

**MARSHALL** 10:30AM  
2ND FLOOR



SCHEDULE SUBJECT TO CHANGE

