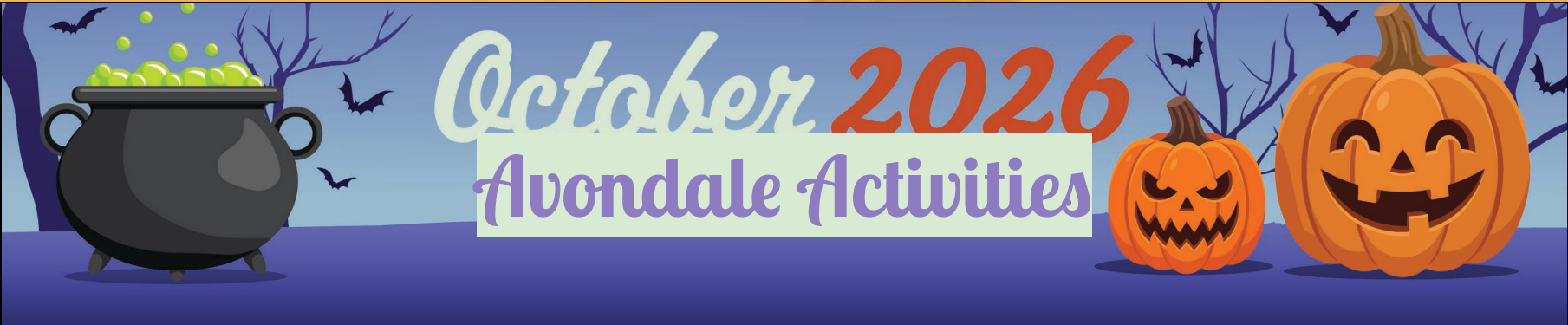


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:30 - Tai Chi with Jo 11:00 - Sing a long 11:30 - Short Stories 1:30 - Gardening with JoJo 2:00 - Fun and Games on the Porch 2:30 - Sing and Stroll with Eye Spy 3:00 - Musical Matinee	2 Enjoy Calming Music, Balloon Toss & Creative Coloring	3 10:00-Tai Chi with Joanne Simchat Torah Begins
4 Enjoy Calming Music, Balloon Toss & Creative Coloring	5 Enjoy Calming Music, Balloon Toss & Creative Coloring	6 Enjoy Calming Music, Balloon Toss & Creative Coloring 10:00 - Morning Musical Movement with Rachael 2:00 - Fun Fitness with Rachael - Berwyck 4:00 - Sing A Long & Piano Recital with Rachael	7 Enjoy Calming Music, Balloon Toss & Creative Coloring 10:00 - Morning Musical Movement with Rachael 2:00 - Live Entertainment with Liz Rogers	8 Enjoy Calming Music, Balloon Toss & Creative Coloring 10:30 - Tai Chi with Tony 2:00 - Balloon Tennis 2:30 - Finish the Famous Landmark 4:00 - Sing A Long & Piano Recital with Rachael	9 Enjoy Calming Music, Balloon Toss & Creative Coloring 10:00 - Morning Musical Movement with Rachael 2:00 - Sing with Jim and Rachael 2:30 - Bean Bag Battle 4:00 - Sing A Long & Piano Recital with Rachael	10 3:00- Let's Play "I'm Going to a Party!" 3:30- Sing with Mary!
11 Enjoy Calming Music, Balloon Toss & Creative Coloring	12 9:30 - Wake Up To: Daily Devotions 10:00- Daily Chronicle 10:15 - Bat the Balloon 11:00 - Chair Yoga 11:30 - Sing A Long 1:30 - Manicures & Aromatherapy 3:00 - Bingo! 4:00 - Sing and Stroll with Eye Spy	13 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15- Cornhole 11:00 - Tai Chi Meditation 11:30 - Trivia 1:30 - Hand Massages and Aromatherapy 2:00 - Pet Therapy With Gunny and Fun Fitness with Kim - Berwyck 3:00 - Fun and Games with JoJo 4:00 - Sing and Stroll	14 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Chair Yoga 11:00 - Sing a long 11:15 - Trivia 1:30 - Finish the Famous Name 2:00 - Balloon Badminton 3:00 - Live Entertainment with Mike and Tina 4:00 - Sing and Stroll with Eye Spy	15 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:30 - Tai Chi with Jo 11:00 - Movie Shorts 11:30 - Poetry Corner 1:30 - Gardening with JoJo 2:00 - Fun and Games on the Porch 2:30 - Sing and Stroll with Eye Spy 3:00 - Musical Matinee	16 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Stretching Moves 10:45 - Bat the Balloon 11:30 - Short Stories 1:30 - Betty Crocker Club 2:00 - Paint and Sip 3:00 - Sing A Long & Piano Recital 4:00 - Sing and Stroll	17 Annual Memory Walk to End Alzheimer's! 10am
18 9:30 - Sing and Stretch 9:45 - Toss and Talk 10:15 - Word Games	19 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Bat the Balloon 11:00 - Chair Yoga 11:30 - Sing a long 1:30 - Manicures & Aromatherapy 3:00 - Bingo! 4:00 - Sing and Stroll with Eye Spy	20 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Cornhole 11:00 - Tai Chi Meditation 11:30 - Trivia 1:30 - Hand Massages and Aromatherapy 2:00 - Pet Therapy with Gunny and Fun Fitness with Rachael - Berwyck 3:00 - Fun and Games with JoJo 4:00 - Sing and Stroll	21 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Chair Yoga 11:00 - Sing a long 11:15 - Trivia 1:30 - Look Who's Dancing 2:00 - Balloon Badminton 3:00 - Live Entertainment with Robert Pattison 4:00 - Sing and Stroll with Eye Spy	22 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:30 - Tai Chi with Tony 11:00 - Movie Shorts 11:30 - Poetry Corner 1:30 - Gardening with JoJo 2:00 - Fun and Games on the Porch 2:30 - Sing and Stroll with Eye Spy 3:00 - Musical Matinee	23 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Stretching Moves 10:45 - Bat the Balloon 11:30 - Short Stories 1:30 - Betty Crocker Club 2:00 - Paint and Sip 3:00 - Sing A Long & Piano Recital 4:00 - Sing and Stroll	24 11:00 - Big Balloon Bounce 11:15 - Stretch and Sing With Sarah 11:30 - Bean Bag Toss 11:45 - Name 5
25 Enjoy Calming Music, Balloon Toss & Creative Coloring	26 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Bat the Balloon 11:00 - Chair Yoga 11:30 - Sing a long 1:30 - Manicures & Aromatherapy 3:00 - Bingo! 4:00 - Sing and Stroll with Eye Spy	27 9:30 - Wake Up To: Daily Devotions 10:00 -Daily Chronicle 10:15 - Cornhole 11:00 - Tai Chi Meditation 11:30 - Trivia 1:30 - Hand Massages and Aromatherapy 2:00 - Pet Therapy with Gunny and Fun Fitness with Kim - Berwyck 3:00 - Fun and Games with JoJo 4:00 - Sing and Stroll	28 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:15 - Chair Yoga 11:00 - Sing a long 11:15 - Trivia 1:30 - Finish the Famous Name 2:00 - Balloon Badminton 3:00 - Live Entertainment with Evan Raines & Monthly Birthday Party 4:00 - Sing and Stroll with Eye Spy	29 9:30 - Wake Up To: Daily Devotions 10:00 - Daily Chronicle 10:30 - Tai Chi with Jo 11:00 - Movie Shorts 11:30 - Poetry Corner 1:30 - Gardening with JoJo 2:00 - Fun and Games on the Porch 2:30 - Sing and Stroll with Eye Spy 3:00 - Musical Matinee	30 9:30 - Wake Up To: Daily Devotions 10:00 - Halloween Musical Bingo and Photobooth 1:30 - Creative Coloring 2:00 - Halloween Party 3:00 - Bingo 4:00 -Sing and Stroll with Eye Spy	31 10:30 Halloween Sing-a-Long w/Ghost Balloon Toss Melissa Halloween

Activities are subject to change.

October 2026 Berwyck Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Catholic service on TV every day on Ch 291 8am & 12 noon. Christian Song & Scripture on Ch 19 & Ch 287 every day				1 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 1:30 Live Music with Gerry Clark (B:LR) 2:30 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	2 9:30 Puzzle Club (B:SR) 10:30 Yahtzee (B:ACT) 1:30 Diamond Painting (B:ACT) 3:30-5 Bingo (B:ACT)	3 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
	4 2:00 Rummikub with Joanne Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	5 9:30 Rummikub (B:SR) 10:00-12 Scrapbooking (B:ACT) 1:15 Rosary (B:LR) 3:30-5 Bingo and Word Games (B:ACT)	6 9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT) 1:30 Live Music w/ Patrick Robinson (B:LR) 2:00: FunFit (B:SR) 2:30 Tuesday Trivia & word Games (B:ACT) 3:00 Rummikub Club	7 9:30 Rummikub (B:SR) 10:00 Jewelry Club 1:30 (B:ACT) 2:30 Wine Down Wednesday (B:ACT) 3:30 Watercolor Painting Class (B:ACT)	8 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 1:30 Fresh Air and Friends (B:B) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	9 9:30 Puzzle Club (B:SR) 10:30 Yahtzee (B:ACT) 1:30 Diamond Painting (B:ACT) 3:30-5 Bingo (B:ACT)
11 10:30-11:30 Coloring and Music with Mary Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	12 9:30 Rummikub (B:SR) 10:00-12 Ceramic Class (B:ACT) 1:30 Communion Service (B:LR) 3:30-5 Bingo and Word Games (B:ACT)	13 9:30 Puzzle Club (B:SR) 10:30 Craft Corner (B:ACT) 1:30 Rosary (BLR) 2:00 Fitness Fun with Kim (BLR) 2:30 Tuesday Trivia & word Games (B:ACT) 3:00 Rummikub Club (B:SR)	14 9:30 Rummikub (B:SR) 10:00 Jewelry Club 1:30 Live Music w/ Derrick Baldwin (BLR) 2:30 Wine Down Wednesday (B:ACT) 3:30 Watercolor Painting Class (B:ACT)	15 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 1:30 Fresh Air and Friends (B:B) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	16 9:30 Puzzle Club (B:SR) 10:30 Yahtzee (B:ACT) 1:30 Diamond Painting (B:ACT) 3:30-5 Bingo (B:ACT)	17 Memory Walk Day! 10:00 Memory walk and Celebration with Raffle baskets!  1:30: Fall Watercolor Postcard Painting w/ Sam (B:ACT)

OCTOBER

2026 Berwyck Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	19 9:30 Rummikub (B:SR) 10:00-12 Scrapbook- ing (B:ACT) 1:15 Rosary (B:LR) 3:30-5 Bingo and Word Games (B:ACT)	20 October Fest! 9:30 Puzzle Club (B:SR) 10:30 Craft Cor- ner (B:ACT) 1:30 October Fest Cel- ebration (B:LR) 2:00: FunFit with Rachael (B:SR) 2:30 Tuesday Trivia & word Games (B:ACT) 3:00 Rummikub Club (B:SR)	21 9:30 Rummikub (B:SR) 10:00 Jewelry Club 1:30 Live Music w/ John Drumgoole (B:LR) 2:30 Wine Down Wednesday (B:ACT) 3:30 Watercolor Painting Class (B:ACT)	22 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 1:30 Fresh Air and Friends (B:B) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	23 9:30 Puzzle Club (B:SR) 10:30 Yahtzee (B:ACT) 1:30 Diamond Painting (B:ACT) 3:30-5 Bingo (B:ACT)	24 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!
25 10:00-11:30 - BINGO (B:ACT) Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	26 9:30 Rummikub (B:SR) 10:00-12 Ceramic Class (B:ACT) 1:30 Communion Ser- vice (B:LR) 3:30-5 Bingo and Word Games (B:ACT)	27 9:30 Puzzle Club (B:SR) 10:30 Craft Cor- ner (B:ACT) 1:30 Rosary (BLR) 2:00 Fitness Fun with Kim (BLR) 2:30 Tuesday Trivia & word Games (B:ACT) 3:00 Rummikub Club (B:SR)	28 9:30 Rummikub (B:SR) 10:00 Jewelry Club 1:30 Craft Corner (B:ACT) 2:30 Wine Down Wednesday (B:ACT) 3:30 Watercolor Painting Class (B:ACT)	29 9:30 Puzzle Club (B:SR) 10:30 Jewelry Club (B:ACT) 1:30 Halloween Music Bingo (BLR) 2:00 Craft Corner (B:ACT) 3:30-5 Painting Class W/ Melissa (B:ACT)	30 Puzzles Rummikub Creative Coloring All available for your enjoyment in the sitting room and or activity room!	31 Happy Halloween 1:30 Halloween Party w/ Live Mu- sic by: Arlyn Wal- ters ! Come have a Trick and a few good Treats for a Spooky Good Time!

SEATED EXERCISE
Monday–Friday
9:00am & 10:00am
On Channel 98


The Meadows
— AT —
SHANNONDELL

Saturday

**1:30 - Halloween
Sing A Long & Ghost
Balloon Toss with
Melissa**

Activities are subject to change.

Activities Subject to Change



REHAB

October 2026

Activities



BINGO

Every Tuesday & Thursday

3:30 PM



PET THERAPY VISITS

 **Bella** 

Every Wednesday
at 11:00 AM

October 7 – 2nd Floor
October 14 – 3rd Floor
October 21 – 2nd Floor
October 28 – 3rd Floor



 **Marshall** 

Every Other Wednesday
at 10:30 AM

October 14 – 2nd Floor
October 28 – 3rd Floor



 **Gunny** 

October 23
1:30 PM
2nd Floor



Join us for fun, friendship,
and furry visitors all month long!

